Researching Maharishi Mahesh Yogi: An Archive of Publications from 1957-2015

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SUMMARY

There is a significant body of extant published literature *about* Maharishi Mahesh Yogi and the impact his insights into Vedic Science have had on the modern academic disciplines, on applied areas of personal and collective life, and on the future. This literature appears throughout the academic record, and includes publications on topics as diverse as the arts and architecture, the environment, higher education, health and healthcare utilization, management and leadership, and government; even specialist analyses of quantum physics and supersymmetric quantum unified field theories, neuroscience, genetic engineering, mathematics, and gerontology by Nobel Laureates, business and government leaders, academics, educators, and scientists from virtually every major discipline form part of this anthology. These publications appear in the literature of countries as diverse as Australia, Sweden and Senegal, with the bulk of the collection published in Europe, India and the United States. Moreover, leading peer-reviewed journals, including *Scientific American*, *American Journal of Physiology*, *British Journal of Educational Psychology* and *International Journal of Neuroscience*, and some of the world's most notable research institutes, have conducted and published empirical findings and theoretical papers on Maharishi's programs.

However, few, if any, scholarly research studies have attempted to document the actual publications *by* Maharishi himself, despite the fact that he was a prolific writer and teacher over the course of 50 years. For this reason, the present paper presents an archive of 170 published documents by Maharishi from 1957 to 2015, all of which form part of the public record.

By evaluating his catalogue of published material—including the identification of central themes, key words and phrases, and encapsulating quotes—and by cross-referencing the material with an index of key words and phrases and third-party publications which validate the written statements by Maharishi, it is hoped the present study will serve as a model platform upon which further reading and analysis of Maharishi Vedic Science, and the literature which supports it, can systematically be conducted, thereby preparing the ground for future scholarship and research.

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INTRODUCTION

Since the first empirical studies appeared in the journals *Science* and *Scientific American* more than 45 years ago, a significant global research program and publishing effort has accompanied the teaching of Maharishi Mahesh Yogi, founder of Maharishi University of Management in the United States, Maharishi Vedic University in the Netherlands, and Maharishi Mahesh Yogi Vedic Vishwavidyalaya in India. This research program has consisted of a number of elements, including a corpus of more than 600 experimental, quasi-experimental, time-series analyses, meta-analyses, mixed methods, social impact assessments, and theoretical studies

associated with the application of Maharishi Vedic Science and its technologies (see Section IV).

This record of empirical research combines with experiential, qualitative, descriptive and case study accounts of Maharishi's teaching and its application to all areas of life, such as health, education, business, government, and social well-being, all of it documented with evidentiary support (e.g., Section IV, references 9, 27, 28, 186, 194, 216, 225, 342, 353). Specialist investigations into topics such as unified quantum field theories of physics, neuroscience, computer science, genetic engineering and organic agriculture, psychology, ecology, set theory in mathematics, and gerontology complete the enterprise (e.g., Section IV, references 6, 16, 120, 135, 163).

Moreover, the program has attracted the interest of Nobel Laureates Brian Josephson, Melvin Calvin and Ilya Prigogine, among other leading academics, and has been conducted in research facilities—such as the Harvard Medical School, Princeton University, and University of Edinburgh—in the UK, USA, France, Norway, Australia, Lebanon, Cambodia, Canada, India, and elsewhere.

However, little or nothing has been published about Maharishi's own publications, despite him being prolific as a writer and teacher over a 50-year period. Certainly the third-party publications cited in Section IV of this document evidence and expand Maharishi's teaching, often through the identification of principles, frameworks and testable hypotheses, but few, if any, actually document what each of Maharishi's publications consist of from an archivally useful research perspective.

For example, Maharishi's insights into the Veda and Vedic Literature, including his identification of seven states of consciousness and his analysis of the Bhagavad-Gītā and identification of the importance of two verses ("Be without the three Guṇas, O Arjuna!" (Nistrai-guṇyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुन, *Bhagavad-Gītā*, 2.45) and "Established in the Self, perform action" (Yogasthaḥ kuru karmāṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48), are central to his teaching, and his discovery of the *Apaurusheya Bhāsya*, or "uncreated", "self-expressed" commentary, of *Ṛik Ved* (what Maharishi calls the "Constitution of the Universe") is a landmark in Vedic Science.

Together, these and other revelations of Vedic wisdom, suggest the need for a detailed analysis and archiving of Maharishi's published work, however unfettered and easy access into this vast body of literature is not always straightforward.

For this reason, the present Archive seeks to identify and evaluate the published literature by Maharishi, including indexing and cross-referencing each document with relevant third-party publications, in order to detail and validate the topics introduced and thereby better comprehend the scope of his written output. The purpose of this Archive is therefore to provide the reader-researcher with information and background material on the published works of Maharishi and to provide an appropriate context in which this significant body of work can systematically be accessed and comprehended for future scholarly benefit. The goal of the Archive is to create a record of this published literature and to provide greater functionality to its access.

The Archive is organized into five Sections followed by a conclusion: Section I is a list of 170 publications by or attributable to Maharishi presented in chronological order from 1957 to 2015; Section II is an annotated historical survey, in chronological order, of the 170 publications listed in Section I; Section III is an index of key words and phrases, in alphabetical order, which appear in the 170 publications of Section II; Section IV is a bibliography of 419 related third-party references to publications by other authors, in alphabetical order; and Section V is a list of research themes identified in the third-party references of Section IV, cross-referenced to the 170 publications in Sections I and II. Of particular value to future researchers is the index of key words and phrases in Section III, because it provides access to the key concepts used throughout the published literature by Maharishi.

METHOD

The Archive is not intended to be exhaustive but comprehensive; there may be many more publications by Maharishi to which this author does not have access. In fact, the total number of publications by Maharishi may number in the many hundreds, particularly if translated versions of available publications and other original non-English publications are to be catalogued (e.g., Maharishi's 1963, 380-page book *La Science de l'Etre et l'Art de Vivre*, and his 1974, 60-page book *Begründer der Wissenschaft der Schöpferischen Intelligenz Grundlagen des Fortschritts bestätigt durch wissenschaftliche Untersuchungen über Transzendentale Meditation*).

This observation also extends to the references included in Section IV; while comprehensive, Section IV is by no means complete. With at least 600 published research studies, and possibly the same number or more

independent accounts of Maharishi and his Vedic teaching, particularly in relation to the Transcendental Meditation and TM-Sidhi program, the total number of possible published works related to Maharishi's teaching would likely number in the thousands, a number well-beyond the scope of the present Archive.

In order to select the documents listed in this Archive, five primary screening criteria have been applied: 1) the document is written in English (several works in Hindi, French and other languages were identified, but these did not meet the language selection criterion); 2) the document is at least 20 pages in length or is otherwise distinguished because of historical content not readily available elsewhere (less than 20% of the documents in the Archive do not meet this minimum requirement); 3) the document specifically cites Maharishi as its author, or the document contains a significant amount of Maharishi's writing or lectures which identify him as the primary contributor, or the document can be mostly attributed to Maharishi, either because the author's name contains Maharishi's name (e.g., Maharishi European Research University or Maharishi Vedic University) or because the work is an edited volume of talks or lectures by Maharishi (e.g. Publications #164 and #170); 4) the document has a direct quote by Maharishi on or before the table of contents, usually in a preface or foreword (but sometimes on the back cover), indicating the document contains all, or substantially all, of Maharishi's own writing or teaching, or a significantly large portion of the document can be attributed to Maharishi, often because of a lecture or written declaration; and 5) the document is in printed form and in the public domain; no internet publications or data were accessed or included in this Archive. As a result of applying these criteria, 170 publications, written by or largely attributable to Maharishi, were identified. Section I presents the chronological list of these publications.

After examining each document, the following data have been included with each entry in Section II: 1) a publication number and citation for the document, including ISBN and/or publisher's publication number, where applicable, and a total page count; 2) a narrative of the main theme(s) of the document; 3) the key words or phrases used in the document, presented alphabetically (the key words or phrases from each document have been aggregated and listed alphabetically in Section III); 4) a content code, described below; 5) a quotation, usually by Maharishi, which typically appears in the foreword, preface or other early section of the document, used to summarize the main theme(s) of the document; and

6) the main research themes identified in the references listed in Section IV as they relate to the document.

The content codes used in Section II designate whether the document contains, or is predominated by, categories of information using the following convention: VE = the document contains a significant number of Vedic terms or expressions, in either translation, transliteration, and/or Sanskrit (note, where Vedic terms or expressions have been used in the Archive in Sanskrit, they are presented using the same script as in the original publication); SR = the document contains a significant number of scientific research charts or citations on Maharishi's Transcendental Meditation and/or TM-Sidhi program or on a related research topic; TP = the document contains third-party contributions—such as quotes, lectures or questions—which have been advanced by academics, educators, government agencies of officials, press representatives, or members of the general public; CH = the document contains a significant number of charts, figures, graphs and/or diagrams; HP = the document contains historic photographs; PR = the document contains press reports and/or third party documents or accounts, including letters, press statements, advertisements and/or proclamations; and BI = the document contains bibliographic citations or material—including lists of books or journals, literature reviews, or indexes—which are related to, or are used to further validate, the main themes of the document.

The spelling of key words and phrases used in the Archive are true to the original document (for example, the term "Natural Law" has been spelled throughout the literature as natural law, Natural law, and Natural Law, and the term "Ṛik Ved" has been spelled severally as Rig Veda, Rig Ved, Ṛg Ved, Rik Ved, Ṛk Ved, and Ṛik Ved), and hence some words may be spelled inconsistently from document to document in Section II, and some discrepancies in translation and the use of diacritical marks may also be observed. An attempt has been made to standardize any terms referred to in Sections III and V.

Moreover, Vedic terms and expressions may or may not use diacritical marks, depending on the publication, and have been cited as they were presented in the original document, with the term or expression provided in Sanskrit if furnished in the original. The total list of key words and phrases identified in each document in Section II are listed alphabetically in Section III, cross-referenced to the publications in which they are located.

In addition to the 170 publications by or attributable to Maharishi in Sections I and II, the Archive also accessed bibliographies, reference lists and other primary source documents to compile the 419 third-party references in Section IV. The majority of references are to scientific research studies published independently, although other more general works have been included. An alphabetised list of the main research themes identified in these 419 third-party studies, cross-referenced to the publications in Section II, are included in Section V.

The reader is encouraged to conduct their own research into the material to better understand the meaning, relevance and context of the concepts, principles, themes and applications of Maharishi's teaching.

SECTION I:
LIST OF PUBLICATIONS BY MAHARISHI

The following is a chronological list of the 170 publications by or attributable to Maharishi used in this Archive. This list has been used as the basis for the more detailed annotated historical survey which follows in Section II.

1. Maharishi Mahesh Yogi. (1957). *Beacon light of the Himalayas. Kerala*. India: International Meditation Society.
2. Maharishi Mahesh Yogi. (October 1959–January 1960). *Torch divine*. Madras, India: Spiritual Regeneration Movement.
3. Maharishi Mahesh Yogi. (1960). *Deep meditation*. London, England: Spiritual Regeneration Movement Foundation of Great Britain.
4. Maharishi Mahesh Yogi. (1961). *Deep meditation: A very simple system from the ancient Vedic culture of India ideally suited to the tempo of modern times*. Los Angeles, California: The S.R.M. Foundation.
5. Maharishi Mahesh Yogi. (1964). *An introduction to the meditation of Maharishi Mahesh Yogi*. London, England: Spiritual Regeneration Movement.
6. Maharishi Mahesh Yogi. (1964). *The Vedas: Source of the subtle science*. Los Angeles, USA: Spiritual Regeneration Movement.
7. Maharishi Mahesh Yogi. (1965). *A six-month course in Yoga asanas*. Los Angeles, USA: Spiritual Regeneration Movement.
8. Maharishi Mahesh Yogi. (1965). *Second year course of one year in Yoga asanas*. Los Angeles, USA: Spiritual Regeneration Movement.

9. Maharishi Mahesh Yogi. (1966). *The science of Being and art of living*. Washington, D.C.: Age of Enlightenment Press.
10. Maharishi Mahesh Yogi (1967). *Transcendental Meditation with questions and answers*. Rishikesh, India: Spiritual Regeneration Movement Foundation of India.
11. Spiritual Regeneration Movement. (1967). *A world without problems through Transcendental Meditation*. Delhi, India: Spiritual Regeneration Movement.
12. Maharishi Mahesh Yogi. (1968). *Transcendental Meditation*. London: George Allen & Unwin.
13. Maharishi Mahesh Yogi. (1969). *Maharishi Mahesh Yogi on the Bhagavad-Gita: A new translation and commentary, chapters 1-6*. London: Penguin.
14. Maharishi International University. (1971). *International symposium on the Science of Creative Intelligence*. Santa Barbara: California: Maharishi International University Press.
15. Maharishi International University. (1972). *An address to governments*. Santa Barbara: California: Maharishi International University Press.
16. Maharishi Mahesh Yogi. (1973). *Love and God*. Santa Barbara, California: Maharishi International University Press.
17. Maharishi International University. (1973). *Alliance for knowledge*. West Germany: Maharishi International University (orange cover).
18. Maharishi International University. (1973). *Alliance for knowledge*. West Germany: Maharishi International University (blue cover).
19. Maharishi International University. (1974). *A glimpse of the practical philosophy of life that has demonstrated the possibility of eliminating the age-old problems of mankind in this generation*. West Germany: Maharishi International University Press.
20. Maharishi International University. (1974). *A glimpse of the new technology for the development of full creative potential*. West Germany: Maharishi International University Press.
21. Maharishi Mahesh Yogi. (1974). *World press on our contribution to life and progress: 1967-1974*. West Germany: Maharishi International University Press.
22. Maharishi International University. (1974/1975). *Maharishi International University: Catalogue 1974/75*. Los Angeles, California: Maharishi International University Press.

23. Maharishi Mahesh Yogi. (1 January 1975). *The scientific age rising to be the Age of Enlightenment* (second edition). West Germany: Maharishi International University Press.
24. Maharishi International University. (12 January 1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press.
25. Maharishi International University. (28 January 1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press.
26. Maharishi International University. (1975). *Science of Creative Intelligence for secondary education: First-year course*. West Germany: Maharishi International University Press.
27. Maharishi International University. (1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press.
28. Maharishi International University. (1975). *Inauguration of the dawn of the Age of Enlightenment*. West Germany: Maharishi International University Press.
29. Maharishi Mahesh Yogi. (1975). *Fundamentals of world peace*. West Germany: Maharishi International University Press.
30. Maharishi Mahesh Yogi. (1975). *Inauguration of the dawn of the Age of Enlightenment*. West Germany: Maharishi International University Press.
31. Maharishi International University. (1976). *Enlightenment for ideal rehabilitation: Expansion of consciousness as the basis of the restoration of creative intelligence*. West Germany: Maharishi International University Press.
32. Maharishi Mahesh Yogi. (1976). *Proclamations: Global appreciation for Maharishi's teaching*. West Germany: Maharishi European Research University Press.
33. Maharishi Mahesh Yogi. (1977). *Creating an ideal society: A global undertaking*. West Germany: Maharishi European Research University Press.
34. Maharishi International College for the Age of Enlightenment. (1977). *The fulfilment of law, justice and rehabilitation through the development of consciousness*. West Germany: Maharishi European Research University Press.
35. Maharishi European Research University. (1977). *Enlightenment in world psychiatry: The Transcendental Meditation technique new light on*

consciousness. West Germany: Maharishi European Research University Press.
36. Maharishi European Research University. (1977). *Achievements: First quarter 1977*. West Germany: Maharishi European Research University Press.
37. Maharishi Mahesh Yogi. (1977). *The scientific age rising to be the Age of Enlightenment*. West Germany: Maharishi European Research University Press.
38. World Government of the Age of Enlightenment. (1977). *Inauguration of a global initiative for invincibility to every nation*. West Germany: Maharishi European Research University Press.
39. World Government of the Age of Enlightenment. (1977). *First world assembly on law, justice and rehabilitation*. West Germany: World Government of the Age of Enlightenment.
40. World Government of the Age of Enlightenment. (1977). *Celebrating invincibility to every nation*. West Germany: Maharishi European Research University Press.
41. Maharishi European Research University. (1977). *The Science of Creative Intelligence offers fulfilment in education: Self-realization found in the simplest form of awareness—the field of all possibilities*. Rheinweiler, West Germany: Maharishi European Research University Press.
42. World Government of the Age of Enlightenment. (1977). *Second world assembly on law, justice and rehabilitation*. West Germany: Maharishi European Research University Press.
43. Maharishi International University. (1977). *Maharishi International University: An invitation to enlightenment*. United States: Maharishi International University Press.
44. Maharishi European Research University. (1977). *Enlightenment and the siddhis: A new breakthrough inhuman potential*. West Germany: Maharishi European Research University Press.
45. Maharishi European Research University. (1977). *Enlightenment: The solution to crime*. Rheinweiler, West Germany: Maharishi European Research University Press.
46. Maharishi European Research University. (1977). *Invitation: International conference for the formal announcement of the absolute theory of immortality*. West Germany: Maharishi European Research University Press.

47. Maharishi Mahesh Yogi. (1978). *Enlightenment to every individual, invincibility to every nation*. West Germany: Maharishi European Research University Press.
48. Maharishi European Research University. (1978). *The Science of Creative Intelligence offers ideal education to create an ideal society: A presentation on primary and secondary education*. West Germany: Maharishi European Research University Press.
49. German Medical Association for the Promotion of Perfect Health through the Transcendental Meditation Programme. (1978). *Memorandum on perfect health: To create an ideal society through the Transcendental Meditation and TM-Sidhi programme*. Rheinweiler, West Germany: Maharishi European Research University Press.
50. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 1*. Rheinweiler, West Germany: Maharishi European Research University Press.
51. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 2*. Rheinweiler, West Germany: Maharishi European Research University Press.
52. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 3*. Rheinweiler, West Germany: Maharishi European Research University Press.
53. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 4*. Rheinweiler, West Germany: Maharishi European Research University Press.
54. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 6*. Rheinweiler, West Germany: Maharishi European Research University Press.
55. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 7*. Rheinweiler, West Germany: Maharishi European Research University Press.
56. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 9*. Rheinweiler, West Germany: Maharishi European Research University Press.
57. World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 10*. Rheinweiler, West Germany: Maharishi European Research University Press.
58. Maharishi European Research University. (1978). *Higher states of consciousness through the Transcendental Meditation programme: A*

literature review. Rheinweiler, West Germany: Maharishi European Research University Press.
59. Maharishi European Research University. (1978). *A scientifically validated program: Creating an ideal society in Kent*. West Germany: Maharishi European Research University Press.
60. Maharishi Mahesh Yogi. (1978). *World Medical Council for the Age of Enlightenment: Perfect health*. West Germany: Maharishi European Research University Press.
61. World Government of the Age of Enlightenment. (1979). *World Government News, Issue no. 11*. Rheinweiler, West Germany: Maharishi European Research University Press.
62. Maharishi European Research University. (1979). *Global research program*. Rheinweiler, West Germany: Maharishi European Research University Press.
63. Maharishi European Research University. (1979). *Making education ideal through the Transcendental Meditation programme and the Science of Creative Intelligence*. Rheinweiler, West Germany: Maharishi European Research University Press.
64. World Government of the Age of Enlightenment. (1979). *City Parliament of the Age of Enlightenment: Inaugural session*. West Germany: World Government of the Age of Enlightenment.
65. World Government of the Age of Enlightenment. (1979). *Freedom behind bars: Habilitation through meditation*. Rheinweiler, West Germany: Maharishi European Research University Press.
66. Maharishi European Research University. (1979). *The MERU Ideal Society Index: Measuring the rise of coherence in collective consciousness*. Rheinweiler, West Germany: Maharishi European Research University Press.
67. Maharishi European Research University. (1980). *Science, consciousness and ageing: Proceedings of the international conference*. Rheinwheiler, West Germany: Maharishi European Research University Press.
68. Maharishi International University. (1980). *Perfect health and immortality: Reversing the aging process through the Transcendental Meditation and TM-Sidhi program*. Fairfield, Iowa: Maharishi International University Press.
69. World Government of the Age of Enlightenment. (1980). *Higher states of consciousness: An effective strategy of social defence*. West Germany: Maharishi European Research University Press.

70. Maharishi European Research University. (1980). *The Transcendental Meditation and TM-Sidhi programme and the reversal of ageing: A review article*. West Germany: Maharishi European Research University Press.
71. Maharishi European Research University. (1980). *Higher state of consciousness: An effective strategy of social defence*. West Germany: Maharishi European Research University Press.
72. Maharishi Mahesh Yogi. (1980). *Bhagavad-Gita, chapters 1-6—commentary: Vedic principles for the development of the full potential of consciousness validated by scientific research of the Transcendental Meditation and TM-Sidhi programme*. West Germany: Maharishi European Research University Press.
73. Maharishi International University. (1981). *Education for enlightenment: An introduction to Maharishi International University*. Fairfield, Iowa. Maharishi International University Press.
74. Maharishi European Research University. (1981). *The absolute theory of immortality*. West Germany: Maharishi European Research University Press.
75. Maharishi Mahesh Yogi. (1981). *Alliance with natural law: A simple solution to all international problems of the U.N.O. and national problems of every government*. Switzerland: Maharishi University of Natural Law Press.
76. Maharishi Mahesh Yogi. (1982). *Maharishi's technology of consciousness: Transcendental Meditation offering fulfilment to the United Nations' World Assembly on Ageing*. Rheinwheiler, West Germany: Maharishi European Research University Press.
77. Maharishi University of Natural Law. (1982). *Inauguration of Maharishi University of Natural Law: Mentmore Towers, Buckinghamshire, England*. England: Maharishi University of Natural Law Press.
78. Maharishi European Research University. (1982). *Commentary of the address delivered by L.I. Brezhnev, chairman of the Presidium of the Supreme Soviet of the U.S.S.R. to the 26th C.P.S.U. congress 23 February 1981 and the Soviet constitution*. West Germany: Maharishi European Research University Press.
79. Maharishi European Research University. (1982). *Maharishi Mahesh Yogi offering fulfilment to the World Assembly on Ageing*. West Germany: Maharishi European Research University Press.

80. Maharishi European Research University. (1982). *Maharishi Mahesh Yogi offering fulfilment to the World Assembly on Ageing*. West Germany: Maharishi European Research University Press.
81. Maharishi European Research University. (1982). *Maharishi's technology of consciousness Transcendental Meditation offering fulfilment to the United Nations' World Assembly on Ageing*. West Germany: Maharishi European Research University Press.
82. Maharishi University of Natural Law. (1982). *Inauguration of Maharishi University of Natural Law*. Great Britain: World Government of the Age of Enlightenment.
83. Maharishi Mahesh Yogi. (1984). *Maharishi's technology of the unified field: Integration of modern science and ancient Vedic science creating unified field based perfect civilization for all mankind in this scientific age*. Rheinwheiler, West Germany: Maharishi European Research University Press.
84. Maharishi International University. (1984). *A global taste of utopia: Success of the assembly of 7000 experts in the Maharishi Technology of the Unified Field*. Fairfield, Iowa: Maharishi International University Press.
85. World Government of the Age of Enlightenment. (1984). *Philippines: Celebrating the rising sunshine of the Age of Enlightenment—press reports, Maharishi Technology of the Unified Field*. West Germany: World Government of the Age of Enlightenment.
86. Maharishi European Research University. (1984). *Maharishi technology of the unified field: Results of scientific research on the Transcendental Meditation and TM-Sidhi programme*. Fairfield, Iowa: Maharishi International University Press.
87. Maharishi Mahesh Yogi. (1985). *The Maharishi unified field based integrated system of education: Unfolding the creative genius of every student and teacher*. Washington, D.C.: Age of Enlightenment Press.
88. Maharishi Mahesh Yogi. (1985). *Maharishi's world plan for perfect health*. Washington, D.C.: Age of Enlightenment Press.
89. Maharishi Vedic University. (1985). *Maharishi Vedic University: Inauguration*. Washington, D.C.: Maharishi Vedic University Press.
90. Maharishi Vedic University. (1985). *Maharishi Ayurveda Prevention Centre: An introduction*. Vlodrop, The Netherlands: Maharishi Vedic University Press.

91. Maharishi Mahesh Yogi. (1986). *Life supported by natural law: Lectures by His Holiness Maharishi Mahesh Yogi to the World Assembly on Vedic Science July 9-17, 1985*. Washington, D.C.: Age of Enlightenment Press.
92. Maharishi Mahesh Yogi. (1986). *Introduction to Ayurveda*. Washington, D.C.: Age of Enlightenment Press.
93. World Plan Executive Council—United States. (1986). *Maharishi's program to create world peace: Removing the basis of terrorism and war*. Washington, D.C.: Age of Enlightenment Press.
94. World Government of the Age of Enlightenment. (1986). *Maharishi festival of music for world peace*. Holland: Maharishi Vedic University Press.
95. Maharishi Mahesh Yogi. (1987). *Maharishi's programme to create world peace—Global inauguration: Demonstrating the mechanics to create coherence in world consciousness, the basis of world peace*. The Netherlands: Maharishi Vedic University Press.
96. Maharishi Mahesh Yogi. (1986). *Thirty years around the world: Dawn of the Age of Enlightenment, volume one, 1957–1964*. Vlodrop, the Netherlands: Maharishi Vedic University Press.
97. Maharishi Mahesh Yogi. (1987). *Maharishi's programme to create world peace—global inauguration: Demonstrating the mechanics to create coherence in world consciousness, the basis of world peace*. Published jointly by Vlodrop, Holland: Maharishi Vedic University Press, and Washington, D.C.: Age of Enlightenment Press.
98. Maharishi Vedic University. (1987). *Invitation to action: Maharishi's programme to create world peace*. Holland: Maharishi Vedic University Press.
99. Maharishi Vedic University. (1987). *Maharishi Ayurveda—Creating a disease-free society, the basis of heaven on earth*. Holland: Maharishi Vedic University Press.
100. Maharishi Vedic University. (1987). *Maharishi Ayurveda—Creating a disease-free society and economic self-sufficiency in every nation*. Holland: Maharishi Vedic University Press.
101. Maharishi Vedic University. (1988). *New horizons in criminology and penitentiary science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese prisons, Dakar, 12-13 February 1988*. Faroukh Anklesaria (trans.), Vlodrop, The Netherlands: Maharishi Vedic University Press.

102. Maharishi International University. (1988). *The Maharishi technology of the unified field: The Transcendental Meditation and TM-Sidhi program*. Fairfield: Iowa: Maharishi International University Press.
103. Maharishi Mahesh Yogi. (1989). *Maharishi Ayur-Veda in the USSR*. Holland: Maharishi Foundation.
104. Maharishi Vedic University. (1989). *Maharishi Ayur-Veda—memorandum and resolution: Solving the current health care crisis in the world and creating a disease-free society in every nation*. Holland: Maharishi Vedic University Press.
105. American Association of Ayurvedic Medicine. (1990). *Maharishi Ayur-Veda: Review of scientific literature*. Livingston Manor, New York: Age of Enlightenment Press.
106. American Association of Ayurvedic Medicine. (1990). *Maharishi Ayur-Veda: Documents, scientific research, bibliographies, letters of recommendation*. Holland: Maharishi Vedic University Press.
107. Maharishi Mahesh Yogi. (1991). *Maharishi's master plan to create heaven on earth*. Holland: Maharishi Vedic University Press.
108. Maharishi Mahesh Yogi. (1991). *Maharishi's programs to create heaven on earth: Glorification of inner and outer life, knowledge to bring fulfilment to every area of life*. Holland: Maharishi International University Press.
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SECTION II:
ANNOTATED SURVEY OF PUBLICATIONS BY MAHARISHI

The following is an annotated historical survey of the 170 publications listed in Section I:

Publication #1: Maharishi Mahesh Yogi. (1957). *Beacon light of the Himalayas. Kerala*. India: International Meditation Society, 33pp.
Main themes: This early work begins with a message from Maharishi to a "peaceless and suffering humanity" (p. 3) and includes a series of three lectures he delivered on the first day of *Maha Sammelan* (in relation to *Nava-Ratri*, or nine days of Mother Divine, celebrations) in Kerala, India. The central core of Maharishi's first message documented in this Archive is that everyone in the world can benefit from "spiritual knowledge" (*adhyatma vidya*); such knowledge can relieve the suffering of the world, which he defines as peacelessness, misery, ignorance and aimless wandering.

The result of applying this knowledge is what he calls "a perfect system of spiritual development" (*adhyatmic vikas*), which is the practical knowledge of life and how to live it fully (Maharishi describes this knowledge as "the science of the soul…the best and most useful of all

sciences" (p. 14), which is of interest given his later expositions of this science in relation to the academic disciplines, predominantly physics, as well as his later emphasis on the "usefulness" of this teaching).

Maharishi identifies the source of this knowledge in the "Veda", specifically he cites the *Upanishads* (p. 10). However, Maharishi also emphasizes that if the world is to become great, every man and women must also become great "spiritually", meaning individuals must become peaceful, joyful and unfold the "essential nature of his own soul" (p. 8), a topic related to his later exposition on "collective consciousness" in this Archive. Maharishi goes on to explain that "Indian Philosophy" is supported by evidence from modern science, specifically physics; he parallels electrons with *agni-tatwa* and protons with *vayu-tatwa*, but goes further by identifying the source of these elementary particles in *akash-tatwa*, *aham-tatwa*, and ultimately *maha-tatwa*, the "Reality of existence" (p. 17).

Maharishi also emphasizes the role of the mind in spiritual development, but most importantly emphasizes that his knowledge is "practical. Mere talks of peace and fussing over it have no practical value in any field of life" (p. 9), a point which is re-emphasized and significantly expanded throughout this Archive.

Key words or phrases (listed in Section III): Adhyatma vidya; Adhyatmic vikas; Ānandam; Ānandam Brahmano vijnam; Anoraniyam; Ātman; bliss; Brahman is bliss; Brahman; Dukham; eternal laws of nature; eternal Vedas; heavenly bliss; Indian philosophy; misery; peace; renunciation; Rig Veda; Śankara; Sat Chit Ānanda; science of the soul; Shruti; spiritual development; spiritual knowledge; spiritual renaissance; Tyaga; Upanishads; Yajur Veda Parayanam.

Content codes: VE.

Quote: "My happiness desires to root out your suffering. Will you extend your arm and allow me to lift you up from the mire of misery and peacelessness? Come on, here is the call of peace and joy for you"—Maharishi (p. 3).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Misery Index 69, 70;

Moral development 259, 261; Neuroticism 232, 356; Physics 163, 164; Sanskrit 380; Spirituality 183, 270, 321; Veda and science 74, 252, 253; Vedic literature 252, 314; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #2: Maharishi Mahesh Yogi. (October 1959–January 1960). *Torch divine* (volume II, no. 1, pp. 73-97). Madras, India: Spiritual Regeneration Movement, 98pp.
Main themes: This document is cited as a quarterly magazine and begins with a message from Maharishi on the occasion of the 91st birthday of his teacher His Divinity Swami Brahmananda Saraswati (i.e., 7 December 1959) outlining his three-year plan (i.e., 1960-1962) for the newly formed Spiritual Regeneration Movement (SRM). The book begins with a two-page description of the "philosophy" of Maharishi's organization, including "life is bliss", "man is born to enjoy", "man is born of bliss, of consciousness, of wisdom and creativity", "life has two aspects: inner life is absolute bliss consciousness (and) outer life is relative", and "the inner sphere of life is the source of the outer". These core principles are elaborated in later documents in this Archive. Maharishi's three-year plan is introduced by Dr John Smith Hislop of Los Angeles, California. In the first year of the plan (1960), Maharishi expects to establish an "International Academy of Meditation" in Uttarkashi, India, and that the first and second groups of 84 meditation guides will be trained in India; in the second year (1961), the third and fourth groups of 84 meditation guides will be trained, and by the end of the year 336 guides will be working in 84 training centres in different countries throughout the world, with each centre training 50 meditation guides; and in the third year (1962), as a result of a "multiplier effect", the meditation guides will have established 17,000 meditation centres around the world. In addition to talks given my Maharishi on "what is meditation", an opening address to the First Convention of SRM, and other topics, his plan goes on to explain in detail the structure and substance of the training of meditation guides in India and the programs to be carried out by the meditation centres they establish. Included are a message to business people in Hong Kong, News & Notes, Our London Letter, and SRM Memorable Events between 1955 and 1959. In this document, Maharishi again places special emphasis on the "practical value" of his teaching (e.g., p. 74).

Key words or phrases (listed in Section III): Absolute bliss consciousness; higher consciousness; history of SRM; International Academy of Meditation; meditation centres; meditation guides; meditation; philosophy of SRM; Spiritual Regeneration Movement; three-year plan; training.
Content codes: VE; TP; HP; PR.
Quote: "The Spiritual Regeneration Movement aims at universal peace and harmony through the development of peace and harmony in the life of the individual. The unique feature of this world-wide movement, which distinguishes it completely from other movements of similar aim, is that it offers something of practical value. It brings the door of the busy worldly man a key to the unfoldment of the higher consciousness—a simple practice of meditation which enables everyone to enjoy peace of mind, inner happiness, increased ability and proper sense of values in all walks of life" (p. 74).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Breathing 36, 122, 123, 372, 417; Business 320; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Maharishi Mahesh Yogi 94, 98, 219, 220; Moral development 259, 261; Nervous system 230, 271, 282, 365, 372, 373, 394; Productivity 137; Respiratory system 36, 372, 417; Spirituality 183, 270, 321; Transcending 86, 147, 365; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #3: Maharishi Mahesh Yogi. (1960). *Deep meditation*. London, England: Spiritual Regeneration Movement Foundation of Great Britain, 30pp; and
Publication #4: Maharishi Mahesh Yogi. (1961). *Deep meditation: A very simple system from the ancient Vedic culture of India ideally suited to the tempo of modern times*. Los Angeles, California: The S.R.M. Foundation, 30pp.
Main themes: These two mostly identical books document a lecture delivered by Maharishi on 4 November 1960 in Edinburgh, Scotland during his first world tour. After a talk on Maharishi's experience that people are tense, cruel, suspicious and chaotic in all parts of the world, he introduces

the role of "deep meditation" to relieve the suffering of the people. "Deep meditation" (what later came to be called the Transcendental Meditation technique) for Maharishi is meditation which allows the mind to effortless dive within, dive to silent, deeper levels of the mind where the mind is more powerful and where we can activate the deeper levels of consciousness. In Maharishi's own words: "meditation I define as the method of drawing the attention towards the inner glory of life [what he calls Absolute Bliss]. A method whereby our conscious mind could explore the inner avenues of Being and fathom the depths of real, lasting, great glories of life" (p. 3). As a result, "thought waves" become more powerful and thus the whole of life becomes more powerful. This is the first time in the Archive where Maharishi equates "Being" with "Consciousness" and the "Self", and with "Wisdom" and "Creativity", and introduces the concept of "cosmic consciousness", a topic to which this Archive will return (e.g., Publication #84). What distinguishes these two books from other early publications are the 20 pages of questions from the audience and the answers Maharishi gives on topics including prayer, limits to growth, self-realization, concentration, controlled breathing, Yoga, auto-suggestion, and fate, among other topics.

Key words or phrases (listed in Section III): Absolute bliss; Being; Bhagavad-Gita; concentration; consciousness; Cosmic Consciousness; Cosmic mind; creativity; desires; God Realization; higher consciousness; inner Self; meditation; self-realization; Shankaracharya tradition; stress; suffering; Transcendental Being; Vedanta; wisdom; Yoga.

Content codes: VE; TP.

Quote: "A very simple system of deep meditation. I define meditation as the method of drawing the attention towards the inner glory, a method whereby our conscious mind can explore the inner avenues of Being and fathom the depths of the real, lasting glories of life. For centuries we have heard that the Kingdom of Heaven is within us. Having the Kingdom of Heaven within, none of us has any right to suffer in any way in life"—Maharishi (p. 3).

Bibliography: The main themes in these Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Being 26; Bhagavad-Gita 89, 94, 95, 410; Biofeedback 304, 355; Breathing 36, 122, 123, 372, 417; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 92, 93, 105, 106, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 297, 320, 362, 364, 368, 370, 374, 379; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98,

99, 259, 280, 321; Maharishi Mahesh Yogi 94, 98, 219, 220; Mindfulness 16, 354; Neuroticism 232, 356; Post-traumatic stress disorder (PTSD) 58; Respiratory system 36, 372, 417; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; and Transcending 86, 147, 365.

Publication #5: Maharishi Mahesh Yogi. (1964). *An introduction to the meditation of Maharishi Mahesh Yogi*. London, England: Spiritual Regeneration Movement.
Main themes: This modest document lays out a clearly argued case for why Maharishi's system of meditation is different from the practices of concentration, contemplation and other forms of meditation (something Maharishi would later emphasise in relation to the Transcendental Meditation technique). It shows that his system may be practiced by any person, whether a "naturally contemplative man" (p. 2) or a busy person—a "householder"—with commitments and responsibilities. Most importantly, it explains that this system of meditation "leads the small superficial conscious mind straight to that high level within itself which has been called the Kingdom of Heaven" (p. 3).
Key words or phrases (listed in Section III): Being; concentration; contemplation; meditation; renunciation; Spiritual Regeneration Movement; Swami Brahmananda Saraswati.
Content codes: Plain text only.
Quote: "For many centuries it has been taught everywhere that to come to the state of Being is a task of the greatest difficulty, involving complete renunciation of the world, asceticism, long disciplines and great trials. If this has been true, it is only because in the passage of time this accurate and delicate method, the very essence of all spiritual practice, has been lost and forgotten. Maharishi teaches that it is by the grace of his master that it has once again been brought to light" (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Behaviour 40, 102, 327; Being 26; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Biofeedback 304, 355; Breathing 36, 122, 123, 372, 417; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159,

163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Maharishi Mahesh Yogi 94, 98, 219, 220; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Respiratory system 36, 372, 417; Spirituality 183, 270, 321; and Transcending 86, 147, 365.

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Publication #6: Maharishi Mahesh Yogi. (1964). *The Vedas: Source of the subtle science*. Los Angeles, USA: Spiritual Regeneration Movement, 28pp.
Main themes: The entirety of this small, but remarkable, book is a transcription of a lecture given by Maharishi on 6 December 1964 at 3475 West Sixth Street, Los Angeles, California. The lecture is divided into five sections: 1) Eternal freedom (pp. 1-7); 2) Creation (pp. 8-12); 3) The division of labour (pp. 13-17); 4) Suffering (pp. 18-21); and 5) Questions and answers (pp. 22-24). Topics covered in section 1) include detailed descriptions of the Vedas, the nature of Being and its connection to Cosmic Life, the role of meditation to develop the "inner man", and the nature of "cognition". A significant portion of section 1) is devoted to detailed analysis of those aspects of the Vedas called *Karma Kanda* (chapter of action), *Upasana Kanda* (chapter on nearness to immortality) and *Gnana Kanda* (chapter of enlightenment or knowledge). Topics covered in section 2) include evolution of consciousness and the process of creation, returning to the theme of Karma Kanda, and introduces the role of Vedic *Yagyas*. Topics covered in section 3) Maharishi introduces the concept of watering the root of life from the level of Vedic wisdom in order to nourish and sustain all branches of learning and life, and explains how this upholds the evolution of life, linking this process to the Yagyas of Karma Kanda. He also speaks about the relationship between energy, time consumption and constant action, and their relation to enlightenment. Section 4) presents a core truth of Maharishi's teaching, namely that it is not by being good and doing good that we realise the goals of religion (a process which Maharishi describes as "the cart before the horse"), but that by first realising God in Bliss Consciousness that we are able to be good and do good in life ("then the cart of life would be driven and go"). In the final section, Maharishi answers a variety of questions, including "Does a man create thoughts?", "What is heart?", and "Is the capacity for knowledge found in the transcendental [level of life] or in knowledge itself?"

Key words or phrases (listed in Section III): Behaviour; Bhagavad-Gita; Being; bliss consciousness; cognition; enlightenment; evolution; Gnana Kanda; God; God realisation; Karma Kanda; physics; religion; science; Spiritual Regeneration Movement; suffering; Transcendental Consciousness; Transcendental deep meditation; Transcendental system of meditation; Upasana Kanda; Veda; Yagya.
Content codes: VE.
Quote: "The word VEDA is from the root 'vid'—to know. Veda means knowledge. Knowledge of what? Knowledge of life. In colleges and universities there are so many subjects which tell us of the relative fields of life. Different branches of learning deal with the relative fields of life. No branch deals with life itself. Religion, philosophy, science, history, all the humanities deal with the past and the present, with the geography and history of time and space. All these subjects reveal to us certain aspects of life. Vedas are also knowledge of life, the difference is that Vedas are concerned with completeness of life, life as a whole and also in part"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Behaviour 40, 102, 327; Being 26; Bhagavad-Gītā 89, 94, 95, 410; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Maharishi Mahesh Yogi 94, 98, 219, 220; Spirituality 183, 270, 321; Transcending 86, 147, 365; and Veda 55, 92, 219, 220, 252, 253.

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Publication #7: Maharishi Mahesh Yogi. (1965). *A six-month course in Yoga asanas*. Los Angeles, USA: Spiritual Regeneration Movement, 34pp.
Main themes: This short book published on 12 January 1965 introduces a six-month course in *Yoga Asanas*, or postures including breathing techniques (*Pranayama*), as presented by Professor K.B. Hari Krishna, then former Director of Yoga Physical Culture at the University of Travencore and at the time of publication Director of Yoga Physical Culture at Maharishi's International Academy of Meditation in India. The course outlines a six to 12-month program of Yoga Asanas, and provides a systematic description of performing the Yoga Asanas accompanied by extensive diagrams. Postures include *Vajra Asana* (strong seat), *Viparita*

Karani Asana (reversing pose), *Hala Asana* (plough), and *Bhujanga Asana* (cobra pose), and pranayama include *Sukha Pranayama*.
Key words or phrases (listed in Section III): Breathing; pranayama; Yoga.
Content codes: VE; CH.
Quote: "For good health it is necessary for everyone to something with the body so that is remains flexible and normal. The advantage of YOGA ASANAS over other eastern and western forms of physical posture is that do not consume energy. They help to restore life force, promote health and maintain normal conditions in the body."—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Breathing 36, 122, 123, 372, 417; Cardiovascular disease 41, 45, 81, 305, 333; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; and Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405.

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Publication #8: Maharishi Mahesh Yogi. (1965). *Second year course of one year in Yoga asanas*. Los Angeles, USA: Spiritual Regeneration Movement, 22pp.
Main themes: This short book published on 13 January 1965 is an expanded version of Publication #7 and includes some of the same material, but outlines a program for the second year of practice after the course described in Publication #7. This book introduces a course in *Yoga Asanas*, or postures including breathing techniques (*Pranayama*), as presented by Professor K.B. Hari Krishna, then former Director of Yoga Physical Culture at the University of Travencore and at the time of publication Director of Yoga Physical Culture at Maharishi's International Academy of Meditation in India. The book provides a systematic

description of performing the Yoga Asanas, and is accompanied by extensive diagrams. Postures include *Matsya Asana* (fish pose), *Pashchima Uttana Asana* (back stretching pose), *Dhanura Asana* (bow pose), and *Mayura Asana* (peacock pose), and pranayama includes *Sukha Pranayama*. The book also introduces to this Archive the first published usage of the term "Transcendental Meditation" (although the terms "Transcendental deep meditation" and "transcendental system of meditation" were used in the 1964 Publication #6). Pages 34-37 contain a detailed description of Transcendental Meditation by Maharishi, with a focus on creativity, wisdom, bliss consciousness, ignorance and suffering.

Key words or phrases (listed in Section III): Breathing; creativity; pranayama; Transcendental Meditation; Yoga.

Content codes: VE; CH.

Quote: "Meditation I define as the method drawing the attention towards the inner glory of life, a method whereby our conscious mind could explore the inner avenues of being and fathom the depths of real, lasting, great glories of life"—Maharishi (p. 35).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Breathing 36, 122, 123, 372, 417; Cardiovascular disease 41, 45, 81, 305, 333; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Transcending 86, 147, 365.

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Publication #9: Maharishi Mahesh Yogi. (1966). *The science of Being and art of living*. Washington, D.C.: Age of Enlightenment Press (ISBN 0-89186-001-0, publication no. U 1-7247-184), 335pp.
Main themes: Without question, this book is one of the most important in the Archive, a statement which is true from a number of perspectives. Firstly, the book is extremely comprehensive on a range of subjects, and its 335 pages make it substantial by any measure. The book is also detailed, providing deep analysis of topics related to ontology, epistemology and the philosophy of how to live a full life, a life lived in enlightenment. As shown by the key words and phrases, a range of topics are addressed, including health, education, economics, humanities, political science, sociology, psychology, natural sciences, rehabilitation, religion and philosophy. Maharishi provides significant detail on the nature of consciousness (or Being) and the way to contact and develop consciousness, including the influence of food and activity on life, and he devotes more than 50 pages to the topic of "god-realisation", a subject related directly to the growth of higher states of consciousness discussed later in this Archive. The 25-page section on "the art of action" contains never-before published material on proper planning, expenditure of energy, the art of performing useful action, performing action which causes no harm and yields maximum results, self-confidence, generating effective and desirable results though right action, the relationship of right and wrong, and mental energy and the conservation thereof, as well as a detailed analysis of the nervous system, the influence of favourable surroundings and activity on consciousness, among a host of other fundamentally important topics. [Note: a useful compendium to this Publication #9 is: Shaw, C. (1997). *Concordance to Maharishi's Science of Being*. Fairfield, Iowa: Maharishi University of Management Press, 72pp. This book contains 3,500 entries with over 9,000 page references, including 100 analogies, Sanskrit terms and phrases, and definitions of Maharishi's terms.]
Key words or phrases (listed in Section III): Absolute; art of action; art of living; behaviour; Being; cosmic law; economics; education; eternal life; god-realisation; health; humanities; natural sciences; philosophy; planning; political science; psychology; rehabilitation; relative; religion; right and wrong; science; sociology; speaking; thinking; Transcendental Meditation; transcending; ultimate reality.
Content codes: VE; CH.
Quote: "The Science and Being and Art of Living is the summation of the practical wisdom of integrated life advanced by the Vedic Rishis of ancient

India, understood in the light of scientific thinking in the present-day western world. It presents a philosophy of life in fulfilment and offers a practice suitable for all men everywhere to glorify all aspects of their day-to-day life. It deals with the fundamentals of all problems of life and suggests one solution to eradicate all suffering. This book presents a practical thesis to satisfy man's search for truth through science, religion and metaphysical thought. It offers the principle of a practical technique to enable all men to harmonise their inner spiritual content with the glories of the outer material life and to find God within themselves"—Maharishi (p. 19).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Behaviour 40, 102, 327; Being 26; Breathing 36, 122, 123, 372, 417; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic psyche 5, 92, 149, 274, 275, 300; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Drug use 20, 33, 52, 79, 116, 150, 240, 249, 270, 278, 339, 343, 348, 389, 397; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Maharishi Mahesh Yogi 94, 98, 219, 220; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 280, 294, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Respiratory system 36, 372, 417; Spirituality 183, 270, 321; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; and Vedic Science-based education 130, 131, 132, 133.

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Publication #10: Maharishi Mahesh Yogi (1967). *Transcendental Meditation with questions and answers*. Rishikesh, India: Spiritual Regeneration Movement Foundation of India (2nd edition reprinted by

Maharishi Foundation International and Maharishi Vedic University, 2011), 168pp.

Main themes: This significant early book consists of two parts: the first (pp. 1-46) in which Maharishi speaks about the Transcendental Meditation technique and explains how it is a path to self-realisation and enlightenment; and the second (pp. 47-155) in which he answers questions put to him by audience members at several lectures. The talks and questions and answers were delivered by Maharishi between May 1960 and mid-1961, when he held evening discourses in London, England. The questions and answers have been grouped thematically and presented under topic headings, including how all things have their origin in absolute bliss consciousness, the cure for suffering, the way to realisation through the absolute bliss consciousness, the development of "higher consciousness", unfoldment of latent faculties, the ultimate goal of Transcendental Meditation, timeless tradition of Vedic knowledge, on faith, religion and god realisation, and the role of an enlightened teacher.

Key words or phrases (listed in Section III): Absolute bliss consciousness; achievements; Being; benefits; body; cause and effect; concentration; education; faith; guide; happiness; health; higher consciousness; inner and outer glorification; Karma; latent faculties; life is bliss; Mantra; master; mind; psychoanalysis; realisation; religion; self-hypnosis; suffering; tradition of knowledge; Transcendental Consciousness; Transcendental Meditation; ultimate goal.

Content codes: VE; TP.

Quote: "What is needed today is a means of harmonising the qualities of the head with the powers of the heart. When the head alone is heeded and the heart unheeded, man cannot help falling into error. This is what is happening constantly in the world today. Where do all the advances in science and technology and the frantic pursuit of knowledge of all kinds lead man? There is an ever-increasing state of chaos in the world; tension increases daily in the individual, in social life, in national affairs, and international relations. The great and urgent need is for something to re-establish harmony in the individual human being and to give him peace; only from such an inner peace can wisdom and happiness be born. All that we call wisdom today, all knowledge, the whole process of endless fact-gathering must utterly fail to satisfy the real needs of man; for these real needs are called happiness, understanding, and wisdom, and they are not vain and unworldly aspirations but man's birthright. I came out of the Himalayas with a method designed to raise both the head and the heart of

man to the point where knowledge and appreciation of the quality of his higher nature can be attained. I call my method Transcendental Meditation, but it is, in fact, a technique of self-exploration; it enables a man to dive into the innermost reaches of his being, in which dwells the essence of life and the source of all wisdom, all creativity, all peace, and all happiness"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Behaviour 40, 102, 327; Biofeedback 304, 355; Breathing 36, 122, 123, 372, 417; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic psyche 5, 92, 149, 274, 275, 300; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic University (MVU) 130, 131, 132, 133; Marital adjustment 32, 78; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Neuroticism 232, 356; Post-traumatic stress disorder (PTSD) 58; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Respiratory system 36, 372, 417; Self-referral 57, 90, 92, 373, 377; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; Vedic Science-based education 130, 131, 132, 133; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #11: Spiritual Regeneration Movement. (1967). *A world without problems through Transcendental Meditation*. Delhi, India: Spiritual Regeneration Movement, 144pp.

Main themes: This book contains material related to the Eighth World Assembly of the Spiritual Regeneration Movement (SRM), International Meditation Society (IMS), and Students International Meditation Society (SIMS), held from January 15-17, 1967 in Delhi, India. Delegates for the Assembly came from India, Canada, Germany, Italy and Great Britain, and from as far away as West Indies, South Africa, Finland, Peru, Japan, Argentina and Uruguay. The welcome address was given by Barrister-at-Law Brahmachari Devendra, and the inaugural address was delivered by Maharishi. A great many photos are included of this historic account of the event. A range of topics are covered in this 144-page book, including the introduction of the term "Transcendental Meditation" and how it can solve the problems of society in every area of life, such as health, education, social behaviour, politics, religion and art. Many topics are addressed by world leaders, with Maharishi commenting on the presentations.
Key words or phrases (listed in Section III): Art; education; health; International Meditation Society; politics; psychology; religion; science; social behaviour; solutions to problems; Spiritual Regeneration Movement; Students International Meditation Society; Transcendental Meditation; world peace.
Content codes: TP; HP; PR.
Quote: "In every part of the world man, faced with problems, finds life full of stress, strains and suffering. The demand for peaceful co-existence is acute. Efforts are being made from many quarters, in the field of sciences, economics, politics, religion, psychology and various practical branches of learning to fulfil this demand and each attempt promises some help, but nothing that has been tried so far has succeeded in providing a permanent solution to the all-time problems of man's suffering—the problem of finding peace and happiness in life. It has been the experience of numberless members of the SRM all over the world that raising man's level of consciousness through Transcendental Meditation develops in him clear thinking and more energy, and bestows normal health which results in increased efficiency in all field of thought and action"—Maharishi (p. 12).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Anxiety 87, 117, 160; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Biofeedback 304, 355; Breathing 36, 122, 123, 372, 417; Canada 35, 187, 188, 189; Cosmic psyche

5, 92, 149, 274, 275, 300; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Learning 99, 108, 159, 161, 174; Marital adjustment 32, 78; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Neuroticism 232, 356; Post-traumatic stress disorder (PTSD) 58; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Respiratory system 36, 372, 417; Spirituality 183, 270, 321; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; Vedic Science-based education 130, 131, 132, 133; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #12: Maharishi Mahesh Yogi. (1968). *Transcendental Meditation*. London: George Allen & Unwin (part of The American Library, Signet, Signet Classics, Mentor, Plume and Meridian book series, New York; ISBN 0451140818), 320pp.

Main themes: Without question, this book is one of the most important in the Archive, a statement which is true from a number of perspectives (note: Publication #12 is largely the same as Publication #9, although the Appendices of each are somewhat different.). Firstly, the book is extremely comprehensive on a range of subjects, and its 320 pages make it substantial by any measure. The book is also detailed, providing deep analysis of topics related to ontology, epistemology and the philosophy of how to live a full life, a life lived in enlightenment. As shown by the key words and phrases, a range of topics are addressed, including health, education, economics, humanities, political science, sociology, psychology, natural sciences, rehabilitation, religion and philosophy. [Note: a useful compendium to this

Publication #12 is: Shaw, C. (1997). *Concordance to Maharishi's Science of Being*. Fairfield, Iowa: Maharishi University of Management Press, 72pp. This book contains 3,500 entries with over 9,000 page references, including 100 analogies, Sanskrit terms and phrases, and definitions of Maharishi's terms.]

Key words or phrases (listed in Section III): Absolute; art of action; art of living; behaviour; Being; cosmic law; economics; education; eternal life; god-realisation; health; humanities; natural sciences; philosophy; planning; political science; psychology; rehabilitation; relative; religion; right and wrong; science; sociology; speaking; thinking; Transcendental Meditation; transcending; ultimate reality.

Content codes: VE; CH.

Quote: "The Science and Being and Art of Living is the summation of the practical wisdom of integrated life advanced by the Vedic Rishis of ancient India, understood in the light of scientific thinking in the present-day western world. It presents a philosophy of life in fulfilment and offers a practice suitable for all men everywhere to glorify all aspects of their day-to-day life. It deals with the fundamentals of all problems of life and suggests one solution to eradicate all suffering. This book presents a practical thesis to satisfy man's search for truth through science, religion and metaphysical thought. It offers the principle of a practical technique to enable all men to harmonise their inner spiritual content with the glories of the outer material life and to find God within themselves"—Maharishi (p. 19).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Behaviour 40, 102, 327; Being 26; Breathing 36, 122, 123, 372, 417; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic psyche 5, 92, 149, 274, 275, 300; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Drug use 20, 33, 52, 79, 116, 150, 240, 249, 270, 278, 339, 343, 348, 389, 397; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Maharishi Mahesh Yogi 94, 98, 219, 220; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 280, 294, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Respiratory system 36, 372, 417; Spirituality 183, 270, 321; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 227, 228, 236, 237, 291, 310, 324, 325, 332,

344, 348, 378, 400, 403, 405, 406; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; and Vedic Science-based education 130, 131, 132, 133.

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Publication #13: Maharishi Mahesh Yogi. (1969). *Maharishi Mahesh Yogi on the Bhagavad-Gita: A new translation and commentary, chapters 1-6*. London: Penguin (ISBN 978-0140192476), 371pp.
Main themes: Like Publication #9, this book is one of Maharishi's most seminal and oft-quoted work. A brief summary of themes recorded in the Bhagavad-Gita is impossible, as the work covers a wide variety of fundamentally important topics. These include; 1) a question that "demands detailed knowledge of the battlefield of life and the whole range of evolution"; 2) the answer to this question from the perspectives of the six systems of Indian Philosophy, including Yoga; 3) an account of the forces of good and evil (and an analysis of how evil rejoices in challenging good and how good responds to the challenge of evil); 4) analysis of the 16 fundamental problems that form the basis of all conflicts; 5) identification and absorption into the problems of life; 6) how one can be held in suspension not seeing a solution to the problems of life, and how from the view of the Divine level of life problems do not exist; 7) insight into the two aspects of life (i.e., changing and unchanging) and how, without a stable foundation, life remains based solely on the fundamental problems of existence; 8) how equanimity is made permanent by naturally and easily gaining absolute consciousness; 9) the advantages of improved efficiency and greater success in all fields of life, and gain relief from problems and complete liberation from bondage; and 10) a description of life established in "equanimity and of precautions to safeguard that blessed state of freedom in divine consciousness". The text includes the original Sanskrit, translation, and Maharishi's commentary on each verse, including "Be without the three Gunas, O Arjuna!" (Nistrai-gunyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुन, *Bhagavad-Gītā*, 2.45); "Established in the Self, perform action" (Yogasthah kuru karmani, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48); "Perform natural duty because unfathomable is the course of action" (Sahajaṃ

karma kaunteya, सहजं कर्म कौन्तेय, (Sahajaṃ karma kaunteya, सहजं कर्म कौन्तेय, *Bhagavad-Gītā*, 18.48). [Note: A useful, 87-page compendium to this book is: Donahue, C., and Siebert, D. (comp.) (1997). *Concordance for the Bhagavad-Gita to be used with Maharishi Mahesh Yogi on the Bhagavad-Gita: A new translation and commentary, chapters 1-6*. Fairfield, Iowa: Maharishi University of Management Press. This compendium has also been upgraded into a 40-page index and incorporated into a new edition of Publication #13: Maharishi Mahesh Yogi. (2015). *Maharishi Mahesh Yogi on the Bhagavad-Gita: A new translation and commentary, chapters 1-6*. Fairfield, Iowa: Maharishi University of Management Press, 543pp.]

Key words or phrases (listed in Section III): Action; Arjuna; authorship; battlefield of life; Bhagavad-Gita; Brahman; consciousness; cosmic consciousness; Dharma; Dharmakshetra; Divine union; equanimity; evolution; forces of evil; forces of good; fundamental problems; god consciousness; Gunas; Indian philosophy; Karma Yoga; Karma; Kauravas; knowledge; Kurukshetra; Lord Krishna; non-action; Pandavas; Patanjali; renunciation; Self; Shankara; state of suspension; transcendental consciousness; Transcendental Meditation; Truth; Veda Vyasa; Veda; waking state of consciousness; Yoga.

Content codes: VE.

Quote: "Veda Vyasa, the sage of enlightened vision and greatest among the historians of antiquity, records the growth of unrighteousness in the families of those who ruled the people about five thousand years ago. It was then that Lord Krishna came to remind man of the true values of life and living. He restored that direct contact with the transcendental Being which alone can give fullness to every aspect of life. He brought to light absolute Being as the basic Reality of life and established It as the foundation of all thinking, which in turn is the basis for all doing. This philosophy of Being, thinking and doing is the true philosophy of the integrated life. It not only helps the doer to gain success in his undertaking but, at the same time, sets him free from the bondage of action, bringing fulfilment at every level. Such is the teaching of eternal Truth, given by Lord Krishna to Arjuna in the Bhagavad-Gita"—Maharishi (pp. 4-5).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Bhagavad-Gītā 89, 94, 95, 410; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic consciousness 5, 11; Cosmic psyche 5, 92, 149, 274, 275, 300;

Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mindfulness 16, 354; Neuroticism 232, 356; Sanskrit 380; Self-referral 57, 90, 92, 373, 377; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Veda 55, 92, 219, 220, 252, 253; and Vedic literature 252, 314.

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Publication #14: Maharishi International University. (1971). *International symposium on the Science of Creative Intelligence*. Santa Barbara: California: Maharishi International University Press (Library of Congress Catalogue Card No. 71-189161), 76pp.

Main themes: In 1971, Maharishi held his first symposia on the Science of Creative Intelligence (the first time in this Archive that this term appears in the literature). Two symposia were held: one at University of Massachusetts in Amherst, Massachusetts, and a second in Humboldt State College in Humboldt, California. The symposia were attended by a number of influential educators and scientists, including R. Buckminster Fuller (architecture, pp. 20-21), Franklin M. Davis (military science, pp. 24-25), Lloyd Motz (astronomy, p. 26), Roman Vishniak (biology, p. 29), Melvin Calvin (chemistry, pp. 30-31), Harvey Brooks (engineering, pp. 34-35), James Sinclair (finance, p. 36), Evan Harris Walker (physics, p. 41), Jose Delgardo (physiology, p. 43), Robert Dhal (political science, p. 46), Edward Taub (psychology, p. 47), Sheldon A. Nodelman (art history, p. 58), Mylo Housen (art, p. 59), Willis W Harman (education, p. 60), William Peden (literature, p. 66), Lawrence Stern (philosophy and religion, p. 69), and Max Flisher (philosophy, p. 71). A one-page spread is devoted to summarising the views of each speaker in relation to the Science of Creative Intelligence, along with a overview by Maharishi on p. 14. The book also contains the objectives of the Science of Creative Intelligence (pp. 72-73) and an index (p. 76).

Key words or phrases (listed in Section III): Architecture; art; astronomy; Calvin, Melvin; chemistry; education; engineering; finance; Fuller, Buckminster; Harmon, Willis; literature; philosophy; physics;

political science; religion; Science of Creative Intelligence; Transcendental Meditation.
Content codes: TP.
Quote: "The Science of Creative Intelligence has its beginnings in the observation of the phenomenal world. An apple fell and Newton structured gravity. Closely examining a phenomenon reveals laws which are then found to have application and use in other fields according to their range of influence. Just like any other science, the Science of Creative Intelligence is advanced by close observation and study, and what it observes and studies is how one creates. Since the physical properties of phenomena differ, the study of the physical aspects of things alone can neither provide complete knowledge nor present a common basis for all branches of learning. A common basis can only be found in something which is the same in al phenomena and every study. Order in nature and man's power of ordering is at the core of every physical existence and every human mind. The understanding of the nature of intelligence, therefore, can be the common ground of all knowledge. Thus it is creative intelligence which is the dynamic of interdisciplinary study through which its goal can be achieved"—Maharishi (p. 14).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Intelligence 82, 133, 201, 203, 356; Interdisciplinary study 57; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #15: Maharishi International University. (1972). *An address to governments*. Santa Barbara: California: Maharishi International University Press, 50pp.

Main themes: This book outlines the contributions of the Science of Creative Intelligence to all levels of government, including the following: secretarial; management; health, education and welfare; law, justice and enforcement; economy, commerce and labour; business and industry; foreign affairs and international relations; national defense; schools; community development; medicine and mental health; rehabilitation and drug abuse prevention; urban affairs; environmental management; and civil service. The book also has appendices addressing the Seven Goals of the World Plan (also discussed in Publications #17 and #18) (p. 24), a bibliography of scientific research on the Science of Creative Intelligence (pp. 27-30, a summary of symposium speakers at conferences on the Science of Creative Intelligence held the University of Massachusetts, Humboldt State College, Queens University, Canada, University of Birmingham, United Kingdom, and at Maharishi International University in Spain and Italy (pp. 31-36), scientific charts and graphs (pp. 37-46), and major World Plan Centres (p. 47). This book is extensively cross-referenced and footnoted to other literature and data.
Key words or phrases (listed in Section III): Business; defence; drug abuse; economics; education; environment; government; health; management; mental health; rehabilitation; Science of Creative Intelligence; Transcendental Meditation.
Content codes: TP; SR.
Quote: "The Science of Creative Intelligence offers a direct way to improve governmental achievements by systematically developing the total human resource potential. Implementation of the simple, easily taught method—Transcendental Meditation—is of immediate practical value to all branches of government. This technique is the practical application of the scientific study of creation intelligence (SCI). The following pages illustrate the great range of possibilities this widely accepted and scientifically validated technique affords government and Civil Service personnel, in the light of the goals of each department of government"—Preface (p. 14).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405,

406, 408, 415, 419; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #16: Maharishi Mahesh Yogi. (1973). *Love and God*. Santa Barbara, California: Maharishi International University Press (republished in 2003 by Maharishi University of Management Press, Fairfield, Iowa (ISBN 0-923569-36-7, publication no. U-1739-1277), 54pp.
Main themes: A book of poem-like statements on the topics of love and God. Maharishi begins with a dedication, which could serve as an invocation to all the books in this Archive: "Our Guiding Light is the ever-shining, never-setting Sun of the Divine Grace. Ever the same, constant as the northern star and bright as the midday sun, our Guiding Light is the Divine Grace of Shri Guru Deva, Maha Yogiraj, His Divinity Swami Brahmananda Saraswati Maharaj, the most illustrious in the galaxy of the Jagad-Guru Shankaracharyas of India. He was Maha Yogiraj (greatest of Yoga Teachers) in the family of the Yogis of India and was held by the 'Gnanies' (Realized) as personified Brahmanandam (Universal Bliss or Cosmic Consciousness), the living expression of 'Purnam adah, purnam idam'. The divine radiance blooming forth from His shining personality revealed the truth of 'Purnam idam' and His Sahaja-Samadhi (all time natural state of cosmic consciousness) brought home the truth of both 'Purnam adah' and 'Purnam idam'. It was the perfection of this great Spiritual Master which innovated a spiritual renaissance in Northern India and wherever he travelled".
Key words or phrases (listed in Section III): Cosmic Consciousness; God; love; Purnam adah purnam idam; self-realization; Swami Brahmananda Saraswati; universal bliss.
Content codes: VE.
Quote: "Love is the sweet expression of life, it is the supreme content of life. Love is the force of life, powerful and sublime. The flower of life blooms in love and radiates love all around it. Life expresses itself through love. The stream of life is a wave on the ocean of love, and life is expressed in the

waves of love, and the ocean of love flows in the waves of life. What a comfort love brings to the heart. The heart tickles with the thought of love. The heart tickles with the thought of love and waves of life begin to roll on the ocean of love"—Maharishi (p. 13).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Cosmic consciousness 5, 11; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; and Spirituality 183, 270, 321.

Publication #17: Maharishi International University. (1973). *Alliance for knowledge*. West Germany: Maharishi International University (publication no. G 50, Orange cover), 98pp; and
Publication #18. Maharishi International University. (1973). *Alliance for knowledge*. West Germany: Maharishi International University (publication no. G 50, Blue cover), 101pp.
Main themes: These two books present the same information, although their title pages are different (Orange cover title page begins with: "Every individual of this generation is cordially invited to examine this proposed Alliance for Knowledge…", while the Blue cover title page begins with: "All government are cordially invited to examine the proposed Alliance for Knowledge…"). Each book lists (p. 3) the seven objectives of Maharishi's World Plan (presented in 1972), which are: 1) to develop the full potential of the individual; 2) to improve governmental achievements; 3) to realize the highest ideals of education; 4) to eliminate the age-old problem of crime and all behaviour that brings unhappiness to the family of man; 5) to maximize the intelligent use of the environment; 6) to bring fulfilment to the economic aspirations of individuals and society; and 7) to achieve the spiritual goals of mankind in this generation. Maharishi also systematically introduces his Science of Creative Intelligence (SCI) for the first time, explaining that SCI "includes the experience and knowledge of the nature, origin, range, growth and application of creative intelligence" (p. 4). A number of impressive diagrams and charts illustrating the points are included in this book, along with historical photographs. The large fold-out chart showing the relationship between problems associated with the seven goals of the World Plan, the origins of problems, solutions to the problems provided by SCI, and the validation of the solutions, each cross-referenced to a further description and explanation (pp. 7-11), appears to

be the most important. Introduction of the concept of "global television" (which would later manifest as KSCI, the Los Angeles television station dedicated to SCI programming and which began airing in 1977, and the present-day "Maharishi Channel") is also of historical interest. The extensive "subjective validations of the Science of Creative Intelligence", in the form of proclamations, declarations, and other statements and endorsement from government leaders, educators, community leaders, governments and others are also significant (pp. 63-79).

Key words or phrases (listed in Section III): Age-old problems; creative intelligence; economics; education; environment; full potential; global television; government; knowledge; objectives; problems; Science of Creative Intelligence; scientific research; self-sufficiency; society; solutions; Transcendental Meditation; World Plan Executive Council; World Plan.

Content codes: SR; TP; CH; HP; PR.

Quote: "Every individual of this generation is cordially invited to examine this proposed alliance for knowledge and start action to develop the full potential of his own life and inspire members of his family and community to do the same and thereby contribute to a world-wide effort to eliminate the age-old problems of mankind in this generation"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness-based education 135, 217; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Intelligence 82, 133, 201, 203, 356; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Spirituality 183, 270, 321; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133; and Violence 85, 93, 167, 398.

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Publication #19: Maharishi International University. (1974). *A glimpse of the practical philosophy of life that has demonstrated the possibility of eliminating the age-old problems of mankind in this generation*. West Germany: Maharishi International University Press (publication no. G 88), 13pp.
Main themes: This modest document repeats some of the information found in Publications #17 and 18, but expands the information to include a detailed discussion of the Science of Creative Intelligence and neurophysiology, with the first computer-generated images of electroencephalographic signals of the human brain during the practice of Transcendental Meditation (p. 5). The first charts explaining brain waves and coherence appear in this book, and the three types of electroencephalic ordering, as explained by French neurophysiologist Dr Jean-Paul Banquet (at the time, a former member of research faculty at Stanley Cobb Laboratories, Harvard Medical School), are introduced.
Key words or phrases (listed in Section III): Age-old problems; education; electroencephalic ordering; electroencephalography; health; imaginative thinking; improved brain function; orderliness; philosophy; Science of Creative Intelligence; Transcendental Meditation.
Content codes: SR; CH; HP; PR; BI.
Quote: "The Science of Creative Intelligence has proved its vitality and practicality in the lives of hundreds of thousands of people. Its beneficial effects have been validated by scientific experiments in the field of physiology, psychology and sociology. The results of scientific research have brought to light certain fundamentals of health and education which have generated the exciting possibility of eliminating problems in the field of education, health, business, industry, communication, administration and governmental responsibility"—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Consciousness-based education 135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367,

368, 369, 373, 377, 381, 414, 418; Government 225; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Intelligence 82, 133, 201, 203, 356; Maharishi Mahesh Yogi 94, 98, 219, 220; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Neurophysiology 139; Neuroticism 232, 356; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Post-traumatic stress disorder (PTSD) 58; Problem solving 88; Productivity 137; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Smoking 313; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133; and Work 59, 170, 171.

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Publication #20: Maharishi International University. (1974). *A glimpse of the new technology for the development of full creative potential*. West Germany: Maharishi International University Press (publication no. G 120), 16pp.

Main themes: This modest document repeats some of the information found in Publication #19, including the detailed discussion of the Science of Creative Intelligence (SCI) and neurophysiology, with the first computer-generated images of electroencephalographic signals of the human brain during the practice of Transcendental Meditation (p. 5). The first charts explaining brain waves and coherence appear in this book, and the three types of electroencephalic ordering as explained by French neurophysiologist Dr Jean-Paul Banquet (at the time, a former member of research faculty at Stanley Cobb Laboratories, Harvard Medical School), are introduced. This book also present different sections on the Third Law of Thermodynamics, (p. 9), imaginative thinking (p. 10), creativity in education (p. 11), and SCI and job satisfaction (p. 12).

Key words or phrases (listed in Section III): Age-old problems; brain waves; creativity; education; electroencephalic ordering; electroencephalography; health; imaginative thinking; improved brain function; job satisfaction; neurophysiology; orderliness; philosophy; Science of Creative Intelligence; Transcendental Meditation; work.
Content codes: SR; CH; HP; PR; BI.
Quote: "We will count ourselves successful only when the problems of today's world are substantially reduced and eventually eliminated, the educational institutions in every country are capable of producing fully developed citizens, those responsible for health are capable of protecting society from suffering, leaders of the business world are capable of enlivening the full creative potential of their fields, and governments are able to inspire the full potential of their nations and realize the beautiful goals of their constitutions"—Maharishi (p. 13).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Consciousness-based education 135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Government 225; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Intelligence 82, 133, 201, 203, 356; Maharishi Mahesh Yogi 94, 98, 219, 220; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Mindfulness 16, 354; Nervous system 230, 271, 282, 365, 372, 373, 394; Neurophysiology 139; Neuroticism 232, 356; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Post-traumatic stress disorder (PTSD) 58; Problem solving 88; Productivity 137; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228,

236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Smoking 313; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133; and Work 59, 170, 171.

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Publication #21. Maharishi Mahesh Yogi. (1974). *World press on our contribution to life and progress: 1967-1974*. West Germany: Maharishi International University Press (publication no. G 91), 444pp.
Main themes: This book presents press reports from around the world which document the contribution of the World Plan to generating progress in four main areas of life: 1) education; 2) health; 3) business and industry; and 4) government, law and social welfare. World press reports on education (pp. 4-107) include reports and news articles from England, Denmark, Germany, Lebanon, Spain, Sweden, USA, etc., from journals and newspapers such as the *Rathbone Quarterly* in *The Times Educational Supplement* in England, *The Alberta Teachers' Association* in Canada, *Pueblo* in Spain, and *Massachusetts Teachers* and *Social Education* in USA. World press reports on health (pp. 108-206) include reports and news articles from France, India, Israel, Taiwan, Uruguay, etc., from journals and newspapers such as the *American Journal of Physiology*, *The Journal of the American Medical Association* (JAMA), and *Science* in USA, *Hospital Times* and *The Lancet* in England, *The Daily Star* in Lebanon, and *The Jerusalem Post Magazine* in Israel. World press reports on business and industry (pp. 207-266) include reports and news articles from Canada, Ireland, Japan, Mexico, South Africa, etc., from journals and newspapers such as *Business & Finance* and *The Bulletin* in Ireland, *Industry Week* and *New York Post* in USA, *China Mail* in Hong Kong, and *El Universal* in Mexico. World press reports on government, law and social welfare (pp. 267-436) include reports and news articles from Ethiopia, Finland, Greece, Malaysia, Scotland, Switzerland, etc., from journals and newspapers such as *New Scientist* and *Police Review* in England, *The Straits Times* in Malaysia, *Kaleva* in Finland, *TIME* in USA, and *Weekend* in Sri Lanka. Pages 437-439 include a detailed description of the Science of Creative Intelligence, the seven goals of the World Plan, and a list of World Plan Centres around the world.

Key words or phrases (listed in Section III): Business; education; government; health; law; management; mental health; rehabilitation; Science of Creative Intelligence; Transcendental Meditation; World Plan.
Content codes: TP; SR; CH; PR; BI.
Quote: "The world's history has witnessed periods of transition from age to age. Reports of perceptive journalists chronicle the character of the time. The press in every country has been witnessing the beautiful effects of the World Plan as it grew from an idea to a reality, from foundation to fulfilment, from India to the world. It is a joy to say that the press will continue to rejoice in reporting the growing achievements of our global endeavour to solve the age-old problems of mankind in this generation. It is the press of this generation that will have the privilege of declaring the fulfilment of the World Plan—the establishment of peace and progress, happiness and fulfilment for the whole human race"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #22: Maharishi International University. (1974/1975). *Maharishi International University: Catalogue 1974/75*. Los Angeles, California: Maharishi International University Press, 423pp.
Main themes: This book represents one of the earliest and most comprehensive and detailed accounts of Maharishi's vision of higher education (while attribution of the book goes to Maharishi International University, Maharishi literally wrote or carefully edited every word of this

book, as verified elsewhere [for example, see Publication #170, pp. 179-205]). The book aligns the seven goals of Maharishi's World Plan (introduced in Publication #17) to the goals of Maharishi International University (MIU) (p. xiv); a comprehensive chart not unlike the one cited above in Publication #17 provides a more detailed analysis of the same topics, and the book also discusses both "global television" and "MIU global television" (p. xiii-xiv). Maharishi lays out his basic case for higher education, introducing topics such as the relationship between progress and tradition, and between knowledge and fulfilment, the relevance of higher education, interdisciplinary coherence, inherent focus and dedication, the need for a global perspective, and academic excellence and its relation to professional experience, the role of the Science of Creative Intelligence (SCI) in the curriculum (including the 15 basic principles of SCI [p. 257]). Perhaps most interesting is Maharishi's introduction for the first time in the literature of his "new concept of examination—physiological validation of student's progress" using measures such as brainwave coherence, oxygen consumption during Transcendental Meditation, galvanic skin response (GSR), blood chemistry, etc. (pp. 5-8), a topic returned to in later years in the context of "brain mapping" at Maharishi University of Management. The book provides detailed descriptions of the characteristics of graduates of MIU at each level of study, the different colleges of MIU (e.g., College of Arts and Sciences), curricula and course descriptions of each degree program (including program descriptions by department heads), the different institutes of MIU (e.g., Institute for the Advancement of Education), and for the first time provides a comprehensive summary of the 48 scientific research studies conducted to this date on SCI and Transcendental Meditation (pp. 315-347). The book also contains a number charts and photographs of historical interest, and lists MIU's faculty in 1974.

Key words or phrases (listed in Section III): Brain function; core courses; creativity; curricula; electroencephalic ordering; faculty; galvanic skin response; global television; health; higher education; higher states of consciousness; home of all knowledge; knowledge; Maharishi International University (MIU); orderliness; rehabilitation; Science of Creative Intelligence; scientific research; stability; students; Transcendental Meditation.

Content codes: SR; TP; CH; HP; PR.

Quote: "The Science of Creative Intelligence, by opening one's awareness to the infinite, unbounded value of intelligence, broadens the awareness

and makes it permanently unbounded, so that no area of life remains foreign. This is the ground of all knowledge—complete knowledge—and therefore is the basis of complete fulfilment. The success of Maharishi International University will be measured by its direct and indirect effect on the quality of life everywhere. We will count ourselves successful only when the problems of today's world are substantially reduced and eventually eliminated and the educational institutions of every country are capable of producing fully developed citizens"—Maharishi (p. xiii).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Adolescent 45, 64; Art 49, 55, 56, 62, 126, 127, 128; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Computer science 162, 231; Consciousness-based education 135, 217; Curriculum 34, 48, 103, 128, 130, 256; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Intelligence 82, 133, 201, 203, 356; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; and Vedic Science-based education 130, 131, 132, 133.

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Publication #23. Maharishi Mahesh Yogi. (1 January 1975). *The scientific age rising to be the Age of Enlightenment* (second edition). West Germany: Maharishi International University Press (publication no. G 1231), 26pp.
Main themes: This book begins with an extensive message from Maharishi delivered to the "Conference on Ancient Insights and Modern Discoveries", held at Bharatiya Vidya Bhavan, Bombay (now Mumbai) on 30 April to 1 May, 1975. The remainder of the book is dedicated to a comprehensive and

highly detailed chart, which extends over many pages, showing the qualities of the "vacuum state" (also called the "state of least excitation" in this document but referred to in earlier Publications as Transcendental Consciousness, Being and bliss consciousness, and is later referred to as pure consciousness and the unified field) as they relate to, and have been verified by, personal experience, scientific research, and different aspects of the Veda and Vedic Literature. The qualities of the vacuum state listed are: perfect orderliness; unmanifest nature; non-change; source of all change; unboundedness; the home of all knowledge; the home of all the laws of nature; and the field of all possibilities. The aspects of, and citations from, the Veda and Vedic Literature, which are paralleled to these qualities of the vacuum state, are: *Veda* (specifically *Ṛg Veda*); *Brāhmaṇas* (specifically *Śatapatha Brāhmaṇa*); *Araṇyakas* (specifically *Aithareya Araṇyaka*); *Upaniṣads* (specifically *Taittrīya Upaniṣad*); *Smṛtis* (specifically *Viṣṇu Smṛti*); *Puraṇas* (specifically *Viṣṇu Puraṇa*); and *Bhagavad-Gītā*. The last double-page spread summarises Maharishi's global inauguration of the dawn of the Age of Enlightenment.

Key words or phrases (listed in Section III): Age of Enlightenment; Aithareya Araṇyaka; Araṇyakas; Bhagavad-Gītā; Brāhmaṇas; physics; Puraṇas; Ṛg Veda; Śatapatha Brāhmaṇa; scientific research; Smṛtis; state of least excitation; Taittrīya Upaniṣad; Transcendental Consciousness; Upaniṣads; vacuum state; Veda; Vedic literature; Viṣṇu Puraṇa; Viṣṇu Smṛti.

Content codes: VE; SR; CH; BI.

Quote: "The source of all ancient insights into life and its evolutionary processes is the *Veda*. All insights into the source, course and goal of life comes to us from the Veda. The Veda reveals that the individual is a miniature universe. All the forces of nature responsible for all that there is in the universe are present in the individual, some active and some latent. The insight into life brought to us from the Veda explains that it is possible to unfold the full potential of individual life and enliven all the forces of nature in the individual's consciousness and thereby make the individual free from all limitations—enable him to command all the forces of nature, gain the support of all the laws of nature and live life in freedom and fulfilment"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Physics 163, 164; Rāmāyan 253,

315; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Unified field 62, 163, 166, 275; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; and Vedic literature 252, 314.

Publication #24. Maharishi International University. (12 January 1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press (publication no. G 205), 22pp.
Main themes: This book is the same as Publication #X16, but does not include Maharishi's message to the "Conference on Ancient Insights and Modern Discoveries", held at Bharatiya Vidya Bhavan, Bombay on 30 April to 1 May, 1975. See Publication #X16 for a more complete description of the qualities of the vacuum state and its relation to personal experience, scientific research and the Veda and Vedic Literature.
Key words or phrases (listed in Section III): Aithareya Araṇyaka; Araṇyakas; Bhagavad-Gītā; Brāhmaṇas; physics; Puraṇas; Ṛg Veda; Śatapatha Brāhmaṇa; scientific research; Smṛtis; state of least excitation; Taittrīya Upaniṣad; Upaniṣads; vacuum state; Veda; Viṣṇu Puraṇa; Viṣṇu Smṛti.
Content codes: VE; SR; CH; BI.
Quote: "The scientific age is rising to be the Age of Enlightenment. The Science of Creative Intelligence along with knowledge of the laws of nature brought to light by different sciences has provided us with sufficient skills to eliminate suffering from human life and render society free from problems irrespective of intellectual or economic handicaps in different countries. It is no longer necessary for any individual or nation to continue living with problems. The knowledge is now here with us, available to everyone, and it has been verified by scientific research and proven to be effective in the lives of hundreds of thousands of people in the world"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Physics 163, 164; Rāmāyan 253, 315; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Unified field 62, 163, 166, 275; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; and Vedic literature 252, 314.

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Publication #25. Maharishi International University. (28 January 1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press (publication no. G 1231), 22pp.
Main themes: This book is the same as Publication #24, but includes a different Preface; all other aspects of the publication are the same (although it bears the same publication number as Publication #23). See Publication #23 for a more complete description of the qualities of the vacuum state and its relation to personal experience, scientific research and the Veda and Vedic Literature.
Key words or phrases (listed in Section III): Aithareya Araṇyaka; Araṇyakas; Bhagavad-Gītā; Brāhmaṇas; physics; Puraṇas; Ṛg Veda; Śatapatha Brāhmaṇa; scientific research; Smṛtis; state of least excitation; Taittrīya Upaniṣad; Transcendental Meditation; Upaniṣads; vacuum state; Veda; Viṣṇu Puraṇa; Viṣṇu Smṛti.
Content codes: VE; SR; CH; BI.
Quote: "Modern physics has located the most fundamental level of physical existence in the vacuum state. As the state of least excitation of energy, the vacuum state of quantum mechanics is an unmanifest field of perfect orderliness. It is the field of all possibilities from where all forms of life arise. It is the home of all the laws of nature from which spring the basic impulses that govern the activity of the entire creation"—Maharishi (Preface).
Bibliography: The main themes in this publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Physics 163, 164; Rāmāyan 253, 315; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Unified field 62, 163, 166, 275; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; and Vedic literature 252, 314.

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Publication #26: Maharishi International University. (1975). *Science of Creative Intelligence for secondary education: First-year course*. West Germany: Maharishi International University Press (publication no. G 1-184-875), 296pp.
Main themes: This book presents the theory, curriculum and syllabi for a 32-lesson, first-year secondary education course on Maharishi's Science of Creative Intelligence (SCI). The course is designed to "unfold the fullness of life to (the student's) awareness", and includes lesson details on principles of SCI as they are observed and apply in meditation, in life, in nature, and in the lives of great men and women. Each lesson is accompanied by charts, diagrams and photographs, exercises and activities.
Key words or phrases (listed in Section III): Coursebook; curriculum; existence; fullness of life; journal; lessons; main points; progress; qualities of creative intelligence; Science of Creative Intelligence; secondary education; students; syllabus; Transcendental Meditation; workbook.
Content codes: SR; TP; CH; HP; PR.
Quote: "Unlimited is the potential of human life. The Science of Creative Intelligence unfolds this unbounded potential. This course in the Science of Creative Intelligence is designed to culture every student's vision to appreciate the full potential of life. To perceive the fullness of life everywhere is to enliven wholeness in one's own life. The fulfilment of this first-year course is in developing the ability of every student to spontaneously use the qualities of creative intelligence in thought and action. In this way, everyone in the coming generation will rise to highest aspirations and greatest achievements and will prove to be an enlightened citizen of his great nation. The first year of secondary education is the 'year of the great plan' for every student"—Maharishi (p. 10).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Adolescent 45, 64; Consciousness-based education 135, 217; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Intelligence 82, 133, 201, 203, 356; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Primary and secondary education 256, 257, 258; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105,

106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Vedic Science-based education 130, 131, 132, 133.

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Publication #27. Maharishi International University. (1975). *Scientific research on the Transcendental Meditation programme*. West Germany: Maharishi International University Press (publication no. G 205), 132pp.
Main themes: This book outlines a five-year, international research initiative into the application of the Transcendental Meditation program. The scale and reach of the initiative is extensive, with the book divided into two main Parts, with each Part divided into the following Sections: Part I—Physiological changes during the Transcendental Meditation technique: Section A, physiology, metabolic changes (pp. 10-20); Section B, physiology, biochemical changes (pp. 21-22); Section C, physiology, electrophysiological changes (pp. 23-27); Section D, physiology, electroencaphalographic changes (brain waves) (pp. 28-39); Part II—Benefits in daily life due to the Transcendental Meditation program: Section E, physiology, physiological efficiency and stability (pp. 40-44); Section F, physiology, autonomic and emotional stability (pp. 45-49); Section G, physiology, health (pp. 50-57); Section H, physiology, athletic performance (pp. 58-63); Section I, psychology, perception and motor coordination (pp. 63-69); Section J, psychology, intelligence, learning, and academic performance (pp. 70-79); Section K, psychology, development of personality (pp. 80-105); Section L, psychology, creativity (pp. 106- 108); Section M, sociology, productivity and job satisfaction (pp. 109-115); Section N, sociology, rehabilitation (pp. 116-126); Section O, sociology, improved quality of life (pp. 127-128). The book contains a chart, finding, interpretation, and bibliographic citation for each study presented in these sections.
Key words or phrases (listed in Section III): Academic performance; athletic performance; autonomic stability; biochemistry; creativity; electroencephalography; emotional stability; health; intelligence; job satisfaction; learning; metabolic changes; motor coordination; nervous system; perception; personality; physiology; productivity; psychology; quality of life; rehabilitation; sociology; Transcendental Meditation.
Content codes: SR; CH; BI.

Quote: "Through the window of science we see the dawn of the Age of Enlightenment"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Breathing 36, 122, 123, 372, 417; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Disease 233, 234, 282, 317, 323, 333, 336, 399; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Field independence 126, 127, 148, 200, 347; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Intelligence 82, 133, 201, 203, 356; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Morbidity/mortality 19, 43, 325, 329, 404; Nervous system 230, 271, 282, 365, 372, 373, 394; Personality 51, 131, 262, 307, 383; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Reaction time 29, 193, 371; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-actualization 18, 335; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #28. Maharishi International University. (1975). *Inauguration of the dawn of the Age of Enlightenment*. West Germany: Maharishi International University Press (publication no. G 186), 84pp.
Main themes: This publication begins with an outline of the Programme of the inauguration of the dawn of the Age of Enlightenment in Seelisberg, Switzerland on 12 January 1975. In addition to Maharishi, speakers and participants include Nobel Laureate in physics Dr Brian Josephson, Dr Robert K. Wallace, Dr David Orme-Johnson, Dr Paul Levine, Dr Geoffrey Clements, Dr Candace Borland, Dr Shirley MacLean, Dr Malcolm Pines, Dr Richard Prosser, Dr Michael Dillbeck, among many others. National leaders from around the world include representation from countries including Austria, Belgium, Canada, Denmark, England, France, Ghana, Israel, Luxembourg, Mexico, New Zealand, Sierra Lèone, Turkey, Venezuela, and Yugoslavia. A summary of Achievements, which contributed to the inauguration, is presented on page 19, and Maharishi's inaugural speech (pp. 22-29) acknowledges the scientific basis upon which the inauguration was made. In the following pages (pp. 29-67) are a series of presentations, proclamations, and endorsements for the dawn of the Age of Enlightenment, including overviews of the theories, principles and scientific research findings which underpin it. Pages 68-69 presents a double-page spread on the formula for fulfilment in the family of nations, followed by an overview of the global organisation and its leaders established to oversee the administration of Maharishi's worldwide movement. An important analysis of the fundamental principles of education, health, progress, success, rehabilitation, communication, administration, peace, victory, survival, behaviour, evolution, economics and business, skilful action, and creativity is presented on page 76 (which anticipates Maharishi's Absolute Theory of Education, Absolute Theory of Health, Absolute Theory of Administration, etc., as referenced in later publications, e.g., Publications #107 and #116).
Key words or phrases (listed in Section III): Achievement; Age of Enlightenment; celebration; coherence in collective consciousness; collective consciousness; economics; education; health; Josephson, Brian; quality of life; scientific research; world peace.
Content codes: VE; SR; TP; CH; HP; PR; BI.
Quote: "As a result of scientific research conducted during the past decade on Transcendental Meditation, the practical aspect of the Science of

Creative Intelligence, at more than two hundred universities and research institute in different countries, including Germany, England, Canada, United States, Holland, India, South Africa, and Australia, involving the trends of life of about eleven million people in the vicinity of eleven hundred World Plan centres in over eighty-nine countries on all continents, as endorsed and proclaimed by legislators, governors, mayors, educators, doctors, lawyers, businessmen, organizations, and individuals, and as a result of his successful world-wide activities, His Holiness Maharishi Mahesh Yogi, founder of the Science of Creative Intelligence, through the window of science, saw the coming dawn of the Age of Enlightenment and inaugurated it for the whole world in Switzerland on 12 January 1975"—Preface.

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Disease 233, 234, 282, 317, 323, 333, 336, 399; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Mahesh Yogi 94, 98, 219, 220; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Violence 85, 93, 167, 398; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #29. Maharishi Mahesh Yogi. (1975). *Fundamentals of world peace*. West Germany: Maharishi International University Press (publication no. G 2-407-975), 28pp.

Main themes: The premise of the book is articulated in the introduction under the heading "neurophysiology of world peace" when it says "the peace of the individual is the unit of world peace. The unit of world peace is structured in the specific pattern of neurophysiological functioning that is generated by the Transcendental Meditation technique (the book here refers to scientific research findings). The Transcendental Meditation technique thus provides the neurophysiological basis for world peace. This objectively verified evidence of the enrichment of all levels of the unit of world peace through a natural procedure of neurophysiological refinement presents a vision of a united family of nations rapidly evolving in our generation". The remainder of the book is divided into one-page statements and charts on the following topics: physiological strength; psychological strength; sociological strength, ecological strength; physiological cordiality; psychological cordiality; sociological cordiality; ecological cordiality; physiological self-sufficiency; psychological self-sufficiency; sociological self-sufficiency, ecological self-sufficiency; physiological affluence; psychological affluence; sociological affluence, ecological affluence; physiological happiness; psychological happiness; sociological happiness, ecological happiness, with each section supported by scientific evidence, cross-referenced to bibliographic reference 285 in Section IV.

Key words or phrases (listed in Section III): Affluence; cordiality; ecology; happiness; neurophysiology; physiology; psychology; scientific research; self-sufficiency; sociology; strength; Transcendental Meditation.

Content codes: SR; CH; BI.

Quote: "The World Plan, formulated to solve the age-old problems of mankind in this generation, has given rise to the dawn of the Age of Enlightenment. The promise of the coming Age of Enlightenment is world free from suffering, free from problems, free from conflict and negativity—a world of greater progress, greater creativity, greater fulfilment, and of permanent peace"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311,

322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

Publication #30. Maharishi Mahesh Yogi. (1975). *Inauguration of the dawn of the Age of Enlightenment*. West Germany: Maharishi International University Press (publication no. G 208), 20pp.
Main themes: This book announces Maharishi's intention to inaugurate the dawn of the Age of Enlightenment in Great Britain on 19 March 1975 at the Royal Albert Hall in London. After announcing the inauguration (pp. 6-7), the book goes on to provide evidence for the dawning Age of Enlightenment, including two charts on the 1% effect of creating coherence in collective consciousness through Transcendental Meditation throughout the world. Pages 12-15 outline the Science of Creative Intelligence and the details of what is refers to as the "Maharishi Effect", the beneficial impact of at least 1% of any given population practicing Transcendental Meditation, specifically detailing the impact on the individual, society, education, health, business and industry, government, and culture.
Key words or phrases (listed in Section III): 1% effect; Age of Enlightenment; business, coherence; collective consciousness; culture; education, government; Great Britain; health; industry; Maharishi Effect; Royal Albert Hall; Science of Creative Intelligence; scientific research; society; Transcendental Meditation.
Content codes: SR; CH.
Quote: "Europe presents to us a beautiful mosaic of different cultures and different traditions with an infinitely rich potentiality of wholeness of values emerging from the assemblage of ancient and modern cultures. The ancient dignity of the Greeks, the Romans, the Spaniards, the modern dignity of the French, the Germans, the British, and the Scandinavians collectively call for a new awakening to change the destiny of life from problems and suffering to happiness and harmony and peace. Let us all rise together in wholeness to bring forth the dawn of the Age of Enlightenment for all mankind"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Age of Enlightenment 264; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Disease 233, 234, 282, 317, 323, 333, 336, 399; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Mahesh Yogi 94, 98, 219, 220; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Violence 85, 93, 167, 398; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #31: Maharishi International University. (1976). *Enlightenment for ideal rehabilitation: Expansion of consciousness as the basis of the restoration of creative intelligence*. West Germany: Maharishi International University Press (publication no. G 839), 30pp.

Main themes: This book posits that the basis of ideal rehabilitation is the expansion of consciousness, and that incoherent, disorderly or discordant behaviour derives from an individual not using their full potential as a result of not unfolding the full value of their consciousness. Maharishi points out that through the practice of Transcendental Meditation not only does order in the brain increase as consciousness develops, but that orderliness in the brain purifies impurities (i.e., dissolves stress in the physiology), as occurs in other physical systems when temperature is reduced (in this case "mental temperature", p. 1). In addition to citing individual data, Maharishi here also advances the results of recent research which found that when one percent of the population practices Transcendental Meditation, there is a decrease in negative tendencies, including criminality, in that society (referred hereinafter as the "Maharishi Effect", p. 5). Moreover, Maharishi's philosophy of rehabilitation focuses on the prevention of crime and drug and alcohol abuse. A 22-publication bibliography is included (p. 29).

Key words or phrases (listed in Section III): 1% effect; alcoholism; autonomic stability; consciousness; correctional education; correctional institution; crime; criminality; delinquency; drug abuse; enlightenment;

health; Maharishi Effect; medicine; personality; physiology; prevention; psychiatry; psychology; rehabilitation; Science of Creative Intelligence; stress; Transcendental Meditation; youth offender.
Content codes: SR; TP; PR; BI.
Quote: "The Science of Creative Intelligence (SCI) derives the philosophy of rehabilitation from the third law of thermodynamics. In simple terms this law states that when the temperature—or activity—of a physical system is reduced, the system becomes more orderly. This has its parallel on the mental level in that reduction of mental activity generates orderliness of thinking. The Transcendental Meditation technique, the practical aspect of the Science of Creative Intelligence, is a procedure that reduces mental activity, 'mental temperature', in the most natural way and thus trains the nervous system to maintain calmness and collectedness of the mind during activity by making every phase of thinking most orderly. The inadequate behaviour underlying the need for rehabilitation derives from incoherent, disorderly, and discordant thinking and action, which have as their ultimate cause the instability of the individual to use his full potential"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Adolescent 45, 64; Anxiety 87, 117, 160; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Intelligence 82, 133, 201, 203, 356; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Medicine 328; Mental health 118, 141, 170, 171; Misery Index 69, 70; Neurophysiology 139; Neuroticism 232, 356; Personality 51, 131, 262, 307, 383; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Post-traumatic stress disorder (PTSD) 58; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Smoking 313; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160,

213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; and Violence 85, 93, 167, 398.

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Publication #32: Maharishi Mahesh Yogi. (1976). *Proclamations: Global appreciation for Maharishi's teaching*. West Germany: Maharishi European Research University Press (publication no. G 865), 320pp.
Main themes: This vast document presents the proclamations of government, schools, universities, and other organisations from around the world collectively stating that the Science of Creative Intelligence and the Transcendental Meditation program have transformed individual and social life on earth in the direction of greater happiness, health, success and fulfilment. The proclamations (as well as the many awards bestowed on Maharishi for his worldwide efforts to rid the world of suffering) are organised into four main categories: proclamations of and endorsements from governments (pp. 8-152); proclamations of and endorsements from educators, schools and universities (pp. 153-216); proclamations of and endorsements from doctors, hospital and other healthcare providers (pp. 217-238); and proclamations of and endorsements from businesses, business leaders and industrialists (pp. 239-272). Of particular note is the *Congressional Record* of the U.S. Senate passed on 28 January 1974 (volume 120, number 5). This document (pp. 108-123) surveys the scope of Maharishi's teaching, including thorough explanations of the history and relevance of Maharishi International University, implementation of the World Plan, the successful application of the Transcendental Meditation program in rehabilitation in the U.S., including the extensive use of scientific evidence, the successful application of the Transcendental Meditation program to fight drug use, a resolution to increase public awareness of the Transcendental Meditation program, and a summary of the scientific research on the Transcendental Meditation program. Awards granted to Maharishi, including the *Man of Hope Award* of 1970 and the *Gold Medal of the Sacred City of Delphi* in 1973, are particularly noteworthy.
Key words or phrases (listed in Section III): Achievement; business; Congressional Record; Delphi; drug abuse; education; endorsement;

government; health; law; Maharishi Interntional University (MIU); Maharishi Mahesh Yogi; management; Man of Hope Award; proclamation; rehabilitation; scientific research; Transcendental Meditation; U.S. Senate; World Plan.
Content codes: TP; SR; CH; HP; PR; BI.
Quote: "The beautiful messages proclaimed over and over again in these pages and echoed by scientific research at hundreds of universities and research institutions around the world is the certain knowledge that the direction of human life is being transformed by the Science of Creative Intelligence and the Transcendental Meditation programme to ever higher degrees of harmony, positivity, happiness, and fulfilment"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #33: Maharishi Mahesh Yogi. (1977). *Creating an ideal society: A global undertaking*. West Germany: Maharishi European Research University Press (publication no. G 1112), 168pp.
Main themes: This large-format book introduces and discusses in detail the Maharishi Effect; the book presents 32 published research studies which measure the impact of Transcendental Meditation on variables such as crime, quality of life, accidents and mortality rates conducted throughout the world. The book also features an inaugural address by Maharishi on the occasion of the "Dawn of the Age of Enlightenment"

celebration (i.e., 12 January 1975), and provides summaries of talks given at the time by faculty of Maharishi European Research University (MERU), including Dr Keith Wallace, Dr Brian Josephson, Dr David Orme-Johnson, Dr Lawrence Domash, and others. One-page statements on the relation of the individual, society, health, education, progress, culture government, world peace and the Age of Enlightenment follow. The book contains a great many colour photographs and charts, such as a "Formula for Fulfilment in the Family of Nations" (pp. 70-71), and perhaps for the first time, ten pages of personal experiences of higher states of consciousness are included, along with Maharishi speaking on science (pp. 89-93) and on Veda and science (pp. 94-95). This book also contains a full account of the inauguration of the World Government of the Age of Enlightenment (pp. 102-163), including an introduction to the World Government of the Age of Enlightenment by Maharishi, along with descriptions of its ministries, philosophy, structure, declarations, and constitution.

Key words or phrases (listed in Section III): Accidents; Age of Enlightenment; crime; Formula for Fulfilment in the Family of Nations; Governor Training Course; higher states of consciousness; ideal society; Josephson, Brian; Maharishi Effect; Maharishi European Research University; mortality; quality of life; Science of Creative Intelligence; science; scientific research; society; Transcendental Meditation; Veda; world consciousness; World Government of the Age of Enlightenment.

Content codes: SR; TP; CH; HP; PR; BI

Quote: "Man has always sought perfection—perfection in his own life and for his family, society, and his country…the Science of Creative Intelligence and the practice of the Transcendental Meditation technique have emerged in this generation to fulfil man's long-sought goal. The creation of an ideal society is now not only possible, it is inevitable. Our programme to create an ideal society is based on creating an ideal man—a man who will not make mistakes, who will act in accordance with the laws of nature and will not create the ground for suffering"—Maharishi (p. 4).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Elderly 16; Intelligence 82, 133, 201, 203, 356; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Misery Index 69, 70; Morbidity/mortality 19, 43, 325, 329, 404; Psychiatry 65, 266; Quality of

life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Violence 85, 93, 167, 398; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #34: Maharishi International College for the Age of Enlightenment. (1977). *The fulfilment of law, justice and rehabilitation through the development of consciousness*. West Germany: Maharishi European Research University Press (publication no. G 1403).

Main themes: Although this modest booklet is attributed to Maharishi International College in Tonbridge, Kent, United Kingdom, it bears the hallmarks of Maharishi's writing and has therefore been included in the Archive. This is the first book in the Archive to explicitly refer to the TM-Sidhi program (although it was alluded to in Publication #33 in reference to the Governor Training Course) and to Natural Law, doing so in the context of the philosophy of the Institute of Natural Law and Order. The booklet contains a double-page spread on optimizing brain functioning though the Transcendental Meditation and TM-Sidhi program, showing the "first stage of flying" with maximum brain wave coherence and heart rate data (pp. 4-5), and presents data on findings related to Transcendental Meditation and law, justice and rehabilitation outcomes, and the Maharishi Effect.

Key words or phrases (listed in Section III): Consciousness; crime; Institute of Natural Law and Order; law; justice; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Order; natural law; rehabilitation; TM-Sidhi; Transcendental Meditation.

Content codes: SR; CH; HP.

Quote: "We are in a position to invite the great minds of our generation from the field of law to come and examine our findings—that every man can spontaneously act according to the laws of nature and therefore live in an evolutionary direction through the Transcendental Meditation and TM-Sidhi programmes"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cardiovascular disease 41, 45, 81, 305, 333; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi International University (MIU) 143, 216; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Moral development 259, 261; Natural law 224; Neuroticism 232, 356; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Smoking 313; Sport 375; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Violence 85, 93, 167, 398; and Yogic flying 286, 369.

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Publication #35: Maharishi European Research University. (1977). *Enlightenment in world psychiatry: The Transcendental Meditation technique new light on consciousness*. West Germany: Maharishi European Research University Press (publication no. G 1353), 49pp.

Main themes: This document explores the relationship between higher states of consciousness and the practice of psychiatry. It introduces for the first time in this Archive the concept of the so-called "vacuum state" as described by quantum field theory of modern physics, and shows how this state parallels the state of pure consciousness described in the Vedic literature; the book presents physiological, psychological and sociological correlates for this state of consciousness (pp. 4-5). Another two-page spread, similar to the one described in Publication #56, presents the TM-Sidhi program (pp. 10-11), and 61 references to related third-party research, mostly research related to outcomes associated with the practice of Transcendental Meditation, are included (pp. 46-47).

Key words or phrases (listed in Section III): Brain wave coherence; business; collective consciousness; consciousness; cultural integrity; education; EEG coherence; enlightenment; government; health; industry; physiology; psychiatry; psychophysiology; rehabilitation; scientific research; sociology; TM-Sidhi; Transcendental Meditation; vacuum state; world peace.
Content codes: SR; TP; CH; HP; BI.
Quote: "It is now time for World Psychiatry to become responsible for the psychiatry of the world. This means raining the level of world consciousness and measuring the parameters of the growth of world consciousness at a physiological, psychological, and sociological level. The study of the evolution of the world as a whole, and of the rise of the collective consciousness of mankind, is a unique field. In this study there is no basis for comparison. Man now controls the trends of time, and holds the future of the world in his hands. He cannot look to any outer course of control for the direction of his destiny—he must look within himself, to the field of his own consciousness from which he creates his own path of evolution" (p. 18).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Anxiety 87, 117, 160; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Mental health 118, 141, 170, 171; Neurophysiology 139; Neuroticism 232, 356; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Sanskrit 380; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268,

296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; Work 59, 170, 171; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; Work 59, 170, 171; and Yogic flying 286, 369.

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Publication #36: Maharishi European Research University. (1977). *Achievements: First quarter 1977*. West Germany: Maharishi European Research University Press (publication no. G 1180), 65pp.
Main themes: This book summarises the achievements of the World Government of the Age of Enlightenment in the first quarter of 1977. Maharishi begins by explaining the details of the philosophy and structure of the World Government of the Age of Enlightenment, and along with many historical photographs, officially inaugurates 1977 as the "Third Year of the Age of Enlightenment". A double-page spread on the "global undertaking" to teach 1% of every population on earth features (pp. 28-29), followed by six pages of personal experiences of higher states of consciousness. National achievement reports are then submitted in person from 31 countries and in writing by 74 countries (pp. 36-51). A report by Dr David Orme-Johnson about a Maharishi European Research University faculty tour of India, including research outcomes, along with global indications of the Age of Enlightenment, complete the book.
Key words or phrases (listed in Section III): 1% effect; achievement; Age of Enlightenment; higher states of consciousness; ideal society; India; Maharishi European Research University; philosophy of government; pure knowledge; research on consciousness; Self; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.
Content codes: SR; TP; CH; HP; PR.
Quote: "In response to the call of time, a global organization has been established, the non-political, non- religious World Government of the Age of Enlightenment, which has the knowledge and expertise to create an ideal society. The sovereignty of the World Government of the Age of Enlightenment is the domain of consciousness, and its activities to raise and maintain higher levels of consciousness are being carried out from the 1,500 Capitals of the Age of Enlightenment throughout the world"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Government 225; Higher states of

consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Yogic flying 286, 369.

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Publication #37: Maharishi Mahesh Yogi. (1977). *The scientific age rising to be the Age of Enlightenment*. West Germany: Maharishi European Research University Press (publication no. G 1231), 22pp.
Main themes: Although short, this is one of the first documents to link Maharishi's teaching to not only the Vedic tradition, but explicitly to the Vedic Literature. It achieves this feat using an 18-page foldout chart, which horizontally shows how eight sample qualities of the "vacuum state" (i.e., the "least excited state of consciousness", Transcendental Consciousness or pure consciousness), such as perfect orderliness, unmanifest nature, unboundedness, and non-change, as described by quantum physics in Publication #35 and as pure consciousness throughout Maharishi's teaching. These qualities are then verified by personal experience and by scientific research on the Transcendental Meditation technique, and are finally also verified by the Vedic Literature, specifically in the following: *Ṛg Veda*, *Brāhmaṇas*, *Āraṇyakas*, *Upaniṣads*, *Smṛtis*, *Purāṇas*, and the *Bhagavad-Gītā*. In each aspect of Vedic Literature, Maharishi cites a specific verse which speaks to the quality of pure, Transcendental Consciousness being analysed.
Key words or phrases (listed in Section III): Ancient insights; Āraṇyakas; Bhagavad-Gītā; Brāhmaṇas; consciousness; least excited state of consciousness; perfect orderliness; personal experience; Purāṇas; pure consciousness; quantum physics; Ṛg Veda; scientific research; Smṛtis; Transcendental Consciousness; Transcendental Meditation; Upaniṣads; vacuum state; Veda; Vedic literature; Vedic tradition.
Content codes: VE; SR; CH.
Quote: "The source of all ancient insights into life and its evolutionary processes is the Veda. All insights into the source, course and goal of all life come to us from the Veda. The Veda reveals that the individual is a miniature universe. All the forces of nature responsible for all that there is

in the universe are present in the individual, some active and some latent. The insight into life brought to us by the Veda explains that it is possible to unfold the full potential of individual life and enliven all the forces of nature in the individual's consciousness and thereby make the individual free from all limitations—enable him to command all the forces of nature, gain the support of all the laws of nature and live life in freedom and fulfilment"—Maharishi (pp. 1-2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gita 89, 94, 95, 410; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Physics 163, 164; Sanskrit 380; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Veda and science 74, 252, 253; and Vedic literature 252, 314.

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Publication #38: World Government of the Age of Enlightenment. (1977). *Inauguration of a global initiative for invincibility to every nation*. West Germany: Maharishi European Research University Press (publication no. G 1429).

Main themes: This short document introduces the concept of "invincibility" and how it can be achieved by preventing the birth of an enemy. The theory, principles and qualities of invincibility are explained, along with their relationship to both the Maharishi Effect and the Meissner Effect of superconductivity.

Key words or phrases (listed in Section III): Coherence; collective consciousness; health; invincibility; living systems; Maharishi Effect; Meissner Effect; natural armour; non-equilibrium thermodynamics; physics; Rashtrīya Kavach; superconductivity; Transcendental Meditation; World Government of the Age of Enlightenment.

Content codes: VE; SR; TP; CH; HP.

Quote: "Let the Family of Nations face the truth in the presence of the multitude of nuclear weapons today that no nation is competent to defend itself. The only way for any country to get out of this perilous state is to create a situation where conflicts do not arise; the only successful means to avoid conflict and feel secure is to disallow the birth of any enemy. Any country which does not possess the art of disallowing the birth of any

enemy will always be insecure and can anticipate disaster at any time"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Misery Index 69, 70; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

Publication #39: World Government of the Age of Enlightenment. (1977). *First world assembly on law, justice and rehabilitation*. West Germany: World Government of the Age of Enlightenment, 180pp.

Main themes: This book features Justice V.R.K. Iyer, Supreme Court Justice of India, who spoke to the first world assembly on 24 and 25 June 1977 (pp. 12-18), followed by Maharishi's response. Other speakers include: Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin; Edward Grace, Solicitor General, London Transport; Judge A. Davies, Sierra Leone; Dr Dorothee Osterhagen, Judge, Landesgericht Court, Cologne, Germany; and Arthur Anderson Jr, Director, Criminal Justice Division, Office of the Attorney General, State of Arkansas, among others; Maharishi responds to each speaker. Each speaker's presentation integrates Maharishi's theory of law, and each presents research supporting their contention that the Transcendental Meditation technique is a valuable tool in developing "order within", and each speaker reiterates Maharishi's contention that stress is the cause of criminal behaviour. Maharishi delivered a concluding address on 26 June 1977; a 39-article bibliography ends the book.

Key words or phrases (listed in Section III): Age of Enlightenment; criminal behaviour; crime; ideal society; Iyer, V.R.K.; justice; knowledge; law; laws of nature; Maharishi Effect; natural law; pure consciousness; pure intelligence; rehabilitation; Richo akshare parame vyoman Yasmin deva adhi vishve nishheduh; right action; scientific research; Self; Sudarshan, E.C.G.; TM-Sidhi; Transcendental Meditation; Veda.
Content codes: VE; SR; TP; CH; HP; PR; BI.
Quote: "The purpose of law is served when every individual man maintains his own individual identity and, at the same time, in the same stroke of operation, is able to fulfil the aspirations of the whole society. This will only be the case when he is always acting in accordance with all the laws of nature. Nature is functioning from that level which is the common level of all the diversity of creation. So man has to learn just how to operate from that common basis of all life. Then he will never injure the interests of any other life when he is serving his own interest, and the purpose of law will be served"—Maharishi (p. 26).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Misery Index 69, 70; Natural law 224; Physics 163, 164; Post-traumatic stress disorder (PTSD) 58; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Smoking 313; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Yogic flying 286, 369.

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Publication #40: World Government of the Age of Enlightenment. (1977). *Celebrating invincibility to every nation*. West Germany: Maharishi European Research University Press (publication no. G 1422).
Main themes: This short document is almost entirely dedicated to an address delivered by Maharishi on 21 October 1977 in Seelisberg, Switzerland, including three pages of questions from the world press and answers by Maharishi. The "Fundamentals of Invincibility" are listed (p. 12), and the program for the week of global celebrations is also tabled (p. 13).
Key words or phrases (listed in Section III): Age of Enlightenment; Fundamentals of Invincibility; government; harmony; ideal society; invincibility; Iyer, V.R.K.; justice; knowledge; law; laws of nature; Maharishi Effect; natural law; parental role; pure consciousness; pure intelligence; rehabilitation; Richo akshare parame vyoman Yasmin deva adhi vishve nishheduh; right action; Self; E.C.G. Sudarshan; TM-Sidhi; Transcendental Meditation; Veda; Vedanta; world consciousness; World Government of the Age of Enlightenment.
Content codes: SR; TP; HP; PR.
Quote: "It is a very great delight of ours to declare invincibility to all nations. We know that invincibility is still being structured and we know that invincibility may not yet be confidently felt by all the nations in the world today, but the moment the contract is signed with the builder he puts up the sign board, indicating that this is the project. From the time he lays the foundation he puts up the sign board showing what kind of building is going to come out of his activity. So when the World Government took upon itself the parental role in the family of nations, that was the time the World Government put up this sign of freedom for all nation"—Maharishi (p. 5).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Government 225; Justice 7, 24, 25, 27, 28, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Misery Index 69, 70; Natural law 224, 349; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Yogic flying 286, 369.

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Publication #41: Maharishi European Research University. (1977). *The Science of Creative Intelligence offers fulfilment in education: Self-realization found in the simplest form of awareness—the field of all possibilities*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1339), 48pp.
Main themes: The book focuses on how complete knowledge and fulfilment can be developed through self-realisation, through direct experience of the unbounded nature of one's own pure consciousness, one's own Self. The book contains the same double-page spread on optimizing brain functioning through the Transcendental Meditation and TM-Sidhi program as presented in Publication #34, showing the "first stage of flying" with maximum brain wave coherence and heart rate data (pp. 6-7), and 28 pages of scientific research on the Transcendental Meditation and TM-Sidhi program; an introduction by two educators begins the book.
Key words or phrases (listed in Section III): Behaviour; brain waves; coherence; consciousness; education; field of all possibilities; fulfilment; generational gap; knowledge is structured in consciousness; knowledge; least excited state of consciousness; Maharishi European Research University; Maharishi International University; qualities of consciousness; research in consciousness; Science of Creative Intelligence; scientific research; self-realization; simplest form of awareness; student drop-out; TM-Sidhi; Transcendental Meditation; Yogic flying.
Content codes: SR; TP; CH; HP.
Quote: "Knowledge is for action, action for achievement, achievement for fulfilment. Thus, knowledge is directly concerned with fulfilment. For complete fulfilment, complete knowledge is necessary. Complete knowledge should mean total knowledge of the object of inquiry and total knowledge of the subject; total knowledge of both the known and the knower. When the knower does not know himself, then the basis of knowledge is missing. The Science of Creative Intelligence, by opening one's awareness to the infinite, unbounded value of intelligence, broadens the awareness and makes it permanently unbounded, so that no area of life remains foreign. This is the ground of all knowledge—complete knowledge—and therefore is the basis of complete fulfilment"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Consciousness 5, 10, 11,

12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Electro-encephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Intelligence 82, 133, 201, 203, 356; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133; and Yogic flying 286, 369.

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Publication #42: World Government of the Age of Enlightenment. (1977). *Second world assembly on law, justice and rehabilitation*. West Germany: Maharishi European Research University Press (publication no. G 1420).
Main themes: Again, a short document which presents the mission of the Ministry of Natural Law and Order of the World Government of the Age of Enlightenment and its role in providing worldwide programs related to law, justice and rehabilitation. The booklet contains the same double-page spread on optimizing brain functioning though the Transcendental Meditation and TM-Sidhi program as presented in Publication #34, showing the "first stage of flying" with maximum brain wave coherence and heart rate data (pp. 4-5) and presents data on findings related to Transcendental Meditation and law, justice and rehabilitation outcomes, and the Maharishi Effect.
Key words or phrases (listed in Section III): Brain waves; coherence; consciousness; heart rate; jurisprudence; justice; law and order; Maharishi Effect; Ministry of Natural Law and Order; natural law; rehabilitation; scientific research; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment; Yogic flying.
Content codes: SR; TP; CH; HP.

Quote: "Now that the knowledge and procedures are available to develop spontaneous action in accord with all the laws of nature, it is timely that jurisprudence expands its province and takes the tools of the Transcendental Meditation program to prevent the violation of natural law. The Transcendental Meditation program offers the technology for the full development of the individual and society, and its adoption by the legal systems in all communities will enrich jurisprudence and thereby enable law to play its role in creating an ideal society"—Maharishi (p. 12).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cardiovascular disease 41, 45, 81, 305, 333; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Misery Index 69, 70; Moral development 259, 261; Natural law 224; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Smoking 313; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #43: Maharishi International University. (1977). *Maharishi International University: An invitation to enlightenment*. United States: Maharishi International University Press (publication no. U 2-3050-777), 100pp.

Main themes: This book makes the case that education, in addition to being responsible for knowledge in specific academic disciplines, is ultimately for the enlightenment of students. This, Maharishi states, is

important because without the enlightenment of students, the knower of knowledge, any knowledge gained is as if baseless. The book lays out its claim according to the following main section headings: the Science of Creative Intelligence (including a definition from Maharishi); a vision of all disciplines in the light of the Science of Creative Intelligence (including statements on physics, mathematics, life sciences, western philosophy, literature, art, law and government, technology, education, and psychology); scientific research on the Transcendental Meditation program (including findings on levels of rest, suspension of respiration, biochemistry of reduced stress, coherence of brain waves, creativity, and improved athletic performance), and an "invitation to action". These are preceded by statement on creating an ideal society through the Maharishi Effect, the Age of Enlightenment, the least excited state of consciousness—the field of all possibilities, including charts of the vacuum state from quantum physics, and higher education for higher consciousness, presented by notable scholars and scientists including E.C.G. Sudarshan of the University of Texas, Nobel Laureates Professor Ilya Prigogine and Dr Brian Josephson.

Key words or phrases (listed in Section III): Academic disciplines; art; biochemistry; brain wave; coherence; core course; curriculum; education; enlightenment; examination; government; higher education; higher states of consciousness; interdisciplinary study; Josephson, Brian; law; least excited state of consciousness; literature; Maharishi International University; mathematics; philosophy; physics; Prigogine, Ilya; psychology; pure consciousness; Science of Creative Intelligence; scientific research; stress; Sudarshan, E.C.G.; technology; Transcendental Meditation; vacuum state.

Content codes: VE; TP; SR; CH; HP; PR; BI.

Quote: "Knowledge is for action, action for achievement, achievement for fulfilment. Thus, knowledge is directly concerned with fulfilment. For complete fulfilment, complete knowledge is necessary. Complete knowledge should mean total knowledge of the object of inquiry and total knowledge of the subject: total knowledge of both the known and the knower. When the knower does not know himself, then the basis of knowledge is missing. Now in this scientific age, it is high time for knowledge to be complete and for fulfilment to be profound for every man, for every society, for the whole human race"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Academic performance 221, 257, 260, 395; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Computer science 162, 231; Consciousness-based education 135, 217; Cosmic psyche 5, 92, 149, 274, 275, 300; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Interdisciplinary study 57; Maharishi International University (MIU) 143, 216; Neurophysiology 139; Personality 51, 131, 262, 307, 383; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda and science 74, 252, 253; and Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322.

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Publication #44: Maharishi European Research University. (1977). *Enlightenment and the siddhis: A new breakthrough inhuman potential*. West Germany: Maharishi European Research University Press (publication no. G 1257), 20pp.

Main themes: After a two-page introduction to the TM-Sidhi program by Dr Lawrence Domash, the book presents a series of personal experiences of the TM-Sidhi program categorised into experiences within the field of consciousness, experiences of consciousness moving out into the objective world, and experiences of consciousness moving the objective world. These are followed by a presentation of the research program into consciousness as a field of all possibilities as it relates to the TM-Sidhi program being conducted by researchers at Maharishi European Research University (MERU), followed by a series of detailed charts and reports on specific research.

Key words or phrases (listed in Section III): Auditory threshold; coherence; creativity; EEG coherence; electroencephalography;

enlightenment; field independence; intelligence; Maharishi European Research University; mind-body coordination; Science of Creative Intelligence; scientific research; TM-Sidhi; Transcendental Meditation.
Content codes: VE; SR, CH, HP; BI.
Quote: "The Science of Creative Intelligence provides a conceptual framework for understanding the full range of human consciousness. The higher states of consciousness described by the Science of Creative Intelligence become available to direct experience as a result of the Transcendental Meditation technique, and the advanced courses of the Transcendental Meditation programme currently being offered at Maharishi European Research University greatly accelerate this growth"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Field independence 126, 127, 148, 200, 347; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Yogic flying 286, 369.

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Publication #45: Maharishi European Research University. (1977). *Enlightenment: The solution to crime*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1845), 44pp.
Main themes: This book presents the solution to crime according to four main topics: 1) the nature of crime (pp. 2-6); 2) evidence that crime expresses a disorder of individual and collective consciousness and physiology (pp. 7-19); 3) enlightenment—the solution to crime (pp. 11-

13); and 4) the practical application the Transcendental Meditation and TM-Sidhi programme in crime prevention and rehabilitation (pp. 14-17). Details of the Maharishi European Research University's Rehabilitation Index, scientific research on crime prevention and rehabilitation, research results of the Maharishi Effect, and a description of the World Government of Age of Enlightenment complete the document.

Key words or phrases (listed in Section III): Collective consciousness; consciousness; crime; enlightenment; justice; law; laws of nature; Maharishi Effect; MERU Rehabilitation Index; prevention; rehabilitation; scientific research; TM-Sidhi; Transcendental Meditation; violence; World Government of Age of Enlightenment.

Content codes: SR; CH; HP; BI.

Quote: "The Transcendental Meditation and TM-Sidhi programme eliminate crime by creating a truly social man—one who is capable of fulfilling his personal interest while simultaneously making his full contribution towards fulfilling the interest of the whole society. The prisons of every country are the most stressed areas of the world's population. Maharishi European Research University now presents a practical programme to every government for the prevention of crime and for the emptying of prisons, so that every nation can really enjoy all possibilities and every society will live in the full sunshine of the Age of Enlightenment"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Violence 85, 93, 167, 398.

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Publication #46: Maharishi European Research University. (1977). *Invitation: International conference for the formal announcement of the absolute theory of immortality*. West Germany: Maharishi European Research University Press (publication no. G 2031), 20pp.
Main themes: This document is somewhat similar to Publication #X26, and contains some of the same material, however presented in mostly double-page spreads of the following: Maharishi's Absolute Theory of Immortality (pp. 2-3); Vedic Science and the Field of Immortality (pp. 4-5); Principles of Immortality in Science (pp. 6-7); overview of Maharishi European Research University (MERU) (p. 8) and Higher States of Consciousness and the Reversal of Ageing (p. 9); Promotion of Longevity (chart, pp. 10-11); Reversal of Ageing (chart, pp. 12-13); Creating the Structure of Immortality in Society (pp. 14-15). The last two pages and back cover include a summary of research findings as reported in bibliographic citation 285 (p. 16), a summary of current research being conducted at MERU (p. 17), and a summary of MERU's global research programme (back cover).
Key words or phrases (listed in Section III): Absolute Theory of Immortality; ageing, cardiovascular disease; cardiovascular health, Global Research Programme; happiness; health; health habits; higher states of consciousness; immortality; intelligence, learning ability; longevity; Maharishi European Research University (MERU); mental health; natural law; physiology; psychology; reversal of ageing; scientific research; smoking; stress; TM-Sidhi; Transcendental Meditation; Vedic Science; work satisfaction.
Content codes: SR; CH; HP; BI.
Quote: "Immortality has been glimpsed in the discovery of the reversal of the ageing process resulting from the practice of the Transcendental Meditation and TM-Sidhi programme. This inspired scientists at Maharishi European Research University to look for the principles of immortality in different fields of science. The Veda has been declaring throughout time: *Amritasya Putrah* 'Oh, Sons of Immortality'. From the field of pure knowledge, the mortal has always been welcomed as the descendent of the Immortal. Modern science in its infancy, playing with the finite particles of nature, discovered the destructive potential of natural law, and has delivered total annihilation at the doorstep of existence. Now it high time for the modern science in its present state of maturity to repay the debt it owes to life. Vedic Science offers the guiding principle"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Intelligence 82, 133, 201, 203, 356; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Morbidity/mortality 19, 43, 325, 329, 404; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Smoking 313; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #47: Maharishi Mahesh Yogi. (1978). *Enlightenment to every individual, invincibility to every nation*. West Germany: Maharishi European Research University Press (publication no. G 1530), 678pp.

Main themes: One of the longest and most comprehensive documents in the Archive, this book examines the role of the Transcendental Meditation and TM-Sidhi program in bringing about enlightenment on the level of individual life and invincibility on the level of collective or social life. The theory, principles, research and applications of this knowledge are extensively explored, and a range of applied areas are discussed in detail, including, invincibility in education, health, government, military, and

business. For the first time, this book also introduces Maharishi's old and new principles of life (pp. 567-603) as they apply to every academic discipline and area of life. For example, Maharishi explains that during a time when ignorance dominates society (i.e., the present era), educators believe that "higher education is only for the minority", whereas in the dawning Age of Enlightenment when consciousness is awake and rising, higher education is "for everyone, because everyone should have the right to fulfil his natural ability to rise to the highest level of achievement" (pp. 576-573). Similarly, in an age of ignorance, "the building of more hospitals was the measure of progress in the field of health", but from Maharishi's perspective, as consciousness grows in society, the "evacuation of hospitals by educating the people to act in accord with natural law is the measure of progress in the field of health" (pp. 574-575).

Key words or phrases (listed in Section III): Agriculture; business; constitution; culture; enlightenment; fundamentals of invincibility; government; Governors of the Age of Enlightenment; health; higher states of consciousness; industry; invincibility; Maharishi Effect; management; military; old and new principles of life; philosophy of invincibility; physics of invincibility; retired persons; Science of Creative Intelligence; scientific validation; self-realization; students; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

Content codes: SR; TP; CH; HP; PR; BI.

Quote: "In offering Invincibility to Every Nation, we are offering the world a chance to rise to that brilliant majesty and dignity of life which is the birthright of every individual and of every nation. In the Transcendental Meditation and TM-Sidhi programme we have the practical knowledge needed to ring the Bell of Invincibility and forever free mankind from bondage. The nature of life is unbounded and invincible bliss consciousness. There is no need for any individual to suffer or for any nation to face problems"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202,

222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Intelligence 82, 133, 201, 203, 356; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Marital adjustment 32, 78; Mental health 118, 141, 170, 171; Misery Index 69, 70; Morbidity/mortality 19, 43, 325, 329, 404; Personality 51, 131, 262, 307, 383; Physics 163, 164; Problem solving 88; Productivity 137; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Work 59, 170, 171.

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Publication #48: Maharishi European Research University. (1978). *The Science of Creative Intelligence offers ideal education to create an ideal society: A presentation on primary and secondary education*. West Germany: Maharishi European Research University Press (publication no. G 1647), 44pp.

Main themes: This document addresses problems in education as identified by the government of Quebec, Canada, in its Green Paper; the problems identified are seven in number: 1) lack of student motivation; 2) problems of student behaviour; 3) dehumanization of school milieu; 4) instability among students; 5) disillusionment and lack of interest among teachers; 6) unsatisfactory evaluation of students' assimilation of knowledge; and 7) inadequate preparation of students for higher education and adult life (pp. 2-3). The booklet goes on to explain how each of these problems can be addressed by Maharishi's Science of Creative Intelligence (SCI), and illustrates how solving each of these problems leads to broader social benefits. Each of the seven problems are addressed by: (A) describing the problem and its cause(s); and (B) the solution offered by SCI, supported by evidence from scientific research. For example, problem 1) is broken down into cause (A) inability to absorb new knowledge; coupled with solution (A) from SCI: expand the container of knowledge, the conscious mind, and thus improve the ability to learn. This is then supplemented with research showing that students who practice Transcendental Meditation increase in learning ability. The booklet also includes a synopsis of the three- year SCI curriculum for primary education

(ages 6-9), the three-year SCI curriculum for primary education (ages 9-12), the three-year SCI curriculum for secondary education (ages 12-15), and the three-year SCI curriculum for secondary education (ages 15-18), with each curriculum containing yearly themes, subject of study, qualities and principles of creative intelligence by year, along with guidelines for implementation.

Key words or phrases (listed in Section III): Consciousness; creative intelligence; curriculum; dehumanization; disillusionment; evaluation; lack of interest; learning ability; motivation; primary education; problems; Quebec; Science of Creative Intelligence (SCI); secondary education; solutions; TM-Sidhi; Transcendental Meditation.

Content codes: SR; CH; HP.

Quote: "The success of primary and secondary education is to be gauged by the quality of life found in higher education, business, industry, government, and in society as a whole. If problems still exist in every society, the school system must be held largely responsible. However, we believe that these problems arise not from what the schools teach but from what they do not teach. What has been missing so far from education is the knowledge of the full development of consciousness. No system of education can be complete which does not prepare the teacher to teach ad the student to learn. The aim of our presentation is to remedy this deficiency by offering an approach based on the fundamental principle: Knowledge is structured in consciousness"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Adolescent 45, 64; Canada 35, 187, 188, 189; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Intelligence 82, 133, 201, 203, 356; Learning 99, 108, 159, 161, 174; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Marital adjustment 32, 78; Moral development 259, 261; Personality 51, 131, 262, 307, 383; Primary and secondary education 256, 257, 258; Problem solving 88; Productivity 137; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201,

203, 286, 287, 296, 369, 391, 394, 396, 413; Vedic Science-based education 130, 131, 132, 133; and Work 59, 170, 171.

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Publication #49: German Medical Association for the Promotion of Perfect Health through the Transcendental Meditation Programme. (1978). *Memorandum on perfect health: To create an ideal society through the Transcendental Meditation and TM-Sidhi programme*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1697), 33pp.
Main themes: This booklet is not strictly by Maharishi, but its contents are consistent with those produced by and for Maharishi European Research University each of which has been scrutinized by Maharishi. Moreover, a major statement on health and immortality by Maharishi is presented (pp. 13-14), making it relevant to this Archive. The booklet is a Memorandum addressed to The Hon. Mrs Antje Huber MdB, Federal Minister for Youth, Family, and Health of the Government of the Federal Government of Germany. The Memorandum addresses 11 themes related to health (e.g., despite of the advances gained by the pioneers of medicine, almost all the serious illnesses of the past have simply been replaced by a "new range of illnesses" for which outdated technological and pharmaceutical medicine has proved "absolutely useless" [p. 3]), and makes 12 recommendations to address them. Fourteen pages of scientific research end with an extensive bibliography (pp. 30-32).
Key words or phrases (listed in Section III): Consciousness; Germany; health; ideal health; immortality; Maharishi Effect; medical science; natural law; pharmaceutical; prevention; scientific research; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.
Content codes: SR; TP; CH; HP; PR; BI.
Quote: "The crisis in health is evident. While mankind can be proud of advances in medical sciences which have gone a long way towards eliminating many health hazards, it now finds that new and terrible diseases are coming to light against which man has no defenses. The past age of ignorance was plagued by fundamental misunderstandings about the meaning of health. Limitations were routinely accepted as a part of human life, and sickness and death were taken to be inevitable facts of existence…This is the time of fulfilment in medical sciences. In the

Transcendental Meditation and TM-Sidhi programme, we have the formula for perfect measures of prevention giving a direction of immortality to health"—Maharishi (p. 13).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Disease 233, 234, 282, 317, 323, 333, 336, 399; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Medicine 328; Medical science 331, 351, 412; Mental health 118, 141, 170, 171; Misery Index 69, 70; Natural law 224, 349; Neuroticism 232, 356; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Smoking 313; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Yogic flying 286, 369.

Publication #50: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 1*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1480) 13pp.

Main themes: The first Issue of World Government News introduces the World Government of the Age of Enlightenment and the ten Ministries of the World Government, which include the Ministry for the Development of Consciousness, the Ministry of Natural Law and Order, and the Ministry of Cultural Integrity, Invincibility and World Harmony, and investigates the topic of national sovereignty and how nations can become more secure in the nuclear age under the title "Invincibility to every nation: Maharishi's supreme offer to mankind". After an analysis of world events, the Issue discusses the Maharishi Effect (i.e., the effect of orderliness and peace

created when enough individuals in society are generating coherence through the practice of Transcendental Meditation), the Extended Maharishi Effect (introduced for the first time in the Archive, this Extended Maharishi Effect relates to producing the same type of effect of coherence, orderliness and harmony in society as the Maharishi Effect but at a distance, i.e., the "spreading" of orderliness from one place to another, a case study example of which is supplied in this Issue for China [p. 4]), and these are explained using graphic examples provided by the Third Law of Thermodynamics, the Meissner Effect, and the Josephson Effect. Of interest also is Maharishi's introduction of the concept of Veda and science, which finds a "meeting point" in the field of all possibilities, the field of pure consciousness (pp. 6-7).

Key words or phrases (listed in Section III): China; coherence; collective consciousness; cultural integrity; Extended Maharishi Effect; health; invincibility; Josephson Effect; Maharishi Effect; Meissner Effect; orderliness; philosophy of government; sovereignty; Third law of thermodynamics; TM-Sidhi; Transcendental Meditation; Veda and science; World Government of the Age of Enlightenment.

Content codes: SR; TP; CH; HP; PR.

Quote: "Invincibility for all nations is being developed by the World Government of the Age of Enlightenment to fulfil the need of this current period of time in human evolution. The time is such that due to the existence of nuclear weapons in the world it is no longer possible for any nations to defend itself if it has already created even a single enemy"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Extended Maharishi Effect 193; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Misery Index 69, 70; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Terrorism 296; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366,

387, 388, 391, 397, 413; Veda and science 74, 252, 253; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

Publication #51: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 2*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1517), 9pp.
Main themes: The second Issue of World Government News announces the program for seven "World Assemblies on Invincibility" being held at the International Capital of the Age of Enlightenment, Seelisberg, Switzerland between 25 February and 17 March 1978; the World Government of the Age of Enlightenment offered these programs to the governments of the world.
Key words or phrases (listed in Section III): Agriculture; assemblies; business and industry; defence; government; health; ideal education; International Capital of the Age of Enlightenment; invincibility; justice; law; rehabilitation; World Assemblies on Invincibility; World Government of the Age of Enlightenment.
Content codes: HP.
Quote: "With world consciousness rising it is high time for world leaders to take responsibility at a governmental level for making their nation invincible. The knowledge for invincibility is already available. Governments and leaders of society from every nation have now been invited to participate in these World Assemblies and learn how they can use it to take the reins of time into their own hands"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Mental health 118, 141, 170, 171; Productivity 137; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178,

179, 180, 238, 272, 289, 309; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; and Work 59, 170, 171.

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Publication #52: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 3*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1512), 13pp.
Main themes: The third Issue is "specially dedicated to explaining the 'Physics of invincibility'" and includes a report on this subject by Dr Lawrence Domash, then Chancellor of Maharishi European Research University (MERU) (pp. 2-6). The Issue also includes a list of 993 countries "enjoying the Maharishi Effect" (pp. 8-9), an explanation of the MERU Invincibility Index (p. 10), achievements from around the world in the first month of 1977 (p. 11), and a review of world events (p. 12).
Key words or phrases (listed in Section III): Cultural integrity; form; Invincibility Index; invincibility; Maharishi European Research University; Meissner Effect; Maharishi European Research University (MERU); order; physics; purity; quantum coherence; quantum field vacuum; quarks; symmetry; third law of thermodynamics; world consciousness; World Government of the Age of Enlightenment.
Content codes: TP; CH; HP; PR.
Quote: "On 12 January 1978, His Holiness Maharishi Mahesh Yogi, founder of the World Government of the Age of Enlightenment, inaugurated the Fourth Year of the Age of Enlightenment, 1978, as the Year of Invincibility to Every Nation. This declaration was made on the basis of the rising coherence in world consciousness indicated by the increasing positivity in world events as a result of nearly two million people in over 140 countries practicing the Transcendental Meditation and TM-Sidhi programme"—World Government News (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Misery Index 69, 70; Physics 163, 164; Terrorism 296; and Unified field 62, 163, 164, 166, 275.

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Publication #53: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 4*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1532), 18pp.
Main themes: This Issue is dedicated to a report on a series of World Assemblies and courses associated with the knowledge of invincibility for every area of society, and includes lectures by Nobel Laureate Dr Brian Josephson, Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin, Dr Lawrence Domash, then Chancellor of Maharishi European Research University (MERU), Dr Geoffrey Clements, Vice-Chancellor and Professor of Physics of MERU, and others. The Issue also describes the 13 themes of a "core course on invincibility", including themes of global perspectives on invincibility, scientific principles of invincibility, fundamentals of invincibility, Vedic principles of invincibility, and then the Issue details the contents of each course. At the end of the Issue, an update on projects for invincibility in Sierra Leone is presented, as well as a review of world events and a MERU progress report.
Key words or phrases (listed in Section III): Agriculture; business and industry; City Parliaments; core course; cultural integrity; education; government; health; invincibility; Josephson, Brian; justice; law; Maharishi European Research University MERU); military science; rehabilitation; retired people; Sierra Leone; students; Sudarshan, E.C.G.; TM-Sidhi; Transcendental Meditation; Veda; World Assemblies; World Government of the Age of Enlightenment.
Content codes: TP; CH; HP; PR.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Productivity 137; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50,

52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Yogic flying 286, 369.

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Publication #54: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 6*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1589), 21pp.
Main themes: This Issue reports on efforts to establish enlightened "City Parliaments" and to create "an ideal province in every nation" (p. 3), and documents an international conference on the "physics of invincibility" attended by Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin, Dr K.P. Sinha, Professor of Physics at Indian Institute of Science, Bangalore, Dr. O. Costa de Beauregard, Directeur de Recherche, Centre National de la Recherche Sientifque, Paris, Dr J. Nilsson, Professor, Institute of Theoretical Physics, University of Gothenberg, and Dr L.S. O'Raifeartaigh, Senior Professor, Dublin Institute for Advanced Studies, Ireland, among many others. As noted above for Publication #47, this Issue also introduces Maharishi's old and new principles of life (pp. 6-16) as they apply to every discipline and area. For example, Maharishi explains that during a time when ignorance dominates society, business people believe that "activity in business and industry (is) motivated by profit", whereas in the dawning Age of Enlightenment when consciousness is awake and rising, the focus of business is on "activity in business and industry motivated by the force of evolution from the level of fulfilment" (p. 8). Similarly, in an age of ignorance, modern medicine places "emphasis on diagnosis and treatment", but from Maharishi's perspective, as consciousness grows in society, enlightened medicine places "emphasis on prevention and promotion" (p. 6). The Issue also contains a feature on "a new strategy of defence" (pp. 17-19), and a review of world events (pp. 20-21).
Key words or phrases (listed in Section III): Age of Enlightenment; business, City Parliaments; consciousness; defence; Global Maharishi Effect; ideal province; industry; international conference; invincibility; modern medicine; old and new principles; physics of invincibility; prevention; Sudarshan, E.C.G.; TM-Sidhi; Transcendental Meditation.
Content codes: TP; CH; HP; PR.

Quote: "We in this generation are living in the midst of a fundamental transformation in the trend of time. We are on the threshold of a new age in which enlightenment—pure consciousness or the simplest form of awareness—is increasingly guiding the destiny of human life, thought, action, and behaviour. The age of ignorance is receding, and the sunshine of the Age of Enlightenment is on its way to bring fulfilment to the noblest aspirations of mankind"—Maharishi (p. 4).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Intelligence 82, 133, 201, 203, 356; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Medicine 328; Misery Index 69, 70; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Productivity 137; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Work 59, 170, 171; and Yogic flying 286, 369.

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Publication #55: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 7*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1661), 21pp.
Main themes: Issue No. 7 of *World Government News* is the same as Issue No. 9, Publication #56, and has the same publication number, and therefore has the main themes, and key words and phrases.

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Publication #56: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 9*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1661), 21pp.
Main themes: In this Issue, Maharishi analyses the perilousness of the times—the so-called "time of crisis"—including the threat of nuclear destruction. He makes a "supreme offer" to local, provincial and national governments to implement his program to create "an ideal society", an invincible society based on the knowledge and experience of Natural Law. The program is described as a pilot project (p. 3), and includes the introduction of his Transcendental Meditation and TM-Sidhi program and other courses and programs offered by the ten ministries of the World Government of the Age of Enlightenment. Maharishi explains the crisis in each of several areas of life—defence, politics, economics, environment, law and order, and health (pp. 6-13). The pilot project, to be implemented in 108 countries, is described in detail (pp. 13-21.)
Key words or phrases (listed in Section III): Celebration; defence; economics; education; enlightenment; environment; evolution; Global Research Program; government; health; ideal society; invincibility; law and order; natural law; pilot project; politics; provinces; society; survival; TM-Sidhi; Transcendental Meditation; turmoil; United Nations Disarmament Conference; World Government of the Age of Enlightenment.
Content codes: HP.
Quote: "The human race is living through a critical period in its history and evolution. Even a cursory glance at the various areas of human activity—such as government, defence, economics, and ecology—is enough to clearly demonstrate that mankind is experiencing a crisis for survival. Governments are frequently paralysed by protests, terrorism, crime, and disorderly behaviour; generals have sleepless nights because they know that they defend their nations against guided missiles and nuclear attack; economists and business men are wringing their hands because they are so far from fulfilling the basic material needs of humanity; and ecologists look on helplessly as the earth's natural resources, including energy, and flora and fauna are devastated through irresponsible decisions….At such a period of intense turmoil in human life, His Holiness Maharishi Mahesh Yogi has come forward to fulfil the need of the time through the programmes of the World Government of the Age of Enlightenment" (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Economy 67, 68, 69, 71, 72, 166; Environment 349, 386; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Natural law 224, 349; Productivity 137; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; Terrorism 296; and Violence 85, 93, 167, 398.

Publication #57: World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 10*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1703), 29pp.

Main themes: This Issue begins with "Maharishi's timely advice to Heads of State and to the members of their governments", and covers such themes as the missing fundamental of government, national consciousness—a State responsibility, competing systems of government, and the nature of consciousness (pp. 2-4). The World Government of the Age of Enlightenment then introduces its formula to "resolve crises and violence in any country", and lists Mayors who have invited the World Government to their cities to create invincibility. Features of this Issue are the declarations by doctors who call on their government leaders to "take action" (pp. 7-8), a lecture on the "physics of unity" by Dr Lawrence Domash, then Chancellor of Maharishi European Research University (pp. 9-21), the practical application of the physics of unity (pp. 20-21), and a report on achievements of the first three months of the pilot project documented in Publication #34 (pp. 22-25). The Issue ends with a description of the "MERU Ideal Society Index" and how it measures social parameters (p. 26), an overview of the World Government's plan to ensure self-sufficiency, cultural integrity and invincibility (pp. 27-29), and an organizational structure to maintain the Age of Enlightenment for every one million population of the world (p. 29).

Key words or phrases (listed in Section III): Age of Enlightenment; consciousness; crises; cultural integrity; government; heads of state;

health; ideal society; invincibility; Maharishi European Research University; mayors; MERU Ideal Society Index; national consciousness; physics; physics of unity; pure knowledge; TM-Sidhi; Transcendental Meditation; unity; violence; World Government of the Age of Enlightenment.
Content codes: TP; CH; HP; PR.
Quote: "Even a casual look at today's world is enough to convince us that the knowledge which has guided the undertakings of Heads of State and their governments in the past has not been able to prevent cultural integrity within nations from being torn apart and life in the family of nations from being characterized by conflicts. Heads of State and their governments face innumerable problems. Every Head of State has experienced the intense frustration of having to watch helplessly as the disorderly behaviour of his people blocks his noblest endeavours. It is only natural that at such a time the World Government of the Age of Enlightenment, founded by His Holiness Maharishi Mahesh Yogi, should step forward to free every Head of State from the bondage of his frustration" (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Problem solving 88; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Terrorism 296; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #58: Maharishi European Research University. (1978). *Higher states of consciousness through the Transcendental Meditation programme: A literature review*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1521).

Main themes: This booklet is the first analytical literature review of the scientific research on Transcendental Meditation and TM-Sidhi program conducted by scholars at Maharishi European Research University and presented in the Archive, and contains reference to, and a bibliography of, 68 published scientific research studies conducted throughout the world, covering topics such as metabolic changes, electroencephalographic (EEG) changes during Transcendental Meditation, stress release, structural purification, self-repair processes, experimental research, blood flow changes, biochemical and hormonal changes, health, sociological effects, and ageing.
Key words or phrases (listed in Section III): Ageing; biochemical and hormonal changes; blood flow changes; Cosmic Consciousness; EEG; experimental research; health; higher states of consciousness; inner silence; Maharishi European Research University; metabolic changes; pure consciousness; self-repair processes; sociological effects; stress release; structural purification; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; Vedic science.
Content codes: SR; TP; CH; BI.
Quote: "The rediscovery of the state of least excitation of consciousness, transcendental consciousness, is the result of Maharishi's lifelong work of teaching the Transcendental Meditation technique and structuring its background science, the Science of Creative Intelligence. Through his research into the ancient Vedic Science of his own tradition, Maharishi has formulated a modern science of consciousness which has successfully united all branches of knowledge by making available the direct experience of the true nature of the relationship between the observer and the object of observation"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cosmic consciousness 5, 11; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Longevity 16, 317, 323, 391; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Nervous system 230, 271, 282, 365, 372, 373, 394; Post-traumatic stress disorder (PTSD) 58; Self-referral 57, 90, 92, 373, 377; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160,

213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Veda and science 74, 252, 253.

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Publication #59: Maharishi European Research University. (1978). *A scientifically validated program: Creating an ideal society in Kent*. West Germany: Maharishi European Research University Press (publication no. G 1760), 36pp.
Main themes: This document contains significant statements on a variety of important concepts and research in the Science of Creative Intelligence (SCI). The book begins with an introduction on page 1, followed by a double-page spread (pp. 2-3) on the Maharishi Effect, the dawn of the Age of Enlightenment, and the World Government of the Age of Enlightenment. Page 4 summarises the scientific research findings on the Transcendental Meditation and TM-Sidhi program, followed by separate reports on research findings with diagrams (pp. 5-19), including findings related to increased intelligence, development of personality, increased productivity, and reduced hospital admissions. These are followed by a double-spread (pp. 20-21) explaining the TM-Sidhi program (also introduced in Publication #34), and a summary of research findings (pp. 22-23), as published in Section IV reference 285. Pages 24-25 list and locate on a world map the 108 countries where there are pilot programs to create ideal societies, along with an explanation of the MERU Ideal Society Index, and pp. 26-27 introduces examples of the new and old principles guiding life in the dawning Age of Enlightenment in the areas of: education; health; business and industry; government; agriculture; law, justice and rehabilitation; cultural integrity; retired people; and defence. Pages 28-29 summarise courses begin offered by MERU and an invitation to mayor to create City Parliaments of the Age of Enlightenment. [Note: This publication was reproduced separately on the same date for the following cities, states, provinces and countries: Johannesburg, South Africa (publication no. G 1701), Auckland, New Zealand (publication no. G 1686), India (publication no. G 1959), Kenya (publication no. G 1996), Sierra

Leone (publication no. G 1997), Sri Lanka (publication no. G 2076), Washington and Rhode Island, USA (World Plan Executive Council Press), Guadeloupe (publication no. G 1796 in French), Ile Maurice (publication no. G 1796 in French), Paraguay (publication no. 1784 in Spanish), Québec (publication no. G 1796 in French), France (publication no. G 1796 in French), and Spain (publication no. G 1789 in Spanish).

Key words or phrases (listed in Section III): Age of Enlightenment; agriculture; City Parliaments of the Age of Enlightenment; coherence in collective consciousness; collective consciousness; cultural integrity; defence; education; government; Governors of the Age of Enlightenment; ideal society; Ideal Society Campaign; invincibility; law; Maharishi Effect; Maharishi European Research University; MERU Ideal Society Index; old and new principles; rehabilitation; retired people; Science of Creative Intelligence (SCI); scientific research; scientific research findings; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

Content codes: SR; CH; HP; BI.

Quote: "In the past, science has brought out the knowledge of specific laws of nature for improving life, and man acted according to each separate law of nature. Now, through the practice of the Transcendental Meditation and TM-Sidhi programme, man I learning to act from the ground state of all the laws of nature, the field of least excitation of consciousness. So every wise person should quickly adopt this precious knowledge in his own life to become a pioneer of the Age of Enlightenment to contribute his full share to our global undertaking to bring enlightenment to every individual and invincibility to every nation"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Government 72, 188, 189, 225, 337, 344; Intelligence 82, 133, 201, 203, 356; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Misery Index 69, 70; Morbidity/mortality 19, 43, 325, 329, 404; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50,

52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Violence 85, 93, 167, 398; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #60: Maharishi Mahesh Yogi. (1978). *World Medical Council for the Age of Enlightenment: Perfect health*. West Germany: Maharishi European Research University Press (publication no. G 1736), 89pp.
Main themes: This small-format book predicts many such similar books in the 1990s by Maharishi and, in this case, is focused on the topic of "perfect health". The book begins with a double-page spread on perfect health and its role in creating invincibility in individual and collective life under ten content areas which are the basic curricula of courses in perfect health: 1) introduction to a new concept of health; 2) the role of perfect health in making the nation invincible; 3) scientific research verifying that the Transcendental Meditation and TM-Sidhi program develop perfect health; 4) prevention, promotion and cure; 5) perfect health as the basis of coherence in collective consciousness; 6) wholeness of life resulting from the complete integration of body and mind; 7) eliminating man's violation of the laws of nature through the Transcendental Meditation and TM-Sidhi program; 8) perfect health as the basis of an ideal society; 9) the Maharishi Effect; and 10) action to implement the Transcendental Meditation and TM-Sidhi program to eliminate problems in the field of health. The book also has an extensive list of old and new principles for health, as first introduced in Publication #33 (pp. 72-81).
Key words or phrases (listed in Section III): Higher states of consciousness; ideal society; invincibility; medical associations; old and new principles; perfect health; scientific research; TM-Sidhi; Transcendental Meditation; world peace.
Content codes: SR; TP; CH; HP.
Quote: "Health means wholeness. The total potential of health lies in the field of pure awareness which offer infinite creativity and all possibilities. A faint, faint impulse of that simplest form of awareness precisely produces the desired effect. This is health"—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Brain functioning 30, 204, 246,

299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Elderly 16; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Problem solving 88; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Self-referral 57, 90, 92, 373, 377; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #61: World Government of the Age of Enlightenment. (1979). *World Government News, Issue no. 11*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1778), 45pp.

Main themes: This is the most comprehensive of all the Issues of World Government News. It begins by declaring that world peace was restored in the five most troubled areas of the world: Central America; Southern Africa; Iran; Middle East; and South-east Asia, in what Maharishi describes was a "historically unprecedented global initiative". A double-page chart explains the locations and background of the initiative, including how in the first three months the World Government of the Age of Enlightenment had implemented its pilot project to create an ideal society (introduced in Publication #56) and the World Government of the Age of Enlightenment had reviewed its achievements (in Publication #57), and that now this "supreme accomplishment" of world peace meant the World Government had achieved its goal in the second quarter of the campaign, thus fulfilling its declaration that 1978 would be "The Year of Invincibility for Every Nation". Maharishi documents the steps leading up to this achievement, beginning with his inauguration of his worldwide movement in 1959 (pp.

2-3), and even isolates the event that triggered the global initiative: a call from the people of Esteli in Nicaragua (published in *United Press International* at the end of September 1977) who appealed to "national and international agencies and anyone who could help to do everything humanly possible to stop the civil war which was causing untold misery in their country with the plea: "anyone who can help, please help" (p. 4); apparently it was this cry for help which touched Maharishi's heart and deeply moved the whole family of the World Government to act. Maharishi explained how the World Government of the Age of Enlightenment implemented its program in three phases in each location: Phase 1) calming down the violence through the quiet presence of the Governors of the Age of Enlightenment (i.e., through their practice of Transcendental Meditation); Phase 2) knowledge of the mechanics of world peace provided by the scientists of Maharishi European Research University meeting with local scientists and leaders of society; and Phase 3) local participation to perpetuate peace (pp. 6-7). This Issue then provides 14 pages of achievements resulting from the application of the Maharishi Effect in countries such as China, India, USSR, USA, Japan, and lists many of the people involved in Phase 1 of the project (pp. 8-21). A double-page chart lists the qualities of consciousness as verified by personal experience and scientific research (pp. 22-23), followed by ten pages from the disciplines of world peace, biology, mathematics, sociology, physiology, philosophy, chemistry, biochemistry, and medicine explaining the principles of transformation of a turbulent society to a society of calmness and peace from their own perspectives (pp. 23-33); an important double-page chart showing the "natural law and evolutionary perspective of political change" and the "great leap" of change through application of the Transcendental Meditation and TM-Sidhi program (pp. 34-35), the decline and rise of natural law and its relation to religion (accompanied by a chart, p. 36), a description of the relation of natural law, pure knowledge, the Veda and world peace (p. 37), and a series of statements on law, justice and ideal society, health and for the first time a discussion of the principle of "super radiance" and its relation to the Vedic term *Samitih samani*, or coherence in collective consciousness from Rig Veda (p. 41), conclude the Issue.

Key words or phrases (listed in Section III): Achievement; all possibilities; biochemistry; biology; Central America; chemistry; crisis; Governors of the Age of Enlightenment; great leap; Iran; Maharishi Effect; mathematics; medicine; Middle East; natural law; Nicaragua; philosophy of

help; physics of world peace; physiology; Samitih samani; sociology; South-east Asia; Southern Africa; super radiance; TM-Sidhi; Transcendental Meditation; troubled areas; Veda; violence; World Government of the Age of Enlightenment; world peace.
Content codes: VE; SR; TP; CH; HP; PR.
Quote: "Natural law enlivened by the presence of the Governors of the Age of Enlightenment in every parliament will enrich the decision-making process in the interest of the whole nation. In their presence, natural law will blossom in the fabric of national law through parliamentary decisions. Every aspect of the government processes will be faultless and evolutionary. The government will always be most successful because it will always be in accord with the natural law of the land. The administration of society will be worthy of the Age of Enlightenment. I would like to see every government rise to the level of the World Government. Every government could be established on the level of all possibilities. 1979 could be the year of achievement for every government"—Maharishi (p. 42).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Medicine 328; Mathematics 155, 251, 308, 409; Medical science 331, 351, 412; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Middle East 60, 85, 293; Misery Index 69, 70; Nervous system 230, 271, 282, 365, 372, 373, 394; Neurophysiology 139; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Terrorism 296; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda 55, 92, 219, 220, 252, 253; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #62: Maharishi European Research University. (1979). *Global research program*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1554), 64pp.
Main themes: The Maharishi European Research University "Global Research Program" is documented in a two-page chart (pp. 2-3). The Program is presented in six parts: 1) introduction; 2) physiology; 3) electroencephalography (EEG); 4) biochemistry; 5) psychology; and 6) sociology, and each of these six parts of the Program is cross-referenced to specific pages in the document which present a range of definitions, explanations, charts and research findings (pp. 4-54). For example, the discipline of physiology identifies five areas of potential impact, each of which is worth researching (namely, physiology of higher states of consciousness, fourth state of consciousness, physiology of enlightenment, health and immortality, and "future research", such as the physiological basis of invincibility in collective consciousness). The Program outlines nine research areas which will advance the program into "research into consciousness" (pp. 55-64), including a global effort to research higher states of consciousness, changing the trends of time, new principles to guide life in the Age of Enlightenment, interdisciplinary research, enlightened scholars, conferences, and seven areas of applied research on higher states of consciousness in defence, education, health, business and industry, agriculture, government, and law, justice and rehabilitation.
Key words or phrases (listed in Section III): Age of Enlightenment; agriculture; biochemistry; business; defence; education; electro-encephalography; EEG; Global Research Program; government; health; higher states of consciousness; immortality; industry; interdisciplinary research; justice; law; Maharishi Effect; Maharishi European Research University (MERU); Meissner Effect; old and new principles; physiology; psychology; rehabilitation; scientific research; sociology; Transcendental Consciousness.
Content codes: SR; TP; CH; HP; BI.
Quote: "The scientific research conducted during the last decade in all parts of the world has shown so many different aspects improving as a result of the Transcendental Meditation technique. The focus of MERU is to examine the growth of life as a whole, including physiology, psychology, and sociology. We are examining consciousness as a field of all possibilities, the source of holistic inner development. We are verifying ancient Vedic procedures for culturing life and unfolding its full potential on all levels of

individual consciousness, national consciousness, and world consciousness.

The scientific age is rising to be the Age of Enlightenment. It will be a joy for the scientists of this generation to lay a foundation for the best quality of life and uncover those principles which will bring Invincibility to Every Nation"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Biochemistry 61, 80, 114, 115, 152, 195, 196, 205, 208, 211, 212, 213, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 398, 399, 400, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cosmic psyche 5, 92, 149, 274, 275, 300; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 348, 389, 397; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 191, 198, 202, 229, 232, 234, 248, 273, 283, 288, 302, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Immortality 121, 252; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Misery Index 69, 70; Moral development 259, 261; Nervous system 230, 271, 282, 365, 372, 373, 394; Neurophysiology 139; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Productivity 137; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; and Work 59, 170, 171.

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Publication #63: Maharishi European Research University. (1979). *Making education ideal through the Transcendental Meditation programme and the Science of Creative Intelligence*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1811), 29pp.

Main themes: This booklet contains one of the most definitive overviews of Maharishi's approach to "proper education" through the Science of Creative Intelligence (SCI), by examining eight problems of contemporary education and presenting the solution to each through recommendations related to SCI-based education. The eight areas of investigation are: 1) developing the full potential of students; 2) the basis of knowledge; 3) holistic education; 4) fundamentals of education; 5) neurophysiology of ideal education; 6) spectrum of educational programs; 7) social importance of education based on the growth of consciousness; and 8) education for world peace. Maharishi's inaugural address to a conference on "Education for Higher States of Consciousness" held 22-24 September 1978 (pp. 18-19), and four appendices on educational course offered by Maharishi European Research University and Maharishi International University, a summary of scientific research on the Transcendental Meditation and TM-Sidhi program, and a list of references and Publications relevant to education conclude the document.
Key words or phrases (listed in Section III): Consciousness; education; fundamentals of education; government; health; higher consciousness for complete education; higher states of consciousness; ideal education; ideal society; industry; knowledge; Maharishi European Research University; Maharishi International University; pure knowledge; SCI-based education; Science of Creative Intelligence (SCI); TM-Sidhi; Transcendental Meditation.
Content codes: SR; CH; HP; BI.
Quote: "All weaknesses or problems in society have their basis in a lack of culture of the human mind, and this in turn is the result of incomplete education. Education is incomplete when it fails to develop the full creativity of the individual and fails to nurture his ability to act in accordance with the laws of nature"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Consciousness-based education 135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Neurophysiology 139; Personality 51, 131, 262, 307, 383; Problem solving 88; Quality of life

35, 69, 93, 105, 177, 198, 198, 329; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #64: World Government of the Age of Enlightenment. (1979). *City Parliament of the Age of Enlightenment: Inaugural session*. West Germany: World Government of the Age of Enlightenment, 28pp.
Main themes: This book documents the philosophy, ten ministries, constitution, assemblies, validation, and plans of the World Government of the Age of Enlightenment as they were implemented in Great Britain. The following ten ministries are explained in detail: Ministry of Development of Consciousness; Ministry of Natural Law and Order; Ministry of Cultural Integrity, Invincibility and World Harmony; Ministry of Education and Enlightenment; Ministry of Celebrations and Fulfilment; Ministry of Prosperity and Progress; Ministry of Information and Inspiration; Ministry of All Possibilities: Research and Development; Ministry of Capitals of the age of Enlightenment; and Ministry of Health and Immortality.
Key words or phrases (listed in Section III): Consciousness; cultural integrity; education; enlightenment; health; immortality; law; natural law; scientific research; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.
Content codes: Plain text only.
Quote: "The sovereignty of the World Government of the Age of Enlightenment is the domain of consciousness, the prime mover of life, the ground state of natural law, the field of all possibilities. The World Government is a non-political non-religious global organisation with the participation of the people of more than 100 countries"—Introduction.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220,

224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Leadership 176, 244; Government 72, 188, 189, 225, 337, 344; and Natural law 224, 349.

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Publication #65: World Government of the Age of Enlightenment. (1979). *Freedom behind bars: Habilitation through meditation*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1919), 84pp.

Main themes: The Foreword (pp. 2-5) of the book is provided by Justice V.R. Krishna Iyer of the Supreme Court of India, followed by an address by Maharishi to the First World Assembly on Law, Justice and Rehabilitation held in Switzerland on 24-26 June 1977 (pp. 6-11). Maharishi addresses a series of topics, including rightness of action determined by level of consciousness, locating the home of all the laws of nature in the Transcendent, action in accord with all the laws of nature, pure intelligence—the seat of all the laws of nature, first law of nature—the Absolute knowing itself, the basis of all laws is knowledge of the Self, the purpose of law fulfilled through Transcendental Meditation, and Law in the Age of Enlightenment—creating an ideal society. The book is then divided into four main section: 1) Drug abuse and alcoholism (pp. 14-21); 2) Effective rehabilitation of criminals (pp. 22-33), 3) Court judgements (pp. 34-72); and 4) MERU Rehabilitation Index (pp. 73-78). A bibliography and description of the World Government of the Age of Enlightenment concludes the book.

Key words or phrases (listed in Section III): Absolute; alcoholism; consciousness; drug abuse; ideal society; Iyer, V.R.K.; justice; law; laws of nature; Maharishi Effect; MERU Rehabilitation Index; natural law; rehabilitation; scientific research; TM-Sidhi; Transcendental Meditation.

Content codes: VE; TP; SR; CH; HP; PR; BI.

Quote: "*Freedom Behind Bars* will be the text-book for social scientists and the reference book for jurists in the Age of Enlightenment. Crime is a revolt against the inability to fulfil one's desires. Unless society provides the means to fulfil desires and succeed in life, crime can never be arrested"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217,

272, 281, 398; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Natural law 224, 349; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Violence 85, 93, 167, 398.

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Publication #66: Maharishi European Research University. (1979). *The MERU Ideal Society Index: Measuring the rise of coherence in collective consciousness*. Rheinweiler, West Germany: Maharishi European Research University Press, 24pp.

Main themes: The MERU Ideal Society Index is described in detail in this booklet. The Index is described as a measure of the collective development or growth of a society drawing on a range of criteria, each of which is based on six "fundamental principles" of society: 1) the nature of life is to grow; 2) the purpose of life is the expansion of happiness; 3) the potential of the human mind is infinite; 4) Creative Intelligence is the source and characteristic of all change and evolution; 5) the state of least excitation of consciousness is the field of all possibilities; and 6) it is possible through the Transcendental Meditation and TM-Sidhi programme, to take recourse to natural law to enable human physiology to function spontaneously in accord with all the laws of nature . By this means it is possible to create and ideal man who will not make mistakes, and who will bring happiness to himself and his society. These fundamental principles are then cross-referenced to "secondary principles" or Fundamentals of Progress: creativity, stability, adaptability, integration, purification and growth, along with five social criteria of growth: decreasing anxiety, decreasing depression, decreasing rigidity, decreasing hostility, and decreasing aggression. Together, these criteria of an ideal society are measured against changes in health (pp. 3-5), education (pp. 5-7), business and industry (pp. 7-9), law (pp. 9-10), government (pp. 11-12), agriculture (pp. 12-14), environment (pp. 14-16), and social welfare (pp. 16-17). For example, in the context of the environment, the following criteria are

determined: 1) Principle: creativity > Concrete expression in society: more creative use of the environment > Method of Measurement: improved urban planning, preservation of national parks, educational use of national lands, and new agricultural used of land; 2) Principle: stability > Concrete expression in society: preservation of natural character of each area > Method of Measurement: return of traditional local value of design and lifestyle; and 3) Principle: adaptability > Concrete expression in society: adaptation of technology to be in accord with the environment > Method of Measurement: successful adaption of new methods of communication, education, health care, building, manufacture, mining, management and defence, without damaging natural environmental values. Pages 18-20 outline the method of implementing the Index according to three stages: 1) systematic compilation of all news items, media programs and public activities indicating the rise of positivity; 2) collaborative research among university departments and research institutes; and 3) immediate assessment by government. The document concludes with a statement about the relationship between the observer and the observed in social research.

Key words or phrases (listed in Section III): Adaptability; Age of Enlightenment; collective consciousness; Creating an Ideal Society; creative intelligence; creativity; education; Fundamentals of Progress; Governors of the Age of Enlightenment; growth; health; integration; Maharishi Effect; Maharishi European Research Institute; MERU Ideal Society Index; natural law; purification; scientific research; stability; TM-Sidhi; Transcendental Meditation.

Content codes: Plain text only.

Quote: "The quality of life in society is determined by the quality of life of individual citizens. If citizens are enjoying enrichment of body, mind, and behaviour, then the whole community will be characterized by peace, harmony, and progress. The Transcendental Meditation and TM-Sidhi programme, as taught by His Holiness Maharishi Mahesh Yogi, provides the technology to develop the full potential of the individual, thereby improving the quality of life and creating an ideal society"—Foreword.

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118,

131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #67: Maharishi European Research University. (1980). *Science, consciousness and ageing: Proceedings of the international conference*. Rheinwheiler, West Germany: Maharishi European Research University Press (publication no. G 2107), 80pp.

Main themes: This comprehensive and densely conceived book is important for several reasons, not the least of which it is one of the first to lay out Maharishi's definition and vision for his Vedic Science, and it documents the findings of an international conference on science, consciousness and ageing, featuring talks by faculty of Maharishi European Research University as well as by Professor Miguel Guiran, President of the Spanish Royal Academy of Medicine, Herbert Pietschmann, Professor of Theoretical Physics, University of Vienna, Dr V.M. Divedi, former Director of Ayur Veda in Gujarat and Vice-Chairman of the Ayurvedic Pharmacopoeia Committee, Government of India, and others. Most relevant are the keynote addresses given by Maharishi covering topics such as the eight basic rules of nature described in the Veda, the mechanics of expression of the laws of nature in Vedic Science and in physics, the structure of Veda in consciousness, and overviews of Vedic Science from the perspectives of health, natural law, pure knowledge, and Ayur Veda; the book includes an interactive dialogue between Maharishi and conference participants. The book also includes charts and descriptions on the relationship of pure consciousness to the *Upangas* and *Vedangas* of the Vedic Literature, ageing in the light of thermodynamics, a formula for and the fundamentals of immortality, patterns of ageing, scientific research findings on the relation of the Transcendental Meditation and TM-Sidhi program to the reversal of ageing, eight longevity factors, proposed

research in physiology and psychology on ageing, and an extensive bibliography of 115 published studies on these topics. This book most importantly contains one of Maharishi's key published statements on the nature, structure, function and value of "pure knowledge" (pp. 73-80), and lays out Maharishi's Absolute Theory of Immortality (p. 81).

Key words or phrases (listed in Section III): Ageing; Ayur Veda; consciousness; immortality; laws of nature; longevity; Maharishi's Absolute Theory of Immortality; natural law; neurophysiology; organizing power; physics; physiology; Prakriti; psychology; pure consciousness; pure knowledge; Purusha; research; reversal of ageing; Richo Akshare; Rig Veda; scientific research; Upangas; Veda; Vedanga; Vedic Science.

Content codes: SR; TP; CH; HP; BI.

Quote: "These are the days of the discovery of a huge field of knowledge that will transform the human race. In Vedic Science, the totality of knowledge is so beautifully recorded. Not only do the laws of nature come to be known, but, through the Transcendental Meditation programme, the totality of natural law could become a living reality for every single individual born on earth. Ageing comes about when the individual does not know how to breathe life in the totality of natural law. Vedic Science demands that we open our awareness to the home of all the laws of nature"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Elderly 16; Longevity 16, 317, 323, 391; Maharishi Vedic Medicine 328; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Natural law 224, 349; Neurophysiology 139; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Sanskrit 380; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Veda and science 74, 252, 253.

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Publication #68: Maharishi International University. (1980). *Perfect health and immortality: Reversing the aging process through the Transcendental Meditation and TM-Sidhi program*. Fairfield, Iowa: Maharishi International University Press, 37pp.
Main themes: This book presents the theory and research of perfect health and immortality according to eight main themes: 1) reversing the ageing process; 2) perfect health and immortality; 3) Veda; 4) Vedic Science and immortality; 5) the physics of immortality; 6) the physiology of perfect health; 7) the biological possibility of immortality; and 8) the physiology of immortality. Analysis of these topics is accompanied by references to published research findings.
Key words or phrases (listed in Section III): Ageing; consciousness; health; immortality; physics; physiology; research; reversal of ageing; scientific research; Veda; Vedic Science.
Content codes: VE; SR; TP; CH; HP.
Quote: "The ancient science of consciousness transformed by Maharishi into a modern experiential science is known as the Veda. That aspect of Vedic science dealing with health and immortality is known as Ayur Veda. A modern understanding of the complex and profound knowledge of these ancient disciplines shows them to deal with the same realities that concern modern physics—the structure of the field that underlie and generate all of nature and are responsible for the orderly expression of the laws of nature in the universe. Vedic science, however, contains one great insight that is only now dawning in other branches of science—namely, that the universal field is of the nature of consciousness" (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Ageing 317, 323, 391; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Elderly 16; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Neurophysiology 139; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87,

91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda and science 74, 252, 253; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #69: World Government of the Age of Enlightenment. (1980). *Higher states of consciousness: An effective strategy of social defence*. West Germany: Maharishi European Research University Press (publication no. G 2085), 33pp.

Main themes: This book documents a number of presentations given to Maharishi European Research University (MERU) by Maharishi, Justice V.R. Krishna Iyer, Supreme Court of India, Arthur John Anderson Jr., former Director, Criminal Justice Division, Office of the Attorney General, Arkansas, and Frank J. Billingsley, inmate of Folsom Prison, California, as well a series of conferences on the topic of social defence held in Paris (27-28 May, 1980), United Kingdom (31 May-1 June, 1980), Bonn (4-5 June, 1980), and The Hague (8 June, 1980). The book also introduces the MERU Rehabilitation Index (p. 5), which uses measures such as field independence, rule infractions, habituation of skin resistance, cortisol levels, and galvanic skin resistance to measure rehabilitation. The book ends with a summary of old and new principles of law, justice and rehabilitation, including "old principles that kept life shrouded in ignorance for ages in the past", such as "to err is human", and new principles arising to guide life in the Age of Enlightenment, such as "perfection is the birthright of (every) man" (p. 32).

Key words or phrases (listed in Section III): Crime; galvanic skin resistance; higher state of consciousness; Iyer, V.R.K; justice; law; laws of nature; Maharishi Effect; Maharishi European Research University; MERU Rehabilitation Index; natural law; old and new principles; offenders; rehabilitation; research; science; social defence; society.

Content codes: SR; TP; CH; HP.

Quote: "Action according to natural law, the ability to act according to natural law, is the answer to crime, negativity, wrong tendencies, turbulence, and chaos in society. And action according to natural law is very profoundly available for everyone through the Transcendental Meditation and TM-Sidhi programme. This is because transcendental consciousness, pure consciousness, is the ground state of natural law. It is the home of all the laws of nature. When the individual takes his awareness

through the practice of the Transcendental Meditation technique to what we call the home of all the laws of nature, he not only becomes capable of performing action according to natural law, but in the same process he radiates an influence of harmony and enlivenment of natural law in the whole environment"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Environment 349, 386; Field independence 126, 127, 148, 200, 347; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Personality 51, 131, 262, 307, 383; Post-traumatic stress disorder (PTSD) 58; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Self-referral 57, 90, 92, 373, 377; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Sustainability 120, 135, 181, 199, 316, 349, 386; and Violence 85, 93, 167, 398.

Publication #70: Maharishi European Research University. (1980). *The Transcendental Meditation and TM-Sidhi programme and the reversal of ageing: A review article*. West Germany: Maharishi European Research University Press (publication no. G 2128), 36pp.

Main themes: This review article, written by Dr Geoffrey Clements and Daphne Clements of Maharishi European Research University, begins with a two-page Foreword by Maharishi on the relation of Vedic Science to pure knowledge, and is then divided into the following sections: Part I—Research findings on the Transcendental Meditation and TM-Sidhi programme indicating a "halving or reversal of the ageing process" (pp. 3-15); and Part II—Suggestions for further research (pp. 16-26). Part I includes a review of research under headings such as "deep rest to combat ageing", "ageing and the inability to cope with stress", "the Transcendental Meditation programme: the perfect antidote to stress", and "physiological, psychological and sociological factors which predispose longevity". Part I

also includes significant charts of the usual pattern of ageing and the reversal of ageing, the eight factors of longevity (i.e., cardiovascular health, work satisfaction, positive health habits, physical function, happiness rating, self-health rating, intelligence, and mental health) and the ways to promote them in a double-page chart (pp. 10-11), and a double-page chart of the reversal of the ageing process showing the usual change with age and the change when the individual practices the Transcendental Meditation and TM-Sidhi programme (pp. 12-13). Part II details the causal factors of ageing (in order of importance: cardiovascular disease, work satisfaction, cigarette smoking, physical function, happiness rating, self-health rating, and intelligence), and factors showing the effects of ageing (including deterioration of performance, such a visual acuity, reductions in adaptive response sensitivity, and a range of predicators correlated with ageing such as temperature homeostasis, endocrine gland activity, electrophysiological and endocrinological responses to stress, learning ability and immediate recall); Part II also includes two double-page spreads on proposed physiological research (pp. 22-23) and proposed psychological research (pp. 24-25). The article ends with an extensive bibliography (pp. 26-30), a summary of research published in bibliographic reference 285 (p. 31), a summary of current research being conducted at Maharishi European Research University (p. 32), and the Absolute Theory of Immortality (p. 33).

Key words or phrases (listed in Section III): Absolute Theory of Immortality; ageing, cardiovascular disease; cardiovascular health, happiness; health; health habits; immortality; intelligence, learning ability; longevity; Maharishi European Research University; mental health; natural law; physiology; psychology; pure knowledge; reversal of ageing; scientific research; smoking; stress; TM-Sidhi; Transcendental Meditation; Vedic Science; work satisfaction.

Content codes: SR; CH; BI.

Quote: "A turning point in the history of the human race has been reached with the present upsurge of pure knowledge. Vedic Science is the science of life according to pure knowledge. It is a perfect science, in which not only do the laws of nature become known, but, through the Transcendental Meditation programme, the totality of natural law could become a living reality for every single individual living on earth"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114,

115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Intelligence 82, 133, 201, 203, 356; Longevity 16, 317, 323, 391; Morbidity/mortality 19, 43, 325, 329, 404; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Smoking 313; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #71: Maharishi European Research University. (1980). *Higher state of consciousness: An effective strategy of social defence*. West Germany: Maharishi European Research University Press (publication no. G 2085), 36pp.

Main themes: The document begins with a summary of a lecture given at Maharishi European Research University titled "The Technology of Consciousness in Rehabilitation" by retired Supreme Court Judge of India, V.R. Krishna Iyer (pp. 2-4), and is followed by a one-page summary of the MERU Rehabilitation Index (p. 5). The following pages (pp. 6-17) introduce and schedule a series of international conferences on rehabilitation in Paris, United Kingdom, Bonn, and The Hague. In addition to Justice V.R. Krishna Iyer, speakers at these conferences include: The Hon. Mr. Justice Bagendra Singh, International Court of Justice, The Hague, The Netherlands; Dr N.R. Madhava Menon, Professor of Law and Criminology,

University of Delhi and Vice President of the Indian Institute of Natural Law and Order; The Hon. Mr. Justice P.N. Bhagwati, Supreme Court of India; The Hon. Mr Justice Y.V. Chandrachud, Chief Justice, Supreme Court of India; and Dr B. Landheer, Professor in Sociology in International Relations, State University of Groningen, The Netherlands. Pages 18-19 outline the relation of the Transcendental Meditation and TM-Sidhi programme to the development of individual consciousness and the collective consciousness of society, followed by a presentation on science, natural law and society (pp. 20-22) and the Maharishi Effect (p. 23). Most of the remainder of the document summarises scientific research findings on "the application of the Transcendental Meditation and TM-Sidhi programme to law, justice and rehabilitation" (pp. 24-31). Page 32 presents the new principles of law, justice and rehabilitation of the dawning Age of Enlightenment, and page 33 introduces the Institutes of Natural Law and Order, which are based on Maharishi Absolute Theory of Order.

Key words or phrases (listed in Section III): Age of Enlightenment; collective consciousness; Institute of Natural Law and Order; Iyer, V.R.K.; justice; law; Maharishi Absolute Theory of Order; Maharishi Effect; MERU Rehabilitation Index; natural law; rehabilitation; society; technology of consciousness; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

Content codes: SR; CH; HP.

Quote: "Action according to natural law, the ability to act according to natural law, is the answer to crime, negativity, wrong tendencies, turbulence and chaos in society. And action according to natural law is very profoundly available for everyone through the Transcendental Meditation and TM-Sidhi programme. This is because transcendental consciousness, pure consciousness, is the ground state of natural law. It is the home of all the laws of nature.

When the individual takes his awareness through the practice of the Transcendental Meditation technique to what we call the home of all the laws of nature, he not only becomes capable of performing action according to natural law, but in the same process he radiates an influence of harmony and enlivenment of natural law in the whole environment. The tendencies of both the individual and society become spontaneously more evolutionary and progressive"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Extended

Maharishi Effect 193; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Violence 85, 93, 167, 398.

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Publication #72: Maharishi Mahesh Yogi. (1980). *Bhagavad-Gita, chapters 1-6—commentary: Vedic principles for the development of the full potential of consciousness validated by scientific research of the Transcendental Meditation and TM-Sidhi programme*. West Germany: Maharishi European Research University Press (publication no. G 2018), 720pp.
Main themes: This remarkable and detailed book cross-references each of the verses of the first six chapters of the Bhagavad-Gita (as presented and explained by Maharishi in Publication #13) with research findings of the Transcendental Meditation and TM-Sidhi Programme (pp. 9-337. For example, in Chapter One, the *Yoga of Despondency of Arjuna*, Bhagavad-Gītā verse 1 (p. 42) states:

> धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः मामकाः
> पाण्डवाश्चैव किमकुर्वत सञ्जय ॥ १ ॥
>
> Dharmakshetre kurukshetre samavetā yuyutsavaḥ
> māmakāḥ pāṇḍavāsh chaiva kim akurvata sanjaya
>
> Dhritarashtra said:
> Assembled on the field of Dharma, O Sanjaya, on the field of the Kurus, eager to fight, what did my people and the Pandavas do?
> *(Bhagavad-Gītā, 1.1)*

In this book, this text is followed by a chart showing the influence of the Maharishi Effect on social life with the accompanying words: Increased dharma (order, progress and balance in nature) as indicated by increased

order, progress and balance in physiology, psychology, behaviour and in society (and then cross-references that statement with the research findings listed in Appendix A, pp. 338-655 and labelled numerically in this book), in this case charts A1-A11, B1-B4, C1-C4, D1-D12, E1-E5, F1-F4, G1-G8, H1-H5, I1-I5, J1-J9, K1-K25, L1, L2, M1-M7, N1-N18, O1-O4, P1-P11. Similarly, in Chapter Two, The Yoga of Knowledge, Sankhya Yoga, Bhagavad-Gita verse 40 (p. 150):

> विषया विनिवर्तन्ते निराहारस्य देहिनः
> रसवर्जं रसोऽप्यस्य परं दृष्ट्वा निवर्तते
> Vishayā vinivartante nirāhārasya dehinaḥ
> rasavarjaṃ raso pyasya paraṃ dṛishtwā nivartate
>
> The objects of sense turn away from him who does nor feed upon them. But the taste for them persists. On seeing the Supreme even this taste ceases.
>
> *(Bhagavad-Gītā, 2.59)*

In this book, this text is followed by a chart showing increased self-sufficiency as a result of practicing the Transcendental Meditation and TM-Sidhi programme with the accompanying words: Increased self-sufficiency (charts K3, K8, K24) and self-reliance (chart K3), and decreased attachment to the objects of sensory experience, as indicated by increased field independence (charts I4, P8). The book does this for all the verses in all six chapters. Appendix A, titled "Results of Scientific Research on the Transcendental Meditation and TM-Sidhi Programme" lists the research findings in three parts: 1) Physiological changes during the Transcendental Meditation technique; 2) Benefits in daily activity due to the Transcendental Meditation programme; and 3) Effects of the TM-Sidhi programme. In each part, the finding is presented as a coded chart (e.g., A1-A11, B1-B4, C1-C4, D1-D12, etc.), with a one- or two-page narrative of the finding and interpretation (pp. 338-655). Following the research findings, Appendix B, titled the "Fundamentals of Victory" (in keeping with the theme of the Bhagavad-Gita) presents a two-page chart on the "fundamentals of victory", which has seven dimensions: balance (pp. 660-664), foresight (pp. 665-669), insight (pp. 671-676), leadership (pp. 677-682), morale (pp. 683-688), vigilance (pp. 689-691), and vitality (pp. 694-698). Each of these fundamentals are cross-referenced with research

findings on physiology, psychology, sociology, and ecology (e.g., physiological balance, physiological foresight…ecological vigilance, ecological vitality). Appendix C, titled the "World Government of the Age of Enlightenment", presents the following: 1) philosophy of the World Government (pp. 702-704); 2) world assemblies (p. 704); 3) scientific validation (pp. 705-706); 4) the ten ministries (pp. 707-708); 5) constitution (pp. 709-720), explaining each of the 16 "versions of the constitution" can be found in the first 9 words of Rig Veda (versions1-9), in the first hymn of Rig Veda (version10), in the first ten Mandala or chapters of Rig Veda (version 11), in the whole of Rig Veda (version 12), in the four Vedas—Rig Veda, Sama Veda, Yajur Veda, and Atharva Veda (version 13), in the whole Vedic Literature (including the Brahmanas, Aranyakas, Upanishads, Bhagavad-Gita, Smritis, Puranas, Vedangas, Upangas, and UpaVeda) (version 14), the "holy scriptures of all religions and constitutions of all countries" (version 15), and "the innumerable volumes of inspiring knowledge in the libraries of the world" (version 16).

Key words or phrases (listed in Section III): Balance; Bhagavad-Gita; Constitution of the World Government of the Age of Enlightenment; ecology; foresight; Fundamentals of Victory; insight; leadership; morale; physiology; psychology; Rig Veda; Sanskrit; scientific research; sociology; TM-Sidhi; Transcendental Meditations; Veda; Vedic literature; vigilance; vitality; World Government of the Age of Enlightenment.

Content codes: VE; SR; CH; BI.

Quote: "To hasten the joy of the full sunshine of the Age of Enlightenment, Maharishi has established the World Government of the Age of Enlightenment with sovereignty in the domain of consciousness and 1,500 Capitals of the Age of Enlightenment throughout the world. With the world-wide distribution of this knowledge and experience, world consciousness has already started to rise, enriching the quality of life everywhere. With the TM-Sidhi programme enlivening the state of infinite correlation at the basis of all life, a global transformation is taking place, an ideal society is being born"—Foreword.

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Bhagavad-Gītā 89, 94, 95, 410; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic consciousness 5, 11; Cosmic psyche 5, 92, 149, 274, 275, 300; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321;

Leadership 176, 24; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mindfulness 16, 354; Neuroticism 232, 356; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Sanskrit 380; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Veda 55, 92, 219, 220, 252, 253; and Vedic literature 252, 314.

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Publication #73: Maharishi International University. (1981). *Education for enlightenment: An introduction to Maharishi International University*. Fairfield, Iowa. Maharishi International University Press, 125pp.

Main themes: This book is not strictly by Maharishi, but it does contain a significant amount of information about his university in the USA—Maharishi International University (MIU) and its foundational theories and principles of teaching and curriculum, which have been developed and applied by Maharishi (MIU was renamed Maharishi University of Management [MUM] in 1996). For that reason, the book makes an important contribution to the Archives of published literature on Maharishi's teaching, specifically as it relates to higher education and to the Science of Creative Intelligence (SCI) and Vedic Science. The book is distinguished by the inclusion of quotes by Maharishi, MIU students and faculty, along with eminent thinkers—such Emerson, St. Augustine, Shakespeare, Abraham Maslow, and many others—as they relate to the ideal of education. A detailed chart relating the qualities of the "vacuum state of quantum physics" to experiences of pure consciousness as verified by scientific research is presented (pp. 30-31), and an analysis of SCI as "the first science" is unique (pp. 34-37). Details of programs of study in the light of SCI available at MIU include physics, psychology, physiology, biology, business, literature, western philosophy, Vedic Studies, art and music. Similar to the one cited in Publication #22, MIU also introduces

what it calls a "new concept in examination" of students using physiological and psychological measurements of higher states of consciousness (pp. 58-59).

Key words or phrases (listed in Section III): Academic disciplines; core course; curriculum; education; enlightenment; examination; first science; higher education; higher states of consciousness; interdisciplinary study; Maharishi International University (MIU); physics; pure consciousness; Science of Creative Intelligence (SCI); scientific research; TM-Sidhi; Transcendental Meditation; vacuum state; Vedic Science.

Content codes: SR; TP; CH; HP.

Quote: "At MIU all traditional disciplines are studied in the light of SCI. This holistic science gives students the knowledge that all the impulses of natural law are structured in the unified unmanifest, non-changing field of consciousness, and gives students the direct experience of this unified field as the simplest, least excited state of their own awareness. With the addition of this knowledge to the traditional curriculum, our students have achieved not only outstanding academic success but have grown in the qualities of enlightenment—greater happiness, integrity, creativity, inner freedom, and more ideal social behavior. They have fulfilled the ideal of education in the experience of complete knowledge of the knower—pure consciousness—the Self"—Maharishi (p. 5).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Computer science 162, 231; Consciousness-based education 135, 217; Cosmic psyche 5, 92, 149, 274, 275, 300; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Interdisciplinary study 57; Maharishi International University (MIU) 143, 216; Marital adjustment 32, 78; Neurophysiology 139; Personality 51, 131, 262, 307, 383; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287,

296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda and science 74, 252, 253; and Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322.

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Publication #74: Maharishi European Research University. (1981). *The absolute theory of immortality*. West Germany: Maharishi European Research University Press (publication no. G 2128), 36pp.
Main themes: This document is essentially the same as Publication #70 and has the same publication number, although it has a different cover and back page.
Key words or phrases (listed in Section III): Absolute Theory of Immortality; ageing, cardiovascular disease; cardiovascular health, happiness; health; health habits; immortality; intelligence, learning ability; longevity; mental health; natural law; physiology; psychology; reversal of ageing; scientific research; smoking; stress; TM-Sidhi; Transcendental Meditation; Vedic Science; work satisfaction.
Content codes: SR; CH; HP; BI.
Quote: "Ageing comes about when the individual does not know how to breathe life in the totality of natural law. The complete study of ageing requires the study of not only physical values but also the source of life, the field of pure consciousness, which is pure life itself, the home of all the laws of nature"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419;

Immortality 121, 252; Intelligence 82, 133, 201, 203, 356; Longevity 16, 317, 323, 391; Morbidity/mortality 19, 43, 325, 329, 404; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Smoking 313; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #75: Maharishi Mahesh Yogi. (1981). *Alliance with natural law: A simple solution to all international problems of the U.N.O. and national problems of every government*. Switzerland: Maharishi University of Natural Law Press, 16pp.

Main themes: This document presents Maharishi's offer to the United Nations Organisation (U.N.O.) on Disarmament. In it, he points out that there is a need for a new formula to create "security in the family of nations" based on Maharishi's "Technology of Consciousness", as validated by scientific research, Vedic scholars of India working under Maharishi's guidance at Maharishi European Research University, and "millions of people throughout the world during the last 25 years". The document explains how stress takes life out of balance, but alliance with natural law can restore balance, and how all problems in the world are caused by violation of natural law, which is due to a lack of proper education. Maharishi also emphasises the need for prevention of social problems, to "nip problems in the bud", and to create coherence in society through the group dynamic of consciousness which will result in "victory before war".

Key words or phrases (listed in Section III): Age of Enlightenment; coherence; collective consciousness; creativity; government; group dynamics of consciousness; higher states of consciousness; India; Maharishi's Philosophy of Government; Maharishi's Technology of Consciousness; natural law; prevention; scientific research; society; stress;

TM-Sidhi; Transcendental Meditation; United Nations; victory before war; World Government of the Age of Enlightenment.
Content codes: SR; CH.
Quote: No quotes provided.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Government 72, 188, 189, 225, 337, 344; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #76: Maharishi Mahesh Yogi. (1982). *Maharishi's technology of consciousness: Transcendental Meditation offering fulfilment to the United Nations' World Assembly on Ageing*. Rheinwheiler, West Germany: Maharishi European Research University Press (publication no. B 20), 33pp.
Main themes: This short document outlines Maharishi's offer to fulfil the goals of the "United Nations' World Assembly on Ageing". After outlining the offer, the document presents a double-page chart on longevity and its relation to the Transcendental Meditation and TM-Sidhi program, outlining eight areas of longevity impacted by the program: 1) cardiovascular health; 2) work satisfaction; 3) positive health habits; 4)

efficient physical function; 5) happiness rating; 6) self-health rating; 7) intelligence; and 8) mental health, and cross-references each of these factors to scientific research findings (pp. 10-11); a reversal of ageing chart, which also cross-references to research findings, is presented (p. 16). A bibliography of 128 research references is included (pp. 30-31), and the first volume of Collected Papers on the Transcendental Meditation program is introduced (p. 33; see also Section IV 285).

Key words or phrases (listed in Section III): Ageing; coherence; collective consciousness; consciousness; elders; group dynamics of consciousness; longevity; Maharishi Effect; physics; research findings; reversal of ageing; scientific research; stress; super radiance; technology of consciousness; Third law of thermodynamics; TM-Sidhi; Transcendental Meditation; unification of natural law; unified field of natural law; United Nations; United Nations' World Assembly on Ageing.

Content codes: SR; CH; HP; BI.

Quote: "Reversal of ageing is the direct result of alliance with natural law. Maharishi's technology of consciousness, the Transcendental Meditation and TM-Sidhi programme, develops a state of awareness in which the individual thinks and acts spontaneously in accordance with natural law. Since natural law is that holistic principle which guides every aspect of life, the Transcendental Meditation and TM-Sidhi program removes the deleterious effects of ageing and prevents and reverses the ageing process from the most fundamental level, affecting every sphere of life"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Elderly 16; Longevity 16, 317, 323, 391; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physics 163, 164; Post-traumatic stress disorder (PTSD) 58; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71,

72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #77: Maharishi University of Natural Law. (1982). *Inauguration of Maharishi University of Natural Law: Mentmore Towers, Buckinghamshire, England*. England: Maharishi University of Natural Law Press, 20pp.

Main themes: This modest booklet documents the inauguration of Maharishi University of Natural Law (MUNL) in England. It is distinguished by the presence of a five-page address by Maharishi on the mission, curricula and goals of MUNL (pp. 1-5), followed by an overview of how the knowledge of natural law brings fulfilment to education, health, law and order, industry, culture, government and defence.

Key words or phrases (listed in Section III): Age of Enlightenment; culture; curricula; defence; education; government; health; industry; law and order; Maharishi University of Natural Law (MUNL); natural law; TM-Sidhi; Transcendental Meditation; Vedic Science.

Content codes: SR; CH; HP.

Quote: "Maharishi University of Natural Law is being established to introduce a new level of fulfilment in education, to train the whole population of the world to be in perfect alliance with natural law. With the support of the infinite organising power of natural law, life everywhere will be free from suffering, society everywhere will rise above problems, and all nations will enjoy, cultural integrity, self-sufficiency, and invincibility in this scientific age which is rising to be the Age of Enlightenment"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Consciousness-based education 135, 217; Government 72, 188, 189, 225, 337, 344; Law 7, 27, 97; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Natural law 224, 349; Problem solving 88; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152,

180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda and science 74, 252, 253; and Vedic Science-based education 130, 131, 132, 133.

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Publication #78: Maharishi European Research University. (1982). *Commentary of the address delivered by L.I. Brezhnev, chairman of the Presidium of the Supreme Soviet of the U.S.S.R. to the 26th C.P.S.U. congress 23 February 1981 and the Soviet constitution*. West Germany: Maharishi European Research University Press, 69pp.

Main themes: The book is organised into the sections of Chairman Brezhnev's address, with each section accompanied by scientific research findings and chats. The sections are: 1) international policy (pp. 6-11); 2) economic policy (pp. 12-17); 3) socio-political and cultural policy (pp. 18-27); 4) party development policy (pp. 28-33); 5) commentary on the Constitution of the Union of Soviet Socialist Republic in two parts—chapter 1: the political system (pp. 34-40), and chapter 2: the economic system (pp. 41-47). Each section of Brezhnev's address is broken down and accompanied by a scientific research finding and other data, such as the Fundamentals of Communication, Fundamentals of Invincibility, Fundamentals of Economics and Business, Fundamentals of Skilful Action, Fundamentals of Success, Fundamentals of Administration, Fundamentals of Progress, Fundamentals of Creativity, Fundamentals of Unboundedness, Fundamentals of Education, Fundamentals of Health, Fundamentals of Enlightenment, Fundamentals of Wholeness of Life, Fundamentals of Victory, and Fundamentals of Evolution. The different articles of each elements of the Soviet Constitution is the analysed with specific reference to the scientific research findings of the Transcendental Meditation and TM-Sidhi programme. The cross-referenced chart numbers, citations, and description of each study, which is consistent with the sequence and numbering of research findings in Publication #72 (e.g., A1-A11, B1-B4, C1-C4, D1-D12, etc.), are provided on pages 48-68.

Key words or phrases (listed in Section III): Brezhnev, L.I.; collective consciousness; Fundamentals of Administration; Fundamentals of Communication; Fundamentals of Creativity; Fundamentals of Education;

Fundamentals of Economics and Business; Fundamentals of Enlightenment; Fundamentals of Evolution; Fundamentals of Health; Fundamentals of Invincibility; Fundamentals of Progress; Fundamentals of Skilful Action; Fundamentals of Success; Fundamentals of Unboundedness; Fundamentals of Victory; Fundamentals of Wholeness of Life; government; international policy; leadership; physiology; psychology; scientific research; Union of Soviet Socialist Republics (USSR).

Content codes: SR; CH; HP; BI.

Quote: "Knowledge has organising power. In the past and even present affairs of mankind one clearly sees a lack of organising power in all levels of life and in all countries of the world. This we say for the simple reason suffering prevails and struggle continues to overthrow peace in the world family. What was necessary was the enlivenment of the organising power of nature. For this happen it was necessary for the full potential of Pure Knowledge to be enlivened in world consciousness. It was fortunate for the world that the seat of Pure Knowledge was discovered"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Extended Maharishi Effect 193; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Leadership 176, 244; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Misery Index 69, 70; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152,

154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #79: Maharishi European Research University. (1982). *Maharishi Mahesh Yogi offering fulfilment to the World Assembly on Ageing*. West Germany: Maharishi European Research University Press (publication no. B 21), 64pp.
Main themes: The sub-title to this book is: "Commentary on the International Plan of Action proposed by the Secretary-General of the United Nations to the World Assembly on Ageing based on the scientific research on the Transcendental Meditation and TM-Sidhi programme". The book comments on the 106 Articles of the United Nations' International Plan for Action (pp. 4-56), by itemising the Articles and showing how the research findings on the Transcendental Meditation and TM-Sidhi programme bring fulfilment to the goals of the article. For example, Article 3(e) states: To encourage the development of appropriate education, training and research to respond to the ageing of the world's population and to foster an international exchange of skills and knowledge in this area. The Article is followed by the following evidence: Increased intelligence growth rate (J1); increased orderliness of thinking: problem solving (J4); greater intellectual orientation, altruism, psychological stability, and greater commitment to higher education in Maharishi International University (MIU) students (J11); improved concentration, comprehension, and memory (J14); more integrated and creative personality and improvement in physical and mental health (J18); improved social and psychological attitudes: less negative conceptions of human nature, more positive self-image, greater tolerance, greater sociability, less social inadequacy (K2) (see Publication #72 for more information on the research codes used for charts in this Publication#79). Page 57 presents the usual physiological changes with age and contrasts these with changes that occur when an individual practices the Transcendental Meditation and TM-Sidhi programme, pages 58-59 present a double-page spread on the eight factors which promote longevity (i.e., cardiovascular disease, work satisfaction, cigarette smoking, physical function, happiness rating, self-health rating, intelligence, and mental health and how they change as a result of the Transcendental Meditation and TM-Sidhi programme, page 60 shows the findings of charts G21 and O1 which verify the reversal of ageing

through the Transcendental Meditation and TM-Sidhi programme, and page 61 summarises the research findings presented in Section IV, reference 285.

Key words or phrases (listed in Section III): Academic performance; ageing; athletic performance; autonomic stability; biochemical and hormonal changes; biochemistry; creativity; electroencephalography (EEG); electrophysiology; emotional stability; health; intelligence; learning; Maharishi Effect; mental health; metabolism; motor coordination; natural law; perception; personality; physiology; psychology; quality of life; scientific research; sociology; TM-Sidhi; Transcendental Meditation; United Nations; United Nations' International Plan for Action.

Content codes: SR; CH; HP; BI.

Quote: "Ageing is a universal phenomenon. It is observed only in the individual organism, but also in all areas of society, for example, family structure, culture, government, law, industry, and defence. Failure of physical function, deterioration of health and vitality, decreasing mental abilities, are social isolation are signs of ageing of the individual. Crime, economic problems, governmental failures, decay of cultural values, fear and tension in international relations, and collapse of a civilisation indicate the ageing of society. A close analysis of the ageing process, on whatever level, shows that ageing appears if life is not lived in alliance with the total potential of natural law, and if the vital balance between the constructive and destructive values of natural law has been lost"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383;

Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #80: Maharishi European Research University. (1982). *Maharishi Mahesh Yogi offering fulfilment to the World Assembly on Ageing*. West Germany: Maharishi European Research University Press (publication no. B 21), 28pp.
Main themes: This book is a supplement to Publication #79 (along with the same publication no. B 21), and has the sub-title: "List of references to the scientific research on the Transcendental Meditation and TM-Sidhi programme for the Commentary on the International Plan of Action proposed by the Secretary-General of the United Nations to the World Assembly on Ageing". The book summarises the research findings on the application of the Transcendental Meditation and TM-Sidhi program using essentially the same coding system as presented in Publication #72 (although more research is cited in this publication than the earlier one). The scientific research charts and descriptions in each part are: 1) Physiological changes during the Transcendental Meditation technique (charts A1-A16 metabolic changes; charts B1-B15 biochemical changes; charts C1-C7 electrophysiological changes; charts D1-D24 electroencaphalographic [EEG] changes); 2) Benefits in daily activity due to the Transcendental Meditation programme (charts E1-E9 improved physiological efficiencies; charts F1-F6 autonomic and emotional stability; charts G1-G21 improved health; H1-H5 improved athletic performance; charts I1-I10 psychology—perception and motor coordination; charts J1-J23 psychology—intelligence, learning, and academic performance; charts K1-K50 psychology—development of personality; charts L1-L4 psychology—creativity; charts M1-M9 sociology—productivity and job satisfaction; charts N1-N26 sociology—rehabilitation; charts O1-O18 sociology—improved quality of life through the Maharishi Effect); and 3) Physiological and psychological: changes and benefits to daily life due to the TM-Sidhi programme (charts P1-P 14).

Key words or phrases (listed in Section III): Academic performance; ageing; athletic performance; autonomic stability; biochemical and hormonal changes; biochemistry; creativity; electroencephalography (EEG); electrophysiology; emotional stability; health; intelligence; International Plan of Action; learning; Maharishi Effect; mental health; metabolism; motor coordination; perception; personality; physiology; psychology; quality of life; scientific research; sociology; TM-Sidhi; Transcendental Meditation; United Nations; United Nations World Assembly on Ageing.
Content codes: SR; CH; HP; BI.
Quote: No quotes provided.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #81: Maharishi European Research University. (1982). *Maharishi's technology of consciousness Transcendental Meditation offering fulfilment to the United Nations' World Assembly on Ageing*. West Germany: Maharishi European Research University Press (publication no. B 20), 33pp.
Main themes: The document begins with an introduction to Maharishi's "technology of consciousness", the Transcendental Meditation and TM-Sidhi programme (pp. 2-4), including topics such as the traditional role of elders, the practical formula for the reversal of ageing, and ageing results from violation of natural law. This is followed by an analysis of ageing from the perspective of modern science (pp. 5-8) and the relation of the third law of thermodynamics to ageing. Of interest in this section is a chart showing the unification of the four fundamental force fields is presented (p. 5). The next section (pp. 9-28) presents a comprehensive and detailed narrative of scientific research findings of the Transcendental Meditation and TM-Sidhi program and its relation ageing, including a double-page spread on promotion of longevity and a chart on the reversal of ageing (both of which were also presented in Publications #46 and #70), as well as a discussion of the Maharishi Effect. A proposal to bring fulfilment to the International Plan of the United Nations appears on page 29, an extensive bibliography of published scientific research studies can be found on pages 30-32, and page 33 summarises the research findings presented in the book in Section IV, reference 285.
Key words or phrases (listed in Section III): Ageing; autonomic stability; biochemical and hormonal changes; biochemistry; creativity; electroencephalography (EEG); electrophysiology; emotional stability; health; intelligence; International Action Plan; longevity; Maharishi Effect; mental health; metabolism; motor coordination; perception; personality; physics; physiology; psychology; quality of life; scientific research; sociology; Third law of thermodynamics; TM-Sidhi; Transcendental Meditation; United Nations; United Nations World Assembly on Ageing.
Content codes: SR; CH; BI.
Quote: "Reversal of ageing is the direct result of alliance with natural law. Maharishi's technology of consciousness, the Transcendental Meditation and TM-Sidhi programme, develops a state of awareness in which the individual thinks and acts in accordance with natural law. Since natural law is that holistic principle which guides every aspect of life, the Transcendental Meditation and TM-Sidhi programme removes the deleterious effects of ageing and prevents and reverses the ageing process

from the most fundamental level, affecting every sphere of life"—Introduction (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #82: Maharishi University of Natural Law. (1982). *Inauguration of Maharishi University of Natural Law*. Great Britain: World Government of the Age of Enlightenment, 20pp.

Main themes: This booklet documents the inauguration of Maharishi University of Natural Law (MUNL) in Mentmore Towers, Buckinghamshire, England on 4 April 1982 (note: two different versions of this booklet exist, one in light-blue text only and one in dark-blue text with gold borders; however, the content of each booklet is identical). In addition to Maharishi, speakers include Dr Geoffrey Clements, Vice Chancellor and Professor of Physics at Maharishi European Research University, Switzerland; Dr Bevan Morris, President of Maharishi International University, USA; Dr John

Hagelin, theoretical physics group at C.E.R.N., Switzerland; Professor G.S. Sharma, retired director of the Indian Law Institute and Dean, University Studies of Law, University of Rajasthan, India; and R. Keith Wallace, head of the Department of Physiology, Maharishi International University, USA. The document outlines the purpose and goals of Maharishi University of Natural Law and explains what it will contribute to education, health, law and order, industry, culture, government (including a chart on the "vicious cycle of dependence"), and defence.

Key words or phrases (listed in Section III): Absolute Theory of Education; consciousness; culture; curriculum; defence; education; government; health; higher education; higher states of consciousness; industry; infinite organising power; knowledge; law and order; Maharishi University of Natural Law (MUNL); natural law; Transcendental Consciousness; Vedic Science; vicious cycle of dependence; World Government of the Age of Enlightenment.

Content codes: SR; CH; HP.

Quote: "Maharishi University of Natural Law is being established to introduce a new level of fulfilment in education, to train the whole population of the world to be in perfect alliance with natural law. With the support of the infinite organising power of natural law, life everywhere will be free from suffering, society everywhere will rise above problems, and all nations will enjoy cultural integrity, self-sufficiency, and invincibility in this scientific age which is rising to be the age of Enlightenment"—Introduction (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher education 143, 216, 321; Law 7, 27, 97; Maharishi International University 143, 216; Maharishi University of Management 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University 130, 131, 132, 133; Natural law 224, 349; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43,

46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Vedic Science-based education 130, 131, 132, 133.

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Publication #83: Maharishi Mahesh Yogi. (1984). *Maharishi's technology of the unified field: Integration of modern science and ancient Vedic science creating unified field based perfect civilization for all mankind in this scientific age*. Rheinwheiler, West Germany: Maharishi European Research University Press, 34pp.

Main themes: This broadsheet-style document is one of the definitive statements by Maharishi International University (MIU) on what Maharishi calls the "Maharishi Technology of the Unified Field" (one of the first times Maharishi uses this phrase to describe his Transcendental Meditation and TM-Sidhi program in this Archive). The main sections of this document, which run to several pages of detailed, technical descriptions of knowledge and its applications are: 1) the Maharishi Technology of the Unified Field; 2) the unified field of all the laws of nature; 3) the qualities of the unified field; 4)consciousness—the unified field of natural law; 5) the "Taste of Utopia Assembly" held at MIU in the winter of 1983-1984; 6) experimental verification of the unified field; 7) the future of scientific research; 8) educational applications of the knowledge of the unified field; 9) the Institute of World Leadership; and 10) the formula to create unified field-based civilization. A key feature of the document is the large, double-page spreads introducing Unified Field Charts for physiology, chemistry, computer science, mathematics and physics (pp. 2-11); a double-page chart of the qualities of the unified field and the Lagrangian of the unified field (pp. 12-14); and Richo Akshare Charts for physiology, mathematics, physics, chemistry and physiology are also presented (pp. 15-23). The four available volumes of Collected Papers on the Transcendental Meditation and TM-Sidhi program are introduced (pp. 24-25; see Bibliography 75, 76, 77, 96, 285), and scientific research documenting the "reality of the global taste of utopia", with supporting information, follows (pp. 28-33). The document ends with the formula for creating "utopia" and its application to education, health, government, economics, defence, rehabilitation and agriculture (p. 34).

Key words or phrases (listed in Section III): Agriculture; coherence; defence; economic recovery; economics; education; freedom; government; health; Institute of World Leadership; international relations; Lagrangian; Maharishi International University; Maharishi Technology of the Unified Field; modern science; national strength; natural resource; negative trends; physics; rehabilitation; Richo Akshare Chart; Richo Akshare verse; Rig Veda; Taste of Utopia; TM-Sidhi; Transcendental Meditation; tolerance; Unified Field Chart; unified field; unity; utopia; Vedic science; world consciousness.
Content codes: VE; SR; CH; HP; PR.
Quote: "Life everywhere will be ideal. No one will make mistakes, no one will violate the laws of nature, and no one will suffer or fall sick. Life will be long and happy, and the individual and society will rise to immortality. Fear and punishment in the administration of society will be forgotten; in gentleness and love, the life of mankind will be restored to wholeness. Spontaneously living in alliance with the invincible power of natural law, every nation will enjoy victory before war. Each step of progress of the individual and the nation will be guided by the unseen hand of nature's perfect intelligence and infinite organizing power. Abundance and affluence will belong to all. In the unified field based civilization, mankind will enjoy heaven on earth"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Immortality 121, 252; Maharishi International University (MIU) 143, 216; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mathematics 155, 251, 308, 409; Physics 163, 164; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Unified field 62, 163, 164, 166, 275; Unified Field Chart 62; and Veda and science 74, 252, 253.

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Publication #84: Maharishi International University. (1984). *A global taste of utopia: Success of the assembly of 7000 experts in the Maharishi Technology of the Unified Field*. Fairfield, Iowa: Maharishi International University Press, 4pp.
Main themes: While only four pages in length, this newspaper broadsheet may appear less significant because half of its cover is taken up with a large photo of 7,000 practitioners of the Maharishi Technology of the Unified Field at the "Taste of Utopia" assembly at Maharishi International University in 1983-1984 and a summary of world achievements which have come about because of their practice. However, this document contains a significantly large amount of relevant information (some of it duplicative of Publication #83). For example, the document presents world press reports on increased harmony in international relations, greater strength and unity in national affairs, increased freedom and tolerance in the world, indications of economic recovery, among other topics, and presents these findings graphically along with a large chart explaining the theoretical basis for this phenomenon from the perspectives of modern science and Vedic Science. A description of the "formula to create utopia on every continent and in every country" is followed by detailed descriptions of the application of the Maharishi Technology of the Unified Field to education, health, government, economics, defence, rehabilitation and agriculture.
Key words or phrases (listed in Section III): Agriculture; coherence; defence; economic recovery; economics; education; freedom; government; health; international relations; Lagrangian; Maharishi International University (MIU); Maharishi Technology of the Unified Field; modern science; national strength; natural resources; negative trends; rehabilitation; Taste of Utopia; tolerance; unified field; unity; utopia; Vedic science; world consciousness.
Content codes: SR; CH; HP; PR.
Quote: "The reality of the global taste of utopia has been verified by both world press reports and scientific research and has been understood on the basis of total knowledge of nature's functioning from both the objective approach of modern science and the subjective approach of Vedic science"—Maharishi (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Agriculture 120, 199, 386; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi International University (MIU) 143, 216; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Unified field 62, 163, 164, 166, 275; and Veda and science 74, 252, 253.

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Publication #85: World Government of the Age of Enlightenment. (1984). *Philippines: Celebrating the rising sunshine of the Age of Enlightenment—press reports, Maharishi Technology of the Unified Field*. West Germany: World Government of the Age of Enlightenment, 432pp.
Main themes: This large book documents Maharishi's program to bring the Age of Enlightenment to the Philippines in 1984. The introduction explains its contents in this way: "This book presents the historical record of the founding days of the Age of Enlightenment in the Philippines. The beginning pages narrate the first 25 years of the worldwide movement of His Holiness Mahesh Yogi (pp. iv-xxiii), depicting the rise of world consciousness that brought the celebration of the Rising Sunshine of the Age of Enlightenment in the Philippines" (p. i). The main text goes on to chronicle, in hundreds of newspaper and magazine reports, the initiative of the World Government of the Age of Enlightenment to establish a group of 7,000 practitioners of the Maharishi Technology of the Unified Field in the Philippines; a great many historic photos are included.
Key words or phrases (listed in Section III): Advertisement; Age of Enlightenment; magazines; Maharishi Technology of the Unified Field; media; newspapers; Philippines; press reports; unified field; World Government of the Age of Enlightenment.
Content codes: HP; PR.

Quote: "Now with the discovery of the unified field and the availability of the fully developed Technology of the Unified Field there is nothing that cannot be accomplished. The knowledge of the laws of nature in our possession today is sufficient to eliminate problems and suffering and raise human life to its full dignity"—Maharishi (p. ii).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Problem solving 88; Quantum unified field theories 163, 164; and Unified field 62, 163, 164, 166, 275.

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Publication #86: Maharishi European Research University. (1984). *Maharishi technology of the unified field: Results of scientific research on the Transcendental Meditation and TM-Sidhi programme*. Fairfield, Iowa: Maharishi International University Press, 308pp.
Main themes: This book contains "the results of 3,000 pages of scientific research and documents the historic development of higher states of consciousness in the individual, enabling him to spontaneously live more and more in accord with natural law and purify world consciousness". The 3,000 pages this book is referring to are the published research studies on Maharishi's Transcendental Meditation and TM-Sidhi program as presented in the first four volumes of "Collected Papers" (see Section IV, references 75, 76, 77, 96, 285, 393). After a comprehensive introduction, which discusses Transcendental Meditation, research in consciousness, a review of scientific research, the Maharishi Effect, old and new principles rising to guide life in the Age of Enlightenment, the Maharishi Technology of the Unified Field, consciousness, verification and validation, and unified field based civilization, the book is divided into four sections, with an extensive reference section concluding the book. Of the four sections, the bulk of the research is contained in the first section "Analysis of scientific research findings: benefits for every area of society", which presents research findings in the following categories: education; health; government; business and industry; defence; rehabilitation; agriculture; Maharishi Effect; and Global Maharishi Effect.
Key words or phrases (listed in Section III): Age of Enlightenment; agriculture; business and industry; defence; education; Global Maharishi Effect; government; health; Lagrangian; Maharishi Effect; Maharishi

Technology of the Unified Field; old and new principles; rehabilitation; scientific research; unified field; World Government of the Age of Enlightenment.
Content codes: VE; SR; CH; BI.
Quote: "The holistic vision of all the scientific research records the historic transformation of time from the scientific age to the Age of Enlightenment brought about by Maharishi's teachings, which started with Transcendental Meditation and developed into the TM-Sidhi programme and finally the Maharishi Technology of the Unified Field, progressively giving rise to the dawn of the Age of Enlightenment, and culminating in the establishment of unified based perfect civilization on earth" (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Anxiety 87, 117, 160; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Field independence 126, 127, 148, 200, 347; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi International University 143, 216; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Moral development 259, 261; Morbidity/mortality 19, 43, 325, 329, 404; Nervous system 230, 271, 282, 365, 372, 373, 394; Neuroticism 232, 356; Personality 51, 131, 262, 307, 383; Productivity 137; Reaction time 29, 193, 371; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Respiratory system 36, 372,

417; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Veda and science 74, 252, 253; and Yogic flying 286, 369.

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Publication #87: Maharishi Mahesh Yogi. (1985). *The Maharishi unified field based integrated system of education: Unfolding the creative genius of every student and teacher*. Washington, D.C.: Age of Enlightenment Press, 40pp.
Main themes: This small, but densely packed, document introduces Maharishi's Unified Field Based Integrated System of Education, using the example of Maharishi International University as the example. The booklet presents the topic from the perspectives of the discovery of the unified field by modern science, its application to education, the use of the Unified Field Chart for instructional enrichment, effects of the group practice of the Maharishi Technology of the Unified Field, commendations of educators and evaluators, available resources, questions and answers, problems and solutions, and a selected bibliography and list of courses. The document also contains a Unified Field Chart for physics, and scientific and institutional research results.
Key words or phrases (listed in Section III): Creative genius; education; effects of group practice; instructional enrichment; Maharishi Effect; Maharishi International University; Maharishi Technology of the Unified Field; organizing power; physics; problems; pure knowledge; scientific research; solutions; students; teachers; TM-Sidhi; Transcendental Meditation; Unified Field Based Integrated System of Education; Unified Field Chart; unified field.
Content codes: SR; TP; CH; HP; BI.
Quote: "Knowledge has organizing power. Pure knowledge, the knowledge of the unified field of natural law, has infinite organizing power. When human awareness is trained to harness this infinite organizing power through the technology of the unified field, there is nothing that cannot be accomplished by an individual or a nation"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161,

177, 243, 255, 284, 290; Consciousness-based education 135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Field independence 126, 127, 148, 200, 347; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Moral development 259, 261; Physics 163, 164; Problem solving 88; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Unified Field Chart 62; and Vedic Science-based education 130, 131, 132, 133.

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Publication #88: Maharishi Mahesh Yogi. (1985). *Maharishi's world plan for perfect health*. Washington, D.C.: Age of Enlightenment Press, 53pp.
Main themes: This small book lists the Planning Council of the Ministry of Health and Immortality of the World Government of the Age of Enlightenment, including Dr V.M. Dwivedi, Dr B.D. Triguna, and Dr R.K. Wallace, and explains the main theories of Maharishi's World Plan for Perfect Health (a Plan which fulfils the goals of the World Plan formulated in 1972, see Publication #17), the role of Ayurveda in a perfect system of health care, the Plan itself in two phases, the evaluation of the Plan using the MERU Ideal Society Index (see Publication #57), and implementation of the Plan in India.
Key words or phrases (listed in Section III): Authenticity; Ayurveda; Ayurveda clinics and hospitals; Ayurveda health education programs; Ayurveda herbal gardens; Ayurveda pharmacies; Ayurveda; behaviour; body; collective health; cost-effective; Dwivedi, V.M.; environment; harmful side-effects; holistic; hypertension; India; Maharishi Ayurveda universities and colleges; Maharishi Technology of the Unified Field; Maharishi World Plan for Perfect Health; MERU Ideal Society Index; mind; Ministry of Health and Immortality; Planning Council of the Ministry of

Health and Immortality; prevention; self-sufficiency; Triguna. B.D.; World Government of the Age of Enlightenment.
Content codes: HP.
Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unifies quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it has become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handles from this one area which is so very intimate to everyone that it is everyone's own Self. Through the technology of the unified field we can handle a nation as a whole and an individual as whole"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Elderly 16; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Morbidity/mortality 19, 43, 325, 329, 404; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; and Sustainability 120, 135, 181, 199, 316, 349, 386.

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Publication #89: Maharishi Vedic University. (1985). *Maharishi Vedic University: Inauguration*. Washington, D.C.: Maharishi Vedic University Press, 225pp.
Main themes: On the occasion of Maharishi Vedic University's inauguration in Washington, D.C., this book is one of the most important and indispensable documents written by Maharishi on his Vedic Science. It contains a great many significant lectures on Vedic Science, and introduces

and expands on many themes which appear throughout the literature of Maharishi's teaching, including the Veda and Vedic Literature, Maharishi's *Apaurusheya Bhāsya* of *Rig Veda*, knower, process of knowing and known, Ayurveda, and many themes related to the curriculum of Maharishi Vedic University. The book includes questions to Maharishi from the world press, and contains many historic photographs.

Key words or phrases (listed in Section III): Ananda eva khalu imani jayante; Ananda; Apaurusheya Bhasya; Aranyakas; Atharva Veda; Ayurveda; Bhagavad-Gita; Brahmanas; Chhandas; consciousness; Devata; Dwivedi, V.M.; education; fulfilment; Governors of the Age of Enlightenment; higher states of consciousness; infinite dynamism; Itihasa; Jyotish; knower; known; Maharishi Vedic University; Mantra; organizing power; perfect health; prevention centers; process of knowing; Puranas; pure knowledge; research in consciousness; Rig Veda; Rishi; Sama Veda; script of nature; Self; self- interacting dynamics; self-referral; sequential progression; side effects; Smritis; TM-Sidhi; total knowledge; Transcendental Meditation; Triguna, B.D.; unified field based administration; unified field based communism; unified field based democracy; unified field based education; unified field; Upangas; Upanishads; Upavedas; Veda; Vedanga; Vedic Literature; Vedic scholars; Vedic science; Vedic study; Vedic wisdom; Yajur Veda.

Content codes: VE; TP; HP; PR.

Quote: "The establishment of this Vedic University is basically to bring out that structure of pure knowledge which has within it the organizing power of nature. Because the knowledge is so very profound, the student of this knowledge enlivens within himself the total potential of organizing power. Harnessing the total potential of organizing power is on the basis of the intimate relationship of consciousness and matter, which the practical aspect of Vedic Science provides"—Maharishi (p. 20).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Bhagavad-Gita 89, 94, 95, 410; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Consciousness-based education 135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404,

405, 406, 408, 415, 419; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Moral development 259, 261; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Reaction time 29, 193, 371; Sanskrit 380; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda and science 74, 252, 253; and Vedic literature 252, 314.

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Publication #90: Maharishi Vedic University. (1985). *Maharishi Ayurveda Prevention Centre: An introduction*. Vlodrop, The Netherlands: Maharishi Vedic University Press (publication no. N 1094), 33pp.

Main themes: The "first gift" of Maharishi Vedic University to the world is said in this book to be "perfect health" as provided by Maharishi Ayurveda Prevention Centre, a centre dedicated to the knowledge and implementation of Ayurveda, the "most ancient and most profound of all health systems". This book introduces the Planning Council of Maharishi Ayurveda Prevention Centre (including Dr V.M. Divedi, the world's leading authority in *Rasayanas*, Dr B.D. Triguna, the world's leading authority in diagnosing any forthcoming and existing disorder or disease by feeling the pulse [*Nadi Vigyan*], and Dr Balraj Maharishi, the world's leading authority on *Dravyaguna*, the identification and utilisation of medicinal plants), and goes on to address the following topics: revival of Ayurveda as the "supreme system of health" (pp. 7-10); the holistic approach of Ayurveda (pp. 10-23); the programs of Maharishi Ayurveda Prevention Centre (pp. 24-27); knowledge, the basis of prevention (p. 27). Topics in these sections include: ending the tradition of sickness; reversal of ageing; food; elimination of physiological impurities; Rasayanas—Ayurvedic nutritional supplements; and Panchakarma—a program to maintain balance in the physiology. An extensive bibliography of related documents accompanies

the text (pp. 28-33), and scientific research charts on health are presented throughout.
Key words or phrases (listed in Section III): Ageing; disease; disorder; Dravyaguna; elimination of physiological impurities; food; health; Maharishi Ayurveda; Maharishi Ayurveda Prevention Centre; medicinal plants; Nadi Vigyan; Panchakarma; perfect health; physiological impurities; physiology; prevention; Rasayana; scientific research; sickness; supreme system of health.
Content codes: VE; SR; CH; HP; BI.
Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is everyone's own Self"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic University 130, 131, 132, 133; Medical science 331, 351, 412; and Mental health 118, 141, 170, 171.

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Publication #91: Maharishi Mahesh Yogi. (1986). *Life supported by natural law: Lectures by His Holiness Maharishi Mahesh Yogi to the World Assembly on Vedic Science July 9-17, 1985*. Washington, D.C.: Age of Enlightenment Press (ISBN 0-89186-051-7), 210pp.
Main themes: As was the case with Publication #89, this is one of the most important and similarly indispensable books on Maharishi Vedic Science, because it contains seven key lectures delivered by Maharishi on Vedic Science and natural law at the World Assembly on Vedic Science in Washington, D.C. In summary, Maharishi inaugurates the World Assembly

on Vedic Science, and speaks about the World Government of the Age of Enlightenment, Maharishi Unified Field Based Integrated System of Education, Maharishi Unified Field Based Integrated System of Health, Maharishi Unified Field Based Integrated System of Economics, Maharishi Unified Field Based Integrated System of Defence, all in the context of Vedic Science, the Veda and Vedic Literature, and other fundamental topics. The book includes questions to Maharishi from the world press, and presents new knowledge on Vedic Science (such as Veda—the Script of Nature, pp. 40-41); many historic photographs and press reports are included.

Key words or phrases (listed in Section III): Anyonyabhava; Atharva Veda Samhita; Bhagavad Gita; brain physiology; Chhandas; collective consciousness; consciousness; Devata; knower; known; Maharishi's Absolute Theory of Government; Maharishi Unified Field Based Integrated System of Defence; Maharishi Unified Field Based Integrated System of Economics; Maharishi Unified Field Based Integrated System of Education; Maharishi Unified Field Based Integrated System of Health; Mayadhyakshena prakratih suyate scharacharam; mind-body coordination; modern science; Natural law; process of knowing; pure knowledge; Rig Veda Samhita; Rishi; Sama Veda Samhita; Samhita; script of nature; self-referral; Sutra; three-in-one structure; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; unified field; Veda; Vedic Literature; Vedic Science; World Assembly on Vedic Science; World Government of the Age of Enlightenment; Yajur Veda Samhita.

Content codes: VE; SR; TP; CH; HP; PR.

Quote: "It is very fortunate for the whole world's population that this large assembly of enlightened people is going to demonstrate something precious and very much needed today—the effectiveness of the knowledge of natural law and the implications of performance according to natural law for the daily life of everyone in the world.

What awaits the world from Vedic Science is a profound civilization where all aspects of life will be ideally lived. Governments will be ideal, industry will be ideal, the economy will be ideal, and the behaviour of the people will be ideal. By ideal we mean good for the individual, good for the environment, good for his country, and good for his world"—Maharishi (pp. 24-25).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gita 89, 94, 95, 410; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Collective

consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Environment 349, 386; Government 72, 188, 189, 225, 337, 344; Maharishi International University (MIU) 143, 216; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Moral development 259, 261; Natural law 224, 349; Reaction time 29, 193, 371; Sanskrit 380; Self-referral 57, 90, 92, 373, 377; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Unified field 62, 163, 164, 166, 275; Veda and science 74, 252, 253; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #92: Maharishi Mahesh Yogi. (1986). *Introduction to Ayurveda*. Washington, D.C.: Age of Enlightenment Press.

Main themes: This short document comprehensively summarizes the Ayurvedic approach to health—the holistic Vedic approach to health—by focusing on development of consciousness, prevention, diet, daily and seasonal routines, and collective health. The document ends with a 172-study bibliography of scientific research on Ayurveda.

Key words or phrases (listed in Section III): Ayurveda; collective health; consciousness; daily and seasonal routines; development of consciousness; diet; Dravyaguna; hypertension; longevity; Maharishi Ayurveda Medical Centers; Maharishi World Center for Perfect Health; Maharishi's World Plan for Perfect Health; modern medicine; Nadi Vigyan; new paradigm; patient evaluation; pharmacopeia; prevention; pulse diagnosis; Rasashastra; restoration; reversal of ageing; scientific research; side effects; therapeutic approach; treatment; unified field; Vedic tradition; World Health Organization.

Content codes: VE; SR; CH; BI.

Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the

unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it has become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is everyone's own Self. Through the technology of the unified field, we can handle a nation as a whole and an individual as whole"—Maharishi (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Addiction 20, 116, 266, 267, 268, 270, 278; Disease 233, 234, 282, 317, 323, 333, 336, 399; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Elderly 16; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Medical science 331, 351, 412; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Moral development 259, 261; Morbidity/mortality 19, 43, 325, 329, 404; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; and Unified field 62, 163, 164, 166, 275.

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Publication #93: World Plan Executive Council—United States. (1986). *Maharishi's program to create world peace: Removing the basis of terrorism and war*. Washington, D.C.: Age of Enlightenment Press, 49pp.

Main themes: This document contains Maharishi's Philosophy of World Peace (which begins with the words: "Invincibility is the key to world peace"), and includes discussion of topics such as three steps to permanent world peace (i.e., creating coherence in world consciousness, in national consciousness, and in city consciousness), Maharishi's criteria of world peace, mechanics of creating world peace, the historical background of Maharishi's Program to Create World Peace, the first experiment of Maharishi's Program to Create World Peace, efforts of 3,000 years to achieve world peace, inauguration of Maharishi's Program to Create World

Peace, Maharishi World Peace Fund, Maharishi's call for the leaders and the wealthy, and an appreciation of efforts for world peace.
Key words or phrases (listed in Section III): Coherence; city consciousness; collective consciousness; higher states of consciousness; invincibility; life in accordance with natural law; Maharishi Technology of the Unified Field; Maharishi World Peace Fund; Maharishi's Philosophy of World Peace; Maharishi's Program to Create World Peace; national consciousness; natural law; perfect health; Vedic Science; world consciousness; world peace.
Content codes: SR; CH; HP.
Quote: "There are hundreds of organizations for peace all over the world. People are trying to create world peace from various different levels of approach. Our appreciation goes for every effort that is being made for world peace from any angle. Our approach to world peace is holistic and most basic. It is our pride that we own the knowledge of the first principle of nature's functioning, and we are going to use it to create lasting peace in our world family"—Maharishi (p. 49).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Disease 233, 234, 282, 317, 323, 333, 336, 399; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Mental health 118, 141, 170, 171; Natural law 224, 349; Psychiatry 65, 266; Terrorism 296; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

Publication #94: World Government of the Age of Enlightenment. (1986). *Maharishi festival of music for world peace*. Holland: Maharishi Vedic University Press (publication no. N 3112), 61pp.
Main themes: After a two-page introduction to *Gandharva Veda* and Maharishi's Global Festival of Music for World Peace, which was conducted in more than 300 cities in more than 30 countries, this book reproduces a series of press release, advertisements, and new articles from around the

world, including from magazines and newspapers in the following countries: *Florida Today* and *New Haven Register*, USA; *Asian Herald*, Great Britain; *Völklinger Stadtanzeïger*, Germany; *Politiken*, Denmark; and *Morugnblaðið Fimmtudagur*, Iceland. A number of historic photographs of musicians, including Tanima Takhur, Pandit Rajam Mishra, Pandit Sajam Mishra, are presented.
Key words or phrases (listed in Section III): Gandharva Veda music; Maharishi Gandharva Veda; Maharishi's Global Festival of Music for World Peace; press reports; world peace.
Content codes: VE; TP; HP; PR.
Quote: "It is fortunate for the world that the Gandharva Veda musicians of this generation have preserved the beautiful science and art of creating balance in nature through music. Gandharva Veda music is a precious discipline of Vedic Science, the complete science of life. It sends forth those powerful melodies and rhythms of nature to purify the atmosphere, thereby neutralising negative trends and tendencies in the environment and promoting the orderly evolution of life"—Maharishi (Foreword).
Bibliography: The main themes in this publication have been elaborated in and validated by the following bibliographic citations from Section IV: World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #95: Maharishi Mahesh Yogi. (1987). *Maharishi's programme to create world peace—Global inauguration: Demonstrating the mechanics to create coherence in world consciousness, the basis of world peace*. The Netherlands: Maharishi Vedic University Press (publication no. N 1213), 573pp.
Main themes: This substantial and important book begins with a lecture by Maharishi when he inaugurated the World Assembly on Perfect Health in Washington, D.C. on 8 July 1986 (pp. 4-10), during which he spoke about the discovery of the unified field, creating lasting world peace, terrorism, superpowers, natural law, and creating an evolutionary influence in world consciousness by enlivening the unified field of natural law. In his address, Maharishi also spoke about *Rig Veda Samhita*, the *Samhita* of *Rishi*, *Devata* and *Chhandas* and their three-in-one structure; this was followed by presentations by leading world scientists, including Dr John Hagelin, Dr Keith Wallace, and Dr David Orme-Johnson. The book includes many historic photographs, press conferences on Maharishi Ayurveda (pp. 46-

54), defence (pp. 54-57) and administration (pp. 57-61), and narratives and press reports from Asia (pp. 63-184), Australia and the Pacific (pp. 185-192), Africa and the Middle East (pp. 193-246), Europe (pp. 247-380), Latin America and the Caribbean (pp. 381-434), and North America (pp. 435-558). Detailed appendices include Maharishi's Philosophy of World Peace (pp. 560-568) and three steps to permanent world peace (pp. 568-569), ending with experiences and accounts of Yogic Flying (pp. 570-573).
Key words or phrases (listed in Section III): Chhandas; coherence; Devata; disease-free society; Extended Maharishi Effect; Global Maharishi Effect; heaven on earth; ideal society campaign; Maharishi Ayurveda; Maharishi Effect; Maharishi Unified Field Based Integrated System of Health; Maharishi's Philosophy of World Peace; Maharishi's Program to Create World Peace; Maharishi's World Plan for Perfect Health; natural law; press reports; prevention; Rasyanas; Rig Veda Samhita; Rishi; Samhita; scientific research findings; Taste of Utopia Assembly; TM-Sidhi; Transcendental Meditation; violence; World Assembly on Perfect Health; world consciousness; world health; world peace; Yoga; Yogic flying.
Content codes: VE; TP; HP; PR.
Quote: "It needed a scientific age for the world to appreciate the significance of the philosophy of Yoga and its practical application in creating integrated individuals, integrated nations, and an integrated world. Yoga mean union, the union of the individual awareness with the unified field of all the laws of nature in the state of transcendental consciousness. 'Yogic flying' demonstrates the ability of the individual to act from the unified field and enliven the total potential of natural law in all its expressions— mind, body, behaviour, and environment. 'Yogic flying' presents in miniature the flight of galaxies in space, all unified in perfect order by natural law"—Maharishi (p. vii).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Extended Maharishi Effect 193; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mental health 118, 141, 170, 171; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291,

295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Self-referral 57, 90, 92, 373, 377; Sustainability 120, 135, 181, 199, 316, 349, 386; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; and Yogic flying 286, 369.

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Publication #96: Maharishi Mahesh Yogi. (1986). *Thirty years around the world: Dawn of the Age of Enlightenment, volume one, 1957–1964*. Vlodrop, the Netherlands: Maharishi Vedic University Press (ISBN 90-71750-02-7), 600pp.

Main themes: This book is an historic account of Maharishi's first tours of the world, and covers the period beginning with the first book in this Archive (1957, Publication #1) through to the time he presented the central principles of his Spiritual Regeneration Movement in London seven years later (1964, Publication #5). Of note is Maharishi's dedication to the vision of his teacher Guru Dev, Swami Brahmananda Saraswati Maharaj, to whom he credits his entire effort and teaching. Maharishi explains his teaching this way: "Spiritual development is the birthright of everyone, for it is the unfoldment of the essential nature of the soul, or inner consciousness….[The] Soul is the individual property of everybody. It is the natural and inseparable possession, nay, the very existence, of every man. Everybody has the right to enjoy his own possession. Everybody has the right to enjoy the *sat* (truth) *chit* (Being) *ānanda* (bliss) nature of his own soul. In the most natural manner, everybody has every right to enjoy permanent peace, bliss eternal, which is the nature of his own soul" (p. 195). On this last point, Maharishi separates himself from other teachers by saying "I differ entirely from the age-old common concept of spirituality, which pleads for detachment as an essential prerequisite for spiritual development" (p. 205).

Key words or phrases (listed in Section III): Allahabad; Badarikashram; Brahmalīna Brahmanandam; Cosmic Consciousness; Darshan; Dharma; Guru Dev; Himalayas; India; Indian philosophy; Jagadguru

Shankarāchāryas of India; Kumbha Mela; Mishra Brāhmaṇas; Nirvāṇa; President Dr Rajendra Prasad; Pūrṇam adaḥ; Pūrṇam idam; Dr S. Radhakrishnan; Rajarām; Sahaja sāmadhi; Sanātana Dharma; Sat-chid-ānanda; Shankarāchārya of Jyotir Math; Shri Guru Deva; spiritual development; spiritual regeneration; Spiritual Regeneration Movement; Swami Brahmananda Saraswati Maharaj; Swami Krishnanand Saraswati; Unity Consciousness; Upanishads; Uttar-Kashi; Vedānt incarnate; Vedic principles; Yoga.
Content codes: VE; HP.
Quote: "His entire personality exhaled always the serene perfume of spirituality. His face radiated that rare light which comprises love, authority, serenity, and self-assuredness—the state that comes only by righteous living and divine realization. His Darshan made the people feel as if some ancient Maharishi of Upanishadic fame had assumed human form again, and that it is worthwhile leading a good life and to strive for realization of the Divine. His spiritual teachings are simple and clear and go straight home to the heart. He strictly adhered to the Vedic Principles of inner development laid down by the systems of Indian philosophy and ethics, and he raised his voice never in opposition to but always in firm support of the truths and principles contained in the concept of Dharma. He gave to the people the spirit of religion and made them happy in every walk of life"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gita 89, 94, 95, 410; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Sanskrit 380; Spirituality 183, 270, 321; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; Veda in human physiology 252, 253; Vedic literature 252, 314; Vedic Management 182, 223; Vedic Psychology 9, 11, 14, 23, 89, 94, 95, 98, 274, 300, 322; Vedic Science-based education 130, 131, 132, 133; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #97: Maharishi Mahesh Yogi. (1987). *Maharishi's programme to create world peace—global inauguration: Demonstrating the mechanics to create coherence in world consciousness, the basis of world peace*. Published jointly by Vlodrop, Holland: Maharishi Vedic University Press,

and Washington, D.C.: Age of Enlightenment Press (ISBN 0-89186-052-5, publication no. N 1213), 590pp.

Main themes: A three-page introduction to Maharishi's programme to create world peace begins the book (pp. 1-3), followed by Maharishi's inaugural address (pp. 4-10). Maharishi's address includes the following topics: the call of our time; what is important is the consciousness; unified field is always evolutionary; creating an evolutionary influence in world consciousness; raise national law through natural law; unfortunate trends of the superpowers due to stress in world consciousness; objective approach does not train a person to act in an evolutionary way; pure subjectivity—the self-interacting dynamics of consciousness; and a power greater than the strength of superpowers. Maharishi address is followed by a series of press briefings by Dr Mike Tompkins, Dr Bevan Morris, Dr Keith Wallace, Dr David Orme-Johnson, and Dr John Hagelin. These briefings are followed by a record of the inauguration of Maharishi's programme to create world peace in Washington, D.C. and New Delhi, India, which is followed by press conferences on Ayur Veda and Maharishi Unified Field Based Integrated Systems of Health (including a double-page spread on the relation of Ayur Veda to modern physics, pp. 52-53), Defence and Administration (pp. 46-61). The book presents the press reports from around the world, accompanied by photos of Yogic Flying, from Asia (pp. 63-184), Australia and the Pacific (pp. 185-192), Africa and the Middle East (pp. 194-246), Europe (pp. 247-380), Latin America and Caribbean (pp. 381-434), and North America (pp. 435-559). The book concludes with appendices on Maharishi's philosophy of world peace (pp. 560-567), three steps to permanent world peace—the Global Maharishi Effect (pp. 568-569), and experiences account of Yogi flying (pp. 570-572).

Key words or phrases (listed in Section III): Administration; Ayur Veda; coherence; collective consciousness; consciousness; defence; Maharishi's Philosophy of World Peace; Maharishi Unified Field Based Integrated System of Administration; Maharishi Unified Field Based Integrated System of Defence; Maharishi Unified Field Based Integrated System of Health; press reports; self-interacting dynamics of consciousness; stress; superpower; TM-Sidhi; Transcendental consciousness; Transcendental Meditation; unified field; world peace; Yoga; Yogic flying.

Content codes: VE; TP; SR; CH; HP; PR.

Quote: "It needed a scientific age for the world to appreciate the significance of the philosophy of Yoga and its practical application in creating integrated individuals, integrated nations, and an integrated

world family. Yoga means union, the union of the individual awareness with the unified field of all the laws of nature in the state of Transcendental Consciousness. 'Yogic flying' demonstrates the ability of the individual to act from the unified field and enliven the total potential of natural law in all its expressions—mind, body, behaviour, and environment. 'Yogic flying' presents in miniature the flight of galaxies in space, all unified in perfect order by natural law"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #98: Maharishi Vedic University. (1987). *Invitation to action: Maharishi's programme to create world peace*. Holland: Maharishi Vedic University Press (publication no. N 3010), 48pp.
Main themes: This 48-page book is really a four-page brochure printed in 12 different languages (e.g., French, Russian, Germany, Turkish, etc., thus four pages are dedicated to each language), and therefore does not officially meet the criteria for inclusion in this Archive. However, the booklet contains a definitive statement on how the goals of unified field based world peace can be achieved through education, health, economics, government, invincible defence, and rehabilitation and crime prevention. The last page of each booklet ends with an Invitation to Action by Maharishi. Of historical interest are the three criteria Maharishi identifies which will "herald the success of this programme": elimination of international conflicts, indicated by the end of the Iran-Iraq war; elimination of terrorism, indicated for example by peace in Punjab, India; and elimination of dangerous rivalry between superpowers, indicated by lack of fear in the world family.
Key words or phrases (listed in Section III): Crime prevention; economics; education; health; India; international conflicts; invincible

defence; Iran-Iraq war; Maharishi's Programme to Create World Peace; Maharishi Technology of the Unified Field; Maharishi World Peace Centre; rehabilitation; rivalry; superpower; terrorism; unified field; world peace.
Content codes: Plain text only.
Quote: "With the total knowledge of the unified field of all the laws of nature now available, we have approach to create world peace that is practical, reliable, effective, and certain"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Violence 85, 93, 167, 398; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #99: Maharishi Vedic University. (1987). *Maharishi Ayurveda—Creating a disease-free society, the basis of heaven on earth*. Holland: Maharishi Vedic University Press (publication no. N 3047), 16pp.
Main themes: This short document is dedicated to Raj Vidya Brihaspathi Dev Triguna, the world foremost exponent of Ayruveda, with accompanying description of accomplishments and photographs of Dr Triguna (with his son Vaidya Davinda Tribuna) in different countries, including China, Egypt, Brazil, Mauritius, Sri Lanka, Canada, USA, and Australia. Page 15 is a description of the Maharishi World Centre for Ayurveda at Maharishi Nagar, Delhi, where courses on Maharishi Ayurveda were being taught.

Key words or phrases (listed in Section III): Ayur-Veda; health; India; Maharishi Ayur Veda; Maharishi World Centre for Ayurveda; Raj Vidya Brihaspathi Dev Triguna.
Content codes: VE; TP; HP; PR.
Quote: "As life is holistic, it is proper to approach perfect health from all possible angles. That is why Ayurveda is a precious of Vedic knowledge, the practical display of Vedic Science"—Maharishi (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic University 130, 131, 132, 133; Medical science 331, 351, 412; and Mental health 118, 141, 170, 171.

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Publication #100: Maharishi Vedic University. (1987). *Maharishi Ayurveda—Creating a disease-free society and economic self-sufficiency in every nation*. Holland: Maharishi Vedic University Press (publication no. N 3046), 20pp.
Main themes: This document is honours Vanaushadhi Samrat (monarch of the plant kingdom) Dr Balraj Maharishi, and documents the invitation to Dr Balraj Maharishi as an Ayurvedic adviser to the Ministry of Social Welfare of the Brazilian Government, which passed a resolution in 1986 to incorporate Ayurveda into the national healthcare system. Photographs of Dr Balraj Maharishi, Brazilian health facilities and indigenous plants are included, along with a record of his visit to USA, Switzerland and Holland. Press reports and a record of Dr Balraj Maharishi with Maharishi at the Maharishi Centre for Ayurveda in Maharishi Nagar, India are included.
Key words or phrases (listed in Section III): Ayur-Veda; Brazil; Dravyaguna; health; India; Maharishi Ayur Veda; Maharishi Centre for Ayurveda, Ministry of Social Welfare; press reports; Vanaushadhi Samrat Dr Balraj Maharishi.
Content codes: VE; TP; HP; PR.
Quote: "World peace on the ground of perfect health is now going to be a reality of our scientific age. It is high time that the governments and responsible people of every country move as fast as the knowledge is rising,

to create a disease-free society and economic self-sufficiency for every nation, enjoy perfect health, continued progress, and invincibility"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic University 130, 131, 132, 133; Medical science 331, 351, 412; and Mental health 118, 141, 170, 171.

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Publication #101: Maharishi Vedic University. (1988). *New horizons in criminology and penitentiary science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese prisons, Dakar, 12-13 February 1988*. Faroukh Anklesaria (trans.), Vlodrop, The Netherlands: Maharishi Vedic University Press (first printed in French by National Press of Senegal, Rufisque, 1988) (ISBN 978-0923-569-143, publication no. N 3188), 198pp.

Main themes: This significant book documents the details of the Maharishi Unified Field Based Integrated System of Rehabilitation, which was implemented in conjunction with personnel from Maharishi European Research University (MERU), in the prison system of Senegal in 1987, and involved 11,000 inmates (including women inmates) and 900 prison officers who participated in the program. In all, the program was implemented in 31 prisons in ten regions of the country. The book documents the proceedings of a three-day conference held to report on the project in 1988, and includes presentations by Colonel Mamadou Diop, Director of the Penitentiary Administration, Republic of Senegal, Faroukh Anklesaria, International Director of the Maharishi Unified Field Based Integrated System of Rehabilitation at MERU, and Idrissa Wone, President of the Senegalese Association for Transcendental Meditation. Fatou Binetou N'Diongue, director of Rufisque Prison for Women Inmates, reports on the results of the program, which included "a complete change within the prison environment" and inmates who sleep better, are in better physical condition, and more readily engage in "constructive activities", thereby enabling them to "overcome the lethargy of the prison

atmosphere". After two years, results of the Maharishi Unified Field Based Integrated System of Rehabilitation, which included Transcendental Meditation, were summarized by prison officials for inmates as: 1) disappearance of insomnia, which was widespread; 2) sharp reduction in irritability and aggressiveness; 3) improved relation between inmates, including more openness, better communications, reduction in the number thefts and aggressive behaviour, and for prison officer as: 1) more self-confidence; 2) more self-control; 3) greater conscientiousness; 4) better health; and 5) less absenteeism; and for the prisons as a whole: 1) almost complete cessation of fights between inmates; 2) marked decrease in rule infractions; 3) sharp decrease in number of escapes; and 4) 70-80% decrease in number of medical consultations. The book includes a substantial number of photographs from the project, and a bibliography is included at the end of the book (pp. 194-198).

Key words or phrases (listed in Section III): Absenteeism; aggression; conscientiousness; crime; criminality; Dakar; escapes; inmates; insomnia; law; justice; Maharishi Effect; Maharishi European Research University (MERU); Maharishi Unified Field Based Integrated System of Rehabilitation; MERU Rehabilitation Index; penitentiary; prison; prison officers; rehabilitation; rule infractions; self confidence; self control; Senegal; Senegalese Association for Transcendental Meditation.

Content codes: SR; TP; CH; HP; PR; BI.

Quote: "World peace is the first step towards Heaven on Earth, and now that this first step is being achieved we are undertaking to accomplish a new target, the highest goal of mankind—to create Heaven on Earth. With reference to rehabilitation, Heaven on Earth will be characterized by the absence of the need to rehabilitate, because everyone set on the path of evolution will not create problems either for himself or his surroundings; everyone will enjoy perfect freedom in a crime-free society"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Environment 349, 386; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Middle East 60, 85, 293; Problem solving 88; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17,

24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Senegal 28; and Violence 85, 93, 167, 398.

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Publication #102: Maharishi International University. (1988). *The Maharishi technology of the unified field: The Transcendental Meditation and TM-Sidhi program*. Fairfield: Iowa: Maharishi International University Press, 73pp.

Main themes: This book outlines the scientific research findings on the Transcendental Meditation and TM-Sidhi program in the following categories: physiological changes during the practice; development of mental potential; benefits for education; improvements in health; Maharishi Ayur-Veda for improvements in health; improvements in social behaviour; benefits for business and industry; benefits for rehabilitation; benefits for government; creating world peace. An introduction to the Maharishi Technology of the Unified Field, including a chart of the unification of the four fundamental force fields, the unified field and Transcendental Meditation, and a Unified Field Chart for physiology (pp. 4-10). The quote by Dr Hans Selye, one of the world's foremost experts on stress, is instructional: "Research already conducted shows the physiological effects of Transcendental Meditation are exactly the opposite to those identified by medicine as being characteristic of the body's effort to meet the demands of stress. [Transcendental Meditation] is a method which so relaxes the human central nervous system that…it doesn't from stress" (p. 11).

Key words or phrases (listed in Section III): Business; education; government; health; industry; Maharishi Ayur-Veda; Maharishi Technology of the Unified Field; mental health; physics; physiology; potential; rehabilitation; scientific research; Selye, Hans; stress; unified field; Unified Field Chart.

Content codes: TP; SR; CH; HP.

Quote: "In Transcendental Meditation, the conscious mind comes to a state of self-referral awareness, with is the simplest form of human awareness. This self-referral state of consciousness is the ground state of all the laws of nature—the unified field of natural law"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114,

115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #103: Maharishi Mahesh Yogi. (1989). *Maharishi Ayur-Veda in the USSR*. Holland: Maharishi Foundation, 31pp.
Main themes: In March 1989, a delegation of experts in Maharishi Ayur-Veda, including Raj Vidya Brihaspathi Dev Triguna, visited the Soviet Union, during which Soviet officials agreed to establish a clinic for Maharishi Ayur-Veda in that country. This booklet documents the visit, with an overview of Maharishi Ayur-Veda, along with press reports from around the world which documented the historic visit. A double-page spread summarizes the 20 approaches of Maharishi Ayur-Veda to creating perfect health (pp. 24-25), a double-page spread summarizes the scientific research findings on Maharishi Ayur-Veda (pp. 26-27), a double-page spread summarizes Maharishi's World Plan for Perfect Health (pp. 28-29),

and a double-page spread summarizes the Maharishi World Centre for Ayur-Veda (pp. 30-31).

Key words or phrases (listed in Section III): Ayur-Veda; health; Maharishi Ayur-Veda; Maharishi World Centre for Ayur-Veda; Maharishi's World Plan for Perfect Health; perfect health; Raj Vidya Brihaspathi Dev Triguna, scientific research; Soviet Union; USSR.

Content codes: VE, TP; SR; CH; HP.

Quote: "Ayur-Ved stands today as the technology of the unified field for the perfect health of the individual, of the nation, of the world as a whole. Through the introduction of Ayur-Ved, it is completely within the ability of any sovereign government to bring fulfilment to its aspiration to provide perfect health care for the whole population and, on the basis of perfect health, to eliminate all problems of the nation and create Heaven on Earth"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic University 130, 131, 132, 133; Medical science 331, 351, 412; and Mental health 118, 141, 170, 171.

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Publication #104: Maharishi Vedic University. (1989). *Maharishi Ayur-Veda—memorandum and resolution: Solving the current health care crisis in the world and creating a disease-free society in every nation*. Holland: Maharishi Vedic University Press (publication no. N 3187), 29pp.

Main themes: This short document records the 20 resolutions memorialised by doctors from around the world in 1989 (pp. 3-11). Like Publication #103, this document also addresses the 20 approaches of Maharishi Ayur-Veda to creating perfect health (p. 15), a double-page spread summarizes the scientific research findings on Maharishi Ayur-Veda (pp. 16-17), a double-page spread summarizes Maharishi's World Plan for Perfect Health (pp. 18-19), many historic photographs survey the worldwide interest in Maharishi Ayur-Veda (pp. 20-25) and Maharishi Ayur-Veda centres around the world (pp. 26-27), and a double-page spread summarizes the Maharishi World Centre for Ayur-Veda (pp. 30-31).

Key words or phrases (listed in Section III): Ayur-Veda; doctor; health; Maharishi Ayur-Veda; Maharishi World Centre for Ayur-Veda; Maharishi's World Plan for Perfect Health; perfect health; prevention; Raj Vidya Brihaspathi Dev Triguna, resolution; scientific research.
Content codes: Plain text only.
Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is everyone's own Self"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic University 130, 131, 132, 133; Medical science 331, 351, 412; and Mental health 118, 141, 170, 171.

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Publication #105: American Association of Ayurvedic Medicine. (1990). *Maharishi Ayur-Veda: Review of scientific literature*. Livingston Manor, New York: Age of Enlightenment Press (publication no. U 2-1008-990), 21pp.
Main themes: After introducing the three main exponents of Maharishi Ayur-Veda—Dr V.M. Divedi, the world's leading authority in *Rasayanas*, Dr B.D. Triguna, the world's leading authority in diagnosing any forthcoming and existing disorder or disease by feeling the pulse [*Nadi Vigyan*], and Dr Balraj Maharishi, the world's leading authority on *Dravyaguna*, the identification and utilisation of medicinal plants—and the 20 approaches of Maharishi Ayur-Veda to creating perfect health, the research on Maharishi Ayur-Veda is surveyed according to the following topics: cancer; enhanced immune functioning; reduction of cardiovascular disease and risk factors; prevention and treatment of chronic diseases; improved

mental health; reversal of ageing and increased longevity; free-radical scavenging; reduced health care utilisation; collective health; on-going research; and conclusion. The document ends with steps of implementation and Maharishi's World Plan for Perfect Health.

Key words or phrases (listed in Section III): Ayur-Veda; cancer; cardiovascular disease; chronic diseases; collective health; Divedi, V.M.; health; health care utilisation; immune functioning; longevity; Maharishi Ayur-Veda; Maharishi's World Plan for Perfect Health; mental health; prevention; Raj Vidya Brihaspathi Dev Triguna; reversal of ageing; scientific research; Vanaushadhi Samrat Dr Balraj Maharishi.

Content codes: VE, SR; HP.

Quote: "Ayur-Veda is the world's oldest scientific system of natural medicine, originating over 6,000 years ago in the ancient Vedic tradition of India. It is formally recognised by the World Health Organisation and known to be a complete health-care system, which emphasises prevention of disease as well as promotion of health and longevity. It also includes effective modalities for treatment, especially of chronic disorders"—Introduction.

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102,

104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

Publication #106: American Association of Ayurvedic Medicine. (1990). *Maharishi Ayur-Veda: Documents, scientific research, bibliographies, letters of recommendation*. Holland: Maharishi Vedic University Press (publication no. N 3309), 232pp.
Main themes: As the title states, this extensive reference book includes a variety of miscellaneous documentation on Maharishi Ayur-Veda. The book begins with introductory documentation related to conferences and courses, World Health Organisation letter of endorsement, documentation from the Government of Brazil, a National Cancer Institute letter describing research on Maharishi Ayur-Veda, and policy reviews and reports make up this section. Scientific research studies on Ayur-Veda, several bibliographies, reference lists and tables of contents of journals such as *Journal of Research in Ayurveda and Siddha* and *Bulletin of Medico-Ethno-Botanical Research*, and various letters and reprinted papers are then included.
Key words or phrases (listed in Section III): Ayur-Veda; Brazil; cancer; cardiovascular disease; health; longevity; Maharishi Ayur-Veda; Maharishi's World Plan for Perfect Health; mental health; National Cancer Institute; press reports; prevention; scientific research; World Health Organisation.
Content codes: VE, TP; SR; CH; HP; BI.
Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is everyone's own Self"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #107: Maharishi Mahesh Yogi. (1991). *Maharishi's master plan to create heaven on earth*. Holland: Maharishi Vedic University Press (ISBN 90-71750-11-6, publication no. N 3215), 362pp.

Main themes: This significant book lays out in detail "Maharishi's Master Plan to Create Heaven on Earth". The book, which is said to be part of a larger 1,500-page book, documents Maharishi's plan to reconstruct the entire world in order to "glorify" both inner and outer life. Glorification of inner life includes the development of higher states of consciousness and the blossoming of noble qualities and bliss, gaining the support of Natural Law through Maharishi's Transcendental Meditation and TM-Sidhi program and its practical aspect Maharishi's Vedic Science. Glorification of outer life includes building ideal villages, towns and cities using *Maharishi Sthapatya-Ved*, developing agriculture, horticulture and forestry, creating

a global green revolution to achieve food self-sufficiency, realising global rural and urban development, eradication of poverty and economic balance through ideal education and the creation of perfect health, harmony and balance in nature. This book explains in detail Maharishi's Plan and how it will be implemented, and provides a detailed case study of how the plan will apply to Cambodia, then the poorest country in the world (Section IV, reference 130, provides a more detailed account of the results of implementing Maharishi's Master Plan to Create Heaven on Earth in Cambodia, specifically as it relates to higher education). Extensive bibliographic lists of research findings, which cross-reference each area of Maharishi's Plan to Create Heaven on Earth—health, education, government, business, defence, etc., are included (pp. 135-195), and Maharishi's World Plan for Perfect Health is explained and cross-referenced with research findings (pp. 196-219). The "Plan at a glance" is provided on pages 220-236), Maharishi Vedic Science, including Richo Akshare Charts for physics, mathematics, physiology and chemistry, is explained (pp. 242-250), and the relationship of Heaven on Earth to world religions is outlined (pp. 251-258).

Key words or phrases (listed in Section III): Age of Enlightenment; agriculture; art; balance in nature; bliss; Cambodia; chemistry; Cosmic Consciousness; culture; economic balance; enlightenment; Extended Maharishi Effect; forestry; fruit of all knowledge; Global Eradication of Poverty; global green revolution; Global Rural Redevelopment; glorification; God Consciousness; Heaven on Earth; higher states of consciousness; ideal cities; ideal education; Ideal Society Campaign; ideal towns; ideal villages; inner glorification; invincible defence; law; Maharishi Ayur-Ved; Maharishi Cities of Immortals; Maharishi Effect; Maharishi Gandharva Ved; Maharishi Global Trading; Maharishi Sthapatya Ved; Maharishi Veda Land; Maharishi Vedic Farming; Maharishi Vedic Organic Agriculture; Maharishi's Absolute theories; Maharishi's Master Plan to Create Heaven on Earth; Maharishi's Vedic Science; Maharishi's World Plan for Perfect Health; mathematics; modern science; Natural Law; noble qualities; outer glorification; perfect government; perfect health; perfection; physics; physiology; reconstruction; rehabilitation; religion; scientific research; support of nature; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; Unity Consciousness; World Peace Project; World Plan.

Content codes: VE; SR; CH; HP; PR; BI.

Quote: "Everything is possible for any government today or tomorrow, through my programmes to create Heaven on Earth. Heaven on Earth has been the laudable aspiration of the wise throughout the ages. Creation of Heaven on Earth is the most desirable project in the entire history of the human race. Everyone can now enjoy Heaven on Earth through perfect alliance with Natural Law through enlivenment of the total potential of Natural Law in one's own consciousness. Perfect alliance with Natural Law is now available to every individual and every nation through my Vedic Science and Technology—the perfect science and technology of life, which offer to enrich and raise to perfection all field of daily life and create Heaven on Earth"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Cambodia 129, 131, 132; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Extended Maharishi Effect 193; Genetic engineering 119, 120; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Heaven on earth 265; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mathematics 155, 251, 308, 409; Mental health 118, 141, 170, 171; Physics 163, 164; Productivity 137; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57, 90, 92, 373, 377; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #108: Maharishi Mahesh Yogi. (1991). *Maharishi's programs to create heaven on earth: Glorification of inner and outer life, knowledge to bring fulfilment to every area of life*. Holland: Maharishi International University Press, 132pp.
Main themes: This book is a shorter version of Publication #107 (and, like that book, is said to be part of the larger 1,500-page book on the same topic [pp. 2-3]), and covers many of the same themes. The focus of the book is Maharishi's programs to create world peace rather than the specifics of the Master Plan to Create World Peace as presented in Publication #107, with the main areas being *Maharishi Ayur-Ved*, *Maharishi Jyotish*, *Maharishi Yagya*, *Maharishi Yog*, *Maharishi Gandharva-Ved*, education, business, industry, agriculture, environment, defence, and government.
Key words or phrases (listed in Section III): Agriculture; business; defence; education; environment; government; industry; Maharishi Ayur-Ved; Maharishi Center for Perfect Health and World Peace; Maharishi Effect; Maharishi Gandharva-Ved; Maharishi Jyotish; Maharishi Yagya; Maharishi Yog; Master Plan to Create Heaven on Earth; TM-Sidhi; Transcendental Meditation.
Content codes: SR; TP; CH; HP; PR; BI.
Quote: "The inspiration to create Heaven on Earth comes from the great achievements of my Movement around the world during the last thirty years and above all from the discovery of the Ved, the infinite creative intelligence of natural law, in the self-referral consciousness, transcendental consciousness of everyone"—Maharishi (p. 5).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Extended Maharishi Effect 193; Families 78; Genetic engineering 119, 120; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Heaven on earth 265; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Mental health 118, 141, 170, 171; Middle East 60, 85, 293; Productivity 137; Psychiatry 65, 266; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-referral 57,

90, 92, 373, 377; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Veda 55, 92, 219, 220, 252, 253; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #109: Maharishi Vedic University. (1991). *Global inauguration: Maharishi's programme to create heaven on earth*. Holland: Maharishi Vedic University Press (publication no. N 3368), 69pp.

Main themes: This book documents Maharishi's address to the international press and his response to the press of Zambia on 24 September 1991. Maharishi's address (pp. 1-26) is extensive and covers topics such as: a scientific programme to gain support of nature; a great day for the fortune of the world; natural law governs life in heaven as on earth; ancient approach to gaining knowledge verified; unfolding the potential of human intelligence; every will gain the support of nature's government; and reason for weakness. The international press then asks Maharishi questions about Heaven on Earth (pp. 26-44). What follows is a description, with extensive colour photos and charts, of Maharishi's Programme to Create Heaven on Earth in Zambia, including an industrial estate, a letter from His Excellency Dr Kenneth Kaunda, country planning, ideal village design and houses to accommodate four generations, and a training centre and central park. Maharishi's global achievements since 1957 are surveyed (pp. 60-66), a press report from The Zambia Times appears on page 67, and a double-page spread on Maharishi's Master Plan to Create Heaven on Earth concludes the document (pp. 68-69).

Key words or phrases (listed in Section III): Achievement; consciousness-based education; education; government of nature; Heaven on Earth; higher states of consciousness; intelligence; Kaunda, Kenneth D.; Maharishi Heaven on Earth Development Corporation; Maharishi's Master Plan to Create Heaven on Earth; Maharishi's Programme to Create Heaven on Earth; natural law; press reports; scientific research; support of nature; Transcendental Meditation; Zambia.

Content codes: VE, TP; SR; CH; HP; BI.

Quote: "Everything is possible for any government today or tomorrow my programmes to create Heaven on Earth. Perfect alliance with natural law is now available to every individual and every nation through my Vedic Science and Technology—the perfect science and technology of consciousness, which offers to enrich and raise to perfection all field of daily life and create Heaven on Earth"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Construction 194, 239; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Heaven on earth 265; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Intelligence 82, 133, 201, 203, 356; Maharishi Sthāpatya Veda 239, 376; Natural law 224, 349; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #110: Maharishi Vedic University. (1991). *Maharishi's Transcendental Meditation: Fulfilling the aspirations of religious scriptures*. Holland: Maharishi Vedic University Press (publication no. N 3273), 129pp.
Main themes: This book beings with an overview of religion from the perspective of Maharishi's Transcendental Meditation programme (pp. 4-7), and is then organised into two main sections: I) letters and testimonials of support for Maharishi's Transcendental Meditation programme from religious leaders around the world (pp. 10-63); and II) articles and essays on this topic (pp. 64-117). Each section is divided into countries, with religious leaders of each country providing a letter, testimonial, article or

essay. Section I is divided into 44 religious representatives from Brazil, Canada, Great Britain, Hong Kong, Ireland, Italy, Mexico, Pakistan, Sweden and USA; Section II is divided into articles and essays from Canada, France, Germany, Great Britain, Italy, Japan, The Netherlands, Pakistan, Philippines, Switzerland, South Korea, and USA. Religious leaders such as Father Teofanos Baros (Brazil), Bishop Ingemer Ström (Sweden), and Rabbi Alan R. Green (USA) are represented, and articles and essays from *The Citizen* (Canada), *The Clergy Review* (Great Britain), and *Religion* (South Korea) are reported. The conclusion of Archbishop Jean Jadol, apostolic delegate in the USA, who said "the current involvement by more than 600,000 Americans in in Transcendental Meditation is a healthy sign of increasing interest in religion". A statement on Transcendental Consciousness as the essence of religion (pp. 118-119), Maharishi's achievement around the world from 1957 to 1991 (pp. 120-127), and a double-page spread on Maharishi's Master Plan to Create Heaven on Earth (pp. 128-129) conclude the book.

Key words or phrases (listed in Section III): Achievement; Aham Brahmasmi; culture; faith; God; God realisation; heaven on earth; Maharishi's Master Plan to Create Heaven on Earth; natural law; press-reports; religion; scripture; supreme intelligence of nature; Transcendental Consciousness; Transcendental Meditation.

Content codes: VE, TP; SR; CH; HP.

Quote: "My Transcendental Meditation programme, bringing the experience of transcendental consciousness, pure consciousness, nourishes all areas of life and purifies human awareness, rendering life worthy of reaching the later of God—one's own God through one's own religion. Here is the key to living life in accordance with the will of God—Natural Law—and enjoying Heaven on Earth"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Spirituality 183, 270, 321; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #111: Maharishi International University. (1991). *The Maharishi Effect: Creating coherence in world consciousness, promoting positive and evolutionary trends throughout the world*. Fairfield, Iowa: Maharishi International University Press (Library of Congress Catalogue Card No. 90-61981), 96pp.
Main themes: This book documents the Maharishi Effect, Extended Maharishi Effect, and the Global Maharishi Effect from both a theoretical and applied perspective, with the bulk of the book dedicated to providing scientific evidence of the three Effects throughout the world. Data include discussions of the unified field theories of modern physics, the principles of coherence and collective consciousness, and the principle of world consciousness, as well as an extensive use of charts and data, and interpretations of the data, including details of population influenced, experimental design, dependent and independent variables, analytical methods (e.g., time-series analysis), results, and conclusions for each study. The book includes reference lists to published scientific research.
Key words or phrases (listed in Section III): Administration; coherence; collective consciousness; crime; evolution; evolutionary trends; Extended Maharishi Effect; Global Maharishi Effect; government; Lagrangian; Maharishi Effect; Maharishi International University; natural law; physics; quality of life; quantum unified field theories; scientific research; social disorder; time-series analysis; TM-Sidhi; Transcendental Meditation; unified field; world consciousness.
Content codes: SR; CH; BI.
Quote: "There does not exist, nor will there ever be, a more powerful or proven technology to transform the trends of life in society. No government worthy of the name could deprive its citizens of the immense practical benefits of this most advanced knowledge of this scientific age. Through my Vedic Science and Technology—the science and technology of the unified field—any government leader can have easy access to the unified field and raise the administration of his government to be in perfect alliance with the administration of nature's government"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Extended Maharishi Effect 193; Maharishi Effect

60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi International University 143, 216; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #112: Maharishi Vedic University. (1991). *Maharishi Ayur-Veda: Global campaign to create a disease-free society in every country*. USA: Maharishi Vedic University Press (Library of Congress Catalogue Card No. 91-71302; ISBN 0-89186-054-1), 1,852pp.

Main themes: As this is the largest volume in the Archive, at more than 1,850 pages, it is not possible to document the entire contents of the book; suffice it to say that this is the most extensive, comprehensive and detailed account of Maharishi Ayur-Veda in the Archive, and a valuable resource for any researcher who wishes to learn more about this discipline of healthcare from the perspectives of history and origins, theory, principles, applications (including the extent of global coverage of Maharishi Ayur-Veda), scientific research methods and results, course of instruction (including course materials and curricula), endorsements, promotional material and books, and press coverage. The book is divided into three main Parts: I) His Holiness Maharishi Mahesh Yogi on Maharishi Ayur-Veda (pp. 25-98); II) Substantiation of Maharishi Ayur-Veda: Validation and Endorsement (pp. 99-332); and III) Implementation of Maharishi Ayur-Veda: Establishment and Expansion Around the World (pp. 333-1820); an extensive appendix of resource materials on Maharishi Ayur-Veda, including books, tapes, posters, exhibitions, courses and course materials, concludes the volume (pp. 1821-1851). In Part I, Maharishi introduces Maharishi Ayur-Veda and his global campaign to create a disease-free society in every country (pp. 26-30) and celebrates the origins of Ayur-

Veda on Dhanvantari Day on 29 October 1986 at the Maharishi World Centre for Ayur-Veda in India (pp. 31-41). This is followed by new principles of health taking over in the Age of Enlightenment due to Maharishi Ayur-Veda, details of Dr V.M. Divedi, the world's leading authority in *Rasayanas*, Dr B.D. Triguna, the world's leading authority in diagnosing any forthcoming and existing disorder or disease by feeling the pulse [*Nadi Vigyan*], and Dr Balraj Maharishi, the world's leading authority on *Dravyaguna*, the identification and utilisation of medicinal plants, and an itemised breakdown and description of the 20 approaches of Maharishi Ayur-Veda for creating perfect health, along with course descriptions in each approach (pp. 69-95). Part II provides detailed analysis, research methods and findings, medical endorsements and resolutions, and validating programs being conducted around the world, including at the Division of Cancer Prevention and Natural Products Research at Ohio State University College of Medicine, and is accompanied by an extensive bibliography. Part III, the largest of the three sections, introduces and explains Maharishi's World Plan for Perfect Health, including detailed descriptions of the phases of the Plan. The book contains hundreds of historical photos, and is a vast resource treasure of information on Maharishi Ayur-Veda.

Key words or phrases (listed in Section III): Age of Enlightenment; Amrit Kalash; Ayur-Veda; didease-free society; Divedi, V.M.; Dravyaguna; cancer; cardiovascular disease; endorsement; Global Campaign to Create a Disease-Free Society; health; heaven on earth; longevity; Maharishi Ayur-Veda; Maharishi Centre for Perfect Health and World Peace; Maharishi's Master Plan to Create Heaven on Earth; Maharishi's World Plan for Perfect Health; mental health; Nadi Vigyan; Ohio State University College of Medicine; prevention; Raj Vidya Brihaspathi Dev Triguna; Rasayana; resolution; scientific research; Vanaushadhi Samrat Dr Balraj Maharishi.

Content codes: VE; TP; SR; CH; HP; PR; BI.

Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is

everyone's own Self. Through the technology of the unified field, we can handle a nation as a whole and an individual as a whole"—Maharishi (p. v).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Age of Enlightenment 264; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Anxiety 87, 117, 160; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cardiovascular disease 41, 45, 81, 305, 333; Disease 233, 234, 282, 317, 323, 333, 336, 399; Drug use 20, 33, 52, 79, 116, 150, 178, 232, 240, 249, 270, 278, 339, 343, 348, 389, 397; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Heaven on earth 265; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Immortality 121, 252; Longevity 16, 317, 323, 391; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic Medicine 328; Medical science 331, 351, 412; Mental health 118, 141, 170, 171; Metabolism 122, 123, 209, 210, 211, 212, 305, 416; Morbidity/mortality 19, 43, 325, 329, 404; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #113: American Association of Ayurvedic Medicine. (1991). *Maharishi Ayur-Veda: Approaches to the prevention and treatment of cancer*. Livingston Manor, New York: Age of Enlightenment Press (publication no. U 2-10223-1290), 20pp.
Main themes: The focus of this book is on the 20 approaches of Maharishi Ayur-Veda in the prevention and treatment of cancer, as also documented in earlier publications (e.g., Publications #103, #104, #105 and #112) namely: 1) handling consciousness through Transcendental Meditation; 2) pulse diagnosis; 3) primordial sound; 4) intellect (patient education); 5) emotions; 6) language; 7) Gandharva Ved (see also Publication #94); 8) senses; 9) psychophysiological integration; 10) neuromuscular integration; 11) neurorespiratory integration; 12) Maharishi Panchakarma program: physiological purification; 13) diet; 14) herbal food supplements; 15) Rasayana; 16) behaviour; 17) Jyotish; 18) Yagya; 19) environment; and 20) world health/world peace.
Key words or phrases (listed in Section III): 20 approaches of Maharishi Ayur-Veda; Age of Enlightenment; Amrit Kalash; Ayur-Veda; behaviour; biological intelligence; diet; Divedi, V.M.; Dravyaguna; cancer; cardiovascular disease; environment; Gandharva Ved; Global Campaign to Create a Disease-Free Society; health; heaven on earth; herbal food supplements; intellect; Jyotish; Kapha; language; longevity; Maharishi Ayur-Veda; Maharishi Centre for Perfect Health and World Peace; Maharishi's Master Plan to Create Heaven on Earth; Maharishi's World Plan for Perfect Health; mental health; mind-body connection; neuromuscular integration; neurorespiratory integration; Pitta; prevention; primordial sound; psychophysiological integration; pulse diagnosis; Raj Vidya Brihaspathi Dev Triguna; Rasayana; scientific research; senses; stress; USSR; Vanaushadhi Samrat Dr Balraj Maharishi; Vata; world health; world peace; Yagya.
Content codes: VE; TP; SR; CH; HP.
Quote: "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Ageing 317, 323, 391; Behaviour 40, 102, 327; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Cardiovascular disease 41, 45, 81, 305, 333; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361;

Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mental health 118, 141, 170, 171; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #114: Maharishi Mahesh Yogi (1992). *Rām Rāmāyan rām leelā rām rāj*. Holland: Maharishi Vedic University Press (publication no. N 3293), 346pp; and

Publication #115: Maharishi Mahesh Yogi (1992). *Maharishi's philosophy of Vedic University in Ayodhya*. Holland: Maharishi Vedic University Press (publication no. N 3293), 346pp.

Main themes: These two books share common content and publication number, but have different titles. This comprehensive publication outlines the theoretical basis for Maharishi Vedic University in India, and identifies the inspirational source and foundation of Maharishi Vedic University in the Constitution of the Universe and in the Vedic Literature, specifically the *Rāmāyan*. Topics related to the Constitution of the Universe include analysis of Maharishi's *Apaurusheya Bhāsya* of *Rik Veda*, and the relation of the Rāmāyan to world religions, each shown in relation to Maharishi's Vedic Science, Transcendental Meditation and TM-Sidhi program, and coherence in world consciousness. The book includes an extremely detailed fold-out chart on the Constitution of the Universe, with the obverse of the chart paralleling the Constitution from the perspective of Vedic Science (including Maharishi's Apaurusheya Bhāsya of Rik Veda) and

modern science (including the Lagrangian of the unified field) and the reverse documenting the "historical development of unified field theories".
Key words or phrases (listed in Section III): Apaurusheya Bhāsya; Constitution of the Universe; Dharm; Maharishi Effect; Maharishi Vedic University; modern science; Natural Law; Purush; Rām Leelā; Rām; Rām Rāj; Rāmāyan; religious codes; Rik Ved; supreme political science; TM-Sidhi; Transcendental Meditation; unified field theories; Ved; Vedant; Vedic Literature; Vedic Science.
Content codes: VE; CH.
Quote: "We are now in possession of that supreme knowledge of Natural Law—the scientific knowledge of the source of nature's perfect order, and have access to it—that can bestow perfection on any individual and on any government, and can raise life everywhere to the level of Heaven on Earth. We are establishing a Capital of Heaven on Earth, from where the Constitution of the Universe—Natural Law—will be enlivened in world consciousness"—Maharishi (Accompanying chart).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University 130, 131, 132, 133; Natural law 224, 349; Quantum unified field theories 163, 164; Rāmāyan 253, 315; Sanskrit 380; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Veda in human physiology 252, 253; and Vedic literature 252, 314.

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Publication #116: Maharishi Mahesh Yogi (1992). *Maharishi's absolute theory of government: Automation in administration*. Holland: Maharishi Vedic University Press (publication no. N 3354), 73pp.
Main themes: This is the first, and smallest, of three books bearing the same name (see Publications #117 and #118). The entire book is dedicated to explaining Maharishi's Absolute Theory of Government, beginning with

a statement from Maharishi about his Philosophy of Government, and includes detailed discussions on topics such as automation in administration, the ideal of administration, the ideal of democracy, the quality of perfect government, integrating opposite values, continuity in the midst of change, and the Constitution of the Universe. The book includes extensive referencing to citations in the Vedic Literature, contains a number of colour graphics, a brief account of the principle of least action in physics (pp. 66-67), and, as with Publication #107, contains two large fold-out charts on the Constitution of the Universe, with the obverse of the first chart paralleling the Constitution of the Universe from the perspectives of Vedic Science (including the Maharishi's *Apaurusheya Bhāsya* of *Rik Ved*) and modern science (including the Lagrangian of the unified field) and the reverse documenting the "historical development of unified field theories", and the second chart on Administration through Natural Law, with the obverse presenting different ministries of government (e.g., agriculture, defence, education) in relation to the qualities of the unified field, the derivation of the qualities, their relation to the Lagrangian of the unified field, and their identification in the Vedic Literature, including their derivations, and the reverse a "vision of Rām Rāj throughout the world", listing all the place names in different countries around the world which are the "expression of the name Rām".

Key words or phrases (listed in Section III): Administration; Administration through Natural Law; Apaurusheya Bhāsya; automation in administration; Brahm; Constitution of the Universe; government of nature; government; Lagrangian; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Natural Law; Philosophy of Government; physics; Principle of Least Action; qualities of the unified field; Rām; Rik Ved; unified field; unified field theories; Vedic science.

Content codes: VE; CH.

Quote: "My Philosophy of Government locates the absolute Government, supreme Government, at the unmanifest basis of creation, where the unbounded field of pure intelligence, the Absolute—Braham, Ram—fully awake in the its pure singularity, remaining self-referral, administers itself through it infinite organizing power established in the Principle of Least Action and thereby administers all its expressions—the infinite dynamism of the universe—with perfect orderliness"—Maharishi (pp. 12-13).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Government 72, 188, 189, 225, 337, 344; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Physics 163, 164; Quantum unified field theories 163, 164; Rāmāyan 253, 315; Sanskrit 380; Unified field 62, 163, 164, 166, 275; and Vedic literature 252, 314.

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Publication #117: Maharishi Mahesh Yogi. (1993). *Maharishi's absolute theory of government: Automation in administration*. Holland: Maharishi Vedic University Press (publication no. N 3447), 352 pp.
Main themes: This book is an expanded version of Publication #116, and therefore contains some of the same information. The book outlines Maharishi's Absolute Theory of Government according to several main topics, including: government—a phenomenon of knowledge; co-existence of unity and diversity, self-referral—the perfect quality of government; absolute administration; Ṛk Ved: the Constitution of the Universe; spontaneity in administration; absolute government; total perspective of rulership; a vision of supreme rulership; administration—a spiritual practice, a pious profession; government—an innocent mirror of the nation; alliance of national law with natural law; political etiquette; Maharishi Effect; and every government to hold the balance of power in the world. As 212 pages of the total 352 pages are Appendices, it is worthwhile listing their contents: Appendix I—Maharishi Vedic Science; Appendix II— Maharishi's commentary of Ṛk Ved—Apaurusheya Bhāsya; Appendix III—All knowledge of modern science in one verse of Ṛk Ved; Appendix IV—Twenty-seven chapters of the constitution of the Universe; Appendix V—Maharishi Effect, and Maharishi's Transcendental Meditation and TM-Sidhi program leading to Yogic Flying; and Appendix VI—Verification of Maharishi's Absolute Theory of Government on both levels—political and scientific. Of interest is Appendix VII (pp. 332-333), which predicts the ground-breaking research program of Dr Tony Nader (bibliography references 253 and 254), a program which correlates "150 years of research" with research findings of the past 36 years in the fields of consciousness and the Vedic Literature, and Appendix VIII (pp. 334-350), which locates Maharishi's achievements "in the world today".

Key words or phrases (listed in Section III): Absolute government; achievement; administration; Apaurusheya Bhāsya; automation in administration; Brahm; coherence in collective consciousness; government of nature; government; Group for a Government; hierarchy of administration; ideal of administration; innocent mirror of the nation; interdisciplinary study; law and order; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Maharishi's Vedic Science; Nader, Tony; Natural Law; organizing power of Natural Law; Philosophy of Government; physics; pious profession; Principle of Least Action; qualities of consciousness; Rām; Ṛk Ved; rulership; scientific foundation; scientific research; TM-Sidhi; Transcendental Meditation; unified field; Yogic Flying.
Content codes: VE; CH.
Quote: "Government is worthy of the name only if it has the ability to prevent problems. This new definition of government, provided by my Absolute theory of Government, can be actualized by any government through the programmes that have substantiated the theory. Any government that does not have the ability to prevent problems is itself a problem for the nation and a football of situations and circumstances. Now the centuries-old struggling history of governments is destined to have a new sunshine of problem-free administration. Every government in the world will enjoy the supreme status of a truly sovereign government"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Government 72, 188, 189, 225, 337, 344; Interdisciplinary study 57; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Physics 163, 164; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Problem solving 88; Quantum unified field theories 163, 164; Spirituality 183, 270, 321; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268,

296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #118: Maharishi Mahesh Yogi. (1993). *Maharishi Vedic University: Exhibition*. The Netherlands, Maharishi Vedic University Press (publication no. N 3397), 214pp.
Main themes: This book is comprised of a series of "exhibition display panels"; in effect, each of the first 95 pages represents one exhibition panel in miniature on each page for a total of 95 panels; the topics are: Maharishi Vedic University—Definition (16 panels); Maharishi Vedic University—Offers (15 panels); and Maharishi Vedic Management (64 panels). The book then presents two main sections: Maharishi Vedic Science—definition and scope (pp. 107-139); and Maharishi's Transcendental Meditation Movement—yearly achievements in 36 years (pp. 141-214), which itemises Maharishi's achievements during the years from 1957 to 1993, including: 1958—Maharishi's Year of Spiritual Regeneration Movement; 1963—Maharishi's Year of the Science of Being and Art of Living; 1971—Maharishi Year of Science of Creative Intelligence; 1975—Maharishi's Year of the Dawn of the Age of Enlightenment; 1980—Maharishi's Year of Pure Knowledge, the Ved, during which he revealed his *Apaurusheya Bhāsya* of *Ṛik Ved*; 1981—Maharishi's Year of Vedic Science; and 1993—Maharishi Year of Administration Through Natural Law, Rām Rāj, during which Maharishi revealed his discovery of the Veda and Vedic Literature in the human physiology. Vedic phrases, such as "The peaceful, the blissful, the undivided is thought to be the fourth; that is the Self, That is to be known" (Shivam shantam advaitam chaturtham manyante sa Ātma sa vigyeyah, शिवं शान्तमद्वैतं चतुर्थं मन्यन्ते स आत्मा स विज्ञेयः, *Nrisimhottaratapaniya Upanishad*, 1), "Once achieved, it is never lost" (Esha Brahmi sthitih Partha nainam prapya vimuhyati, एषा ब्राह्मी स्थितिः पार्थ नैनां प्राप्य विमुह्यति, *Bhagavad-Gītā*, 2.72), and "Behold the richness of My Yoga—Samhita value, My holistic Nature" (Pashya me yogam aishvaram, पश्य मे योगमैश्वरम्, *Bhagavad-Gītā*, 9.5), are introduced and discussed.
Key words or phrases (listed in Section III): Achievement; alertness; Chhandas; consciousness; Constitution of the Universe; cosmic creativity; creative genius; creative intelligence; Dawn of the Age of Enlightenment; Devatā; education; enlightenment; Esha Brahmi sthitih Partha nainam prapya vimuhyati; fruit of all knowledge; higher states of consciousness;

laws of nature; life according to natural law; Maharishi Vedic Management; Maharishi Vedic University; Maharishi's Vedic Science; organizing power; Pashya me yogam aishvaram; perfect management; physiology; pure knowledge; research in consciousness; Richo akshare; Ṛishi; Samhitā; self-referral; Shivam shantam advaitam; support of nature; Transcendental Meditation; unified field; Ved; Veda in human physiology; Vedic Literature; Vedic management.

Content codes: VE; CH.

Quote: "Maharishi's Vedic Science is the science of Ved formulated by His Holiness Mahesh Yogi on the basis of experience of higher states of consciousness developing through his Transcendental Meditation, and the complete theoretical and practical knowledge of Ved, available in the traditional Vedic Literature. Ved means knowledge. Therefore Maharishi's Vedic Science, the science of Ved, is the science of complete knowledge" (p. 108).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Self-actualization 18, 335; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; and Vedic Science-based education 130, 131, 132, 133.

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Publication #119: Maharishi International University. (1993). *Total rehabilitation: The theoretical basis and practical applications of Maharishi's integrated system of rehabilitation*. USA: Maharishi International University Press, 897pp.
Main themes: While its focus is on rehabilitation, this large book comprehensively surveys the complete knowledge contained in Maharishi's Science of Creative Intelligence and Maharishi Vedic Science, including the Veda and Vedic Literature, beginning with an overview of Maharishi's Integrated System of Rehabilitation. As seen in the key words and phrases, a great many topics are addressed, most in detail. After the overview, the book is organised into chapters on philosophy of rehabilitation (pp. 63-135), conferences on rehabilitation (pp. 136-155), applications of Maharishi's Integrated System of Rehabilitation (pp. 156-291), research findings of Maharishi's Integrated System of Rehabilitation (pp. 292-387), and appreciation (pp. 388-831). The book concludes with new and old principles of rehabilitation (p. 838), the financial benefits of applying Maharishi's Integrated System of Rehabilitation (p. 844), a description of the implementation of Maharishi's Integrated System of Rehabilitation in Senegal (p. 848; see also Publication #59XXXX), developing the full potential of police officers in Brazil (p. 856), a list of organisations offering Maharishi's Integrated System of Rehabilitation (p. 864), and a bibliography of related document (p. 865).
Key words or phrases (listed in Section III): Age of Enlightenment; Amrit Kalash; brain-wave coherence; coherence; collective consciousness; consciousness; Constitution of the Universe; crime; cultural integrity; Dharma; evolutionary; Extended Maharishi Effect; field independence; Gandharva Ved; Global Maharishi Effect; Global Taste of Utopia; Governor of the Age of Enlightenment; Guru Dev; home of all the laws of nature; infinite correlation; invincibility; Jyotish; laws of nature; life-supporting; Maharishi Absolute Theory of Order; Maharishi Ayur-Veda; Maharishi Effect; Maharishi European Research University; Maharishi's Integrated System of Rehabilitation; Maharishi International University; Maharishi's Master Plan to Create Heaven on Earth; Maharishi Vedic Science and Technology; MERU Rehabilitation Index; natural law; pure consciousness; pure knowledge; rehabilitation; reversal of the ageing process; Sanskrit, Science of Creative Intelligence; scientific research; self-actualisation; Sthapatya Veda; stress; support of nature; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; transcending; unified field; Veda; Vedic Literature; violence.

Content codes: VE; TP; SR; CH; HP; PR; BI.
Quote: "Total rehabilitation is easily achieved through the supreme wisdom of my Integrated System of Rehabilitation. It provides a scientifically validated procedure which trains human awareness and human brain physiology to function completely in accord with the total potential of natural law and spontaneously exhibit natural law in daily life. For the first time in human history a system of rehabilitation is available that utilizes the infinite energy, creativity, and intelligence of nature to totally rehabilitate individual and collective life and set it in an evolutionary direction, thus creating the basis for Heaven of Earth. Any government, any nation can absolutely accomplish it. We see a grand, beautiful, heavenly future for the world"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Addiction 20, 116, 266, 267, 268, 270, 278; Alcoholism 20, 33, 52, 116, 266, 270, 278, 340, 343, 355; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cognitive development 13, 14, 15, 34, 39, 50, 73, 99, 104, 111, 138, 146, 179, 280, 346, 347, 361; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Field independence 126, 127, 148, 200, 347; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-actualization 18, 335; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; and Unified field 62, 163, 166, 275.

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Publication #120: Maharishi Mahesh Yogi. (1994). *Maharishi Vedic University: Introduction*. Holland: Maharishi Vedic University Press (ISBN 9071750175, publication no. N 3454; this book was also published with the same title by Maharishi Prakashan, India in 1995), 362pp.
Main themes: This book contains a wealth of material pertaining to education in general and Maharishi Vedic University (MVU) in particular, and addresses many aspects of Vedic Science, and the Veda and Vedic Literature. The main topics include: 1) a definition of MVU and why its educational approach is meaningful; 2) curriculum of MVU; 3) theme of unfoldment of complete knowledge through analysis and synthesis; 4) the fruit of all knowledge; 5) what is consciousness, knowledge is structured in consciousness, and Veda is structured in consciousness; 6) old concept of a university; 7) Maharishi's Absolute Theory of Education (to which a significantly large section of the book is dedicated, pp. 108-153); 8) a definition of Maharishi's Vedic Science and comparison with modern science; 9) Constitution of the Universe, including source and perspective of religious codes, and the eternal cycle of Natural Law; 10) research in consciousness, and the Transcendental Meditation and TM-Sidhi program; 11) the Maharishi Effect; 12) scientific research; 13) course descriptions; 14) pollution-free environment; and 15) discovery of Ṛk Veda and the entire Vedic Literature in human physiology. Vedic phrases, such as "Mantras are the structures of pure knowledge, the sounds of the Veda; Brāhmaṇas are the internal dynamics of the structure of pure knowledge, the organizing power of the Mantras, the intelligence that structures the Mantras—the structuring dynamics of the Mantras" (Mantra-Brāhmaṇayor-Veda nāmadheyam, मन्त्रब्रह्मणयोर्वेद नामधेयम्, *Āpastamba Shrauta Sūtram*, 24.1.31), "For those established in self-referral Unity Consciousness, or Brahman Consciousness, the infinite organizing power of the Creator, Brahmā, becomes the charioteer of their intentions, activity" (Brahmā bhavati sārathiḥ (ब्रह्मा भवति सारथिः, Ṛik Veda, 1.158.6), "Because I am unbounded, my Māyā is also unbounded" (Daivī hy eshā guṇamayī mama māyā duratyaya māmeva ye prapadyante māyāmetāṃ taranti te, दैवी ह्येषा गुणमयी मम माया दुरत्यया मामेव ये प्रपद्यन्ते मायामेतां तरन्ति ते, *Bhagavad-Gītā*, 7.14), "Once achieved, it is never lost—life in enlightenment—life of the individual a lively field of all possibilities—achievement of anything through mere desiring" (Eshā Brāhmī sthitiḥ Pārtha naināṃ prāpya vimuhyati, एषा ब्राह्मी स्थितिः पार्थ नैनां प्राप्य विमुह्यति, *Bhagavad-Gītā*, 2.72), and "the reality of the Self is Brahm" (Ayam Ātmā Brahma, अयमात्मा ब्रह्म, *Māṇḍūkya Upanishad*, 2), are

introduced and discussed, along with a number of unique diagrams of Vedic Literature.

Key words or phrases (listed in Section III): Alertness; analysis and synthesis; Anyonyabhava; Atyantabhava; Ayam Ātmā Brahma; Brahmā bhavati sārathiḥ; Chhandas; consciousness; Constitution of the Universe; cosmic creativity; creative genius; creative intelligence; curriculum; Daivī hy eshā guṇamayī mama; Devatā; education; enlightenment; Eshā Brāhmī sthitiḥ; fruit of all knowledge; Gyān Shakti; higher states of consciousness; knowledge is structured in consciousness; Kriya Shakti; laws of nature; life according to natural law; Maharishi Effect; Maharishi Vedic University (MVU); Maharishi's Absolute Theory of Education; Mantras; Mantra-Brāhmaṇayor-Veda nāmadheyam; organizing power; perfect management; pollution-free environment; Pradhwaṁsabhava; Pragabhava; pure knowledge; research in consciousness; Ṛishi; Samhitā; self-referral; support of nature; Shruti; TM-Sidhi; Transcendental Meditation; unified field; Ved; Veda in human physiology; Vedic Literature; Vedic management.

Content codes: VE; CH.

Quote: "My introduction to Vedic University is the beacon light of Vedic Civilization, celebrating perfection in enlightenment and fulfilment—full blossoming of Natural Law in the daily life of every individual and every nation"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Quantum unified field theories 163, 164; Self-actualization 18, 335; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150,

152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; Vedic Science-based education 130, 131, 132, 133; and Yogic flying 286, 369.

Publication #121: Maharishi Vedic Education Development Corporation. (1994). *Maharishi Vedic School: Bulletin 1995-1996*. USA: Maharishi Vedic Education Development Corporation, 65pp.
Main themes: This small, but informative booklet, is an essential guide to Maharishi Vedic Schools in U.S.A., because it contains information about the goals, philosophy, training programs, detailed course descriptions, curricula, research, academic policies, admission policies and fees, and international resource faculty. Courses offered by Maharishi Vedic School include Consultant in Business Management and Public Administration—Maharishi's Vedic Management and Supreme Political Science, Teacher of Maharishi Transcendental Meditation, Health Consultant and Educator, and Consultant in Answering Any Question of Concern Using the Vedic System of Prashna, a Discipline of Maharishi Jyotish.
Key words or phrases (listed in Section III): Adult education; business; Business Management and Public Administration; Consciousness-Based Education; course; curriculum; education; Health Consultant and Educator; higher education; industry; Jyotish; Maharishi Ayur-Veda; Maharishi Vedic Schools; Maharishi Jyotish; political science; Prashna; public administration; scientific research; Supreme Political Science; TM-Sidhi; Transcendental Meditation; Vedic Management; Vedic Science; Vedic Science-based education.
Content codes: VE; SR; CH; BI.
Quote: "His Holiness Maharishi Mahesh Yogi is opening Maharishi Vedic Universities and Schools throughout the United States to offer to the American people ancient Vedic wisdom for the development of higher states of consciousness. Through the study of consciousness and research in consciousness, Maharishi Vedic School students rise to live life in enlightenment where life is lived with creative intelligence and bliss"—Dr Bevan Morris (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness-based education

135, 217; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Maharishi International University 143, 216; Maharishi School of the Age of Enlightenment 148, 256, 257, 258; Maharishi University of Management 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Vedic Science-based education 130, 131, 132, 133.

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Publication #122: Maharishi Vedic University. (1994). *International conference—Invincible defence: Creation of a prevention wing in the military of every nation, bringing national law into alliance with natural law*. Holland: Maharishi Vedic University Press, 20pp.

Main themes: This document outlining the details of an international conference on military defence held on 11-14 November 1994 at Maharishi Vedic University in Vldorop, The Netherlands, contains a wealth of information about Maharishi's view of "invincible defence". Participants at the conference include: Lt. General Tobias Dai, Chief of the Delegation for the Creation of the New Armed Forces for the Defence of Mozambique and former Commander of the Army of Mozambique; Col. General Yuri Nikolaevich Rodionov, Member of Parliament (Duma) of the Russian Federation, Member of the Defence Committee of the Russian Federation, and Former Vice Minister of Defence, USSR; and Sr. Lt. Tadas Juozapavicius, representing the Acting Commander-in-Chief, of the Lithuanian Air Force Link Commander. Topics discussed at the conference include Vedic technologies of defence, resolution to create a prevention wing of the military in every country, principles of invincibility from modern science, and knowledge of invincibility from ancient Vedic Science. Of importance is the report by Lt. General Dai on the successful implementation of Maharishi Absolute Theory of Defence in Mozambique (pp. 6-8), including the Order from the Ministry of Defence of the Republic of Mozambique on

page 9. The booklet also announces the second conference on the same theme to be held on 27-29 January 1995 (see Publication #128).
Key words or phrases (listed in Section III): Coherence; fear; government of the Universe; invincibility; invincible defence; Maharishi's Absolute Theory of Defence; Maharishi's Global Military Alliance; Maharishi Vedic University (MVU); military; military power; military science; Ministry of Defence of the Republic of Mozambique; Mozambique; national law; natural law; optimal brain functioning; political science; prevention wing; superpowers; terrorism; treaties; unified field theories; war; Yogic flying.
Content codes: VE; TP; SR; CH; HP; PR; BI.
Quote: "Military is purposeful only if it has the indomitable power of invincibility, with the natural ability to prevent the birth of an enemy. My Absolute Theory of Defence offers this indomitable strength of invincibility the military of every nation"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Extended Maharishi Effect 193; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quantum unified field theories 163, 164; Violence 85, 93, 167, 398; and Yogic flying 286, 369.

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Publication #123: Maharishi Mahesh Yogi. (1995). *Maharishi's absolute theory of government: Automation in administration*. India: Maharishi Ved Vigyan Vishwa Vidya Peetham (ISBN 8-17523-002-9), 567pp.
Main themes: This book is an expanded version of Publications #116 and #117, and therefore contains some of the same information. However, as Maharishi notes at the beginning of the book, "As the theme of my Absolute Theory of Government is Vedic, efforts have been made to put it in a language that can be understood by all and at the same time explain the fine fabrics of knowledge and maintain some Vedic Terms, especially for

the Vedic Scholars who are familiar with the procedure of digging deep into the fine fabrics of knowledge" (p. 1). Maharishi goes on to describe another key feature of this book as differentiated from the two earlier works of the same name when he says: "The footnotes (in this book) explain the deepest principles of administration, the deepest values of the knowledge of administration, which can be completely expressed only in the Language of Nature—the Vedic Language" (p. 1). It is these two elements of the present work which distinguish it from the earlier books, and the length of the document and the fact that it was published by Maharishi Ved Vigyan Vishwa Vidya Peetham in India further testify to this conclusion. The book outlines Maharishi's Absolute Theory of Government according to several main topics, and incorporates the appendices from Publication #65, including: government—phenomenon of knowledge; co-existence of unity and diversity; self-referral—the perfect quality of government; absolute administration; Ṛk Veda, spontaneity in administration; absolute government; total perspective of rulership; a vision of supreme rulership; formula for every government; administration—a parental role; government—an innocent mirror of the nation; cosmic constitution of the universe; political etiquette; Maharishi Effect (including the Extended Maharishi Effect and the Global Maharishi Effect); every government to hold the balance of power in the world; Constitution of the Universe; program to actualize the Constitution of the Universe; scientific research on the Transcendental Meditation and TM-Sidhi program; principle of health; verification of Maharishi's Absolute Theory of Government; Maharishi in the world today; Maharishi's achievements and Maharishi's Absolute Theory of Government.

Key words or phrases (listed in Section III): Absolute government; administration; Apaurusheya Bhāsya; automation in administration; Brahm; coherence in collective consciousness; government of nature; government; Group for a Government; hierarchy of administration; ideal of administration; India; innocent mirror of the nation; interdisciplinary study; law and order; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Maharishi's Vedic Science; Natural Law; organizing power of Natural Law; Philosophy of Government; physics; pious profession; Principle of Least Action; Rām; Ṛk Ved; rulership; scientific foundation; TM-Sidhi; Transcendental Meditation; unified field; Veda in human physiology; Yogic Flying.

Content codes: VE; CH.

Quote: "Perfect administration is the phenomenon of knowledge; it is the phenomenon of knowing; it is the phenomenon of knowingness; it is the phenomenon of least action, which is the phenomenon of the self-interacting dynamics of the self-referral state of consciousness. Absolute administration, perfect administration, is the phenomenon of the self-interacting dynamics of consciousness; it is the phenomenon of the self-interacting dynamics of intelligence, which is the structure of pure knowledge and its infinite organizing the power, where the Self administers itself"—Maharishi (pp. 3-4).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Government 72, 188, 189, 225, 337, 344; Interdisciplinary study 57; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Natural law 224, 349; Physics 163, 164; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #124: Maharishi Mahesh Yogi. (1995). *Maharishi University of Management: Wholeness on the move*. Holland: Maharishi Vedic University Press (ISBN 8-175-2300-10, publication no. N 3530), 248pp.
Main themes: This important book is organized according to the following topics: Maharishi's Master Management; managing the intelligence of nature; timely management, specifically in relation to Transcendental Meditation; the fundamentals of management; supreme management; the need for broad comprehension and the ability to focus in management; the science and art of management; the goal of Maharishi University of Management (MUM); the importance of culture; the parental role of management; the cosmic manager—Natural Law; the supreme quality of management; the Transcendental Meditation and TM-Sidhi program,

including Yogic Flying, in relation to management; the Maharishi Effect, the Extended Maharishi Effect and the Global Maharishi Effect; scientific research in the field of management; the neurophysiology of creativity and management; and Maharishi's Vedic Management. The book also includes a number of highly original diagrams, and an extensive reference to Vedic Science, including analysis of Vedic expressions such as: "Be without the three Guṇas, O Arjuna!" (Nistrai-guṇyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुन, *Bhagavad-Gītā*, 2.45); "Established in the Self, perform action" (Yogasthaḥ kuru karmāṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48); and "Perform natural duty because unfathomable is the course of action" (Sahajaṃ karma kaunteya, सहजं कर्म कौन्तेय, *Bhagavad-Gītā*, 18.48).

Key words or phrases (listed in Section III): Cosmic management; cosmic manager; creativity; culture; Extended Maharishi Effect; Global Maharishi Effect; intelligence of nature; Maharishi Effect; Maharishi University of Management; Maharishi's Master Management; Maharishi University of Management (MUM); Maharishi's Vedic Management; management; natural law; Nistrai-guṇyo bhava-Arjuna; Sahajaṃ karma kaunteya; scientific research; TM-Sidhi; Transcendental Meditation; Veda in human physiology; Vedic Science; Yogasthaḥ kuru karmāṇi; Yogic Flying.

Content codes: VE; SR; CH.

Quote: "My University of Management will create managers who will float in happiness, success, and fulfilment. They will command authority in the field of progress and dictate their terms to the environment. They will be the guiding light of the post-industrial era, and functioning through Nature's Principle of Least Action, initiating dynamism in silence, they will introduce automation in administration to create a stable, balanced economy"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Consciousness-based education 135, 217; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Environment 349, 386; Extended Maharishi Effect 193; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Maharishi University of Management (MUM) 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13,

161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic literature 252, 314; Vedic Management 182, 223; and Yogic flying 286, 369.

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Publication #125: Maharishi Mahesh Yogi. (1995). *Maharishi University of Management: Wholeness on the move*. India: Maharishi Ved Vigyān Vishwa Vidyā Peetham, 352pp.

Main themes: This longer book, published by a different publisher in India, replicates in more detail the topics presented in Publication #124, including: Maharishi's Master Management; the managing intelligence of nature (including figures which parallel areas of management such as financial accounting and marketing to their correspondence in the Vedic Literature and modern physiology [pp. 22-30]); timely management, specifically in relation to Transcendental Meditation; the fundamentals of management; supreme management; the need for broad comprehension and the ability to focus in management; the science and art of management; the goal of Maharishi University of Management; the importance of culture; the parental role of management; the cosmic manager—Natural Law; the supreme quality of management; the Transcendental Meditation and TM-Sidhi program, including Yogic Flying, in relation to management; the Maharishi Effect, the Extended Maharishi Effect and the Global Maharishi Effect; scientific research in the field of management; the neurophysiology of creativity and management; and Maharishi's Vedic Management. However, this book goes further and presents a visual display of Maharishi's Master Management (pp. 340-352) and an extensive analysis of the Veda and Vedic Literature in the human physiology (pp. 130-168), with diagrams and extensive footnotes. The book also includes a number of highly original diagrams and charts which do not appear anywhere else in the literature (such as "a vision of the evolution of natural law in three steps", [p. 62], "a vision of the all-directional, all-dimensional wakefulness" [p. 70], and "a vision of the total potential of natural law at the junction

point between any two expressions" [pp. 72-73]), and an extensive reference to Vedic Science, including analysis of Vedic expressions such as: "Having created the creation, the Creator—Cosmic Creative Intelligence—entered into it" (Tat sṛishtvā tad evānuprāvishat, तत्सृष्ट्वा तदेवानुप्राविशत्, *Taittirīya Upanishad*, 2.6.1); "Unfathomable is the course of action" (Gahanā karmaṇā gatiḥ, गहना कर्मणो गतिः, *Bhagavad-Gītā*, 4.17); and "That is full; this is full. From fullness, fullness comes out. Taking fullness from fullness, what remains is fullness" (Pūrṇam adaḥ pūrṇam idaṃ pūrṇāt pūrṇam udachyate pūrṇasya pūrṇam ādāya pūrṇam evāvashishyate, पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते, *Shāntipātha*, *Ishā Upanishad*).

Key words or phrases (listed in Section III): Constitution of the Universe; cosmic management; cosmic manager; creativity; Extended Maharishi Effect; Gahanā karmaṇā gatiḥ; Global Maharishi Effect; human physiology; Maharishi Effect; Maharishi University of Management; Maharishi's Master Management; Maharishi's Vedic Management; management; managing intelligence of nature; Natural Law; neurophysiology; Pūrṇam adaḥ pūrṇam idaṃ; scientific research; Tat sṛishtvā tad evānuprāvishat; TM-Sidhi; Transcendental Meditation; Veda; Veda in human physiology; Vedic literature; Vedic Science; Yogic flying.

Content codes: VE; SR; CH.

Quote: "(Managers who float in happiness, success and fulfilment) will be the embodiment of positivity and harmony, in whose presence nothing can go wrong, and will raise management to a new, enlightened level of performance, which will nourish everyone and everything. They will bring the dawn of new fortune to any field they choose to lead and will usher in a prosperous, blissful time of progress, peace and fulfilment in all field of business management and public administration"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Consciousness-based education 135, 217; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Environment 349, 386; Extended Maharishi Effect 193; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Maharishi University of Management (MUM) 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349;

Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #126: Maharishi University of Management. (1995). *Corporate revitalization programme: To improve health, creativity, and good fortune of every company*. Holland: Maharishi University of Management Press, 37pp.

Main themes: This small book presents the mission statement of the Corporate Revitalization Program, a program designed by Maharishi to "eliminate and prevent problems in all fields of management and public administration, and to secure steady, fulfilling progress in any company". The goals of the program are expanded to include among other things: improve the good fortune of the organization—its health, vitality, and integration; improve the health, vitality, creativity, and mind-body coordination of employees; eliminate stress and strain at all levels of the organization; and improve the organization's competitive advantage. Those who will benefit from the program are cited specifically as: troubled companies that would like to restore their vitality and become profitable; successful companies that would like to improve their creativity and maintain continued success; and new organizations that would like to prevent problems. The book includes photographs of 60 Maharishi Universities of Management in the U.S. (pp. 29-37) and a chart on the "influence of the universe on the human brain" (p. 28).

Key words or phrases (listed in Section III): Case studies; competitive advantage; Corporate Revitalization Program; cosmic intelligence; creativity; employees; good fortune; Maharishi University of Management; mind-body coordination; Natural Law; productivity; public administration; scientific validation; stress; Transcendental Meditation.

Content Codes: VE; CH; HP.

Quote: "Everything is possible through the scientific approach of Natural Law, which manages the infinite diversity of creation with never-failing, perfect order"—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Creativity 49, 55, 86, 90, 149, 201, 287, 360; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi University of Management (MUM) 321; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Problem solving 88; Productivity 137; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Work 59, 170, 171.

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Publication #127: Maharishi Mahesh Yogi. (1995). *Vedic knowledge for everyone: An introduction*. Holland: Maharishi Vedic University Press (ISBN 90-71750-17-5), 362pp.
Main themes: This book contains a wealth of material pertaining to education in general, and Maharishi Vedic University in particular, but is essentially the same as Publication #120. In the introduction to Maharishi Vedic University, Maharishi reveals the completeness and scientific character of Vedic education, and shows how any educational system and any community can unfold the total potential of every individual and every society by implementing Vedic Education.
Key words or phrases (listed in Section III): Alertness; Chhandas; consciousness; Constitution of the Universe; cosmic creativity; creative genius; creative intelligence; Devatā; education; enlightenment; fruit of all knowledge; higher states of consciousness; knowledge is structured in consciousness; laws of nature; life according to natural law; Maharishi Vedic University; Maharishi's Absolute Theory of Education; organizing power; perfect management; pollution-free environment; pure knowledge; research in consciousness; Ṛishi; Samhitā; self-referral;

support of nature; TM-Sidhi; Transcendental Meditation; unified field; Ved; Veda in human physiology; Vedic Literature; Vedic management.
Content Codes: VE; CH.
Quote: "Veda is the structure and function of pure knowledge. It encompasses the whole range of science and technology; it is theory and practice at the same time; it is the structure of total knowledge—Saṁhitā of Ṛishi, Devatā, Chhandas—the togetherness of the observer, process of observation, and object of observation. Therefore, 'Vedic' includes the whole path of knowledge from the knower to the known— the whole field of subjectivity, objectivity, and their relationship; the whole field of life, unmanifest and manifest; the whole field of 'Being' and 'Becoming'; the whole range of knowledge from its source to its goal—the eternal source, course, and goal of all knowledge"—Maharishi (p. 5).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Environment 349, 386; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Natural law 224, 349; Quantum unified field theories 163, 164; Self-actualization 18, 335; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Sustainability 120, 135, 181, 199, 316, 349, 386; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; Vedic Management 182, 223; Vedic Science-based education 130, 131, 132, 133; and Yogic flying 286, 369.

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Publication #128: Maharishi Vedic University. (1995). *Second international conference—Invincible defence: Creation of a prevention wing in the military of every nation to raise military power to invincibility and prevent the birth of an enemy*. Holland: Maharishi Vedic University Press, 20pp.

Main themes: This document, outlining the details of an international conference on military defence held on 27-29 January 1995 at Maharishi Vedic University in Vldorop, The Netherlands, contains a wealth of information about Maharishi's view of "invincible defence" and is the second conference to the one documented in Publication #122 held in 1994. Participants at this conference include: Lt. General Tobias Dai, Chief of the Delegation for the Creation of the New Armed Forces for the Defence of Mozambique and former Commander of the Army of Mozambique; His Excellency Son Soubert, Second Vice President of the National Assembly of the Kingdom of Cambodia, official representative of the National Assembly of the Kingdom of Cambodia and its Chairman, His Excellency Mr Chea Sim; Major General Si Suntech, advisor to and official representative of the Co-Ministers of National Defence of the Kingdom of Cambodia; Captain Bruno Giordano Fontana, Commander of Naval Forces of the Republic of Honduras, official representative of the Armed Forces of the Republic of Honduras, and its Commander-in-Chief, Div. General Luis Alonzo Discua Elvir; and The Honourable Dr. Radoslav Deyanov, Minister Plenepotentiary, Embassy of Bulgaria to the Kingdom of the Netherlands, The Hague, Observer to the Conference from Bulgaria. Maharishi's inaugural address (pp. 6-11) covered topics such as purifying collective consciousness, the basis of all problems being the violation of natural law, Yogic Flying enlivening natural law, the field effect of consciousness, and scientific and political verification of the beneficial effects of groups of Yogic Flyers. Each of the guest speakers also presented reports (pp. 12-15), of which His Excellency Son Soubert's report and photographs of Maharishi Vedic University (MVU) in Cambodia is of personal interest to this author when he said a recent visit to MVU had impressed visitors from the Ministries of Education and Foreign Affairs, and Lt. General Dai spoke about the significant impact the Maharishi Effect has on many different aspects of life in Mozambique (pp. 16-17); a Resolution to create a prevention wing in military of every country was passed by the delegates (pp. 18-19).

Key words or phrases (listed in Section III): Biological warfare; coherence; fear; genetic engineering; government of the Universe; invincibility; Maharishi's Absolute Theory of Defence; Maharishi's Global

Military Alliance; Maharishi Vedic University; military; military power; military science; Mozambique; national law; natural law; optimal brain functioning; political science; prevention wing; superpowers; terrorism; treaties; unified field theories; war; Yogic flying.
Content codes: VE; TP; SR; CH; HP; BI.
Quote: Quote: "My program to create a PREVENTION wing in every military offers 'victory before war'; it promises life in freedom to every individual, an invincible armour of defence for every nation, and for the whole family of nations—a permanent state of world peace"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Cambodia 129, 131, 132; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Extended Maharishi Effect 193; Genetic engineering 119, 120; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quantum unified field theories 163, 164; Violence 85, 93, 167, 398; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #129: Maharishi Vedic University. (1995). *Third international conference—Invincible defence: Raising military strength to invincibility through creation of the Maharishi prevention wing in the military*. Holland: Maharishi Vedic University Press, 28pp.
Main themes: This document, outlining the details of an international conference on military defence held on 31 March to 1 April 1995 at Maharishi Vedic University in Vldorop, The Netherlands, contains a wealth of information about Maharishi's view of "invincible defence" and is the third conference to the ones documented in Publications #122 and #128. Participants at this conference include: Lt. General Tobias Dai, Chief of the Delegation for the Creation of the New Armed Forces for the Defence of Mozambique and former Commander of the Army of Mozambique; Major

General Niyazov Farroukh Rhakmanovich, representative of the Defence Forces of Tajikistan; Lt. General Tchikovani Vladimir Okropirovich, representative of the Defence Forces of Georgia; Major General Aroutyunyan Vagarshak Varnazovich, representative of the Defence Forces of Armenia; and Lt. Colonel Yaya Ouatarra, representative of the Armed Forces and Veterans of Mali. Maharishi's inaugural address (pp. 6-9) covered topics such as the supreme goal of the military, preventing the birth of an enemy, a reserve force for the nation, removing weakness from every area of national life, and using the total brain potential for maximum alertness. Each of the guest speakers also expressed "good wishes" and endorsements (pp. 10-11 and pp. 22-25), and a number of other speakers representing Maharishi Vedic University (MVU) also made presentations, including Dr Tony Nader speaking about Veda in human physiology (pp. 13-15), Professor Academician Nicholai Nicholaevich Lyubimov, President of MVU Moscow and Head of the Neuro-cybernetics Laboratory at the University of Moscow speaking on mobilization of brain resources, and Dr Michael Dillbeck, senior researcher at Maharishi International University (MIU) speaking on scientific research results. President Joachuim Chissano, President of the Republic of Mozambique, spoke to the Conference by telephone, and his address endorsing the goals of the Conference is reported on page 20, along with a statement from Lt. General Dai; a Declaration to create a prevention wing in the military of every country was passed by the delegates (pp. 26-27).

Key words or phrases (listed in Section III): Coherence; defence; fear; invincibility; invincible defence; Maharishi's Absolute Theory of Defence; Maharishi's Global Military Alliance; Maharishi Vedic University; military; military science; Mozambique; national law; natural law; optimal brain functioning; political science; President Joachuim Chissano; prevention wing; unified field theories; Vedic in human physiology; Veda; Vedic literature; violation of natural law; war; Yogic flying.

Content codes: VE; TP; SR; CH; HP; BI.

Quote: Quote: "Military is purposeful only if it has the indomitable power of invincibility, with the natural ability to prevent the birth of an enemy. My Absolute Theory of Defence offers this indomitable strength of invincibility the military of every nation"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective

consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Extended Maharishi Effect 193; Genetic engineering 119, 120; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quantum unified field theories 163, 164; Violence 85, 93, 167, 398; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #130: Maharishi Mahesh Yogi. (1996). *Inaugurating Maharishi Vedic University*. India: Maharishi Vedic Vishwavidyalaya Press (ISBN 81-7523-006-1, publication no. I 2357), 258pp.
Main themes: A portion of this book on higher education and the role of Maharishi Vedic University in bringing fulfilment to it is presented in Hindi and is directed to the Chief Minister and Minister if Higher Education of the State of Madhya Pradesh in India. The book begins with a series of declarations by Maharishi, government ministers, Dr Bevan Morris, international president of Maharishi Vedic Universities and Maharishi Universities of Management, and Dr Tony Nader, International President of Maharishi Ayur-Veda Universities. The book then goes on the define and detail Maharishi Vedic Science, including the seven states of consciousness, four stages of the gap, Veda in the human physiology (pp. 58-109), and Maharishi's Vedic Approach to Health, and includes detailed footnotes and references to the Vedic Literature, including explaining many Vedic expressions, such as "Brahman is the charioteer" (Brahmā bhavati sārathiḥ, ब्रह्मा भवति सारथिः, *Ṛik Veda*, 1.158.6), "I am Totality" (Ahaṃ Brahmāsmi, अहं ब्रह्मास्मि, *Bṛihadāraṇyaka Upanishad*, 1.4.10), "Mantra and Brāhmaṇa together constitute Veda" (Mantra-Brāhmaṇayor-Veda nāmadheyam, मन्त्रब्रह्मणयोर्वेदनामधेयम्, *Āpastamba Shrauta Sūtram*, 24.1.31), and "No branches, no leaves in the absence of the root" (Chinne mūle naiva shākhā na patram, छिन्ने मूले नैव शाखा न पत्रम्). A detailed analysis of Maharishi's *Apaurusheya Bhāsya* (or *Ṛk Veda Saṁhitā*) is presented, including an important chart (pp. 50-51), along with detailed analyses of modern science in the light of Vedic Science, using Unified Field Charts and Richo Akshare Charts; the book contains many highly original diagrams and charts.

Key words or phrases (listed in Section III): Ahaṃ Brahmāsmi; Apaurusheya Bhāsya; Ātma; Brahmā bhavati sārathiḥ; chemistry; collective health; Chinne mūle naiva; consciousness; creative intelligence; declaration; health; India; intelligence of nature; laws of nature; Madhya Pradesh; Maharishi Jyotish; Maharishi Medical Colleges; Maharishi Sthāpatya Veda; Maharishi Technology of the Unified Field; Maharishi Vedic Science; Maharishi Vedic University (MVU); Maharishi Yagya; Maharishi's Vedic Approach to Health; Mantra-Brāhmaṇayor-Veda nāmadheyam; mathematics; modern medicine; natural law; physics; physiology; Ṛicho Akshare; Ṛk Veda Saṁhitā; Ṛk Veda; seven states of consciousness; TM-Sidhi; total knowledge; Transcendental Meditation; Unified Field Chart; unified field; Veda; Veda in human physiology; Vedic Literature; Yogic Flying.

Content codes: VE; TP; CH; HP; BI.

Quote: "Maharishi Vedic University will unfold the unlimited treasures of total knowledge, pure knowledge, latent within the Self of everyone—आत्मा—is the fountainhead of all knowledge, bliss, and power—the infinite organization power of Natural Law. Maharishi Vedic University will deliver the fruit of all knowledge to everyone—the fulfilment of university education—mistake-free progressive life in enlightenment—the natural and spontaneous ability to move in the right direction and achieve the laudable goals of life—daily life according to Natural Law, Kānune Kudrat, Guru Wani"—Maharishi (pp. 6-7).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Consciousness-based education 135, 217; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Sthāpatya Veda 239, 376; Maharishi Technology of the Unified Field 109, 145, 292, 293, 298; Maharishi Vedic Medicine 328; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University (MVU) 130, 131, 132, 133; Natural law 224,

349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Quantum unified field theories 163, 164; Self-actualization 18, 335; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Unified Field Chart 62; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; Vedic Science-based education 130, 131, 132, 133; and Yogic flying 286, 369.

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Publication #131: Maharishi Mahesh Yogi (1996). *Maharishi's absolute theory of defence: Sovereignty in invincibility*. India: Maharishi Vedic University Press (ISBN 81-7523-000-2), 668pp.

Main themes: At 668 pages, this book represents one of the most detailed and comprehensive of any document written by Maharishi. Although there are approximately 90 separate topics included in this book and thus too many to list, the main topics include: 1) invincible defence and the principle of "power in purity"; 2) the Vedic technology of defence; 3) the basis and constituents of invincible defence (including holistic, flowing wakefulness and reverberating wholeness, each of which is paralleled with an aspect of the Vedic Literature); 4) the 27 areas of Vedic knowledge; 5) a new world order of peace; 6) invincible defence in nature; 7) compliments to military science; 8) Constitution of the Universe; 9) enlightenment; 10) physics of invincibility; 11) chemistry of invincibility; 12) mathematics of invincibility; 13) physiology of invincibility; 14) contribution of science to invincibility; 15) Transcendental Meditation and TM-Sidhi program; 16) Maharishi Effect; 17) scientific research on the Transcendental Meditation and TM-Sidhi program; 18) courses on Supreme Military Science; 19) discovery of the absolute number; 20) a vision of invincible order; 21) securing invincibility for the government; and 22) Maharishi's achievements over 37 years. While it is not possible to detail every element of knowledge in this book, a summary of those topics within, for example, 10) physics of invincibility will give the reader a sense of the profound dimensions to this book, which include: a) a level of physics which is non-physical; b) the unification of the fundamental force and matter fields of nature in the unified field of natural law; c) principles of avoiding focal

points of stress (i.e., imperfections); d) principle of smoothness, expansion of boundaries; e) principle of maintenance of perfect symmetry; f) principle of low entropy (e.g., regularity, purity, homogeneity); g) universal principles of purification—third law of thermodynamics; h) principle of strong local bonds; i) principle of macroscopic wave coherence; j) principle of the Meissner Effect; k) principle of invincibility through creativity; l) principle of unmanifest self-interacting dynamics of the vacuum state; m) principle of invincibility in the self-referral nature of the unified field of natural law; and n) principles of invincibility in physics at a glance. One of the fundamental principles of defence, according to Maharishi, is the Vedic expression: "Avert the danger which has not yet come" (Heyaṃ duḥkham anāgatam, हेयं दुःखमनागतम्, *Yoga Sūtra*, 2.16); this, and other, Vedic expressions and knowledge are detailed extensively throughout the book.

Key words or phrases (listed in Section III): Absolute number; automation in administration; chemistry of invinciblity; coherence; collective consciousness; Constitution of the Universe; creativity; defence; enlightenment; entropy; Extended Maharishi Effect; Global Maharishi Effect; government; Heyaṃ duḥkham anāgatam; invincible defence; Maharishi Effect; Maharishi's Absolute Theory of Defence; mathematics of invinciblity; Meissner Effect; military science; Natural Law; order; peace; physics of invinciblity; physiology of invinciblity; power in purity; self-interacting dynamics of the vacuum state; self-referral; Supreme Military Science; Third law of thermodynamics; TM-Sidhi; Transcendental Meditation; unified field; vacuum state; Veda; Veda in human physiology; Vedic Literature; Vedic technology of defence.

Content codes: VE; SR; CH.

Quote: "Military is purposeful only if it has the indomitable power of invincibility, with the natural ability to prevent the birth of an enemy. My Absolute Theory of Defence offers this indomitable strength of invincibility to the military of every nation. The formula is to bring military power in alliance with the invincible power of Natural Law, that organizing power of Nature which spontaneously provides safety and security to the Government of the Universe and eternally defends the sovereign domain of every galaxy and solar system in the ever-expanding universe"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35,

60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Extended Maharishi Effect 193; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Quantum unified field theories 163, 164; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #132: Maharishi Mahesh Yogi (1996). *Constitution of India fulfilled through Maharishi's Transcendental Meditation*. India: Maharishi Mahesh Yogi Vedic Vishwavidyalaya (ISBN 81-7523-004-5), 344pp.
Main themes: While this book only has two large sections—"Cosmic Constitution and the Constitution of India" (which is an introduction by Maharishi [pp. 1-93B]) and "Constitution of India Fulfilled through Maharishi's Transcendental Meditation Documented by Science Research" (pp. 94-210)—and three large appendices—I: Constitution of the Universe fulfilled through Maharishi's Transcendental Meditation verified by scientific research (pp. 211-222); II: References to scientific research (pp. 223-257); and III: Specialties of Maharishi Mahesh Yogi Vedic Vishwavidyalaya (pp. 258-309), which is in Hindi—it does contain a wealth of knowledge on a variety of topics related to Vedic Science, modern science, and India. The comprehensive and highly detailed introduction by Maharishi is of particular importance as it presents his teaching (with extensive footnotes) on topics including analyses of: Constitution of India; Vedic Literature, including Vedic expressions; different aspects of the literature, including *Nyaya*, *Bhāva-Prākash Saṁhitā*, *Mādhav Nidan*

Saṁhitā, *Atharva Veda Prātishākya*; *Shukl-Yajur-Veda Prātishākya*; and *Shārngadhar Saṁhitā*; Transcendental Meditation; modern science; unified field theories of quantum physics; Constitution of the Universe from the perspective of Maharishi's Vedic Science (some of it detailed in charts and detailed analysis, including from the Vedic Literature); qualities of the Constitution of the Universe (in both transliterated Sanskrit and in English); discovery of the Constitution of the Universe in human physiology, with detailed colour charts; enlivening the Constitution of the Universe through Transcendental Meditation and the TM-Sidhi program, including Yogic Flying; Maharishi's *Apaurusheya Bhāsya* from the perspectives of physics, quantum cosmology, cosmology, mathematics, chemistry, etc., including analysis of the "gap" (*Sandhi*) or junction point, and its relation to Vedic expressions such as "smaller than the smallest is bigger than the biggest" (Aṇoraṇīyān Mahato-mahīyān, अणोरणीयान् महतो महीयान्, *Katha Upanishad*, 1.2.20), among hundreds of other topics, which Maharishi discusses in tremendous detail. The book includes many unique diagrams associated with the Vedic Literature, many unpublished elsewhere, double-page colour diagrams, and historical photographs.

Key words or phrases (listed in Section III): Age of Enlightenment; Aṇoraṇīyān Mahato-mahīyān; Apaurusheya Bhāsya; Ātmā; automation in administration; complete knowledge; Constitution of India; Constitution of the Universe; cosmic intelligence; gap; Government of India; Group for a Government; Heaven on Earth; India; Indian Constitution; Lagrangian; Maharishi's Absolute Theory of Government; Maharishi's Apaurusheya Bhāsya; modern science; Natural Law; perfect order; qualities of Natural Law; quantum physics; Rashtriya Kavach; Richo Akshare; Ṛk Veda; Sandhi; Sanskrit; scientific research; TM-Sidhi; Transcendental Meditation; unified field; Veda; Vedic Literature; Vedic Technology; wholeness; Yogic Flying.

Content codes: VE; SR; CH; HP; BI.

Quote: "The peace, happiness, health, and progress of any nation depends upon orderly administration. Therefore it is vital for national law to have the influence of the infinite organizing power of Natural Law that governs the universe with perfect order; it is vital for the healthy administration of any government to have the direct influence of the Constitution of the Universe on the national constitution. My Absolute Theory of Government is the guiding light of perfection for every government; it offers automation in administration, which is an all-time requirement for any government"—Maharishi (p. v).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Government 72, 188, 189, 225, 337, 344; Heaven on earth 265; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Sanskrit 380; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Vedic literature 252, 314; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #133: Maharishi Mahesh Yogi (1996). *Maharishi's programme to make India the supreme power in the world*. India: Age of Enlightenment Publications (ISBN 81-7523-005-3; publication no. I 2426), 72pp.

Main themes: This short book contains a wealth of information and is based on a talk delivered by Maharishi to "political leaders of Madhya Pradesh India" in 1986. Maharishi's address covers the following topics: knowledge is supreme power; knowledge of natural law; defining supreme power; one world family; using invincible power; a short cut; technology of consciousness; nourishing power; Yogic Flying; dawn of the Age of Enlightenment; new concept of power; government; new principles to govern life; commanding authority of natural law; India's role as the custodian of Vedic wisdom; one program to bring fulfilment to all government; supreme philosophy is supremely practical; skill of administration; only a new seed will yield a new crop; sublime heritage of India; well-being of mankind hinges on the wisdom of India; global administration through Natural Law; a vision of the cosmic constitution. The book includes Vedic expressions, such as "the world is my family" (Vasudhaiva kutumbakam, वसुधैव कुटुम्बकम, *Mahā Upanishad*, 6.71) and "In the vicinity of coherence (Yoga), hostile tendencies are eliminated" (Tat sannidhau vairātyagaḥ, तत्सन्निधौ वैरत्यागः, *Yoga Sūtra*, 2.35).

Key words or phrases (listed in Section III): Administration; Age of Enlightenment; consciousness; government; India; invincibility; Madhya Pradesh; Natural Law; old and new principles; only a new seed will yield a new crop; sublime heritage; supreme power; Tat sannidhau vairātyagaḥ; TM-Sidhi; Transcendental Meditation; Vasudhaiva kutumbakam; Vedic wisdom; Yogic flying.
Content codes: VE; CH; BI.
Quote: "I have great joy to express my very strong desire to make India the supreme power in the world; and this desire has at its basis our ability to do so"—Maharishi (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Coherence 60, 84, 85, 100, 144, 363, 368, 377; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Government 72, 188, 189, 225, 337, 344; Heaven on earth 265; Natural law 224, 349; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 164, 166, 275; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #134: Maharishi Mahesh Yogi (1996). *Maharishi forum of natural law and national law for doctors*. India: Maharishi Vedic University Press (ISBN 81-7523-003-7), 480pp.
Main themes: This book is perhaps the most detailed, comprehensive and advanced of all Maharishi's books on health, prevention, modern medicine and Vedic Science. Topics covered in this small-format but extensively researched book include: a definition of perfect health; discovery of nature's supreme intelligence; Maharishi's Vedic Approach to Health; knowledge and programs of Maharishi's Vedic Approach to Health; healthy government; healthy defence; healthy industry; healthy economy; healthy education; healthy environment; scientific research studies; Constitution of the Universe; 37 areas of Natural Law that constitute the Veda and Vedic

Literature; Maharishi Āyur-Veda, programs to actualize the Constitution of the Universe; Maharishi Effect; new light of old wisdom; Maharishi Ved Vigyān Bhavan; Maharishi in the world today; Maharishi speaks on the Vedic Approach to Perfect Health—Maharishi Āyur-Veda; short courses; and fulfilment of the doctors' forum. The book also contains many footnotes which references charts and Vedic knowledge, including qualities of the unified field (i.e., of the Constitution of the Universe, cross-referenced to the main sections of the Vedic Literature (pp. 408-413), and a number of fundamentally important Vedic expressions, including: "I am Totality" (Ahaṃ Brahmāsmi, अहं ब्रह्मास्मि, *Bṛihadāraṇyaka Upanishad*, 1.4.10); "This Self is Brahman" (Ayam Ātmā Brahma, अयमात्मा ब्रह्म, *Māṇdūkya Upanishad*, 2); "Far, far away the indweller of the house, the Self, is seen reverberating" (Dūre dṛishaṃ gṛihapatim atharyum, दूरेदृशं गृहपतिमथर्युम्, *Rik Veda*, 7.1.1); and "Curving back upon My own Nature, I create again and again—creation and administration of creation, both are a natural phenomenon on the basis of My self-referral consciousness" (Prakṛitiṃ svām avashtabhya visṛijāmi punaḥ punaḥ bhūta-grāmam imaṃ kṛitsnam avashaṃ prakṛiter vashāt, प्रकृतिं स्वामवष्टभ्य विसृजामि पुनः पुनः भूतग्राममिमं कृत्स्नमवशं प्रकृतेर्वशात्, *Bhagavad-Gītā*, 9.8).

Key words or phrases (listed in Section III): Ahaṃ Brahmāsmi; Ayam Ātmā Brahma; body; Constitution of the Universe; doctor; Dūre dṛishaṃ gṛihapatim atharyum; healthy defence; healthy economy; healthy education; healthy environment; healthy government; healthy industry; Maharishi Āyur-Veda; Maharishi Effect; Maharishi Ved Vigyān Bhavan; Maharishi's Vedic Approach to Health; medicine; mind; national law; Natural Law; perfect health; Prakṛitiṃ svām avashtabhya; prevention; scientific research; Veda; Veda in human physiology; Vedic Literature.

Content codes: VE; SR; CH.

Quote: "Maharishi Forum of Natural Law and National Law for Doctors introduces a prevention-oriented, comprehensive Natural Law-based, all-enriching system of perfect health. The centuries-old, medicine-predominant approach to health has failed to eliminate sickness and suffering; this is because medicine alone is too superficial to influence all the innumerable values that constitute the structure of life and its evolution. Only a HOLISTIC approach that takes into consideration all aspects of mind and body together can be successful in handling health"—Maharishi (Preface).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Medicine 328; Medical science 331, 351, 412; Mental health 118, 141, 170, 171; Natural law 224, 349; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; Vedic literature 252, 314; and Yogic flying 286, 369.

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Publication #135: Maharishi University of Management. (1996). *Maharishi University of Management: Silver jubilee commemorative volume*. Fairfield, Iowa: Maharishi University of Management Press, 187pp.

Main themes: This document celebrates the 25th anniversary of the establishment of Maharishi University of Management (MUM) in Fairfield, Iowa, USA. The book begins with an address by Maharishi with the words "it is a great joy for me to say that Maharishi University of Management is the first university in the world to unfold a living universe in the physiology of everyone. The staff and students of Maharishi University of Management have realised that everyone's body is the home of all knowledge. Everyone is the living embodiment of total knowledge, and in this sense, everyone is a university. This is the supreme achievement in the field of education" (p. 2), followed by a glimpse of Maharishi's achievements since 1957 (p. 3). An address by MUM President Dr Bevan Morris follows on pages 4-5, and the achievements and affiliations of MUM are listed on pages 18-26). The remainder of the book is dedicated to statement of goodwill and well-wishers for the future of MUM from many government, community, education and business leaders from around the world, including: His Excellency President Joachuim Alberto Chissano, President of the Republic of Mozambique; Dr Pascoal Manuel Mocumbi, Prime Minister of the Republic of Mozambique; Padma Bushan Raj Vidya Brihaspati Dev Triguna, Hon. Physician to the President of India and Chairman, National Academy of Ayur-Veda, Ministry of Health, Government of India; and Padma Bushan

Pandit Debu Chaudhuri, former Dean and Head of Music, University of Delhi, India; Sri Mukesh Nayak, Minister of Sport, Youth Culture and Schools, Madhya Pradesh, India, among dozens of others.

Key words or phrases (listed in Section III): Academic achievement; academic discipline; achievement; consciousness, curriculum; education; higher education; higher states of consciousness; home of all knowledge; India; Maharishi University of Management; Padma Bushan Pandit Debu Chaudhuri; Padma Bushan Raj Vidya Brihaspati Dev Triguna; President Joachuim Alberto Chissano; Prime Minister of the Republic of Mozambique; student; Transcendental Meditation.

Content codes: VE; TP; HP; PR.

Quote: "Education at Maharishi University of Management enlivens in every student's awareness the common basis of knower and known, the Unified Field of Natural Law. Every part of knowledge is connected to the whole discipline, and the whole discipline with the Unified Field of Natural Law, which students experience directly as the deepest level of their own intelligence during the practice of my Transcendental Meditation program"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Adolescent 45, 64; Art 49, 55, 56, 62, 126, 127, 128; Biochemistry 61, 80, 81, 114, 115, 152, 195, 196, 205, 207, 208, 211, 212, 213, 215, 236, 237, 245, 247, 269, 330, 345, 352, 358, 361, 397, 398, 399, 400, 401, 402, 403, 413, 416; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Computer science 162, 231; Consciousness-based education 135, 217; Curriculum 34, 48, 103, 128, 130, 256; Electroencephalography (EEG) 36, 37, 38, 39, 100, 108, 141, 184, 185, 197, 235, 242, 261, 287, 297, 365, 367, 368, 369, 373, 377, 381, 414, 418; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Intelligence 82, 133, 201, 203, 356; Maharishi International University (MIU) 143, 216; Maharishi School of the Age of Enlightenment (MSAE) 148, 256, 257, 258; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Sport 375; Students 143, 148, 256, 257, 258, 350, 361, 378, 395; and Vedic Science-based education 130, 131, 132, 133.

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Publication #136: Maharishi Global Vedic Observatories Corporation. (1996). *Maharishi Vedic observatory*. USA: Maharishi Global Vedic Observatories Corporation, 32pp.
Main themes: This book begins with the declaration that it "marks a great revival of ancient Vedic knowledge by His Holiness Maharishi Mahesh Yogi". The ancient Vedic knowledge it refers to is the knowledge Vedic "instruments" (or *Yantras*) of the Vedic Observatory and the implications of applying them for human benefit. The ten instruments of the Vedic Observatory, whose design layout is based on the structure of Rik Veda, are: 1) *Digansha Yantra* (Azimuth instrument), which displays the relationship of the Sun, planets and stars to the horizon of the observer; 2) and 3) *Jai Prakash Yantra* (Armillary Sphere instrument), two complementary instruments which display the hourly movement of the Sun and stars in relation to the movement of the earth around the Sun; 4) *Dakshinovritti Yantra* (Meridinal Wall instrument), which displays the local meridian directional movement of the sky (and is a complementary instrument to the *Samrat Yantra*); 5) *Samrat Yantra* (Equatorial Sundial), which illustrates the daily and yearly movement of the Sun; 6) *Nadivalaya Yantra* (Hemispherical Sundial), which illustrates the plain of equator and the movement of the Sun north and south of the equator; 7) *Ram Yantra* (Altitude/Azimuth instrument), which displays the movement of the sun from the standpoint of the location of the individual on the Earth; 8) and 9) *Chakra Yantra—Kapali Yantra* (Bowl instrument—Circle instrument), which displays the complete structure of the sky and the movement of the stars around the Earth; 10) *Misra Yantra* (Composite instrument), a collection of instruments which measure the full range of the movement of the Sun and its yearly move on the elliptic in relation to one's position on Earth. The purpose of the Vedic Observatory "is to see the alignment that exists in the cosmos and to bring it on to the sensory level" (p. 23) of individual human awareness.
Key words or phrases (listed in Section III): Alignment; Constitution of the Universe; earth; health; Maharishi Master Management; perfect health; planet; pulse diagnosis; Rik Veda; star; sun; TM-Sidhi; Transcendental Meditation; Veda in human physiology; Vedic observatory; Yantra.
Content codes: VE; CH; HP.
Quote: "Align your awareness with the intelligence expressed throughout the cosmos, align your physiology with the physiology of the universe and

gain the evolving quality of the ever-expanding universe in your individual awareness"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Transcending 86, 147, 365; Veda in human physiology 252, 253; and Yogic flying 286, 369.

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Publication #137: Maharishi University of Management. (1996). *Scientific research on Maharishi's Transcendental Meditation and TM-Sidhi programs: A brief summary of 500 studies*. Holland: Maharishi University of Management Press, 24pp.
Main themes: This book summarises the scientific research program on Maharishi's Transcendental Meditation and TM-Sidhi program, grouping research findings into the following main areas: physiological functioning; mental potential; education; Maharishi Vedic approach to health; social behaviour, business; rehabilitation; and world peace, with double-page spreads for each topic of research.
Key words or phrases (listed in Section III): Business, consciousness; education; health; laws of nature; mental potential; natural law; physiology; psychology; rehabilitation; scientific research; social behaviour; TM-Sidhi; Transcendental Meditation; unified field; world peace; Yogic flying.
Content codes: SR; CH; HP; BI.
Quote: "In Transcendental Meditation, the consciousness mind comes to a state of self-referral awareness, which is the simplest form of human awareness where consciousness is open to itself. This self-referral state of consciousness is the ground state of all the Laws of Nature—the Unified Field of Natural Law"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Business 13, 81, 170, 171, 173, 175, 182, 223, 228, 318, 319, 320, 321, 344, 341; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Natural law 224, 349; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #138: Maharishi University of Management. (1996). *Inaugural celebration: The enlightened sentencing project*. Fairfield, Iowa: Maharishi University of Management Press, 16pp.

Main themes: This small booklet introduces the Enlightened Sentencing Program introduced into the criminal justice system of the State of Missouri, USA on the occasion of its inauguration. After an introduction to the program, remarks by a variety of speakers, include: The Honourable Stephen N. Limbaugh, Esq., Judge, Missouri Supreme Court; barrister-at-law Farrokh Anklesaria; The Honourable David C. Mason, Judge, Missouri Circuit Court; and Thomas M. Newmark, attorney-at-law, which cover topics such as crime, rehabilitation, sentencing, stress, and Transcendental Meditation.

Key words or phrases (listed in Section III): Crime; Enlightened Sentencing Program; law; rehabilitation; sentencing; stress; Transcendental Meditation; violence.

Content codes: TP; HP.

Quote: "Crime is a revolt against the inability to fulfil one's desires. Unless society provides the means to fulfil desires and succeed in life, crime can never be arrested. My Transcendental Meditation and TM-Sidhi program eliminates crime by creating a truly social man—one who is capable of

fulfilling his personal interests while simultaneously making his full contribution towards fulfilling the interests of the whole society. The prisons of every country are the most stressed areas of the world's population. Maharishi European Research University now presents a practical programme to every government for the prevention of crime and for the emptying of prisons, so that every nation can really enjoy all possibilities and every society will live in the full sunshine of the Age of Enlightenment"—Maharishi (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Violence 85, 93, 167, 398.

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Publication #139: Maharishi Mahesh Yogi. (1997). *Celebrating perfection in education: Dawn of total knowledge*. India: Maharishi Vedic University Press (ISBN 81-7523-013-4), 196pp.
Main themes: This book begins with a graphic analysis of a "vision of total knowledge" by presenting physics, chemistry, mathematics and physiology as having their source in the unified field of all the laws of nature, and shows the specific laws of nature according to the latest discoveries at their foundations in the unified field and in the Vedic Literature. The book then goes on to explain the "display of the world of Natural Law at the unmanifest basis of the manifest world", including detailed analysis of the fourfold nature of the gap, and analysis of *Maṇdals* and *Ṛichas* in Maharishi's *Apaurusheya Bhāsya*. Charts presenting a vision of the "total knowledge" of physics (for example, the discovery of the 40 qualities of the Lagrangian of the unified field), chemistry, mathematics and physiology in the light of 40 aspects of the Vedic Literature, and the discovery of the 40 qualities of intelligence in the unified field are included along with Richo Akshare Charts for each of these four disciplines. A key

part of the document explains why "everything is Vedic", including detailed descriptions and charts for Vedic education (pp. 81-82), Vedic health care (pp. 83-85), Vedic administration (pp. 86-87), Vedic industry (pp. 88-90), Vedic economy (pp. 91-92), Vedic management (pp. 93-96), Vedic defence (pp. 97-100), Vedic law, justice, and rehabilitation (pp. 101-102), Vedic architecture (pp. 103-106), and Vedic agriculture (pp. 107-110). The different branches of Vedic Literature feature significantly, including *Atharva Veda Prātishākhya*, *Krishṇ-Yajur-Veda Prātishākhya*, and *Sāma Veda Prātishākhya*, and Vedic expression such as "My self-referral consciousness" (Prakṛitiṃ svām avashtabhya visṛijāmi punaḥ punaḥ bhūta-grāmam imaṃ kṛitsnam avashaṃ prakṛiter vashāt, प्रकृतिं स्वामवष्टभ्य विसृजामि पुनः पुनः भूतग्राममिमं कृत्स्नमवशं प्रकृतेर्वशात्, *Bhagavad-Gītā*, 9.8), "For those established in self-referral consciousness, the infinite organizing power of the Creator becomes the charioteer of all action" (Brahmā bhavati sārathiḥ, ब्रह्मा भवति सारथिः, *Ṛik Veda*, 1.158.6), "By virtue of analysis and synthesis, the indivisible Unity is realized in the world of diversity" (Anvaya vyati rekābhyāṃ nishprapanchaṃ prapanchyate, अन्वयव्यतिरेकाभ्यां निष्प्रपञ्चं प्रपञ्च्यते), "Having created the creation, the Creator—Cosmic Creative Intelligence—entered into it" (Tat sṛishtvā tad evānuprāvishat, अन्वयव्यतिरेकाभ्यां निष्प्रपञ्चं प्रपञ्च), तत्सृष्ट्वा तदेवानुप्राविशत, *Taittirīya Upanishad*, 2.6.1), and "Established in the Self, perform action" (Yogasthaḥ kuru karmāṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48) feature throughout the book. Footnotes throughout the text also connect the main text to more advanced concepts and readings, and several unique diagrams further explain the key terms and concepts from Vedic Science.

Key words or phrases (listed in Section III): 40 qualities of intelligence; Atharva Veda; Ātmā; Brahmā bhavati sārathiḥ; chemistry; Chhandas; Devatā; education; everything is Vedic; fruit of all knowledge; Maharishi's Apaurusheya Bhāsya; Maharishi's Vedic Science; mathematics; Natural Law; organizing power; physics; physiology; Prakṛitiṃ svām avashtabhya; Ṛichas; Richo Akshare Charts; Ṛishi; Ṛk Veda; Sāma Veda; Saṁhitā; seven states of consciousness; Tat sṛishtvā tad evānuprāvishat; unified field; Veda; Veda in human physiology; Vedic administration; Vedic agriculture; Vedic architecture; Vedic defence; Vedic economy; Vedic education; Vedic health care; Vedic industry; Vedic law, justice, and rehabilitation; Vedic Literature; Vedic management; Vedic Science; vision of total knowledge; Yogasthaḥ kuru karmāṇi; Yajur-Veda.

Content codes: VE; SR; CH; BI.

Quote: "Every professor knows the whole field of knowledge through his own discipline. This is true because the latest discoveries in the field of Science, Arts, and Commerce have located the source of each discipline—Physics, Chemistry, Mathematics, etc.—on the common ground of Total Knowledge, the knowledge of the UNIFIED FIELD of all the laws of nature. This field of Total Knowledge, at the basis of all disciplines, is the foundation for celebrating the availability of Total Knowledge, and the 'fruit of all knowledge' for every student"—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Agriculture 120, 199, 386; Architecture 194, 239, 376; Consciousness-based education 135, 217; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Law 7, 27, 97; Learning 99, 108, 159, 161, 174; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Town planning 194; Unified field 62, 163, 164, 166, 275; Vāstu 194, 239, 376; Vedic literature 252, 314; Vedic Management 182, 223; and Vedic Science-based education 130, 131, 132, 133.

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Publication #140: Maharishi Mahesh Yogi. (1998). *Celebrating perfection in administration: Creating invincible India*. India: Maharishi Vedic University Press (ISBN 81-7523-015-0), 418pp.
Main themes: This book is organised into six main sections: I—Invincible India; II—Vision of reality declares "everything is Vedic"; III—Ajeya Bharat

Party's formula for perfect government; and IV—Vision of total knowledge; V—Ajeya Bharat Party offers homage; and VI—Structure of the Veda. Part I contains the following sections: 1) 50-point program of the Ajeya Bharat Party; 2) administration policy of the Ajeya Bharat Party; and 3) education, health and defence policies of the Ajeya Bharat Party. Part II contains the following sections: A) because everything is Vedic; B) "everything should be what it is"; and C) specifically detailing Vedic education, health, administration, industry, economy, management, defence, law, justice and rehabilitation, architecture, and agriculture. Part III contains the following sections: A) a group for a government and Yogic Flying, formula for creating a national budget to create national integrity and invincibility; B) program to develop the Adhyātmik, Adhidaivik and Adhibhūtik qualities in national consciousness, including the Transcendental Meditation and TM-Sidhi program and the Maharishi Effect; and C) the Constitution of India. Part IV contains the following sections: A) application of total Vedic knowledge for the total development of India; B) application of total knowledge to health; C) discovery of the Veda and Vedic Literature at the basis of human physiology; D) cosmic counterparts of intelligence and physiology; E) new laws to bring the nourishing influence of Natural Law to national law; and F) hazards of modern medicine. Part V contains the following sections: A) Ajeya Bharat Party offers homage, and taking recourse to higher intelligence; B) the light of higher intelligence radiating from our Ajeya Bharat Party; and C) a new world order of peace, along with a caution and "revival". Part VI contains the following sections: A) the structure of the Veda; and B) revival of timeless Vedic wisdom and its application to perfection in life. The book contains charts, diagrams and extensive footnotes, including Richo Akshare Charts, charts related to Veda in human physiology, and Vedic expressions, such as "Brahman is the charioteer" (Brahmā bhavati sārathiḥ, ब्रह्माभवतिसारथिः, *Ṛik Veda*, 1.158.6), "Avert the danger which has not yet come" (Heyaṃ duḥkham anāgatam, हेयंदुःखमनागतम्, *Yoga Sūtra*, 2.16), and "Totality is reborn again and again" (Navo-Navo bhavati jāyamānaḥ, नवोनवोभवतिजायमानः, *Ṛik Veda*, 10.85.19). Of historical value is Maharishi's discussion of pure knowledge (*Gyān Shakti*) and its relation to infinite organizing power (*Kriyā Shakti*) (p. 100), a theme he repeatedly addressed during this period.

Key words or phrases (listed in Section III): Adhyātmik; Adhibhūtik; Adhidaivik; Ajeya Bharat Party; Brahmā bhavati sārathiḥ; Constitution of India; defence policy; education policy; everything is Vedic; Extended

Maharishi Effect; Global Maharishi Effect; health policy; Heyaṃ duḥkham anāgatam; higher intelligence; human physiology; ideal India; India; invincible India; Maharishi Effect; national integrity; national law; Natural Law; Navo-Navo bhavati jāyamānaḥ; perfect government; Perfection in administration; Richo Akshare Charts; TM-Sidhi; Transcendental Meditation; Veda in human physiology; Veda; Vedic administration; Vedic agriculture; Vedic architecture; Vedic defence; Vedic economy; Vedic education; Vedic health care; Vedic law, justice and rehabilitation; Vedic Literature; Vedic management; Vedic wisdom; vision of total knowledge; world peace; Yogic Flying.
Content codes: VE; SR; CH; HP; BI.
Quote: "I am waiting for the day when my world with have the light of Vedic Administration from India"—Maharishi (p. 418).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Extended Maharishi Effect 193; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Learning 99, 108, 159, 161, 174; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Town planning 194; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vāstu 194, 239, 376; Veda in human

physiology 252, 253; Vedic literature 252, 314; Vedic Management 182, 223; Vedic Science-based education 130, 131, 132, 133; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #141: Maharishi Vedic University. (1998). *Building for the health and happiness of everyone: Creating ideal housing in harmony with natural law*. The Netherlands: Maharishi Vedic University Press, 60pp.
Main themes: This is the last small-format book in the Archive, and is of a different layout to most of the other books in that it is more like Publication #120 presented as a series of exhibition display charts, each one a free-standing element of knowledge but together telling the story of building and construction according to Natural Law. The book outlines all the main principles of Vedic architecture (also called *Maharishi Vāstu* and *Vāstu Vidya* in this book), the source of which is found in that aspect of Vedic Literature called *Maharishi Sthāpatya Veda*. Topics covered include orientation of buildings to the sun (i.e., to the east), the importance of proper placement of rooms, and proper proportions of the house and rooms. The book also introduces, perhaps for the first time in this Archive, the concept of "cosmic counterparts", pointing out that "the sun, moon, and all the planets have a one-to-one relationship to the different parts of the brain—basal ganglia, thalamus and hypothalamus" (p. 26). For this reason, the book identifies the Vedic principle underpinning this discipline "As is the atom, so is the universe; as is the body, so is the cosmic body" (Yathā piṇde tathā Brahmāṇde, यथापिण्डेतथाब्रह्माण्डे) to be centrally important. The book concludes by proposing the whole world needs "reconstruction" according to the principles outlined in this document.
Key words or phrases (listed in Section III): Brain physiology; building; collective consciousness; construction; cosmic counterparts; cosmic intelligence; direction; east; entrance; happiness; hazards; health; ideal housing; inauspicious influence; Maharishi Effect; Maharishi Global Development Fund; Maharishi Sthāpatya Veda; Maharishi Vāstu Effect; Maharishi Vedic Approach to Health; Meissner Effect; misfortunes; Natural Law; placement; planning; proper orientation; proportions; reconstruction; Sthāpan; Sthāpatya Veda; sun; Vāstu Vidya; Vāstu; Veda; Vedic Science; Yathā piṇde tathā Brahmāṇde.
Content codes: VE; CH.

Quote: "His Holiness Maharishi Mahesh Yogi, who introduced Transcendental Meditation to the world 40 years ago and opened the gates of enlightenment to millions of people, is now offering complete knowledge of Natural Law for design and construction of buildings that support the health and happiness of everyone—creating ideal housing in harmony with Natural Law" (Preface).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Architecture 194, 239, 376; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Construction 194, 239; Disease 233, 234, 282, 317, 323, 333, 336, 399; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Sthāpatya Veda 239, 376; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mental health 118, 141, 170, 171; Natural law 224, 349; Psychiatry 65, 266; Town planning 194; and Vāstu 194, 239, 376.

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Publication #142: Ajay Bharat Party. (1998). *Maharishi's master plan for the reconstruction of India—Land of the Veda*. India: Age of Enlightenment Publications, 24pp.
Main themes: This booklet introduces (mostly through dagrams) the *Vāstu Vidya* (knowledge of Vāstu or establishing life in accord with Natural Law) of *Maharishi Stāpathya Veda* and Maharishi's Master Plan for the reconstruction of Madhya Pradesh in India, for the reconstruction of every state in India, for the reconstruction of the whole of India, and for the reconstruction of the world. The book contains specific designs and artist impressions of ideal villages and town, housing and other buildings, and a medical college. The double-page chart on pages 22-23 explains the 20 qualities of intelligence, their corresponding name in the Vedic Literature, and their form as it appears in the human physiology.
Key words or phrases (listed in Section III): 20 qualities of intelligence; architecture; housing; ideal town; ideal village; India; Maharishi's Master Plan; Maharishi Stāpathya Veda; medical college; natural law;

reconstruction; town planning; Vāstu; Vāstu Vidya; Veda in human physiology; Vedic Literature.
Content codes: VE; CH; HP.
Quote: "His Holiness Maharishi Mahesh Yogi, who introduced Transcendental Meditation to the world 40 years ago, and opened the gates of enlightenment to millions of people, is now applying his Knowledge of Natural Law to reconstruct, the buildings, towns, cities, and countries of the world to establish the individual in harmony with his immediate and far-distant environment so that individual life is fully aligned with Cosmic Life and blossoms in its full creative potential of Cosmic Life"—Foreword.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Environment 349, 386; Maharishi Sthāpatya Veda 239, 376; Natural law 224, 349; Town planning 194; Vāstu 194, 239, 376; Veda 55, 92, 219, 220, 252, 253; Veda in human physiology 252, 253.

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Publication #143: Maharishi Global Development Fund. (1998). *Maharishi global development fund: Creating a better quality of life* (5th edition). India: Age of Enlightenment Publications, 152pp.
Main themes: This comprehensive publication outlines the philosophy, goals, feasibility, and finances of the Maharishi Global Development Fund, a financial institution established on 20 July 1996 in Vlodrop, The Netherlands and incorporated in New York City. Topics covered include: inexhaustible world treasury for perpetual world peace and happiness on earth (pp. 2-22), feasibility of the Fund (pp. 23-25), a total perspective of the Fund (pp. 26-27), global development through global communications (pp. 28-29), progress monitoring system (pp. 30-31), global administration for global reconstruction (pp. 32-33), magnitude of the undertaking (pp. 34-35), policy for the collection of funds (pp. 36-50), investment policy (pp. 51-56), profit (pp. 57-69), founders and directors (pp. 70-78), philosophy (pp. 79-87), and the auspicious or inauspicious nature of buildings, including the Maharishi Vāstu Effect (pp. 88-91).
Key words or phrases (listed in Section III): Administration; building; communication; development; economy; feasibility; Maharishi Global Development Fund; Maharishi Vāstu Effect; quality of life; reconstruction; social development; world peace.

Content codes: VE; CH; HP.
Quote: "We invite the custodians of the world economy to examine our policy and join us in our programmes to globally develop the world. Money is enough in the world; if it properly handled, it can improve the quality of life everywhere"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Economy 67, 68, 69, 71, 72, 166; Heaven on earth 265; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Vāstu 194, 239, 376.

Publication #144: Maharishi Ayurveda Foundation. (1999). *Maharishi Vedic vibration technology: Instant relief program for chronic disorders*. Fairfield, Iowa: Maharishi Ayurveda Foundation, 24pp.
Main themes: This booklet introduces Maharishi Vedic Vibration Technology (as aspect of the Maharishi Vedic Approach to Health), a technology which "uses the ancient knowledge and technology of Vedic sound to improve the life of individuals suffering from chronic disorders". The main theme of the booklet is the need for enlivening the body's own inner intelligence, enliven the level of Natural Law, the inner intelligence of nature which maintains and evolves human life and the life of the universe, through Vedic sounds (the "fundamental vibrations which structure the material universe, including the human body"), in order to restore balance in the balance. The booklet includes case studies (pp. 8-15) and reports (pp. 16-19) on a variety of ailments including back problems and sciatica, neck pain, arthritis, headaches, anxiety and depression, digestive and respiratory disorders, and skin problems, and provides a comprehensive list of about 240 diseases which can be effectively treated by Maharishi Vedic Vibration Technology are included (pp. 22-23).
Key words or phrases (listed in Section III): Anxiety; arthritis; back problems; balance; body's own intelligence; Campaign to Create a Disease-Free Society; case study; chronic disorders; depression; digestive problems; diseases; fundamental vibrations; headaches; inner intelligence; Maharishi Ayurveda Foundation; Maharishi Vedic Approach to Health; Maharishi Vedic Vibration Technology; neck pain; non-medical; respiratory disorders; sciatica; skin problems; Vedic sounds.
Content codes: VE; SR; TP; CH; PR.

Quote: "My Vedic Approach is the approach of Natural Law, which is inscribed in every grain of the human physiology and is easily accessible to anyone within the intelligence of his own body. This has provided a direct path for prevention, restoration, and maintenance of balance in the natural relationship between intelligence and the physiology—between the body and its own inner intelligence. With this, the possibility has arisen for the individual to really enjoy balanced, healthy life in happiness—the goal of an affluent society"—Maharishi (p. 2).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Anxiety 87, 117, 160; Disease 233, 234, 282, 317, 323, 333, 336, 399; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Mental health 118, 141, 170, 171; Neuroticism 232, 356; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Smoking 313; and Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406.

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Publication #145: Maharishi Open University. (1999). *Summary of scientific research on consciousness-based education*. Holland: Maharishi University of Management Press, 19pp.

Main themes: This research summarises the published scientific literature on Consciousness-Based Education (CBE). The main sections are: development of all aspects of life; descriptions of selected studies; benefits for teachers and administrators; benefits for society; followed by a conclusion and extensive bibliography.

Key words or phrases (listed in Section III): Administrator; consciousness-based education; scientific research; society; teacher; TM-Sidhi; Transcendental Meditation.

Content codes: SR; CH; BI.
Quote: "Practicing Transcendental Meditation and thereby researching in the field of consciousness, is the procedure to spontaneously enliven the total potential of intelligence in human physiology and train the physiology to function in the most natural way, in the most orderly manner, according to Natural Law—daily experiencing self-referral consciousness in order that the infinite organising power of one's own Transcendental Consciousness (one's own nature, one's own simplest form of awareness, the nature of one's Self) becomes the guiding light of every thought and action, promoting success in every undertaking, and actualising and spontaneously engaging the infinite organising power of the Unified Field of Natural Law"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133;

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Publication #146: Maharishi Mahesh Yogi. (1999). *India government: Rise above problems* (Second edition). India: Age of Enlightenment Publications (ISBN 81-7523-007-X), 36pp.
Main themes: In this short booklet, Maharishi introduces the Vedic principle of Rashtrīya Kavach, the power of governments to protect themselves through an invincible defence against negativity due to the power of coherence in collective consciousness. The book is composed mostly of short, one-page statements on Principle of Least Action, Automation in Administration, the relation of a 'catalyst' from modern science and 'Purusha" from Vedic science in generating a Rashtrīya Kavach, optimising brain functioning through Yogic Flying, how to create a Group for Government; and other topics of government and national security. The book ends with a list of publications by Maharishi.

Key words or phrases (listed in Section III): Automation in Administration; collective consciousness; government; Group for a Government; invincibility; Kavach; Maharishi's Supreme Political Science; national security; natural law; optimising brain functioning; perfect administration; Principle of Least Action; Purusha; Rashtrīya Kavach; right action; Sattwa; TM-Sidhi; Transcendental Meditation; Vedic Approach to Administration; Yogasthaḥ kuru karmāṇi, Yogic flying.
Content codes: VE; CH; BI.
Quote: "Corruption in political leadership is nothing new in the world, or in India; it will continue to happen in India; it will continue to happen the world, unless those individuals in charge of national, state, or local administration are educated and trained in my Vedic Approach to Administration, which offers the formulas in the fields of education and health that will create an indomitable influence of *Sattwa* in national consciousness and create for the government that authority, that indomitable influence, do to which no one can do wrong"—Maharishi (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Government 72, 188, 189, 225, 337, 344; Natural law 224, 349; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413;

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Publication #147: Maharishi Ayur-Veda Foundation. (1999). *Maharishi Jyotish and Maharishi Yagya programmes*. Holland: Maharishi Vedic University Press, 19pp.
Main themes: This short booklet outlines the science and technology of Maharishi Jyotish and Maharishi Yagya. Maharishi Jyotish (or Maharishi Vedic Astrology), one of the 40 aspects of the Vedic Literature, is described as a mathematically precise discipline which "contains the knowledge of the cycles of time that brings about all transformations. Maharishi Jyotish

explains how the Laws of Nature are responsible for all changes and developments in life, and how life unfolds sequentially through the steps of evolution from the very moment of birth" (p. 3). The booklet explains in detail the role and nature of *Grahas* (planets), *Rashis* (signs), *Nakshatras* (lunar mansions), Janma Kundali (birth horoscope), comic counterparts, the *Dasha* system of planetary periods, and *Gochara* (transits) in Maharishi Jyotish. The also booklet cites the *Vishnu Purana* (1.6.28), one of the reference books of Vedic Literature, which states: "Performance of Yagyas on a regular basis is beneficial to man and bestows peace". Maharishi Yagyas are Vedic performances that create life-supporting effects in order to amend or avoid any unwanted tendency before it manifests, based on the Vedic principle "Avert the danger that has not yet come".
Key words or phrases (listed in Section III): Aham Brahmasmi; cosmic counterparts; Dasha system; Gochara; Graha; Janma Kundali; laws of nature; Maharishi Jyotish; Maharishi Yagya; Maharishi Vedic Astrology; Nakshatra; Rashi; Vishnu Purana.
Content codes: VE; CH; HP.
Quote: "Maharishi Jyotish and Maharishi Yagya programs are the for the development of enlightenment—life free from dependence on surroundings and circumstances, and mastery over one's destiny. "—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Veda 55, 92, 219, 220, 252, 253.

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Publication #148: Maharishi University of Management. (1999). *Scientific principles to create invincibility for every nation and lasting world peace*. The Netherlands: Maharishi University of Management Press, 21pp.
Main themes: As can be seen by the list of key words and phrases, this short booklet contains a wealth of information about the Maharishi Effect, and the impact of the group practice of the Transcendental Meditation and TM-Sidhi program on coherence in collective consciousness and the establishment of lasting world peace. Detailed analyses of the Meissner Effect, superconductivity, unified field theories of quantum physics, and the 40 qualities of the unified field emerging as a result of the self-interacting dynamics of consciousness and their relation to the Lagrangian of the

unified field, among other topics, are presented. Several pages of scientific evidence, with charts and detailed descriptions are provided, along with a double-page spread covering the application of this knowledge and technology in Mozambique (pp. 20-21).

Key words or phrases (listed in Section III): 40 qualities of the unified field; Coherence; collective consciousness; field effect; Global Maharishi Effect; invincibility; Lagrangian; Maharishi Effect; Meissner Effect; Mozambique; phase transition; pure consciousness; qualities of the unified field; quantum cosmology; quantum physics; scientific research; self-interacting dynamics; superconductivity; three-in-one structure; TM-Sidhi; total brain functioning; Transcendental Meditation; unified field; Veda in human physiology; world peace; Yogic flying.

Content codes: VE; TP; SR; CH; HP; BI.

Quote: "This document provides a practical, scientifically proven programme for peaceful conflict resolution and for raising any nation to the supreme level of invincibility. Based on the most advanced knowledge of quantum physics, this scientific programme utilizes the holistic evolutionary power of Natural Law at the most fundamental level of nature's functioning—the Unified Field of Natural Law—to create coherence in the collective consciousness of the nation, and in the family of nations as a whole"—Foreword (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physics 163, 164; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Quantum unified field theories 163, 164; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 166, 275; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #149: Global Country of World Peace. (2000). *Global country of world peace: Inauguration*. Holland: Global Country of World Peace, 117pp.
Main themes: On *Vijayā Dhashamī* (or Victory Day), 7 October 2000, Professor Tony Nader, MD, Ph.D., was crowned Prashāsak Maharaja Adhiraj Rajaraam, the First Ruler of the Global Country of World Peace. This book documents his coronation. After an introduction describing the Global Country of World Peace (*Vishwa Shānti Rāshtra*), a detailed account of the historic celebrations is presented, including the royal procession (pp. 11-45) and acceptance speech by Maharaja (pp. 24-34) followed by an extensive reference to the Holy Tradition of Vedic Master (pp. 35-45); next is a description of the Constitution of the Universe (pp. 46-48), followed by the "16 major language capitals of the Global Country of World Peace" (pp. 49-53), the Maharishi satellite network (pp. 54-55), an invitation to 3,000 of the world's city mayors (pp. 56-61), peace palaces and administrative divisions (pp. 62-65), the 40 ministries of the Global Country of World Peace (pp. 66-75), the Ministers' Oath of Office (pp. 76-80), a series of double-page charts showing where invincibility can be located in physics, mathematics, physiology (pp. 81-97), Maharishi programme to eliminate poverty, including photographs related to agricultural monitoring (pp. 98-104), world peace citizenship (p. 105), a detailed invitation to establish economic development and permanent world peace (pp. 106-115), ending with a double-page spread of the Raam currency of the Global Country of World Peace (pp. 116-117).
Key words or phrases (listed in Section III): Constitution of the Universe; coronation; First Ruler of the Global Country of World Peace; Global Country of World Peace; government; Heaven on earth; invincibility; Maharaja Adhiraj Rajaraam; Maharishi satellite network; mathematics; mayor; Ministers' Oath of Office; Nader, Tony; physics; physiology; poverty; Prashāsak Maharaja Adhiraj Rajaraam; Raam currency; Veda; Vedic literature; Victory Day; Vijayā Dhashamī; Vishwa Shānti Rāshtra; world peace; world peace citizenship.
Content codes: VE; CH; HP.
Quote: "On Vijayā Dhashamī, 7 October 2000—Victory Day in the Vedic calendar—Maharishi proclaimed the establishment of Vishwa Shānti Rāshtra—the Global Country of World Peace—create to establish global world peace by unifying all nations in happiness, prosperity, invincibility, and perfect health, while supporting the rich diversity of our world family"—Foreword (p. 5).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #150: Maharishi University of Management. (2000). *Maharishi's programme to eliminate poverty in the world*. Holland: Maharishi University of Maharishi Press, 27pp.
Main themes: Governments around the world were, in this book, invited to participate in Maharishi' programme to eliminate poverty, including President José Eduardo dos Santos of Angola, President General Hugo Banzer Suárez of Bolivia, President Fernando H. Cardosa of Brazil, President Blaise Campaore of Burkina Farso, Prime Minister Hun Sen of Cambodia, President Paul Biya of Cameroon, President Andrés P. Arango of Colombia, and Fidel Castro of Cuba, among other heads of government from Indonesia, Mexico, Nigeria, Peru, Venezuela and Zambia. The book documents Maharishi programme for 33 developing countries with greater than one billion hectares of under-used agricultural land via the following themes: financial policy, financial feasibility, programmes of guarantee, the coupon principle, organic agriculture, a unique bond, faith-based order, organic agriculture university, knowledge of electronics and computers, among other topics. Twenty-five appendices, such as suggested starting point for 33 countries, principles and programmes from Maharishi Sthapātya Veda, and demand in the world for growing organic food, and hazards of chemical agriculture, are listed but not included.
Key words or phrases (listed in Section III): 33 developing countries; agriculture; Brahma Vidyā; coupon principle; economy; faith-based order; financial feasibility; Maharishi Sthapātya Veda; natural law; organic agriculture; organic food; poverty removal; scientific research; under-used agricultural land; Vedic Organic Agriculture.
Content codes: VE; SR; CH; HP; BI.
Quote: "Governments are invited to fulfil their potential role by removing poverty in the world through participation in this programme"—Maharishi (p. 2).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328,

378; Genetic engineering 119, 120; Government 72, 188, 189, 225, 337, 344; Heaven on earth 265; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

Publication #151: Maharishi Institute of Supreme Military Science. (2000). *Invincible defence: Nature knows best how to organize*. Holland: Maharishi Institute of Supreme Military Science, 22pp.
Main themes: This short booklet begins with a series of advertisements which were placed by Maharishi in a number of international defence journals, including *Jane's International Defence Review*, *Jane's Defence Weekly*, *Defence Review*, and *Indian Defence Review*, and goes on to address and expand on the themes introduced in the advertisements. The booklet outlines Maharishi's Vedic Technology of Defence, which identifies the unified field of all the laws of nature as the indomitable and invincible field of pure consciousness, of intelligence, and shows how invincibility, the only true means of defending the nation, has been identified in modern disciplines such as physics, physiology, mathematics and chemistry. The booklet presents the old and new principles of defence based on the introduction of Maharishi's Transcendental Meditation and TM-Sidhi programme because it develops total brain functioning and generates coherence in the collective consciousness of society, which in this booklet are accompanied with scientific research findings.
Key words or phrases (listed in Section III): Coherence; collective consciousness; consciousness; creative intelligence; crime; defence; intelligence; invincibility; invincible defence; killing is sin; Maharishi Effect; Maharishi Vedic Technology of Defence; Maharishi Vedic University; Meissner Effect; military; natural law; objective approach to invincible power; old and new principles of defence; physics; pure consciousness; subjective approach to invincible power; terrorism; TM-Sidhi; total brain functioning; Transcendental Meditation; unified field; unified field of all the laws of nature; unified quantum field theory; victory before war; war; world peace; Yogic flying.
Content codes: VE; SR; CH; HP; PR.
Quote: "The presently prevailing focus on destructive forces in the area of the military and defence has, however, become highly questionable, because even the most powerful nations have become fully aware that their destructive military arsenal cannot protect their country from serious

hostile attacks and terrorists' activities. For this reason, now is the time investigate and apply powerful scientific principles of constructive—non-destructive—means of conflict resolution, principles of invincibility, and principles to create a state of harmony and peace in the family of nations"—Foreword (p. 1).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Extended Maharishi Effect 193; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Physics 163, 164; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Quantum unified field theories 163, 164; Terrorism 296; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Unified field 62, 163, 166, 275; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #152: Global Country of World Peace. (2001). *The Republic of Lebanon and the Global Country of World Peace: Celebrating the union of sovereign nations for permanent world peace*. Holland: Global Country of World Peace, 32pp.

Main themes: This booklet shows how the Constitution of Lebanon through alignment with the Constitution of the Global Country of World Peace, which is the Constitution of the Universe. The booklet itemizes the 102 Articles of the Constitution of Lebanon and follows each with a description of scientific research showing how each Article finds fulfilment in the research outcome. As a result of this analysis, the booklet concludes that "the cherished principles of the constitutions of all countries can be actualized in a practical way by enlivening Natural Law—the Constitution of the Universe—in individual and national consciousness through the

programmes for full development of consciousness offered to every nation by the Global Country of World Peace" (p. 2).
Key words or phrases (listed in Section III): Constitution of Lebanon; Constitution of the Universe; Global Country of World Peace; Lebanon; Maharishi Vedic Science; national consciousness; natural law; perfect order; Raja Nader Raam; scientific research; TM-Sidhi; Transcendental Meditation.
Content codes: TP; SR; CH; BI.
Quote: "The Constitution of the Universe is the complete knowledge of Natural Law, brought to light through rigorous scientific research in all physical science—physics, mathematics, chemistry, etc.—and highlighted by the discoveries of Raja Nader Raam"—Foreword (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154.

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Publication #153: Maharishi Ved Vigyan Vishwa Vydyapeetham. (2004). *Maharishi Mahesh Yogi's translation of the Bhagavad-Gītā, chapter 1-6 in the light of Maharishi's Transcendental Meditation: Scientific research results*. India: Age of Enlightenment Publications (ISBN 81-7523-018-5), 320pp.
Main themes: This comprehensive book on the Bhagavad-Gītā is a companion to Publication #13 and is a second, shorter version of Publication #72. As was the case with Publication #72, this book cross-references each of the verses of the first six chapters of the Bhagavad-Gītā (as presented and explained by Maharishi in Publication #13) with research findings of the Transcendental Meditation and TM-Sidhi Programme.

For example, in Chapter One, the *Yoga of Despondency of Arjuna*, Bhagavad-Gītā verse 1 (p. 2) states:

धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः मामकाः
पाण्डवाश्चैव किमकुर्वत सञ्जय ॥ १ ॥

Dharmakshetre kurukshetre samavetā yuyutsavaḥ
māmakāḥ pāṇḍavāsh chaiva kim akurvata sanjaya

Dhritarashtra said:
Assembled on the field of Dharma, O Sanjaya, on the field of the Kurus, eager to fight, what did my people and the Pandavas do?
(Bhagavad-Gītā, 1.1)

In this book, the verse is followed by a chart showing the influence of the Maharishi Effect on social life with the accompanied by a narrative description of the specific research finding as presented in the chart, and is followed by the original published reference in the public literature, which is then also followed by further references to published research findings, specifically those listed in Section IV, references 75, 76, 77, 96, 285, 393). The book is accompanied by an introduction by Maharishi (pp. vi-viii), and a more general introduction covering topics such as the six volumes of scientific research findings on the Transcendental Meditation and TM-Sidhi programme, which the book refers to as Vedic Technologies of Consciousness, Maharishi restored interpretation of the Vedic Literature, exploration of the Veda and Vedic Literature, scientific validation of the Vedic Literature, and an overview of how the book is presented (pp. ix-xx). The book ends with an overview of "Maharishi in the world today", including a list of his books (pp. 297-319); the table of contents of the book is on page 320.
Key words or phrases (listed in Section III): Bhagavad-Gītā; Maharishi Effect; Maharishi in the world today; Sanskrit; scientific research; TM-Sidhi; Transcendental Meditation; Veda; Vedic literature; Vedic Technologies of Consciousness; Yoga.
Content codes: VE; SR; CH; HP; BI.
Quote: "The Bhagavad-Gītā is the light of life, lit by God at the altar of man, to save humanity from the darkness of ignorance and suffering. It is a scripture which outlives time, and can be acknowledged as indispensable to the life of any man in any age"—Maharishi (p. vi).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Maharishi Mahesh Yogi 94, 98, 219, 220; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218,

362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Transcending 86, 147, 365.

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Publication #154: Maharishi Vedic University. (2005). *Consciousness-based education: Summary of scientific research*. The Netherlands: Maharishi Vedic University Press, 63pp.
Main themes: This book introduces Consciousness-Based Education and locates its source in the unified field of Natural Law, and presents the results of extensive research of education in the areas of intelligence, learning ability, academic performance, creativity, etc.
Key words or phrases (listed in Section III): Academic performance; consciousness; consciousness-based education; creativity; curriculum; education; intelligence; learning; natural law; scientific research; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; unified field.
Content codes: SR; CH; BI.
Quote: "Ideal education is capable of producing enlightenment in every student—a mistake-free, happy, healthy life, daily life in satisfaction and fulfilment, with the natural ability to think and act in accordance with Natural Law so that one enjoys the full support of Natural Law"—Maharishi (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Academic performance 221, 257, 260, 395; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Intelligence 82, 133, 201, 203, 356; Learning 99, 108, 159, 161, 174; Maharishi International University 143, 216; Maharishi School of the Age of Enlightenment 148, 256, 257, 258; Maharishi Vedic University 130, 131, 132, 133; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357,

366, 387, 388, 391, 397, 413; Vedic Science-based education 130, 131, 132, 133;

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Publication #155: Global Country of World Peace. (2005). *Global reconstruction programme for permanent world peace: Construction of commercial and residential property in every country—policy paper*. Holland: Global Country of World Peace, 23pp.
Main themes: This policy document, produced by the Ministry of Finance and Planning of the Global Country of World Peace, provides information on design and construction of Peace Palaces, educational facilities, buildings for health services, housing developments free from sick-building syndrome, Peace Colonies, commercial buildings, farm villages and agricultural facilities, and facilities for peace-creating groups in major cities of the world.
Key words or phrases (listed in Section III): Agriculture; communities of peace; construction; east entrance; Global Country of World Peace; Global Reconstruction Programme for Permanent World Peace; health; health services; housing; International University of World Peace; invincibility; Ministry of Finance and Planning; natural law; orientation of building; Parliament of Builders; peace colony; peace-creating group; peace palace; prevention-oriented healthcare; reconstruction; sick building syndrome; slope; village; Washington Post; water bodies; world peace.
Content codes: VE; TP; CH; HP; PR.
Quote: No quote provided.
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Maharishi Sthāpatya Veda 239, 376; Town planning 194; Vāstu 194, 239, 376; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #156: Global Country of World Peace. (2006). *Invincible Holland: Press reports*. Holland: Global Country of World Peace, 41pp.
Main themes: This booklet documents the daily outcomes of a 91-day 'Invincible Holland' World Peace Assembly held from 12 April to 11 July 2006 at Maharishi European Research University (MERU), Holland as reported by the world press.
Key words or phrases (listed in Section III): Coherently functioning brain physiology; coherence; EEG; Invincible Holland; Maharishi Effect; Maharishi European Research University; Meissner Effect; press reports; TM-Sidhi; Transcendental Meditation; World Peace Assembly.
Content codes: TP; CH; HP; PR.
Quote: "These are the days of a new civilisation on earth. Doesn't matter what the past has been. We will design a new sunshine"—Maharishi (p. 3).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Coherence 60, 84, 85, 100, 144, 363, 368, 377; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #157: Global Country of World Peace. (2006). *Realization*. Holland: Global Country of World Peace, 41pp.
Main themes: This book is dedicated to Guru Dev, Maharishi's teacher, and consists of a series of one-page statements beginning with the word "Realization", such as Realization of total knowledge and its infinite organising power—*Kriyā Shaktī*, Realization of invincibility for every nation, and Realization of 7 states of consciousness. Pages 9-13 are Realization of Maharishi achievements since 1957, followed by a talk by Maharishi on the occasion of Pūrṇimā (full moon day), 7 July 2006 (pp. 14-16), and a talk by Maharaja Nader Ram (pp. 17-22). The remainder of the book includes pictures of the Rajas of the Global Country of World Peace,

Maharishi in the cave at Amarnāth, Himalayas in 1957, and other text related to the theme of realization.
Key words or phrases (listed in Section III): Amarnāth; full moon; Global Country of World Peace; Guru Dev; higher states of consciousness; Kriyā Shaktī; Maharaja Nader Ram; Pūrṇimā; Raja; Sanskrit.
Content codes: VE; CH; HP.
Quote: "With the grace of Guru Dev around the world, life will never be the same life of problems and suffering. Life, day by day, will blossom in the sunshine of peace, prosperity and fulfilment in the waves of bliss—perpetual fullness of life for every individual and invincibility for every nation: perpetual sunshine in the light of God"—Maharishi (p. 27).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Heaven on earth 265; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Mahesh Yogi 94, 98, 219, 220.

Publication #158: Global Country of World Peace. (2008). *Celebrating 12 January 2008: Maharishi's year of invincibility*. Holland: Global Country of World Peace, 19pp.
Main themes: This book is dedicated to listing 51 years of Maharishi achievements in the world from 1957 to 2008. Each year is listed separately and given a name by Maharishi, such as 1957: Maharishi's Year of Transcendental Meditation, 1958: Maharishi's Year of Spiritual Regeneration Movement, and 1959: Maharishi's Year of Global Awakening.
Key words or phrases (listed in Section III): Achievement; Amṛitsya Putrāḥ; bliss consciousness; Transcendental Meditation.
Content codes: VE; HP.
Quote: "The Vedic Tradition, upheld in its purity by a long history of custodians, enshrines the supreme knowledge of the integration of life. From time to time a revival of man's understanding of the eternal wisdom of this Holy Tradition arises to rescue him from suffering, restoring him to the speedy path of evolution, and awakening him to a meaningful life of fulfilment"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Maharishi Mahesh Yogi 94, 98, 219, 220;

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Publication #159: Maharishi University of Management. (2008). *Raam Raj: Global administration through natural law, the light of God*. The Netherlands: Maharishi University of Management Press, 416pp.
Main themes: This extensive book covers the entire scope of Maharishi's teaching from 1957 through to 2008, and includes the following main sections: 1) Vedic Education (pp. 9-42); Vedic Health (pp. 43-74); Vedic Agriculture (pp. 75-88); Vedic Architecture (pp. 89-116); Vedic Science and Technology (pp. 117-164); Vedic Astrology (pp. 165-172); Vedic Defence (pp. 173-186); The Maharishi Effect (pp. 187-206); World Peace (pp. 207-220); Vedic Industry (pp. 221-238); Vedic Management (pp. 239-252); Vedic Law and Order (pp. 253-272); Vedic Art and Music (pp. 273-282); Vedic Culture and Religion (pp. 283-294); Vedic Administration (pp. 295-314); Vedic Economy (pp. 315-326); Maharishi Transcendental Meditation Programme (pp. 327-358); Maharishi's Achievements (pp. 359-386). Each of these main sections are accompanied with extensive quotations from Maharishi and references to scientific research findings. The book concludes with a section on the Global Financial Capital in New York, a list of publications by Maharishi, and online links to Maharishi's worldwide organisation. It is not possible to do justice to this vast book in the space available, suffice it to say that it is both far-reaching in its scope and detailed in its presentation on each of these topics. For example, the section on Vedic Education begins with a quote from the Bhagavad-Gita which states: न हि ज्ञानेन सदृशं पवित्रमिह विद्यते तत्स्वयं योगसंसिद्धः कालेनात्मनि विन्दति, Na hi gyānena sadṛishaṃ pavitram iha vidyate, tat svayaṃ yoga-saṃsiddhaḥ kālenātmani vindati: Truly there is in this world nothing so purifying as knowledge; he who is perfected in Yoga, of himself in time finds this within himself (*Bhagavad-Gītā*, 4.38), and from there explains Vedic Education in the context of Consciousness-Based Education. Of note are such advanced Vedic Science presentations as the tenfold nature of the gap in the context of agriculture (p. 80) and principles of Vedic architecture (pp. 94-95), spherical harmonics (p. 102), and orbital planes of the earth and planets (p. 106), and details of the Maharishi Jyotish and Yagya programs (pp. 167-172).
Key words or phrases (listed in Section III): Achievement; agriculture; consciousness; Consciousness-Based Education; earth, Global Financial Capital; Maharishi Effect; Na hi gyānena sadṛishaṃ; planet; scientific

research; spherical harmonics; Transcendental Meditation; Vedic Administration; Vedic Agriculture; Vedic Architecture; Vedic Art; Vedic Astrology; Vedic Culture and Religion; Vedic Defence; Vedic Economy; Vedic Education; Vedic Health; Vedic Industry; Vedic Law and Order; Vedic Management; Vedic Music; Vedic Science and Technology; World Peace.
Content codes: VE; SR; CH; HP; BI.
Quote: "Administration everywhere in the world has been misunderstood and wrongly practiced. Due to insufficient administration people have been suffering with problems of all kinds. The main cause of problems and suffering in all field of life is due to bad administration. Research into the field of administration has revealed that administration everywhere in the world has been laid out by man-made laws and therefore is full of weaknesses and human failings. Another system of government where the constitution is not man-made, the Constitution of Natural Law, where the almighty, omnipresent, omnipresent Natural Law is the administering power, seen in the orderly functioning, the orderly process of evolution, of the whole diverse creation"—Maharishi (Foreword).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393;Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284

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Publication #160: Maharishi Vedic University. (2008). *Experiences of Yogic flying in the light of the forty values of Vedic literature—the total constitution of the universe*. The Netherlands: Maharishi Vedic University Press (ISBN 8-713544-004695), 461pp.
Main themes: This book documents personal experiences and accounts of Yogic Flying and cross-references them with verses in the Veda and Vedic Literature, specifically in light of the four Vedas, Vedangas, Upāngas, Upa-Vedas, and Prātishākyas, and with scientific research and modern scientific disciplines. The comprehensive introduction (pp. 1-32), covers a vast range of topics, including: higher states of consciousness; the Maharishi Effect, Extended Maharishi Effect, and Global Maharishi Effect; the Veda and Vedic Literature; Veda in human physiology; and the method of identifying, classifying and presenting the experiences of Yogi Flying in light of the Vedic Literature is presented. The verses of Vedic Literature are then presented in sequential order, beginning with Rik Veda, according to the following order of topics: 1) location of verse in the human physiology; 2) verse in Sanskrit, transliteration and translation; 3) verse verified by scientific literature on Maharishi's Transcendental Meditation and TM-Sidhi programme, including Yogic Flying; 4) the principle of the verse as explained by modern physics, chemistry, mathematics, physiology, or biology; 5) verification of the verse by personal experience. Pages 33-410 are dedicated to this detailed analysis of Yogic Flying in the light of the Vedic Literature. The book concludes with appendices on scientific research publications, EEG research, reading the Vedic Literature, and Maharishi in the world today and his achievements from 1957-2008, along with a more detailed table of contents (pp. 456-459).
Key words or phrases (listed in Section III): Atharva Veda; biology; Brāhmana; Chandas; chemistry; consciousness; Cosmic Consciousness; Dhanur Veda; EEG; Extended Maharishi Effect; Gandharva Veda; Global Maharishi Effect; God Consciousness; higher states of consciousness; Kalp; Karma Mīmāṇsā; Jyotish; Maharishi Effect; mathematics; Nirukt; Nyāya; physics; physiology; Prātishākya; Rik Veda; Sāma Veda; Sāṇkhya; Sanskrit; Shikshā; Sthāpatya Veda; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; Unity Consciousness; Upānga; Upa-Veda; Vaisheshika; Veda; Vedānga; Vedic literature; Vyākaraṇ; Yajur Veda; Yoga, Yogic flying.
Content codes: VE; TP; SR; CH; HP; BI.
Quote: "It needed a scientific age for the world to appreciate the significance of the philosophy of Yoga and its practical application in

creating integrated individuals, integrated nations, and an integrated world family. Yoga means union, the union of the individual awareness with the unified field of all the laws of nature in the state of Transcendental Consciousness. 'Yogic flying' demonstrates the ability of the individual to act from the unified field and enliven the total potential of natural law in all its expressions—mind, body, behaviour, and environment. 'Yogic flying' presents in miniature the flight of galaxies in space, all unified in perfect order by natural law"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Extended Maharishi Effect 193; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Sanskrit 380; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Self-actualization 18, 335; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; Yogic flying 286, 369.

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Publication #161: Maharishi Foundation International—Maharishi Vedic University. (2009). *His Holiness Maharishi Mahesh Yogi on the Bhagavad-Gita, chapter 7* (2nd edition). The Netherlands: Global Country of World Peace, 108pp.

Main themes: This is a complementary book to Publications #13, #72, and #153. The commentary to Chapter 7 (the "Yoga of Perfect Enlightenment") begins with Shankara's statement that "even a little study of the Bhagavad-Gītā, like a drop of the flow of nectar, is sufficient for enlightenment" (भगवद्गीता किञ्चिदधीता गङ्गाजललवकणिका पीता, Bhagavad-gītā kinchid adhītā gangā-jala-lava-kaṇikā pītā, *Bhaja Govindam*, 20), followed by an introduction to the Bhagavad-Gītā (which highlights the importance of two verses: "Be without the three Guṇas, O Arjuna!" [Nistrai-guṇyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुन, *Bhagavad-Gītā*, 2.45]; and "Established in the Self, perform action" [Yogasthaḥ kuru karmāṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48]) and scientific research. Verses 1-30 (pp. 1-47) are presented in Sanskrit and translation, followed by Maharishi's commentary. Each verse is then verified by multiple citations of scientific research findings on Maharishi's Transcendental Meditation and TM-Sidhi programme (pp. 51-85). A statement on how Maharishi began his commentary on the Bhagavad-Gītā concludes the book.

Key words or phrases (listed in Section III): Bhagavad-Gītā; Bhagavad-gītā kinchid adhītā; Nistrai-guṇyo bhava-Arjuna; Sanskrit; scientific research; Shankara; TM-Sidhi; Transcendental Meditation; Yoga; Yoga of Perfect Enlightenment; Yogasthaḥ kuru karmāṇi.
Content codes: VE; SR; CH, BI.
Quote: "The purpose of this commentary is the restore the fundamentals truths of the Bhagavad-Gītā and thus restore the significance of its teaching. If this teaching is followed, effectiveness in life will be achieved, men will be fulfilled on all levels, and the historical need of the age will be fulfilled also"—Maharishi (1965, back cover).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; Veda in human physiology 252, 253; and Vedic literature 252, 314.

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Publication #162: Maharishi Vedic University. (2009). *Maharishi Vedic University exhibition*. The Netherlands: Maharishi Vedic University Press, 37pp.
Main themes: This document, said to be a reprint of an earlier version from 2007, is presented as a series of single- or double-page exhibition charts covering two main topics: 1) a definition of Maharishi Vedic University; and 2) the offer of Maharishi Vedic University. A significant number of charts accompany the text.
Key words or phrases (listed in Section III): Analysis; creative genius; creative intelligence; diversified; education; enlightenment; fruit of all knowledge; fulfilment; higher states of consciousness; infinite organising power; infinity; knower; knowledge; knowledge is structured in consciousness; known; life according to natural law; Maharishi Vedic University; object; point; process of knowing; Saṁhitā; subject; support of nature; synthesis; total knowledge; unified; Veda.
Content codes: VE; CH; HP.
Quote: "Maharishi Vedic University is the fulfilment of the age-old quest of the wise for a perfect system of education"—Maharishi (p. 4).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Curriculum 34, 48, 103, 128, 130, 256; Consciousness-based education

135, 217; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Higher education 143, 216, 321; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Maharishi Vedic University 130, 131, 132, 133; and Vedic Science-based education 130, 131, 132, 133.

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Publication #163: Maharishi Foundation International—Maharishi Vedic University. (2009). *The Transcendental Meditation pocket book: Steps of knowledge and experience* (2nd edition). The Netherlands: Maharishi Vedic University Press (also published in Hindi in 2011, Malayalam in 2012, Mandarin in 2013, Italian in 2013, German in 2104, and Spanish in 2015; a 3rd English edition was published in 2014), 72pp.

Main themes: This book contains a wealth of information about Maharishi's Transcendental Meditation program, and includes data on every major aspect of Maharishi's teaching around this topic. The main sections of the book include the following: overview of scientific research (pp. 5-9); what is consciousness (pp. 10-12); consciousness, existence and intelligence (pp. 12-15); evolution of consciousness (pp. 15-20); knowledge is structured in consciousness (pp. 20-22); life according to Natural Law (p. 22); gaining the full support of nature (pp. 22); seven states of consciousness (p. 23); seven steps to learning Transcendental Meditation (pp. 24-25); follow-up programme (p. 25); advanced techniques (pp. 25-28); the TM-Sidhi programme (pp. 28-30); Maharishi speaks about the TM-Sidhi programme (p. 31); advanced lectures of Transcendental Meditation (pp. 32-43); advanced lectures of the TM-Sidhi programme (pp. 43-53); weekend residence courses (pp. 54-57); a selection other courses (pp. 58-60); a list of web links to other Maharishi resources (pp. 61-65); Maharishi achievements (pp. 66-70).

Key words or phrases (listed in Section III): Achievement; advanced lecture; advanced technique; consciousness; evolution; existence; higher states of consciousness; intelligence; knowledge is structured in consciousness; learning Transcendental Meditation; life according to natural law; residence course; scientific research; support of nature; TM-Sidhi; Transcendental Meditation; weekend residence course.

Content codes: VE; SR; CH.

Quote: "Transcendental Meditation is my one gift to the world for all good for millenniums to come for everyone"—Maharishi (p. 71).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; and Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413.

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Publication #164: Orme-Johnson, R.F., and Andersen, S.K. (eds.) (2010). *The flow of consciousness: Maharishi Mahesh Yogi on literature and language, 1971-1976*. Fairfield, Iowa: Maharishi University of Management Press (ISBN 978-0-923469-33-4), 320pp.
Main themes: The only book of its type to comprehensively document Maharishi's thoughts about literature, speech and language, this 320-page book contains 14 lectures by Maharishi on these topics, covering the period 1971 to 1976. According to the Introduction of the book, the lectures arose in the context of Maharishi's world tours and are the product of him speaking directly with leading scientists and academicians. The book addresses the following topics, among others: name and form; Vedic grammar; the root *Bhū*; communication; cognition; the creative process; *Ṛitaṁ-bhara pragyā*, the non-variable level of consciousness; the four levels of the mind (e.g., *Parā*, *Pashyantī*, *Madhyamā*, and *Baikharī*); and the purpose of language.
Key words or phrases (listed in Section III): Baikharī; Bhū; climate; communication; consciousness; creativity; grammar; happiness; higher states of consciousness; language of nature; language; learning; literary expression; literature; Madhyamā; Nāmarūpa; objective reality; Parā; Pashyantī; phonology; poetry; progress of knowledge; quantum theory; Ṛicho akshare; Ṛitaṁ-bhara pragyā; speech; suffering; TM-Sidhi; Transcendental Meditation; Veda; Vedic grammar; wisdom.

Content Codes: VE; TP; BI.
Quote: "When we know literature to be the flow of consciousness, the flow of life, the flow of nature, the flow of infinity, totality, then we have to study it on the ground of that infinite, unbounded, total value of consciousness"—Maharishi (p. v).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Being 26; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Learning 99, 108, 159, 161, 174; Maharishi Mahesh Yogi 94, 98, 219, 220; Neurophysiology 139; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Veda 55, 92, 219, 220, 252, 253.

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Publication #165: Maharishi Foundation International—Maharishi Vedic University. (2010). *His Holiness Maharishi Mahesh Yogi on the Bhagavad-Gita, chapter 8*. The Netherlands: Global Country of World Peace, 108pp.
Main themes: This is a complementary book to Publications #13, #72, #153, and #161. The commentary to Chapter 8 (the "Yoga of Imperishable Brahman") begins with Shankara's statement that "even a little study of the Bhagavad-Gītā, like a drop of the flow of nectar, is sufficient for enlightenment" (भगवद्गीता किञ्चिदधीता गङ्गाजललवकणिका पीता, Bhagavad-gītā kinchid adhītā gangā-jala-lava-kaṇikā pītā, *Bhaja Govindam*, 20), followed by an introduction to the Bhagavad-Gītā (which highlights the importance of two verses: "Be without the three Guṇas, O Arjuna!" [Nistrai-guṇyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुन, *Bhagavad-Gītā*, 2.45]; and "Established in the Self, perform action" [Yogasthaḥ kuru karmāṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48]) and scientific research. Verses 1-28 (pp. 1-46) are presented in Sanskrit and translation, followed by Maharishi's commentary. Each verse is then verified by multiple citations of scientific research findings on Maharishi's Transcendental Meditation and TM-Sidhi programme (pp. 49-

80). A statement on how Maharishi began his commentary on the Bhagavad-Gītā concludes the book.
Key words or phrases (listed in Section III): Bhagavad-Gītā; Bhagavad-gītā kinchid adhītā; Nistrai-guṇyo bhava-Arjuna; Sanskrit; scientific research; Shankara; Yoga; Yoga of Imperishable Brahman; Yogasthaḥ kuru karmāṇi.
Content codes: VE; SR; CH; HP; BI.
Quote: "The purpose of this commentary is the restore the fundamentals truths of the Bhagavad-Gītā and thus restore the significance of its teaching. If this teaching is followed, effectiveness in life will be achieved, men will be fulfilled on all levels, and the historical need of the age will be fulfilled also"—Maharishi (1965, back cover).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Bhagavad-Gītā 89, 94, 95, 410; Scientific research 54, 75, 76, 77, 96, 151, 279, 285, 393; Veda 55, 92, 219, 220, 252, 253; Veda and science 74, 252, 253; Veda in human physiology 252, 253; and Vedic literature 252, 314.

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Publication #166: Maharishi Foundation International—Maharishi Vedic University. (2010). *Scintillating intelligence: A selection of quotes 2004-2008*. The Netherlands: Maharishi Vedic University Press, 67pp.
Main themes: This book presents a series of selected quotes by Maharishi, organised into the following categories: education; health; agriculture; architecture; Vedic Science and Technology; world peace and invincibility; communications; law; music and art; culture and religion; administration; economy; and future of the world is bright. The book ends with a "glimpse of Maharishi's achievements".
Key words or phrases (listed in Section III): Achievement; administration; agriculture; architecture; art; communication; culture; economy; education; health; invincibility; law; music; quotation; religion; Vedic Science and Technology; world peace.
Content codes: VE.
Quote: "I remember a Vedic saying, न गुरोरधिकं न गुरोरधिकं न गुरोरधिकंम्, Na guror adhikaṃ na guror adhikaṃ na guror adhikam—there is nothing greater than Guru Dev, nothing greater than Guru Dev"—Maharishi (p. 67).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV:

Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Maharishi Mahesh Yogi 94, 98, 219, 220; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #167: Maharishi University of Management. (2013). *Vastu city planning: Sustainable cities in harmony with natural law* (4th edition). Fairfield, Iowa: Maharishi University of Management Press (ISBN 148-009-639-3), 157pp.

Main themes: This book, as with others in this Archive, was not strictly written by Maharishi, but because it introduces core architectural and city planning themes on what is now called "Maharishi Vastu" or "Maharishi Vedic Architecture", and because it contains information unavailable elsewhere in the public record, it has been included. The book first establishes the need for sustainable cities and how Vedic architecture can achieve this goal, and includes discussion of the following topics: 1) the elements of Vedic city planning; 2) transforming existing cities into Ideal Vedic Garden Cities; 3) principles of sustainability; 4) aspects of design to support health; 5) promoting harmony; 6) traces of *Vastu* in ancient city planning; 7) scientific research on *Vastu*; 8) living in *Vastu* (i.e., reports on living and working in *Vastu*; 9) the Vastu Shield Effect; 10) the Meissner Effect; 11) a photo gallery of *Vastu* projects around the world; 12) the Garden Village Development in England; 13) Maharishi Vedic City, Iowa; 14) Abundance Eco Village, USA; 15) the sources of Maharishi Vastu Architecture; and 16) the ancient Vedic solutions to the contemporary crisis of global urban resilience.

Key words or phrases (listed in Section III): Abundance Eco Village; Architecture; brainwave functioning; built environment; city planning; coherence; construction; design; environment; Garden Village Development; Garden Village Development; health; Ideal Vedic Garden Cities; Maharishi Vastu Maharishi Vastu Architecture; Maharishi Vedic

City; Meissner Effect; mental health; solutions; sustainability; town planning; urban; urban resilience; Vastu; Vastu Shield Effect.
Content codes: VE; CH; SR; HP.
Quote: "This book contains the most important information that exists in the field of city planning. It shows us how to build sustainable cities that create a coherent and harmonious influence on their citizens, resulting in reduced crime and greater success, health, wealth, and happiness. It introduces Vastu planning, the world's most ancient and powerful system of city planning, which is based in Natural Law, and has been revived in this generation by the world-renowned sage Maharishi Mahesh Yogi" (p. 1).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Construction 194, 239; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Environment 349, 386; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi University of Management (MUM) 321; Mental health 118, 141, 170, 171; Natural law 224, 349; Town planning 194; Vāstu 194, 239, 376; and Violence 85, 93, 167, 398.

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Publication #168: Maharishi Foundation International—Maharishi Vedic University. (2011). *Parliaments for world peace: Maharishi's inaugural address*. The Netherlands: Maharishi Vedic University Press, 39pp.
Main themes: This book presents a series of selected quotes by Maharishi from lectures he gave between February and March 2006, organised into the following categories: education; health; agriculture; architecture; Vedic Science and Technology; world peace and invincibility; communications; law; music and art; culture and religion; administration; economy; and future of the world is bright. The book ends with a "glimpse of Maharishi's achievements".
Key words or phrases (listed in Section III): Achievement; administration; agriculture; architecture; art; communication; culture;

economy; education; health; invincibility; law; music; religion; Vedic Science and Technology; world peace.
Content codes: VE.
Quote: "The whole field of knowledge is for everyone. Great Glory to the Tradition of my Master, who has inspired me to look into it, and put it in simple words for the people to gain benefit of it"—Maharishi (p. 39).
Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Maharishi Mahesh Yogi 94, 98, 219, 220; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Law 7, 27, 97; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

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Publication #169: Maharishi Foundation International—Maharishi Vedic University. (2013). *Maharishi Transcendental Meditation program: Fundamentally unique* (2nd edition). The Netherlands: Maharishi Vedic University Press (also published in German and Danish in 2014, and Dutch in 2015), 25pp.
Main themes: This short booklet summarises Maharishi's Transcendental Meditation program, including its uniqueness and effectiveness, how it differs from other forms of meditation, it benefits, how it develops the full potential of the mind and higher states of consciousness, how it benefits health, how it improves social behaviour, and how it creates invincibility for every nation and permanent world peace. How to learn the program, along with questions to and answers from Maharishi, are included.
Key words or phrases (listed in Section III): Health; higher states of consciousness; invincibility; learning Transcendental Meditation; mental potential; scientific research; social behaviour; Transcendental Meditation; world peace.
Content codes: SR; CH.
Quote: "Generation and generation man is born anew. Each generation gives rise to new aspirations in life and brings a new quest for fulfilment.

Each man needs sounds physical and mental health, greater ability in action, a greater capacity to think clearly, increased efficiency in work, and more loving and rewarding relation with others. He needs enough vitality and intelligence to satisfy the desires of his mind and bring contentment to his life. We have seen that all this can be gained through the practice of Transcendental Meditation"—Maharishi (Foreword).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Heaven on earth 265; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; World peace 3, 68, 145, 165, 250, 255, 276, 277, 284; and Yogic flying 286, 369.

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Publication #170: Fergusson, L., and Bonshek, A. (eds.) (2015). *The unmanifest canvas: Maharishi Mahesh Yogi on the arts, creativity and perception*. Fairfield, Iowa: Maharishi University of Management Press (ISBN 978-0-923569-47-1), 432pp.

Main themes: The only book of its type to comprehensively document Maharishi's perspective on the arts, art education, creativity, science, and perception, this 432-page book contains 22 lectures by Maharishi on these and other topics covering the period 1970 to 2006, and includes a detailed description of Maharishi Vedic Science and its relation to the arts (pp. 327-370), a list of published research studies (pp. 373-411), and a comprehensive index of terms. Maharishi addresses issues such as the nature of genius, the role of suffering in art, the mechanics of creation, the ideal of art, art education and training, the nature and scope of creative intelligence, cosmic creativity, the relationship of art and science, and the role of Cosmic Consciousness in art, among many other topics; the focus of the lectures is on art as a practical application of creative intelligence, which can be enhanced through the practice of the Transcendental

Meditation and TM-Sidhi program. Chapter 22 (pp. 309-325) is particularly relevant because it investigates the relationship between art and music to the Veda and Vedic Science.

Key words or phrases (listed in Section III): Age of Enlightenment; art; art education; art training; Being; bliss; Fuller, Buckminster; Cosmic Consciousness; creative intelligence; creativity; education; evolution; genius; harmony; infinite correlation; knowledge; laws of nature; mechanics of perception; nature; perception; pure consciousness; pure intelligence; Science of Creative Intelligence; science; suffering; TM-Sidhi; Transcendental Meditation; Veda; Vedic Science; World Parliament of Peace; world problems.

Content codes: VE; SR; TP; BI.

Quote: "If the artist is really living Being, Infinity, his piece of art will speak of the maximum value of life. Most enlivened will be that piece of art, and as such, it will last longer in time. So the artist, just as he promotes life into the lifeless, promotes eternity into time. And this is possible on the basis of living fullness of life. How much the Self, eternal infinite Being speaks in the strokes of the artist, how much the artist vibrates in the value of infinity, how much the artist vibrates Being in that value of Being—that much will the stroke vibrate into the value of life. So the initial and most vital need of an artist, which alone can make him vibrate in the fullness of life and the fullness of eternity, is living Being—maximum Being, fullness of Being. If fullness of Being could be a living reality in the life of an artist, every piece of his art would breathe life and eternity"—Maharishi (p. 31).

Bibliography: The main themes in this Publication have been elaborated in and validated by the following bibliographic citations from Section IV: Age of Enlightenment 264; Architecture 194, 239, 376; Art 49, 55, 56, 62, 126, 127, 128; Being 26; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic consciousness 5, 11; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Field independence 126, 127, 148, 200, 347; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Intelligence 82, 133, 201, 203, 356; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi International University (MIU) 143, 216; Perception 138, 192, 193, 203, 241, 306; Problem solving 88; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396,

413; Town planning 194; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Veda 55, 92, 219, 220, 252, 253.

SECTION III:
INDEX OF KEY WORDS AND PHRASES USED IN SECTION II

The following is an alphabetised list of key words and phrases identified in the 170 publications in Section II. The key word or phrase, which were listed with each individual publication in Section II, represents one of the main themes of the publication, although other themes may also be evident on a close reading of the document. This Section III includes the key word or phrase followed by its location by publication number. For example, the key word "Absolute" appears in Publication #9: Maharishi Mahesh Yogi. (1966). *The science of Being and art of living*. Washington, D.C.: Age of Enlightenment Press; Publication #12: Maharishi Mahesh Yogi. (1968). *Transcendental Meditation*. London: George Allen & Unwin; Publication #65…).

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40 qualities of intelligence (Publication #139)
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Science of Creative Intelligence (Publications #14, #15, #17, #18, #19, #20, #21, #22, #26, #30, #31, #33, #41, #43, #44, #47, #59, #63, #73, #167)
Science of the soul (Publication #1)
Scientific foundation (Publications #117, #123)
Scientific research (Publications #17, #18, #22, #23, #24, #25, #28, #28, #30, #32, #33, #35, #37, #42, #43, #44, #45, #46, #49, #59, #61, #64, #65, #66, #70, #72, #73, #74, #75, #78, #79, #80, #81, #86, #87, #90, #92, #102, #103, #104, #105, #106, #107, #124, #125, #132, #134, #137, #145, #148, #150, #152, #153, #154, #159, #161, #163, #165, #169)
Scientific research findings (Publications #59, #95)
Scientific validation (Publications #47, #126)
Script of nature (Publications #89, #91)
Secondary education (Publications #26, #48)
Self (see also Ātmā) (Publications #13, #36, #39, #40, #89)
Self-hypnosis (Publication #10)
Self-interacting dynamics (Publications #89, #97, #148)
Self-realization (Publications #3, #4, #16, #41, #47)
Self-referral (Publication #89)
self-referral (Publications #91, #118, #120, #127)
Self-repair processes (Publication #62)
Self-sufficiency (Publications #17, #18, #28, #88)
Selye, Hans (Publication #102)
Senegal (Publication #101)
Sentencing (Publication #138)
Sequential progression (Publication #89)
Seven states of consciousness (Publications #130, #139)
Shankara (Publications #161 #165)
Shankarāchārya of Jyotir Math (Publication #96)
Shankarāchārya tradition (Publications #3, #4)
Shikshā (Publication #160)
Shri Guru Deva (Publication #96)
Shruti (Publication #1)
Sick building syndrome (Publication #155)
Sickness (Publication #90)

Side effects (Publications #89, #92)
Simplest form of awareness (Publication #41)
Skin problems (Publication #144)
Slope (Publication #155)
Smoking (Publications #46, #70, #74)
Smṛtis (Publications #23, #24, #25, #37, #89)
Social behaviour (Publications #11, #137, #169)
Social defence (Publication #69)
Social development (Publication #143)
Society (Publications #17, #18, #30, #33, #55, #56, #69, #71, #75, #145)
Sociological effects (Publication #62)
Sociology (Publications #9, #12, #27, #28, #35, #58, #61, #72, #78, #79, #80, #81)
Solutions (Publications #11, #17, #18, #48, #87)
South-east Asia (Publication #58)
Southern Africa (Publication #58)
Sovereignty (Publication #50)
Soviet Union (Union of Soviet Socialist Republics)
Speaking (Publications #9, #12)
Speech (Publication #164)
Spherical harmonics (Publication #159)
Spiritual development (Publication #1)
Spiritual knowledge (Publication #1)
Spiritual regeneration (Publication #96)
Spiritual Regeneration Movement (SRM) (Publications #2, #5, #6, #11)
Spiritual renaissance (Publication #1)
Stability (Publications #22, #66)
Star (Publication #136)
State of least excitation (Publications #23, #24, #25)
State of suspension (Publication #13)
Sthāpan (Publications #141, #167)
Sthāpatya Veda (see also Maharishi Sthāpatya Veda; see also Vāstu Vidya) (Publications #141, #160, #167)
Strength (Publication #29)
Stress (Publications #43, #46, #70, #74, #75, #76, #97, #102, #138)
Stress release (see also Stress) (Publication #62)
Structural purification (Publication #62)
Student (Publications #47, #53, #87, #135)
Students International Meditation Society (SIMS) (Publication #11)

Subject (Publication #162)
Subjective approach to invincible power (Publication #151)
Sudarshan, E.C.G. (Publications #39, #40, #43)
Suffering (Publications #3, #4, #6, #10, #164, #167)
Sun (Publications #136, #141)
Super radiance (Publications #58, #76)
Superconductivity (Publications #38, #148)
Superpower (Publications #97, #98)
Support of nature (Publications #107, #118, #120, #127, #162, #163)
Supreme Military Science (Publication #131)
Supreme political science (Publication #114)
Supreme power (Publication #133)
Supreme system of health (Publication #90)
Survival (Publications #55, #56)
Sūtra (Publication #91)
Swami Brahmananda Saraswati (see also Guru Dev) (Publications #5, #16, #96)
Swami Krishnanand Saraswati (Publication #96)
Syllabus (Publication #26)
Symmetry (Publication #52)
Synthesis (Publication #162)

T

Taittrīya Upaniṣad (Publications #23, #24, #25)
Taste of Utopia (Publications #83, #84, #95)
Teacher (Publication #87, #145)
Technology (Publication #43)
Technology of consciousness (Publications #71, #76)
Terrorism (Publications #98, #151)
Therapeutic approach (Publication #92)
Thinking (Publications #9, #12)
Third law of thermodynamics (Publications #50, #81)
Three-in-one structure (see also Saṁhitā) (Publications #91, #148)
Three-year plan (Publication #2)
TM-Sidhi (Publications #34, #35, #36, #39, #40, #42, #44, #45, #46, #47, #48, #49, #50, #53, #54, #55, #56, #57, #58, #59, #60, #62, #63, #64, #65, #66, #70, #71, #72, #73, #74, #75, #76, #77, #79, #80, #81, #87, #89, #95, #97, #107, #108, #108, #117, #120, #123, #124, #125,

#127, #131, #132, #133, #136, #137, #140, #145, #146, #148, #151, #152, #153, #154, #156, #160, #161, #163, #164, #167)
Tolerance (Publications #83, #84)
Total brain functioning (Publications #148, #151)
Total knowledge (Publications #89, #130, #162)
Town planning (Publication #142)
Tradition of knowledge (Publication #10)
Training (Publication #2)
Transcendental Being (Publication #3, 4)
Transcendental Consciousness (Publications #6, #10, #13, #23, #62, #82, #91, #97, #107, #154, #160)
Transcendental deep meditation (Publication #6)
Transcendental Meditation (Publications #8, #9, #10, #11, #12, #13, #14, #15, #17, #18, #19, #20, #21, #22, #25, #26, #27, #28, #30, #31, #32, #33, #34, #35, #36, #38, #39, #40, #42, #43, #44, #45, #46, #47, #48, #49, #50, #53, #54, #55, #56, #57, #58, #59, #62, #60, #63, #64, #65, 66, #70, #71, #72, #73, #74, #75, #76 #77, #79, #80, #81, #87, #89, #91, #95, #97, #107, #108, #114, #117, #118, #120, #123, #124, #125, #126, #127, #130, #131, #132, #133, #135, #136, #137, #138, #140, #145, #146, #148, #151, #152, #153, #154, #156, #158, #159, #160, #161, #163, #164, #167, #169)
Transcendental system of meditation (Publication #6)
Transcending (Publications #9, #12)
Treatment (Publication #92)
Triguna, B.D. (see Padma Bushan Raj Vidya Brihaspathi Dev Triguna)
Troubled areas (Publication #58)
Truth (Publication #13)
Turmoil (Publications #55, #56)
Tyaga (Publication #1)

U

U.S. Senate (Publication #32)
Ultimate goal (Publication #10)
Ultimate reality (Publications #9, #12)
Under-used agricultural land (Publication #150)
Unification of natural law (Publication #76)
Unified (Publication #162)

Unified field (see also Physics) (Publications #83, #84, #85, #86, #87, #89, #91, #92, #97, #98, #102, #116, #117, #118, #120, #123, #127, #130, #132, #137, #139, #148, #151, #154)
Unified field based administration (Publication #89)
Unified field based communism (Publication #89)
Unified field based democracy (Publication #89)
Unified Field Based Integrated System of Education (Publications #87, #89, #60)
Unified Field Chart (Publications #83, #87, #102, #130)
Unified Field Chart for Government (Publication #60)
Unified field of all the laws of nature (Publication #151)
Unified field of natural law (Publication #76)
Unified field theories (see also Physics) (Publication #114)
Unified quantum field theory (see also Physics) (Publication #151)
Union of Soviet Socialist Republics (Publication #78, #103)
United Nations (Publication #75, #79, #80, #81)
United Nations Disarmament Conference (Publications #55, #56)
United Nations World Assembly on Ageing (Publications #80, #81)
United Nations' International Plan for Action (Publication #79)
Unity (Publications #57, #83, #84)
Unity Consciousness (Publications #96, #107, #160)
Universal bliss (Publication #16)
Upānga (Publications #67, #89, #160)
Upaniṣads (Publications #1, #23, #24, #25, #37, #89, #96)
Upasana Kanda (Publication #6)
Upaveda (Publications #89, #160)
Upa-Veda (see Upaveda)
USSR (see Union of Soviet Socialist Republics)
Uttar-Kashi (Publication #96)

V

Vacuum state (see also Unified field) (Publications #23, #24, #25, #35, #37, #43, #73)
Vaisheshika (Publication #160)
Vanaushadhi Samrat Dr Balraj Maharishi (Publications #100, #105)
Vāstu (see also Vāstu Vidya) (Publications #141, #142, #167)
Vāstu Vidya (see also Sthāpatya Veda) (Publications #141, #142, #167)
Veda (see also Pure knowledge) (Publications #6, #13, #23, #24, #25, #37, #39, #40, #58, #67, #68, #72, #89, #91, #114, #120, #123, #125,

#127, #130, #131, #132, #134, #139, #140, #141, #149, #153, #160, #162, #164, #167)
Veda and science (Publication #50)
Veda in human physiology (Publications #118, #120, #123, #125, #127, #130, #131, #134, #136, #139, #140, #142, #148)
Veda Vyasa (Publication #13)
Vedānga (Publication #67, #89, #160)
Vedānt incarnate (Publications #96, #114)
Vedānta (Publications #4, #4, #40, #114)
Vedic administration (Publications #139, #140, #159)
Vedic agriculture (Publications #139, #140, #159)
Vedic approach to administration (Publication #146)
Vedic architecture (see also Vāstu Vidya) (Publications #139, #140, #159)
Vedic art (Publication #159; #170)
Vedic astrology (see also Jyotish; see also Maharishi Jyotish) (Publication #159)
Vedic culture and religion (Publication #159)
Vedic defence (see also Dhanur Veda) (Publications #139, #140, #159)
Vedic economy (Publications #139, #140, #159)
Vedic education (Publications #139, #140, #159)
Vedic grammar (Publication #164)
Vedic health (Publication #159)
Vedic health care (Publications #139, #140)
Vedic industry (Publications #139, #159)
Vedic law and order (Publication #159)
Vedic law, justice and rehabilitation (Publications #140, #140)
Vedic literature (Publications #23, #37, #72, #89, #91, #114, #118, #120, #125, #127, #130, #131, #132, #134, #139, #140, #142, #149, #153, #160)
Vedic management (Publications #118, #120, #127, #139, #140, #159)
Vedic music (Publication #159)
Vedic observatory (Publication #136)
Vedic organic agriculture (Publication #150)
Vedic principles (Publication #96)
Vedic scholars (Publication #89)
Vedic science (see also Maharishi Vedic Science; see also Maharishi's Vedic Science) (Publications #46, #62, #67, #68, #70, #74, #77, #82, #84, #89, #91, #93, #114, #124, #125, #141, #167)

Vedic science and technology (Publications #159, #166, #168)
Vedic study (Publication #89)
Vedic technologies of consciousness (Publication #153)
Vedic technology (Publication #132)
Vedic technology of defence (Publication #131)
Vedic tradition (Publication #92)
Vedic wisdom (Publications #89, #133, #140)
Vedic woman (Publication #60)
Vicious cycle of dependence (Publication #82)
Victory before war (Publications #75, #151)
Victory Day (Publication #149)
Vigilance (Publication #72)
Vijayā Dhashamī (Publication #149)
Village (Publication #155)
Violence (Publications #45, #57, #58, #95, #138)
Vishwa Shānti Rāshtra (see also Global Country of World Peace) (Publication #149)
Vision of total knowledge (Publications #139, #140)
Viṣṇu Puraṇa (Publications #23, #24, #25, #147)
Viṣṇu Smṛti (Publications #23, #24, #25)
Vitality (Publication #72)
Vyākaraṇ (Publication #160)

W

Waking state of consciousness (Publication #13)
War (Publication #151)
Washington Post (Publication #155)
Water bodies (Publication #155)
Weekend residence course (Publication #163)
Wholeness (Publication #132)
Wisdom (Publications #3, #4, #164)
Work (Publication #20)
Work satisfaction (Publications #46, #70, #74)
Workbook (Publication #26)
World Assemblies (Publication #53)
World Assembly on Vedic Science (Publication #91)
World consciousness (Publications #33, #40, #52, #83, #84, #95)

World Government of the Age of Enlightenment (Publications #33, #36, #36, #38, #40, #45, #47, #49, #50, #51, #52, #53, #55, #56, #57, #58, #59, #64, #71, #72, #75, #82, #85, #86, #88, #91)
World health (Publication #95)
World Health Organization (Publications #92, #106)
World Parliament of Peace (Publication #170)
World peace (Publications #11, #28, #35, #58, #60, #93, #94, #95, #97, #98, #137, #140, #143, #148, #149, #151, #155, #159, #166, #168, #169)
World Peace Assembly (Publication #155)
World peace citizenship (Publication #149)
World Peace Project (Publication #107)
World Plan (Publications #17, #18, #21, #32, #88, #107)
World Plan Executive Council (Publications #17, #18)
World problems (Publication #170)

XYZ
Yagya (Publication #6)
Yajur Veda (Publications #89, #139, #160)
Yajur Veda Parayanam (Publication #1)
Yajur Veda Samhita (Publication #91)
Yantra (Publication #136)
Yoga (Publications #3, #4, #7, #8, #13, #95, #96, #97, #153, #160, #161, #165)
Yoga of imperishable Brahman (Publication #165)
Yoga of perfect enlightenment (Publication #161)
Yogasthaḥ kuru karmāṇi (Publications #146, #161, #165)
Yogic Flying (Publications #95, #97, #117, #123, #124, #125, #130, #132, #133, #137, #140, #146, #148, #151, #160)
Youth offenders (Publication #31)

SECTION IV:
BIBLIOGRAPHY OF RELATED THIRD-PARTY REFERENCES

The following is an alphabetised bibliography of 419 research papers, articles and books on the Transcendental Meditation and TM-Sidhi program and Maharishi Vedic Science by third-party authors. Thse

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SECTION V:
INDEX OF THEMES IDENTIFIED IN SECTION IV

The following is an alphabetised list of themes, mostly themes of research, which have been identified in each of the related third-party documents in Section IV and itemized in the bibliographic citations at the end of each Publication in Section II. The list includes the theme, along with the reference(s) in which it appears in Section IV. For example, Academic performance = theme; Section IV references in which the theme appears are: 221. Kember, P. (1985). The Transcendental Meditation technique and

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CONCLUSION

One of the most striking realisations to emerge from a reading of the 170 publications recorded in this Archive is the way Maharishi sequentially unfolds and elaborates his teaching while remaining true to his core message; in essence, Maharishi's concern for the happiness and enlightenment of humanity remains consistent throughout his life. For example, he systematically builds on the foundations of Vedic knowledge revealed in 1957 (e.g., the existence of the unmanifest field of consciousness in Publication #1) to the most advanced knowledge of the Veda and Vedic Literature in his later work (e.g., the four levels of speech—*Parā*, *Pashyantī*, *Madhyamā*, *Baikharī*—and their relation to each other and to higher states of consciousness in Publication #164) while his main message remains the same: experience and knowledge of pure consciousness or pure creative intelligence (i.e., *Adhyātma vidya*) has the

power to eliminate human suffering, awaken the latent potential of the mind, and create an ideal society.

What is also impressive is the way in which Maharishi not only builds a case for the existence and development of pure consciousness (*Adhyātma*), and calls for its application to individual and collective life for the betterment of humanity, he simultaneously reframes and refreshes his core teaching with ever "newer" expressions of Vedic knowledge. This approach allows Maharishi the opportunity to reinforce his core thesis that pure consciousness, and the pure knowledge it embodies (i.e., Veda), is the fountainhead of all diverse expressions in nature while also expanding the ontological, epistemological and axiomatic frameworks from within which his thesis is presented.

In this sense, *Beacon Light of the Himalayas* (Publication #1, 1957, 33 pages) may be a shorter and "simpler" version of, say, *Celebrating Perfection in Administration: Creating Invincible India* (Publication #140, 1998, 418 pages) 40 years later, but the central teaching of each document is entirely consistent with the other publications in this Archive (even when referring to Maharishi Vedic University in 1994, Maharishi repeats the earlier 1957 phrase by calling it the "beacon light of Vedic Civilization" in Publication #120).

However, the reader will also note that while both Publications #1 and #140, for example, speak of the Self (*Ātmā*) (i.e., *Adhyātma vidya* in Publication #1 and the *Adhyātmik* level of life in Publication #140) and its relation to manifest creation, the detail of Vedic knowledge and the expanded content in later documents (with an average of 48 pages in the first four publications between 1957 and 1961 but an average of more than 400 pages in publications by the 1990s) are of further significance and in keeping with the observation that Maharishi's literature represents a sequential unfoldment of content while simultaneously remaining consistent with, and true to, his core concepts.

While this systematic and temporal unfoldment of content is obviously not the same as Maharishi's own cognition of his *Apaurusheya Bhāsya* of the *Ṛik Ved* (explained in Publication #89 with the statement "Vedic expressions are a sequential unfoldment of natural law [and] subsequent expressions are commentaries on or expansions of the previous expressions"), and clearly does not display the same mathematical precision of sequence in syllables, words, verses and chapters highlighted by Maharishi about Ṛik Ved, it does perhaps represent a similar phenomenon of sequentially unfolding the dynamics of

Natural Law while simultaneously connecting each subsequent expression with its source in pure consciousness and the Vedic tradition.

Of interest, also, his how throughout the 170 publications, Maharishi consistently attributes the greatness of his knowledge to Swami Brahmananda Saraswati, his teacher Guru Dev, and to the tradition of masters who maintain the integrity of this teaching throughout time and have the responsibility of passing it down in its precise and original form to each generation. Such acknowledgment is another way Maharishi maintains the precision and self-referral nature of his Vedic teaching.

An analysis of the 170 publications also shows several themes emerging and reappearing in Maharishi's writing over the 58-year period covered by this Archive. The most important and fundamental theme to emerge is Maharishi's oft-repeated description of the existence of an unbounded, immortal, eternal field of "pure consciousness" or "pure creative intelligence", which he says is fundamental to everything in creation. Maharishi's view is a Vedic one because it identifies consciousness—described severally throughout this Archive as *Ātmā*, Being, the Self, the Absolute, pure intelligence, Transcendental Consciousness (i.e., the fourth state of consciousness, as described in the Vedic Literature when it says: "the peaceful, the blissful, the undivided is thought to be the fourth; That is the Self; That is to be known", Shivaṃ shāntam advaitaṃ chaturthaṃ manyante sa Ātmā sa vigyeyaḥ, शिवं शान्तमद्वैतं चतुर्थं मन्यन्ते स आत्मा स विज्ञेयः, *Nṛisiṃhottaratāpanīya Upanishad*, 1) after waking, dreaming and sleeping (e.g., Section IV references 218, 374, 381), the home of all the laws of nature, the vacuum state, and the unified field—as the unmanifest source and prime mover of all the laws of nature and their expression as the manifest and ever-expanding universe.

In Publication #1, Maharishi begins his entire thesis by defining this level of nature's functioning as *Adhyātma* (literally meaning "pertaining to the Self and nothing else") and maintains that knowledge and experience of this level of life (i.e., through *Adhyātma vidya*) can relieve the suffering of the world, suffering which he describes as peacelessness, misery, ignorance and aimless wandering. This process, he declares, is a "perfect system of spiritual development" (or *Adhyātmic vikas*). It might further be argued that each of the main themes identified by this Archive logically unfold from this one core concept, a teaching which identifies pure consciousness as the source, course and goal of knowledge in *Adhyātma*, the Self (*Ātmā*) of everyone and everything; this, Maharishi explains, is the home of pure knowledge, the Veda.

Benefits associated with the experience of pure consciousness effected through the practice of the Transcendental Meditation and TM-Sidhi program include, for individual life, increased creativity (e.g., Section IV references 55, 149, 201), intelligence and problem solving (e.g., Section IV references 88, 133, 203) and brainwave coherence (e.g., Section IV references 37, 38, 99, 185), improved psychological (e.g., Section IV references 143, 147, 169) and physiological health (e.g., Section IV references 22, 186, 202), and salutary changes in social relations (e.g., Section IV references 33, 79, 171), and for society, decreased crime and violence (e.g., Section IV references 25, 105, 217) and peacelessness (e.g., Section IV references 68, 145, 250).

In this Archive, the multiple descriptions of the qualities of pure consciousness and how they are associated with these individual and collective outcomes are amply referenced to their source in the Vedic Literature and to modern science, most often physics, or, to be more precise, quantum unified field theories (e.g., Publications #83, #111, and #116; see also Section IV references 163, 164), and Maharishi's repeated use of "old and new principles" of life are also instructive (e.g., Publications #47, #54, and #60).

A corollary theme emerging from the documents is the possibility of individuals rising to gain higher states of consciousness as a result of experiencing and enlivening pure consciousness. Higher stages of human development, which also feature prominently in the bibliographic research (e.g., Section IV references 5, 98, 242, 259, 280), are severally described by Maharishi as enlightenment, Cosmic Consciousness and Unity Consciousness throughout the Archive (the reader's attention is especially referred to references 219 and 220 in Section IV for further reading on this important topic).

Some of the, although by no means the only or most important, features Maharishi associates with a life lived in higher states of consciousness include self-actualisation (e.g., Section IV references 18, 335), autonomic stability (e.g., Section IV references 271, 365), and longevity (e.g., Section IV references 16, 317). A related theme concerns the generation of coherence (or orderliness and harmony) in society by enough individuals practicing the Transcendental Meditation and TM-Sidhi program (via the Maharishi Effect), even when practiced at a distance (via the Extended Maharishi Effect or Global Maharishi Effect), which results in a reduction in conflict, violence and war, multiple examples of

which have been cited (e.g., Publications #30, #33, #38, and Section IV references 84, 85, 177, 288).

Another main theme identified by this Archive is Maharishi's use of the discoveries of modern science to explain and verify the terms, concepts, principles and frameworks of ancient Vedic Science, particularly the nature and character of pure consciousness but also the structure of the Vedic Literature, in particular Maharishi's *Apaurusheya Bhāsya* of *Ṛik Ved*. This theme begins in Publication #1 where Maharishi concludes that Indian philosophy is supported by evidence from modern science (it should be noted when Maharishi refers to "Indian Philosophy" in Publication #1, he appears to be using the phrase in relation to both the six systems of traditional Indian philosophy, including *Yoga*, *Karma Mīmāṃsā* and *Vedanta*, as well as to the wider body of knowledge referenced by Veda and the 36 aspects of Vedic Literature). Specifically, Maharishi cites the discipline of physics when he parallels electrons with *Agni-tatwa* (i.e., the fire element) and protons with *Vayu-tatwa* (i.e., the air element), two of the so-called *Panch-tatwas* or five elements identified by the Vedas and by modern ecology as the comprising elements of material creation. Maharishi then goes further than the physical sciences by identifying the source of these elementary particles in *Akash-tatwa* (i.e., the space element), *Aham-tatwa* (i.e., the element of primordial existence), and ultimately in *Maha-tatwa* (the so-called "great" or "big" element), which he describes as the "Reality of existence". It is perhaps not unreasonable to align this "great element" with pure consciousness, or probably with *Brahman* itself.

In later documents, this level of creation—the unmanifest level of pure consciousness, pure intelligence, and pure existence (i.e., "self-existent consciousness", *Svyambhu*, which "exists on its own" and from which everything else arises)—is referred to as the vacuum state, the least excited state of consciousness, the home of all the laws of nature, Transcendental Consciousness, the unified field, the supersymmetric unified quantum field, and Natural Law throughout the Archive and in the supporting scientific literature (e.g., Section IV references 163, 164, 165). Moreover, a significant number of documents in the Archive refer to Maharishi's discussion on precisely this topic with some of the world's leading scientists and thinkers, including Nobel Laureate Dr Brian Josephson and Dr E.C.G Sudarshan in Publications #33, #39, #53 and #54.

A final recurring theme, and perhaps the one of greatest importance, is the "practical" character of Maharishi's teaching (highlighted in

Publications #1, #2, #9, #11, #19, #31, #47, #57, #89, #95, #107 and #133). Despite addressing profoundly important matters relating to consciousness, knowledge, suffering and the human condition, and the qualities of individual and collective life, Maharishi emphasizes in the first 1957 document (i.e., Publication #1) and throughout the Archive that his teaching is practical and only has value if it is systematically applied to life and living; the benefits of such application are easy and natural to achieve, and "the path is straight and entry is free" (p. 9).

Indeed, Maharishi specifically stated in the late 1950s that "spiritual development is the birthright of everyone, for it is the unfoldment of the essential nature of the soul, or inner consciousness….Soul is the individual property of everybody. It is the natural and inseparable possession, nay, the very existence, of every man. Everybody has the right to enjoy his own possession. Everybody has the right to enjoy the *sat* [truth] *chit* [Being] *ānanda* [bliss] nature of his own soul. In the most natural manner, everybody has every right to enjoy permanent peace, bliss eternal, which is the nature of his own soul" (Publication #95, p. 195).

Thus, Maharishi's Spiritual Regeneration Movement said in 1959-1960: "The unique feature of this world-wide movement, which distinguishes it completely from other movements of similar aim, is that it offers something of practical value. It brings to the door of the busy worldly man a key to the unfoldment of the higher consciousness—a simple practice of meditation which enables everyone to enjoy peace of mind, inner happiness, increased ability and proper sense of values in all walks of life" (Publication #2, p. 74). As Maharishi declared himself in 1957: "mere talks of peace and fussing over it have no practical value in any field of life" (Publication #1, p. 9).

In this way, Maharishi has separated himself from other teachers by saying his view of developing consciousness differs "entirely from the age-old common concept of spirituality, which pleads for detachment as an essential prerequisite for spiritual development" and thus he encourages a way of life which emphasizes the need for action in the world, both in order to establish higher states of consciousness as well as to contribute meaningfully to creating a better society and world. This principle could be described as the core ethic of Maharishi's teaching as encapsulated in this Archive.

An orientation to "practical", complete knowledge and its inherent organizing power permeates the Archive, with Maharishi in almost every publication referring to applied areas of life as crucial to the success of his

Vedic Science in this generation. Frequently these include bringing to fruition the goals of human endeavour in areas such as education (e.g., Section IV reference 216), health (e.g., Section IV reference 396), business and industry (e.g., Section IV reference 320), government and administration (e.g., Section IV reference 72), and agriculture (e.g., Section IV reference 120), as well as in the modern academic disciplines of physics (e.g., Section IV reference 163), mathematics (e.g., Section IV reference 155), physiology (e.g., Section IV reference 392), and psychology (e.g., Section IV reference 300).

From this we might conclude the final theme to emerge from the Archive is the fulfilment of Maharishi's practical knowledge in the context of creating an ideal society, world peace and ultimately Heaven on Earth (e.g. Section IV references 264, 265), a theme which recurs throughout the literature. For example, Maharishi said in 1957 that "under the flash of this unfailing light of Guru Dev's blessing [we stand] to proclaim [the] sure cure for all the miseries and peacelessness of everybody everywhere in the world. This is the one treasure of *Adhyatmic Vikas* on the basis of which it stands to bring peace and happiness everywhere in everybody's everyday life" (Publication #1, p. 9). Maharishi goes on in the same context to say that the "gates of heaven are now open for them (i.e., all people) in their life on earth" (p. 33).

In 1996, he again proclaimed that "the practicality of creating supreme quality of life on earth—Heaven on Earth—through Maharishi's Vedic Science and Technology has been amply verified during the past 39 years of scientific research, which documents the benefits in every aspect of life—physiology, psychology, sociology, and ecology. "It has also been substantially verified by personal experience, and by the authenticity of the ancient, traditional Vedic Literature" (Publication #127, p. 236). In this sense, the concept of creating "peace" in individual and social life by removing stress and relieving suffering, which Maharishi describes as the "nature of life", is an abiding theme throughout the literature across five decades.

The purpose of creating this Archive was to not merely investigate the published work by and attributable to Maharishi but to provide a systematically informed and coded evaluation of the material extant in the public domain and to cross-reference it with the bibliographic evidence which validates it. It is hoped that such an endeavour will serve as a basis for further reading and analysis, and may thereby prepare the ground for future research (in this sense, the present Archive appears consistent with

the aims of the compendium to Maharishi's *Science of Being and Art of Living* cited in Publication #9, and to the compendium of his translation and commentary of the *Bhagavad Gītā* cited in Publication #13).

However, this Archive could be more functional. For example, it would benefit from being made available online. In a digital environment, in which the entirety of these documents could be digitised and archived as e-books, greater accessibility and searchability would enhance the Archive's research functionality beyond the current format of selected terms and phrases to include every instance a term or phrase, be it in English, transliteration or Sanskrit, could identified, researched and discussed, and thereby the meaning and context of everything Maharishi wrote may be cited in future scholarship for future generations.

Such an initiative might lead to the creation of what could be called a *Maharishi Vedapedia*, an online searchable database of published literature by Maharishi in particular and of Maharishi Vedic Science more generally. A digital Archive of this type could even be coded in such a way as to identify and document the diagrams, charts and photographs (of which there are literary hundreds of highly original and unique images) that appear throughout these 170 documents as well as those that are presented throughout the wider corpus of Maharishi's knowledge. A *Maharishi Vedapedia* would in this way allow scholars to seamlessly explore the rich tapestry of Vedic knowledge and imagery developed by Maharishi, and would thereby enhance the value of the research experience and encourage future scholarship and the advancement of knowledge.